



## Digital Dream

**P. 3** Tablets arrive early for slum school as government dithers on key campaign promise

## MPs' blow in CDF millions

**P. 5** State agency stops projects not in line with the law in 137 constituencies



# SATURDAY NATION

★★

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No. 18091

### SEEDS OF GOLD



#### FARMERS' GROUP REAPS FORTUNE

Three years ago, these women were hawking their milk, earning Sh20 a litre. Today the prices have doubled. What is their secret?

**CHANGE OF DIRECTION** | Kenya steps up exploitation of cheap renewable energy

# Prices to fall as cost of electricity comes down

■ With the commissioning of Olkaria geothermal plant (right), bills are set to drop by 30 per cent beginning end of this month

■ Manufacturers of essential goods expected to pass benefits to consumers

Story on Page 8



SULEIMAN MBATIAH | NATION

## Final farewell | Mombasa readies to bury Ali Mazrui



**STORY AND SPECIAL TRIBUTES ON PAGE 10 AND WEEKEND PAGES 19,20,34,35&36.**

**Programme:** Prof Ali Mazrui's body will arrive tomorrow at 3am. He will be buried at the family cemetery at 11am.



An elder supervises labourers as they dig a grave at the Mazrui family cemetery in Old Town, Mombasa yesterday. The internationally acclaimed scholar died in the US on October 12. He will be buried tomorrow.

KEVIN ODIT | NATION

## Big cash for Uhuru and Raila parties

BY MAUREEN KAKAH

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**P**arties led by President Uhuru Kenyatta, his deputy William Ruto and Opposition leader Raila Odinga will share the bulk of the Sh205 million in public funding.

This is after the Court of Appeal dismissed a petition by smaller parties for a share of the funds, giving the money to The National Alliance, the Orange Democratic Movement and

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**Are you still stuck with your University loan debt?**

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**KCSE** | Examination to be administered to 485,547 candidates in 8,211 stations begins Tuesday

# Student charged as exam papers delivered

University student found with 'fake' examination papers brought to court but denies charge, as items dispatched

BY OUMA WANZALA  
AND HENRY NYARORA  
newsdesk@ke.nationmedia.com

The examination council yesterday began distributing papers and other materials countrywide as a university student was charged with being in possession of KCSE papers.

The distribution set the stage for the start of this year's Kenya Certificate of Secondary Education (KCSE) examination on Tuesday.

The Kenya National Examination Council (KneC) head of communication Frida Were said the intention was to ensure examination materials got to distribution centres on time.

"They (distributors) had to leave early to avoid any delays in delivery of the materials to distribution centres in counties outside Nairobi," Ms Were told the *Saturday Nation*.

The examination will be administered to 485,547 candidates in 8,211 stations that will be served by 828 distribution centres.

Thirty-one subjects will be

tested using 74 papers and candidates will need to sit for a minimum of seven and maximum of nine subjects.

The distribution was under strict surveillance with the council admitting fake papers were in circulation.

"The dispatch of the examination papers and other materials to the over 1,000 distribution centres across the country will be carried out weekly. These centres are mainly police armouries and chief's camps," KneC acting chief executive officer Joseph Kivilu said on Thursday.

For all regions, except Nairobi and Mombasa, the materials will be distributed weekly to district headquarters, where they will be received by district education officers for further dispatch to distribution centres, Dr Kivilu said.

“

The dispatch of examination papers and other materials...will be carried out weekly”

Acting KneC chief executive officer Joseph Kivilu

"The supervisors will pick the papers for the day from distribution centres and keep them in the examination room to ensure their safety," he added.

The official said officers from KneC, the Education ministry, the Kenya Institute of Curriculum Development and the Teachers Service Commission, among other institutions, would monitor the examination.

Dr Kivilu said that the council had taken all steps necessary to ensure smooth running and credibility of the examination.

## Unrepresented

In Nyamira, Kenyatta University Douglas Nyakamu Ongoro appeared in court for charges of illegally being in possession of four examination papers.

He was accused that on October 15 at Kemera trading centre in Manga District, he was found in possession of English Paper 2, Kiswahili Paper 2, Chemistry Paper 2, and History and Government Paper 2, all for this year.

The suspect, who was unrepresented, denied the offence.

He was given a bond of Sh1 million with a similar amount of surety, or a cash bail of Sh300,000, until November 18, when the hearing will begin.

According to investigators, he was found selling the pa-



DENISH OCHIENG | NATION

Form Four candidates at Nyanchwa Girls School in Kisii County during the Chemistry practical examination at the school yesterday. KCSE candidates all over the country sat for the paper.

pers for Sh5,000 each.

An assistant chief had laid a trap and caught him in a cyber café at Kermera market, where he had gone to print the papers, according to police.

The student was allegedly found with hard and soft copies of the papers. The

soft copies were in a flash disk when the assistant chief handed him over to police.

Before the arrest, Nyamira County Education Director Thaddeus Awour had warned students, parents and teachers against falling prey to fraudsters selling fake examination papers.

## School sued over miniskirt expulsion

BY SATURDAY NATION  
CORRESPONDENT

A parent Form Four parent has sued a Nairobi school for expelling her daughter from boarding over a miniskirt.

The mother of the student at St Mary's School Langata sued the institution and the Education Cabinet Secretary following the expulsion on Wednesday.

The school administration told the student to commute from her home in Eastleigh during the Kenya Certificate of Secondary Education (KCSE) exams that start on Tuesday.

The deputy principal, who also chairs the Disciplinary Council, allegedly summoned the child and the parent during prayer day and gave them marching orders.

## To defend herself

Lawyer Stephen Mwanza Gachie for the parent told Lady Justice Mumbi Ngugi that the minor's Kiswahili teacher, who is part of the Disciplinary Council, had earlier said she would punish the 17-year-old before she sits KCSE. The girl was not given a chance to defend herself during the Disciplinary Council meeting, he said.

"The alleged mistake did not warrant the kind of action that was taken by the school at this time when she is about to sit her national exam. The action will destabilise the student mentally," said Mr Mwanza.

He asked the judge to issue an order declaring the school acted unlawfully. But Justice Ngugi said the school should be given a chance to explain its actions before she issues a directive.

The case will be heard on Tuesday next week.

In your **SUNDAY NATION** Tomorrow



## New Tenders page in the Sunday Nation

Are you in the Supplies business? Then you are in good company in the *Sunday Nation*. Tomorrow, we continue with our regular page that collates tenders advertised by the national and county governments across the country. If you missed the announcements in the newspapers or online, be sure to catch the highlights weekly in the *Sunday Nation*.

## Revealed: Plan to turn NYS into force for good



About 2,500 members of the National Youth Service (NYS) will soon take over the duties of traffic police officers as part of the organisation's restructuring. Ahead of fresh NYS recruitment that starts early next month, read about the government's detailed plan that also involves the Kenya Defence Forces and National Police Service giving "conversion trainings" aimed at transforming the youth into a force for good.

## Kenyatta's troubles in London

On the eve of Mashujaa Day, we bring you the untold story of Mzee Jomo Kenyatta's triumphs and troubles during his first trip to London and the symbiotic relationship he forged with one of his lecturers. Plus intriguing details of how the life of the man who would become the symbol of Kenya's fight for freedom — and the country's first president — was shaped.



## Why tetanus jab is causing a storm

This week, Catholic faithful found themselves in a catch-22 situation after their bishops urged them to boycott the tetanus vaccine, claiming it could cause infertility — something the government denies.

We unpack arguments from both sides of the debate and tell you why this may not be the last of vaccination controversies.



## MPs want rights groups to reveal foreign funders

BY SATURDAY NATION  
REPORTER

Some MPs are agitating for a law that will force NGOs to reveal their foreign donors amid suspicions that the International Criminal Court bribed witnesses in the cases against President Kenyatta and his Deputy William Ruto.

The MPs believe the ICC is colluding with civil society and NGOs to "undermine the sovereignty of Kenya".

## Foreign agent

Gatundu South MP Moses Kuria said yesterday that a group of legislators was drafting a Bill that would require foreign-funded NGOs and civil society groups to reveal their sources of funds.

"We want to put a threshold on the foreign funding NGOs receive. If you receive more than 15 per cent, you should register as a foreign agent so that Kenyans can tell the difference between local organisations and agents of foreign powers," he said.

He was speaking during a

debate organised by Change Associates Trust on whether Kenya should pull out of the Rome Statute.

Tetu MP Ndung'u Githinji called for increased accountability of foreign sources of funding for NGOs.

Mr Githinji, who is also Parliament's Defence and Foreign Affairs Committee chairman, said the ICC ignored an African Union directive that no sitting African head of state should be tried in a foreign court.

"We are being assaulted as sovereign member states of the AU and also as Kenya. The court doesn't appear to recognise and respect the AU. If it is not adding value to our status as a sovereign nation, we should pull out," he said.

Mr Ronnie Osumba, a running mate of presidential candidate Peter Kenneth, opposed pulling out of the ICC.

"It is a joke to think we can walk away from our responsibility as part of the community of nations. We need to call for reforms at the ICC that will ensure fairness and transparency," he said.

Only in the **SUNDAY NATION**. Don't miss your copy



**TECH SAVVY** | Students' appetite for books whetted by gadgets on which they can also browse and chat during break

# Slum schoolgirls living digital dream

As the fight for multi-billion-shilling laptop tender continues and pupils grow impatient, students in Kibera, Nairobi, are enjoying e-learning

BY VINCENT ACHUKA  
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On a hot afternoon in the Kibera slums in Nairobi, a Form One maths lesson is under way at Kibera Girls Soccer Secondary School. Their teacher, Ms Dhalifa Hassan, writes a formula on the white board and asks one of the students to read it aloud.

Using practical examples, she explains how the formula can be applied, before asking the class to open the *Secondary Mathematics Book One* and go to the chapter on volume and capacity.

A few seconds later, all the students have found the chapter and the lesson continues. No shuffling of paper is heard or students seen craning their necks to share a textbook.

Although the government has yet to fulfil its promise of delivering laptops to Standard One pupils, this school has already gone digital.

The school has a cheaper and more efficient option — the e-reader. Everyone in the class of 40 has one, so do the rest of the students and teachers.

The hand-held device, which looks like a tablet, is specially designed for reading electronic books.

Since the introduction of the e-reader at this small school of 130 students last year, both students and teachers say learning has become simplified and interesting.

Ms Hassan says the lessons have become more interactive and cheaper for the students, who, cannot afford textbooks.

"In a classroom, finding information on an e-reader is very fast because you don't flip pages.

You just type what you want to find out and the device searches it for you in a matter of seconds," she says.

"Besides the over 3,000 books that a student can download at a cost of Sh1 each (Sh90) from worldreader.com, the devices are connected to a 3G network, meaning a student can even search for something in Google, thus enhancing their learning experience," she adds.

The e-reader's memory can hold up to 3,000 books downloaded from the Internet. This means students advancing from one class to another do not need to delete the books they have.

Traditionally, a student moving from one class to the next is required to buy a new set of books, and it is impossible to carry all the textbooks and exercise books in one bag every day. But this device can enable a student to download more than the required books for their entire period in high school.

## Sh7000

Cost of an e-reader that Kibera Girls students are using

Even when the books are revised, there is no need to buy new editions as they are automatically updated like smartphone applications.

Mr Richard Teka, the manager of the e-reader programme, says the introduction of the devices has created a reading culture in the school.

"Many Kenyans are not interested in reading. If we were to give these students hard copies of textbooks, most of them would not read them. However, out of the curiosity arising from the use of the electronic devices, the students end up reading," he says.

Each student is assigned a device and is even allowed to go



A Form One class at Kibera Girls Soccer Secondary School in Nairobi on Thursday.

CORRESPONDENT | NATION

home with it to do some assignments.

This has improved their promptness in submitting assignments, Mr Teka says.

He also attributes the improvement of the school's performance in last year's Kenya Certificate of Secondary Education (KCPE) examinations from a mean grade of 5.9 to 6.3 to the e-readers.

He adds that the programme has removed the burden of buying expensive textbooks from the parents.

"A complete list of books for a student starting Form One, for example, will cost not less than Sh10,000, and these students come from a slum where that amount of money is the rent for a whole year," he says.

"By comparison, one e-reader costs Sh7,000. When fully charged, it can work for up to a week," he adds.

In comparison, the estimated price of a laptop in the aborted government tender was at least Sh28,000.

One of the students who have benefited from the e-readers is

14-year-old Cynthia Amundi, who is in Form Two.

She and her four siblings depend on her mother, a single parent, who washes clothes in nearby Lang'ata residential area for a living and cannot afford to buy textbooks for her.

"When I joined Form One, I only had two textbooks handed down to me by my relatives. There were times before the e-readers were introduced when I was completely unable to do my homework," she says.

### Downloaded storybooks

Today, she says she hardly puts her device down, as she has downloaded a number of storybooks that she reads during her free time.

Another student, 15-year-old Hadija Barakati, says her grades have improved as a result of using the device.

"The e-reader has given me a chance to compare several sources for any information that I may require, which will be impossible if I was using a traditional textbook," she says.

The school is run by a community-based football organisation — Kibera Girls Soccer. The students, who are all talented footballers from the slum, do not pay school fees.

It started as a girls' soccer club in 2002, before being turned into a community-run school in 2008, to prevent the members from dropping out of the team due to pregnancies.

The e-readers were introduced to the school by chance, after one of the teachers at Pacific Road School in California, United States, read an article posted by members of the Kenyan institution's journalism club in a blog last year.

The American institution got interested in learning about the Kenyan school and linked it to the Worldreader, a non-profit organisation that provides digital books to selected schools from impoverished neighbourhoods in the world.

Kibera Girls Soccer Secondary School was the first educational institution in Kenya to receive e-books from the organisation.

In your copy of

## The EastAfrican

- ▶ **NOTHING FISHY:** Dar hopes to replenish Nile Perch stock with fishing ban
- ▶ **FAMILY AFFAIR:** Jacqueline Mbabazi comes out guns blazing in husband's defence
- ▶ **EPAS:** Tanzania signs agreement but is yet to be convinced on export taxes
- ▶ **RPF INTRIGUES:** Is new senate president Bernard Makuza, Kagame's heir apparent?

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**PARTY FUNDING** | Exchequer releases Sh205 million out of the expected Sh2.9bn

# Wiper, Ford Kenya and Narc-K miss out on parties windfall

CONTINUED FROM PAGE 1

the United Republican Party.

Even Wiper Democratic Movement of former Vice-President Kalonzo Musyoka and Ford-Kenya led by Senate Minority Leader Moses Wetang'ula, which are in Cord with ODM, missed out on the funds meant to support political party activities.

ODM will decide if it should share its money with the two partners.

Under the formula for the sharing of the funds, TNA will get Sh90 million while ODM will take home Sh87.4 million.

Mr Ruto's URP will receive the remaining Sh28.2 million.

Although the fund had been allocated Sh2.88 billion or 0.3 per cent of the national revenue,

the Treasury only released Sh205 million.

The three parties qualified for the money from the Exchequer by virtue of the votes garnered in the 2013 General Election.

## Karua and Mudavadi

TNA got 21,667,938 votes, accounting for 29.74 per cent of the total votes cast while ODM came second with 19,032,997 or 29.12 per cent of the votes. URP was third with 6,843,730 or 9.39 per cent of the votes cast.

These tallies reflect the votes of all the parties' candidates— from the presidency down to ward reps — received.

It means all the other parties that participated in the polls will miss out on public funding.

Also missing out are United Democratic Forum, whose presidential candidate was Mr Musalia Mudavadi, and Narc-Kenya led by another presidential candidate, Martha Karua.

Others are Kanu led by Mr Gideon Moi and Kenya Social Congress whose presidential candidate was Mr Peter Kenneth.

A party must secure at least five per cent of the total votes cast to qualify for the funding.

In calculating how much money each party gets, the office of the Registrar of Political Parties lumped together all the presidential votes for the Jubilee Coalition to TNA and Cord's figures to ODM in what is likely



PHOTO | CORRESPONDENT

Former PM Raila Odinga arrives at a polling station in Maputo on Election Day, October 15. Mr Odinga is head of the joint EISA/ Carter Centre Election Observation Mission in Mozambique.

to cause friction within the two coalitions that contested the election.

In their ruling yesterday, Court of Appeal judges Phillip Waki, GBM Kariuki and William Ouko ruled that the law was clear on

the criteria for the sharing of the money, and that only the three big ones deserve funding.

"Weighing competing claims, it has not been demonstrated that the success of this appeal would be useless or that the government

will not avail the funds, we find no merit in this application and it is hereby dismissed," ruled the judges.

They concurred with lawyers Samuel Makori and Johnson Omboga, representing ODM and TNA, respectively, who had argued that the Jubilee and Cord coalitions were not entities that were eligible for funding.

## No dispute

However, Mr Charles Kanjama representing the Political Parties Forum argued that the Political Parties Act violated the rights of the small parties and coalitions.

The three judges upheld an earlier ruling delivered by High Court judge David Majanja on February 2.

Justice Majanja had dismissed the suit on grounds that there was no existence of a dispute in the allocation of the funds to political parties as per the Act.

"Section 24 of the Political Parties Act is clear that a party must obtain at least five per cent of the total votes in order to qualify for public funding from the Fund. This means that parties that cannot meet sufficient votes at the election do not qualify for public funding. Where Parliament is vested with authority to legislate, the Court will not interfere," the judge said.

## Coalition of honour

He was, however, categorical that Parliament was at liberty to establish another formula to guide the allocation of funds to parties.

Reacting to the ruling, Ford-K leader Wetang'ula said Cord had agreed on how it would share the cash.

"Ours is a coalition of honour and we have a formula of how we will share the funds. There is a share for ODM, for Wiper, for Ford-Kenya and a share for the Cord secretariat," he said.

“

Ours is a coalition of honour and we have a formula of how we will share the funds. There is a share for ODM, for Wiper, for Ford-Kenya”

Ford-Kenya leader Moses Wetang'ula

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**CEILING** | Constituency teams cautioned against exceeding Sh10 million set aside for development expenditure

# CDF board rejects proposed projects

Plans will only fit the bill if the benefits are spread out to a larger number of people and not just a few individuals

BY JOHN NGIRACHU

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The Constituency Development Fund board has turned down projects planned in 137 constituencies as they contravene the law.

The board has set conditions for the use of Sh10 million in 60 selected constituencies for the construction of Technical Training Institutes. The project will be jointly managed with the Education ministry.

The board wants the CDF committee in each constituency to have a memorandum of understanding with the ministry showing the phases of construction of the institutes.

## Complete projects

"The phase specified must be implemented to completion," the board has said in the latest report on project approvals and disbursement status tabled in the National Assembly last Thursday.

The board has been asked to follow up with the CDF Committee in the House to get MPs' recommendations on the matter.

Committees are not to exceed Sh10 million in their expenses.

The National Government will provide the rest of the funding for the building of the institutes



FILE | NATION

CDF board chairperson Jennifer Barasa speaks with Mombasa Governor Hassan Joho (left) during the opening of Kisauni Health Centre at a previous function. The hospital was built using money from the CDF kitty.

whose construction is expected to start this month and completion set for June 30, 2015.

The CDF board is required to file regular reports on projects. Among the rejected proposals include a Sh24.7 million bursary for eight students of Mathioya Constituency to study aviation at the Kenya School of Flying.

The board declined to allow the expenditure on the basis that

"projects should benefit a cross section of the community in line with the CDF Act."

The board concluded that the bursary, should, therefore, be equally distributed.

Mathioya MP Clement Wambugu, a trained pilot, is an ex-officio member of the CDF Committee in his constituency as per the CDF Act that was changed in early 2013.

The board has also refused the committee in Nambale to spend Sh25 million on the construction of Nambale University College. It says that the project should be paid for by the parent university, Masinde Muliro University of Science and Technology.

In Igembé North, the board did not allow the committee to spend Sh800,000 on peace building and Sh2 million on a survey

on nutritional assessment. Both proposals were rejected because they are recurrent in nature yet the fund should be used for development.

The CDF committee in Kilifi North similarly had a plan to spend Sh2 million for buying fishing nets for fishermen. However, it was blocked on the basis that it would amount to personal awards.

## Sh24.7m

A bursary plan for eight Mathioya students to study aviation worth millions was turned down

In Kasipul, the board said the committee is not allowed to spend Sh500,000 to purchase land for the establishment of a cemetery in Oyugis. It said that the project would be funded by the county government.

A proposal to contribute Sh3 million for the construction of Sombogo Tea Factory from the CDF kitty in Kitutu Chache North was rejected because "the project did not make much sense."

Tea growers in the area have already contributed Sh137 million, the board established, raising questions on whether the group was eligible for CDF support given the huge capital base.

## End of road for Kibaki's PNU party



BY SATURDAY NATION  
CORRESPONDENT

The last vehicle used by former President Mwai Kibaki (above) to State House, the Party of National Unity, has been deregistered.

Doubts as to whether PNU still existed were put to rest when Registrar of Political Parties Lucy Ndung'u declared in a gazette notice yesterday that it had been "effectively deregistered."

She did not give any reasons why she decided to deregister the party. The registrar has the right to deregister a party that contravenes the Political Parties Act.

PNU has largely been inactive after the death of its chairman, Prof George Saitoti, in a helicopter crash in June 2012.

Most of its members decamped to The National Alliance (TNA) of President Uhuru Kenyatta.

PNU has a pact with TNA where it surrendered its right to field individual candidates during the last election and to support President Kenyatta's bid.

## Cord governors shun alliance for vote push

BY SATURDAY NATION  
CORRESPONDENTS

Two Cord governors have opposed calls for a merger of the Okoa Kenya and Pesa Mashinani referendum push.

Kwale Governor Salim Mvurya and his Nyamira counterpart John Nyagarama said despite similarities in some aspects, the objectives were different.

Mr Nyagarama said though both groups were agitating for more funds for counties, Okoa Kenya had other issues that governors had no interest in.

## Under pressure

"For instance, they have been calling for the restructuring of the electoral commission and equity in government appointments. If Cord's push merges with that of the governors, it might be construed as a conspiracy," he said.

He said most of the 47 governors supported Pesa Mashinani but those from Jubilee were under pressure to ditch it.

Governor Mvurya, who is the deputy chairman of the Council of Governors, said there were no plans for a merger as the two campaigns were different.

He said Pesa Mashinani is not partisan and is not

affiliated politically.

"I would like to make it clear that there have been no negotiations," he said.

A few days ago, there were reports that the groups were close to a deal that would see them push for one referendum.

The reasoning, our sister paper the *Sunday Nation* reported, was that the groups felt there was no need for two referendums when one could achieve the same objective.

A Cord insider revealed that once an agreement was reached, the two initiatives would collapse into one, saving governors from the need to traverse the country to collect signatures.

Two weeks ago, Council of Governors chairman Isaac Ruto gave the clearest hint yet in Kisumu that it would not be inconceivable for the groups to work together.

"The issues we want addressed are the same; poverty is the same across the country," he said.

The camps have both said they want at least 45 per cent of national revenue to be allocated to the counties.

Okoa Kenya Committee of Experts chairman Paul Mwangi said they were open to talks with "like-minded individuals".



REPUBLIC OF KENYA

MINISTRY OF LAND, HOUSING AND URBAN DEVELOPMENT  
CIVIL SERVANTS HOUSING SCHEME FUND

**EXTENSION OF TENDER SUBMISSION DATE**

**CONSTRUCTION OF THE PROPOSED CIVIL SERVANTS HOUSING PROJECT IN SHAURI MOYO, KISUMU.**

## TENDER NUMBERS:

- 1. MOLHUD/CSHS/10/2014/2015** Civil Servants Housing Project in Shauri Moyo Kisumu-Builders Works
- 2. MOLHUD/CSHS/11/2014/2015** Civil Servants Housing Project in Shauri Moyo Kisumu- Electrical Works
- 3. MOLHUD/CSHS/12/2014/2014** Civil Servants Housing Project in Shauri Moyo Kisumu- Mechanical Works

The tenders above were advertised on **Friday 3<sup>rd</sup> October, 2014**. Their submission date has been extended to **Tuesday 28<sup>th</sup> October, 2014 at 11.00 a.m.** Other conditions remain the same.

**Head, Supply Chain Management Services**  
**For: Principal Secretary**



CORRUPTION | MPs believed to be beneficiaries

# Probe Karen land scam, Ngilu tells ethics team

Matemu receives letter and says all grabbers will be named, shamed and prosecuted

BY SATURDAY NATION TEAM

newsdesk@ke.nationmedia.com

**L**ands Cabinet Secretary Charity Ngilu has asked the anti-corruption watchdog to launch investigations into the Karen land grab.

Ethics and Anti-Corruption Commission chairman Mumo Matemu confirmed receiving a letter from Mrs Ngilu two days ago and that the investigations had begun.

"We shall name and shame whoever is involved in the scam once the truth comes out," he said yesterday.

Mr Matemu was addressing the media at Voyager Beach Hotel in Mombasa during a workshop between the EACC and Members of the Parliamentary Committee

on Delegated Legislation.

He said the investigations would zero in on issues of ethics, abuse of office by public servants or any other crime involving those alleged to have grabbed the 144-acre land in the Karen suburb of Nairobi. The land is valued at about Sh8 billion.

The Coalition for Reforms and Democracy (Cord) also wrote to the agency, urging it to investigate public officials involved in the scandal.

## Complied with order

Kakamega Senator Boni Khalwale read Cord's statement to the media on Thursday in Nairobi.

In the statement, Cord legislators asked Deputy President William Ruto, Inspector-General of Police David Kimaiyo, Director of Criminal Investigations Ndegwa Muhoro, Nairobi Governor Evans Kidero and Senator Mike Sonko to help expose those behind the irregular land allocation.

Mrs Ngilu also dismissed the Cord statement linking her to the crime and termed it diversionary.

Meanwhile, police yesterday moved in and stopped more construction on the land until the case comes up for mention in the High Court on October 28.

Lang'ata Acting OCPD Mwangi Kuria led a contingent of armed officers and ordered those involved in the construction to stop and vacate the land after serving them with a court order issued on October 15.

"They complied with the court order and moved from the disputed site without any resistance," Mr Kuria said.

When *Nation* journalists arrived at the site, armed policemen from the Karen Police Station were keeping vigil.

The case involves the land whose ownership is claimed by Mr Da Gama Rose and his company Muchanga Investments Ltd against Habenga Holdings, Jina Enterprises Ltd and Telesource Company Ltd.

The suit also names the Director of Surveys, the Registrar of Titles and Chief Lands Registrar all in the Ministry of Lands and Housing.

JUSTICE | Ex-judge wins Sh800m



PAUL WAWERU | NATION

Retired Court of Appeal judge Benna Wamukoya Lutta leaving the High Court in Nairobi yesterday after a judge ordered the State to pay him Sh883 million for illegally taking over his 1,760-acre farm in Endebess, Trans Nzoia County. He was evicted from the farm in 1983.

## BRIEFLY

### KAJIADO

## US pledges to help in managing wildlife

The American government has pledged to assist in wildlife management. US Ambassador to Kenya Robert Godec who visited Governor David Nkidiaye in his office yesterday said they were committed to working with the county to strengthen its capacity in managing resources and boost tourism. Mr Nkidiaye said the human wildlife conflict had escalated because people and animals shared water sources.

### MOMBASA

## Users now inject drugs through private parts

More drug users are injecting heroin and other hard substances through their private parts, an activist has said. HIV/Aids Youth Network representative Juliet Akumu also told shocked participants at a meeting when she said that of every 10 injecting drug users, six were primary school children. "Last month a drug user in Kisauni failed to get a vein in other parts and injected his manhood. He died instantly," she said.

### KIAMBU

## New health services law comes into effect

Governor William Kabogo has signed into law the Kiambu County Health Services Bill 2014 that will control tobacco consumption and alcohol and drug abuse. Mr Kabogo said the new law will promote access to and right to health services. The Act also provides for collaboration with other counties and the national government in controlling diseases, health conditions or risk factors.

### TRANS NZOIA

## Speaker's office declared vacant

The search for a new Speaker for Trans Nzoia County has started after a notice of vacancy was published. Former Speaker David Sifuna was impeached on September 29, but has challenged the decision. Assembly Clerk Aineah Indakwa signed two gazette notices declaring the vacancy. The assembly impeached Mr Sifuna in a session that delayed as he locked himself in the office with the mace. Ward leaders broke the door and grabbed it.

### NAIROBI

## Arab job agents want vetting speeded up

Employment agencies involved in recruiting Kenyans to work in Middle East want the government to hasten the process of clearing them. Speaking in Nairobi yesterday, Kenya Association of Private Employment Agencies, the umbrella agency, said members have lost close to Sh5 million since the ban started last month. "Our 250 members are suffering. The exercise should start soon," chairperson Khadija Asman said.

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**The EastAfrican**

# Lawyers fail to stop new fees

BY SATURDAY NATION CORRESPONDENT

Lawyers have suffered a setback after two High Court judges separately declined to issue orders stopping higher fees.

The Law Society of Kenya (LSK) intends to use the money to build an international arbitration centre in South C, Nairobi.

Judges Mumbi Ngugi and Maureen Odero of Nairobi and Mombasa respectively declined to issue orders with regard to cases challenging LSK's move to increase fees for advocates' practising certificates.

## A precondition

Lawyer Deynes Muriithi moved to the High Court in Nairobi on Thursday challenging plans to make advocates pay between Sh39,000 and Sh50,000 per month. They currently pay between Sh14,000 and Sh26,000.

Mr Muriithi said the new charges, set to start next year, are a precondition for one to be issued with a practising certificate. He said the cash would go towards the construction of the Sh1.2 billion arbitration centre.

Lawyers fear that implementing the decision would

deny them a right to a fair hearing while contributing to the new project, Mr Muriithi said.

His lawyer Mr Duncan Anzala said: "LSK has made a decision which would make it mandatory for lawyers to pay an extra amount for the construction of an arbitration centre, in addition to the requisite charges, as a precondition for issuing of a practising certificate." He wanted the matter heard urgently.

However, Lady Justice Ngugi directed him to give the case documents to the LSK, which is chaired by Mr Eric Mutua (below), before further directions are issued on October 28.

In Mombasa, lawyer Macmillan Jengo filed a similar suit. Mr Godfrey Mutibia appeared for the LSK in Mombasa and called for merging of the two cases.

Lady Justice Odero also declined to issue any temporary orders.





# JIONI YA KIPEKEE



## SHUJAAZ

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DJ B anawaleta pamoja ma-hustlers, visa vya kulisimua, talanta za kipekee na mizaha ya kuvunja mbavu wakati mmoja.....na sasa yuko imara kukuandalia shoo ya kipekee kwenye runinga yako, shoo ni Shujaz TV.

## KILA JUMAPILI SAA MOJA NA NUSU



REPRIEVE | Reduction comes after the launch of a geothermal power plant

# Electricity cost set to drop by 30pc

Companies to pass benefit of cheaper power to consumers by lowering cost of essential goods

BY MACHARIA MWANGI  
newsdesk@ke.nationmedia.com

The cost of living is expected to fall significantly after the government commissioned a new power plant expected to cut electricity bills by 30 per cent.

In a move aimed at reducing the cost of doing business and attracting investors, President Uhuru Kenyatta said he expected the reduction in tariffs to take effect at the end of this month.

The reduction in bills is expected as the country moves away from use of expensive heavy fuel to generate electricity in favour of the cheaper and clean geothermal power.

140

Megawatts produced by the power station at Ol Karia in Naivasha

Manufacturers are expected to pass the benefit of cheaper power to consumers by lowering the cost of essential goods such as maize flour and sugar.

“Take my word that the cost of goods will come down and this will lead to a lower cost of living for all Kenyans,” said President Kenyatta at a function after the launch of the 140-megawatt geothermal power plant at Ol Karia in Naivasha yesterday.

The Kenya Association of Manufacturers (KAM) issued a statement praising the move, saying commissioning of the project would help in lowering the cost of power. “Industrialists are saying a big congratulations to the government on this great achievement, which will go a long way in augmenting the power supply in the country,” said KAM Chief Executive Betty Maina.

Exploration of renewable energy sources to replace the use of expensive electricity generated using diesel has seen a gradual decline in the cost of power.

At the end of July, the fuel cost, the largest component of power bills, stood at 722 cents per kilowatt hour. This declined to 479 cents at the



President Uhuru Kenyatta and his deputy William Ruto turn a valve during the official commissioning of the 140-megawatt Ol Karia geothermal power plant in Naivasha yesterday.

end of September.

This is now expected to decline substantially with the commissioning of the geothermal power plant.

### Attractive for investors

In a meeting that was interactive and punctuated by friendly banter, Mr Kenyatta said the move was a “giant step” towards making the country attractive for investors.

He challenged Energy Cabinet Secretary Davies Chichir

to ensure that the tariffs were lowered or “count yourself out of the job”.

In the meeting, the Head of State, his deputy William Ruto and Mr Chirchir answered questions from the public.

Mr Kenyatta assured a young investor that he would earn more from his barbershop following the reduction. The young trader left the audience in stitches after requesting the Head of State to allow him to open

a “new barbershop” inside State House.

The President, who appeared jovial, at one time referred a question to his deputy, describing him as “acting President”.

“Let the former acting President answer that,” he said amid applause from the public.

The President called upon manufactures, especially millers, to reciprocate the move by the government by reducing the price of flour.

## Police kill two suspects at trader's home

BY SATURDAY NATION REPORTER

Police yesterday shot dead two suspected robbers who attacked a businessman's home in Kiamumbi, Nairobi.

About six men armed with pistols and metal bars brought down part of a perimeter wall to gain entry into the house at Kiukenda estate at 2am on Thursday.

The suspects smashed a glass window and cut steel grills. They also cut off the power after the alarm went off.

Police arrived before the gang entered the house and a fierce exchange of fire ensued.

“Shortly before the officers arrived, one of them shot my husband through the window,” the wife who declined to be named for fear of being tracked by accomplices said.

She said the area has become insecure as four of their neighbours were robbed last month. Yesterday, one of them identified her attacker.

She said: “This the young man who pointed a gun at me. He was among a group that robbed us last month.”

The injured trader was rushed to hospital where he underwent an operation. The bodies were removed nine hours after the botched robbery.



# Congratulations!

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# Tobiko sets up team to study Anglo Leasing files

BY SATURDAY NATION REPORTER

Director of Public Prosecutions Keriako Tobiko has formed a committee to evaluate Anglo Leasing files forwarded to his office.

The move marks a new step in tackling a case that has lasted for more than a decade and in which Kenya lost billions of shillings to faceless companies.

"I have now constituted an internal team to review the resubmitted inquiry files and will render

my decision as soon as practicable, taking into account the gravity and complexity of the matter," said Mr Tobiko.

On Thursday, the Ethics and Anti-Corruption Commission (EACC) announced that it had completed investigations and forwarded the files to the DPP, with a recommendation to prosecute 10 individuals. But the commission remained tight-lipped on the identity of the individuals.

EACC Chairman Mumo Matemu told reporters in Nairobi that he would not reveal any further

details to avoid compromising the case.

Yesterday, Mr Tobiko also declined to reveal the identities of the people recommended for prosecution. "Apart from due process considerations, I would also like to point out that investigations into the Anglo Leasing scandal have in the past been hampered by numerous legal challenges presented by suspects," he said.

The files submitted to Mr Tobiko are those initially taken to Mr Amos Wako, the then Attorney-General, by the anti-graft agency in 2006.

## YUMMY | Cake treat for Kamau at commissioning of bridge



Roads and Infrastructure Cabinet Secretary Michael Kamau is fed a piece of cake by Nominated Senator Zipporah Kitony during the commissioning of Motosiet Bridge in Trans Nzoia County yesterday. The bridge links Motosiet and Oso-rongai villages.

JARED NYATAYA | NATION

## HEALTH FEARS | Hospitality industry in Tanzania badly affected following rumours of an outbreak

# Sh65bn Ebola fund to be set up

Regional preparedness agency to help contain the disease that has killed thousands in four West African states

BY ZEPHANIA UBWANI  
AND MIKE MWANIKI  
newsdesk@ke.nationmedia.com

The East African Community is mobilising funds to fight the deadly Ebola Virus Disease.

The money will be raised from the community's reserve fund, it was announced in Arusha on Thursday at the end of the ministerial meeting

on response to the epidemic which has killed more than 4,400 people in West Africa.

The ministers of health from Kenya, Uganda, Tanzania, Burundi and Rwanda approved the regional plan of action.

"The secretariat was directed to mobilise \$750,000 (Sh64.5m) from its reserve fund," a communique released yesterday said.

Also approved was the establishment of the regional emergency preparedness and response task force on Ebola and other communicable diseases.

The task force will harmonise guidelines for screening passengers on borders and ports of entry.

The states were urged to mobilise about 600 health workers to help

contain the disease in West Africa.

Kenya will provide 15 doctors and 300 health workers while Uganda will send 14 doctors and 21 health workers. Tanzania has already sent five doctors while Burundi will provide 250 health workers. Rwanda will send seven doctors and seven health workers.

### Third meeting

Those who attended the three-day meeting include Kenya's ministers of Kenya James Macharia, Uganda's and Tanzania's, Dr Elioda Tumwesigye and Mr Rashid Seif Suleiman.

Others were Rwanda's Permanent Secretary Solange Hakiba and Burundi's Minister in-charge of East African Affairs Nzeyimana Leontine.

This was the third high level regional meetings which discussed

Ebola after others in Entebbe in August and in Nairobi last month.

The previous meetings involved civil aviation and national airport authorities as well as ministries responsible for health, transport and immigration.

They resolved that the region must maintain a high level emergency preparedness and response against the disease.

The secretariat will convene a meeting of experts in the next 10 days to provide technical guidance on modalities on logistics, human resource and infrastructure on the preparedness.

Two months ago, fears of an Ebola outbreak led to the drop of hotel bookings in Arusha, the hub of Tanzania's tourism industry.

## BRIEFLY

### KISUMU

## Guard's mutilated body found dumped in estate

The mutilated body of a watchman was yesterday found by the roadside in Kisumu's Kondele Estate. Residents said the guard was hacked to death at the Kisumu-Kakamega road junction in Kondele. "We found the body near the flyover in a pool of blood and we suspect he was killed by people who wanted to gain entry into the premises he was guarding," said Mr Alex Okumu, a resident. The incident comes as two people were arrested in Kisumu's Tieng're by Flying Squad officers who had been trailing them for suspected theft.

### NAIROBI

## New hi-tech device for vehicle checks launched

A new gadget that will enable traffic police to do roadside vehicle inspections in minutes has been developed. National Transport and Safety Authority official Mathew Munyao said the hand-held device will enable traffic police to carry out hundreds of checks for speeding and missing or non-functional speed governors daily. "Every detected irregularity is transmitted electronically in real time to NTSA headquarters," he said, adding the innovation will be a game changer in enforcement of speed limits for matatus.

### MERU

## Tetanus vaccine drive meets fierce resistance

Health officials are having a difficult time administering the tetanus vaccine after the Catholic Church refused to let its facilities be used as vaccination centres. Central Imenti Sub-County Medical Officer Lilian Karoki said the church claims the vaccine is a contraceptive. Speaking at the launch of the campaign, Mrs Karoki urged women to ignore the claims. "The Bishop of Meru Diocese has declared that all the Catholic facilities should not to be used and we have been forced to seek other venues," she said.

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VERDICT | Author lived wanting to be a creative writer and died trying

# The trial of Professor Ali Mazrui in After Africa

The death of Nigerian writer Christopher Okigbo inspired Ali Mazrui to write what was to become his only literary contribution. After Ali's own death, this writer puts him in the dock.

BY EGARA KABAJI  
satnation@ke.nationmedia.com

**A**li Mazrui wrote a novel entitled *The Trial of Christopher Okigbo* in which he put legendary Nigerian poet Christopher Ifekandi Okigbo on trial in After Africa for, among other things, abdicating his responsibility as an intellectual and dying an Ibo patriot.

The novel is highly comical, but reads like an essay. This was Ali Mazrui's only fictional contribution. In this creative rendition, set in After Africa, Egara Kabaji puts Ali Mazrui on trial and finds him guilty of minor offences of commission and omission as a creative writer. Read the verdict of African literary ancestors.

*This play is set in After Africa (where Africans go to after death). Ali Mazrui arrives on 13th October, 2014. He finds African literary ancestors under a big mugumo tree. Each one of them is taking his or her own favourite drink. Margaret Ogola and Sembene Ousmane are taking milk; Flora Nwapa is on kola while the rest are on busaa.*

*At the far corner is Chinua Achebe talking to Christopher Okigbo in low tones. Ekwensi is seated with Flora Nwapa and Dambudzo Marechera. At the other corner are Mwangi Chicheru, Wahome Mutahi and Francis Imbuga. Okot p'Bitek is seated all alone. The literary ancestors are all in a pensive mood.*

**Wahome Mutahi:** I am told that Ali Mazrui has just been dispatched to this world.

**Francis Imbuga:** What? Is that the rea-

son why thunder and lightning violently tore through the skies yesterday?

**Wahome Mutahi:** It was the tears of his two Thatchers' that made the situation even worse.

**Mwangi Gicheru:** I lived in his hometown of Mombasa for a long time. Yet I never saw him in a single literary meeting. I think he has many questions to answer before being admitted to join us, but... (*Margaret Ogola stands up and walks to the front as all eyes of those present trail her.*)

**Margaret Ogola:** Literary ancestors of Africa! Here is yet another one from East Africa. We from East Africa wish him all the best in his trial to determine if he is worthy of being here. We pray for the prosecutor, Apolo Gyamfi, to be filled with wisdom as he presides over the case. (*There is thunderstorm and lightning as Apolo Gyamfi arrives and takes his seat at the front.*)

**Apolo Gyamfi:** Thanks, Margaret. The will of the literary ancestors will prevail in this matter. Ali Mazrui faces two charges so far. First, that he pretended to be a creative writer when he was a political scientist. As you know, the charge of pretence is a serious one.

**Okot p'Bitek:** (*Interjecting amid murmurs*) He was an over-enthusiastic cleric and not a...

**Apolo Gyamfi:** Silence! The second charge is that he, most of the time, engaged in self-praise in search of fame and fought many unnecessary wars. You all know our rules here. These are the charges filed as at this morning's deadline. Ancestor Okot p'Bitek knows that he should have forwarded his in time instead of spending much time taking busaa.

(*They all laugh*)

**Dambudzo Marechera:** Yes, p'Bitek is more notorious in the company of his friend Leonard Kibera. Thank God Kibera is attending to the other matter that you all know. You remember how they behaved when Shakespeare was visiting all the way

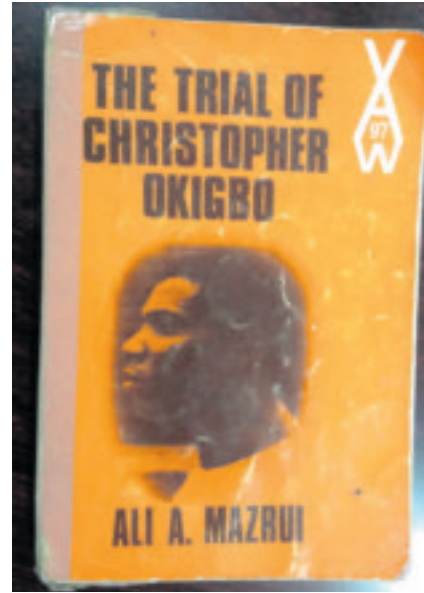


PHOTO | CORRESPONDENT

The cover of Prof Ali Mazrui's literary work in which he put a renowned poet on trial.

from After Europe?

**Flora Nwapa:** Stop this discussion. Do not vilify my brother p'Bitek. I am sure you remember how he made us proud when Richard Wright, our brother from our other mother, dropped in.

**Apolo Gyamfi:** Shhhhhhhhh! Let us listen to Askari.

**Askari:** Sir, the accused has just arrived. May I bring him in?

**Apolo Gyamfi:** Certainly. Margaret Ogola, be ready to give the final word since you seem to be the only one having milk. Oh... Sorry, yes, I can see Ousmane is also having milk. He will give the final word in our next case.

(*Ali Mazrui arrives in an overflowing white robe.*)

**Apolo Gyamfi:** You are charged that throughout your life in the Herebefore, you pretended and masqueraded as a creative writer. Do you accept the charge?

**Ali Mazrui:** (*Sobbing*) Though I was a political scientist, I always wanted to be a creative writer. I tried and produced only one novel based on the pain I felt over the death of my friend Okigbo.

**Francis Imbuga:** (*Hahaaaaa!*) So you were trained but you took on the wrong job? (*He chuckles*). Let me take another swallow.

**Ali Mazrui:** I should be accepted here because I wished to be a creative writer and I tried.

**Dambudzo Marechera:** That was not a novel but an essay, true?

**Ali Mazrui:** Yes, perhaps a literary essay with high voltage imagination.

**Apolo Gyamfi:** You have started it again? Be humble while here, Ali. You have also been accused of spending a lot of your time in self-praise and simple fights.

**Ali Mazrui:** I was always provoked, especially by William Ochieng', who has already joined this world, and Wole Soyinka, who is still in the Herebefore.

**Chinua Achebe:** Every writer suffers from this disease. Creative imagining often comes with a sense of vanity. I wish to suggest that we strike off this charge.

**Cyprian Ekwensi:** (*shouting*) *Ukweli kabisa!*

**Ali:** Yeeeeeees!

**Apolo Gyamfi:** Margaret Ogola, rule on this case so that we move to another. I am told another writer from Herebefore is on his way.

**Ali:** Who?!

**Apolo Gyamfi:** I will disclose the name later. Margaret Ogola, please!

**Margaret Ogola:** Holy scriptures from all religions say that those who live by the sword die by the sword. You lived wanting to be a creative writer and died wanting to be one. You tried, but you did not try enough. One novel is not good enough. I find you guilty, but because of the love of God, you will spend forty days in the wilderness then join us as a literary ancestor.

(*They all stand up and cheer Ali Mazrui with song and dance for getting the opportunity to be a literary ancestor.*)

Kabaji is a professor of Literary Communication and a Deputy-Vice Chancellor (Planning, Research and Innovation) at Masinde Muliro University of Science and Technology.

EDITOR'S NOTE: This is a fictional rendition adopted from Ali Mazrui's work, *The Trial of Christopher Okigbo*.

Tributes to Mazrui Pages 19, 20, 34, 35, 36



## TECHNICAL UNIVERSITY OF MOMBASA

### A TRIBUTE TO PROFESSOR ALI ALAMIN MAZRUI



The Chancellor, Council, Staff and Students of Technical University of Mombasa pay tribute to Professor Ali Alamin Mazrui, a renowned academic sage and towering scholar who until the time of his death was an Albert Schweitzer Professor in Humanities at Binghamton University.

We are proud, honored and privileged to have nurtured his academic expedition, prowess and excellence when he worked as a **Junior Clerk** at the Mombasa Institute of Muslim Education (MIOME), now **Technical University of Mombasa (TUM)**. We are also grateful and indebted to his wise counsel when he was our Chancellor.

We the TUM Community share in Professor Mazrui's Triple Heritage as 'our native tongue is Swahili, we are educated in English and our motto is in Arabic. (*Jidduh Tajiduh*).'

*From Allah we come and to Allah we return.*

## Mombasa ready to bid scholar farewell

BY DANIEL NYASSY

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Mombasa is preparing to say its final farewell to Prof Ali Mazrui, one of its greatest sons, who died in the United States this week aged 81.

Prof Mazrui will be buried in the Old Town tomorrow in what is expected to be the biggest funeral in the Coast since the one of independence politician Ronald Ngala.

After the burial, special guests and the media will be invited for lectures at the Aga Khan Academy hall where speakers will talk about the achievements of Prof Mazrui.

Thousands of local and foreign visitors are expected to attend the burial of one of Kenya's finest scholars.

"We expect a big crowd of government officials, academicians and the general public," family spokesman Sheikh Hammad Kassim said yesterday.

Burial arrangements, he added during a media briefing at the family home, had been finalised. The body is expected from New York on Sunday morning between 2 and 2.30 aboard a Turkish Airlines flight.

The body will make a 12-hour stop-over in Istanbul where prayers will be conducted before the final journey to the Moi International Airport Mombasa.

His widow, Ms Pauline (Maryam) Uti will accompany the body. The scholar's remains will be driven in a convoy to the family home in Old Town near Fort Jesus.

Around 9am, the body will be taken to Mbaruk Mosque for final prayers and afterwards to the final resting place at the 900-year-old Mazrui family graveyard next to the home at about 11am.

Visitors' vehicles will be parked at the Central Police Station compound, Coast Girls High School and Makadara Grounds.



REFORMS | Progress not encouraging as corruption and human rights violations are still widespread

# Police vetting runs out of steam as team lags way behind 2015 deadline

Of the 78,000 officers, only about 200 have been screened in one year while experts say exercise lacks transparency and there is little public participation

BY LILIAN OCHIENG  
laoching@ke.nationmedia.com

Human rights groups and security experts say vetting of officers that is key to police reforms has barely got off the ground, and urgent action is needed to make it credible and effective.

Of particular concern are constant delays, lack of transparency and failure to involve the public, all of which have badly undermined a programme designed to check the professional background of the 78,000 officers that make up the Kenya Police Service.

The vetting is a requirement of the National Police Service Act, which came into effect in 2011 to invigorate efforts to reform policing.

The National Police Service Commission (NPSC) began vetting officers in November last year, but it has fallen way behind schedule and is unlikely to meet its deadline of August 2015.

In almost a year, only about 200 officers have been screened.

## Finished vetting

“By now, they ought to have finished vetting senior police officers from the rank of superintendent and senior superintendent moving upwards,” Mr Ndungu Wainaina, executive director of the International Centre for Policy and Conflict, a Nairobi think-tank, told the Institute for War and Peace Reporting (IWPR).

“They should (now) be screening the middle-level cadre — officers commanding police station (OCS), deputy OCS and senior sergeants,” he said.

The commission suffered a major setback in February when four key members of the vetting team resigned.

A series of terrorist attacks by the Somali Islamist militant group Al-Shabaab further diverted the attention of the security services.

The attacks, targeting the Nairobi suburb of Eastleigh as well as Kenya's coastal and northeastern regions, resulted in the loss of nearly 100 lives in June and July.

To make up for lost ground, the NPSC subsequently created vetting panels at regional level, with reports being forwarded to Nairobi.

Aside from delays, critics also point to a lack transparency in the vetting, which they say casts doubt on its effectiveness.

In particular, questions have been raised why the vetting panel failed to hold officers to account in cases where there was clear evidence of human rights violations.

So far, fewer than 20 officers have been deemed unfit to serve.

While the overall process is public, security constraints dictate that some sessions in which abuses are discussed are held in private.

One such critic is Peter Kiama, director of the Independent Medico-Legal Unit, part of a group of Kenyan organisations that monitor police reforms.

“We have not seen any clear case of officers being held accountable for human rights violations, yet organisations and citizens have presented evidence of such incidents,” Mr Kiama said, calling for “a more robust inquiry” into culpability.

International Centre for Policy and Conflict's Mr Wainaina also questioned the panel's impartiality.

“There is no guarantee that the final decision by the panel is not biased,” he said.

While the vetting is designed to identify past misconduct, it is also part of a longer-term effort to clean up the service and instill high standards of ethics and professionalism.

Corruption and human rights violations are still widespread in the service and critics say progress is not encouraging.

“I have not seen any change in terms of mindset, attitude and practices,” Mr



“

We have not seen any clear case of officers being held accountable for human rights violations”

Peter Kiama, lobby group director



National Police Service Commission chairman Johnston Kavuludi (centre) with Inspector General of Police David Kimaiyo (left), commissioners Mary Owur (second right) and Murshid Mohammed at a briefing on police vetting in February at the CID training school in Nairobi. Experts have raised the red flag over the lack of progress in the vetting.

Kiama said. “We have a long way to go.”

One consistent problem is lack of involvement of the public.

“Most people are unaware how they can participate in the vetting. Information is never readily available — even some police officers are not aware of the process,” Mr Kiama said.

In a straw poll carried out by IWPR on the streets of Nairobi, seven out of 10 people interviewed were unaware of the vetting, while those who knew about it were unsure how it worked.

“I know the process kicked off late last year and a few officers were dismissed,” Christine, who works for a mobile phone company in the city, said. “I, however, do not understand whether it is a continuous process or when it comes to an end.”

The NPSC has relied heavily on documentary material, largely relating to financial matters, rather than information from the public about officers' conduct.

Mr James Ndung'u of the Usalama Forum, another member of the police reforms monitoring group, says this has prevented a thorough examination of individual officers' records.

“This may see some officers sailing through the vetting even when there are doubts about their integrity,” Mr Ndung'u said.

Though the NPSC says it has publicised the vetting through the media, its director of communications, Mr Khalid Salim, admits that publicity remains a challenge which he blames on inadequate funding.

“We always invite Kenyans who made complaints to at-

tend proceedings,” he told IWPR. “However, we are challenged because the level of awareness seems low.”

Mr Chris Gitari, a human rights lawyer working with the International Centre for Transitional Justice think-tank, said the government grossly underestimated the need for outreach when it set up the NPSC.

Mr Gitari is lobbying for the commission to invite Kenyans at county level to submit their views about local police officers.

## Engage the public

“The important issue is for the commission to engage the public more rigorously; they should find ways of reaching out to organised groups countrywide and get into a dialogue with these groups,” he said.

Mr Kiama agreed that the commission needed to go much further and publicise specific complaints raised by citizens as well as giving public feedback on every vetted officer.

The commission should also engage with civil society groups to ensure the public was aware of who was being vetted and how to submit information on them, he added.

However, the decades-old mistrust between the public and the police means there is no guarantee people will volunteer information.

Though Kenya established a Witness Protection Agency in 2011, it has not made much impact due to lack of funding. This means that anyone who volunteers information implicating a member of the police service cannot be guaranteed complete safety from retribution.

Although victims can report incidents of abuse anonymously, they are often later summoned to provide testimony to the panel in front of the officer concerned.

“Protection of witnesses is a must, because their lives are put at risk,” Mr Wainaina said. “They have, therefore, shied away from giving evidence and participating in the exercise altogether.”

The vetting board is fully aware that protection is mandatory and experts have explained many times that without protection, the exercise becomes a sham.

Nearly a year into its mandate, it remains unclear how far the vetting programme will achieve its goal of rooting out rogue officers.

Some critics fear that public mistrust runs so deep that it will be very hard for the NPSC to engage their interest, even if it makes wholesale changes.

In Mr Wainaina's view, people “just do not care”.

But others like Mr Kiama are more optimistic. He believes that if the NPSC implements the recommendations of the police reforms working group, the vetting will still serve its purpose.

“We still have 99 per cent of officers waiting to be vetted. There is still some leeway to salvage this exercise,” he said.

Lilian Ochieng is a reporter for ReportingKenya.net and the Daily Nation in Nairobi. This article is part of IWPR's Kenya Security series. It was produced as part of a media development programme implemented by IWPR and Wayamo Communication Foundation in partnership with Nation Media Group.

## BRIEFLY

### TURKANA

#### Bandits shoot man dead in bus ambush

A man was shot dead and six other people, among them a policeman, were injured when suspected Pokot raiders ambushed a bus and another vehicle on the Kitale-Lodwar highway. The bandits are believed to have been on their way from a raid on Kainuk Village where they had stolen some goats. Kainuk senior assistant chief Sarah Lochodo said the incident occurred 200 metres from a Anti-Stock Theft Unit camp.

### KISUMU

#### Storm leaves a trail of damage in village

Tens of people spent the night in the cold after a storm wreaked havoc in a village on Thursday night. The storm blew off roofs at Korando A sub-location and uprooted crops and trees. Residents said the strong winds lasted a few seconds. “I thought it was an aeroplane. But all of a sudden, the house was shaking and in seconds the roof was gone,” said Ms Consolata Awuor, 80, who was in her house with her grandson.

### KWALE

#### Governor appeals for lifting of travel bans

Kwale leaders have urged the UK and US to lift travel advisories against the region. Governor Salim Mvurya said there was no longer any need for the bans as terror attacks and violent crime had now been contained. Speaking during the launch of Miss Tourism Kwale, the governor warned that unless the travel warnings are lifted, the sector could soon be brought to its knees.

### MERU

#### Woman's neighbour accused of grabbing

A 59-year-old widow from Tigania is crying out for justice after a neighbour allegedly blocked access to her property in a dispute that has dragged on for four years. Mrs Lilian Gaceri Mwenda, whose husband died seven years ago yesterday said the neighbour, who is also a member of the area lands board, had cleared a section of the 12.8-acre piece for a road. Tigania East police boss Charles Koskei said they were investigating the matter.

### NYERI

#### Three years in jail for man who stole goats

A man found guilty of stealing goats from his employer has been sentenced to three years jail. John Mureithi was charged with stealing 20 goats valued Sh100,000 from Ms Winfred Wambui between September 1 and 5 in Nyeri Town. Asked where the goats had disappeared to, Mureithi said they had died but he forgot to inform his employer. He was given 14 days to appeal.



## SATURDAY NATION

## Step up crackdown on the exam cheats

As happens every year during national examinations, some unscrupulous people are once again preying on gullible candidates, their parents, and some school administrators. They are selling fake papers they claim to be the Kenya Certificate of Secondary Education (KCSE) examination that begins on Tuesday. They, of course, are aware that they are committing an offence, and if caught, will be severely punished for it.

However, examinations are so important that many people, especially parents, will be tempted to scrounge for money and buy, hoping they will enable their children to pass. After all, this is a defining moment for the young men and women, who have been preparing for it for four long years. The exam will determine their future stations in life. Those who fail will have to settle for a lowly status in life. Those who pass will be on the way to university and great careers.

We applaud the Kenya National Examinations Council (KneC) for the measures it has taken to stamp out cheating and create a level playing ground for all the candidates to reap what they have sown. Those who have prepared well and their teachers will not be easily tempted to buy the fake papers in circulation. It is, therefore, encouraging to hear that some arrests have been made and the fakes seized. But even more important is the assurance that security personnel have been sent to the areas considered hot spots for cheating.

However, where crooks can see an opportunity for spectacular gain, the threat of arrest alone will not deter them. Such people will readily risk a limb or even their lives in pursuit of illicit gain at the expense of the young people who might be tempted to rely on these fake papers, only to turn up and find nothing of the sort in the exam room.

Since no amount of policing can totally eliminate such vices, it is the moral responsibility of parents, teachers and the society as a whole to support the KneC's campaign against cheating. The message that must go out to all, including the candidates, is that it is hard work and not cheating that truly pays in the long run.

## Ebola hitch for football

The unwillingness of the designated hosts of the 2015 Africa Cup of Nations, Morocco, to stage the tournament over the Ebola threat has thrown the organisers of the biennial event into uncertainty.

Morocco has reportedly requested the Confederation of African Football (CAF) to push back the dates of the tournament that was scheduled to kick off in January, on the grounds that the country does not have the capacity to contain the disease, which has been ravaging three countries in West Africa.

But CAF has hinted that they are not ready to change the dates of the tournament, much as Morocco's concern may be genuine and the grave Ebola risk very real.

While the game of football is all about bringing people together for enjoyment and solidarity, that alone should not override public health by putting thousands of fans, officials and players at the risk of contracting the contagious disease.

It is imperative that CAF seriously reflects on the concerns raised by Morocco. And, hopefully, reach a decision that is not only in the best interest of the game, but also one that will not cause a public health crisis with serious consequences on the continent.



SHOW OF MIGHT | Magesha Ngwiri

## Ultimately, Kenyans will pay the price for turf wars in government



The ongoing supremacy battles among the three arms of government are likely to hit development to the detriment of the masses

Lately, things have become very interesting on the political front. Our whole governance structure is rapidly becoming dysfunctional as we watch and applaud, an indication that Kenyans love nothing more than good theatre.

However, in the end, it is we Kenyans who will pay, but we don't know it yet because when our rulers engage in high-decibel quarrels, we believe they don't touch us, individually.

Well, they do. A government which is in a permanent state of flux cannot get much done. The three arms of government which, besides the National Executive, include the Legislature, and the Judiciary, seem to be on an irreversible collision course.

Let's give concrete examples. On Tuesday, President Kenyatta opened the East African Magistrates and Judges Association's Annual General Conference. In the course of his speech, he expressed displeasure with the way judges have been issuing injunctions right, left and centre, thereby hobbling the functioning of the other arms of government. Though he did not say they shouldn't, he never left them in any doubt what he thinks about the liberal manner in which

they have been dishing out injunctions. Said he: "The issuance of injunctive interim orders, especially *ex parte*, has undermined goodwill and harmony between the three arms of government." That is quite an indictment, but it has a history and an explanation which anybody criticising the Judiciary should take into account. For too many years, indeed, during Mzee Jomo Kenyatta's rule, and more so during Daniel arap Moi's 24-year period, the Judiciary was a mere appendage of the Executive.

In theory, it was independent, but in practice, no chief justice, judge or magistrate dared go against the wishes of the President or his clique. But today the opposite is true. If you cage a bird for too long, the day you open the door, it will definitely fly and in no particular direction. The same with an institution.

Whereas some people are convinced the Judiciary is now peopled by activists who will make rulings just to show how independent they are, judges and magistrates believe they are doing what they should have been doing all along. This is because the Constitution has at last opened the cage door. But like the freed bird, they may be flying in

no particular direction, thus trampling on the jurisdictions and functions of the other arms of government. As a result, MPs, senators, and even governors have been ignoring court orders with increasing frequency and with impunity. Too much of anything is dangerous, and too many injunctions can be perilous for the rule of law. It is difficult, for instance, to understand how a man can be impeached twice by his MCAs, the decision endorsed by the Senate, and today he is still calling the shots in the governor's mansion. As for the Legislature, the incessant turf wars between the National Assembly and the Senate, the National Assembly and the governors, who are in their own right, executives, the Senate against the same governors — all this is enough to make the mind reel. The National Assembly, despite the vaunted "tyranny of numbers" which should make it the natural bed-fellow of the Jubilee government, has clearly shown it can act against the wishes of the Executive, and even against the Constitution, and get away with it. The fact that in a bout of sophistry it amended

the Standing Orders to pave the way for the summoning of Cabinet Secretaries in the face of opposition from the Attorney-General, State House, and even the Commission for the Implementation of the Constitution, is quite illustrative of the disdain with which it holds constitutional offices. If the AG and the CIC chief cannot interpret the Constitution for MPs, who can?

This activism, too, has its roots in the emasculation of Parliament in the first 39 years of independence when the Executive held sway. It is not easy to imagine police officers going to Parliament to arrest an MP over his utterances, but it once happened.

Today, the democratic space has widened, but the price we have to pay is a spirited attempt by Parliament to replace Executive despotism with its own variety. The liberating spirit of the Constitution is being taken too far. Our new rulers in Parliament are intoxicated with power, which is why they are chafing at the Judiciary or anybody else telling them to sober up.

As for the National Executive, it is so hamstrung by the Constitution that one wonders it can function at all. Though this may sound like anathema to many, one does at times become nostalgic for those days when the President would say something and not fear being silenced by a cacophony of insults. Even democracy, like everything else, should have its limits.

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If you cage a bird for too long, the day you open the door, it will definitely fly and in no particular direction"



THINK AGAIN | Maina Kiai

# Victims of post-poll chaos suffer as ICC, Jubilee and all watch in silence



Uhuru and Ruto invest in sideshows as ICC's organ in charge of the victims' welfare drags its feet

Last week Uhuru Kenyatta honoured a summons to appear at the ICC. He made an elaborate public-relations show of going, complete with a ceremonial handing over of power, dancing troupes, accompanying sycophants and came back to massive crowds of welcome.

The "signing away" of his role as President was unnecessary as the Constitution already makes the Deputy President acting President whenever he is away from Kenya. But it was a political gimmick, aimed at the doubters in William Ruto's constituency, as well as at African presidents who want impunity for the egregious crimes that they often commit.

But he obeyed a court order, something that Senate Speaker Ekwee Ethuro should learn from, albeit under the threat of an arrest warrant and being turned into a pariah, just as the arms of the international community are opening up in welcome for him.

And yet again, the voices and plight of the victims and survivors took an even more backward seat. The Jubilee regime still wants to wish this issue away; surprisingly, for there are few better ways to show genuine reconciliation than to embrace, and restore, all the victims — across tribal lines.

I have never understood why the political class, across the divide, treats victims like lepers. Luo politicians are generally silent, as are their compatriots within the Kisii, Luhya and Kalenjin communities. Kikuyu politicians were originally vocal, but they too have turned mute as "integrated" IDPs in Molo, Nyeri, Kiambu and other areas suffer in silence.



IDPs await food at Ruring'u stadium in Nyeri on July 15. Many have not been compensated and are awaiting justice.

Yet it should make easy political sense. IDPs — integrated or not — are the lowest of the low today. They are marginalised and destitute, simply because they were perceived to be supporters or one side or the other in 2008.

To paraphrase Priscilla Nyokabi, then Executive Director at Kituo Cha Sheria, and now Woman's Representative for Nyeri County, some of these IDPs never even voted yet were killed, raped, and forcibly displaced simply because some people thought they supported a side in the elections of 2008. Sadly, Ms Nyokabi who was clear then that crimes against humanity precluded supposed acts of revenge has since lost her voice on these issues.

But the weirdest silence on IDPs and victims is from an organ of the ICC itself, the Trust Fund for Victims (TFV). TFV's website states that it "serves as a very immediate response to the urgent needs of victims and their communities who have suffered from the worst crimes

in international law." It is not just for victims of the case — those registered and represented by lawyers at the ICC — but all victims.

Since the ICC was seized of the Kenyatta and Ruto cases in 2010, the TFV has never made a preliminary visit to Kenya! It publicly promised to start the assessment process in 2014, but now its website says this will be in 2015, meaning that victims can only hope for assistance after 2018, if lucky!

And in the meantime, victims are dying off. It's a triple blow: First the Kenyan regime wants them to fade away; then the political class is more interested in money for itself and power supremacy battles; and then the ICC, struggling with the cases already for all manner of reasons, now has an opaque Trust Fund unable or unwilling to play its rightful role.

Yes of course the Trust Fund is inundated with victims from the Congo, Uganda, and other countries. But it is possible to walk and chew gum at the same time. A preliminary assessment would be the first step in a long journey before restoration and compensation. But this inordinate delay to start the process, from an organ of the ICC, is causing more harm than good.

And yes, there are financial challenges to meet the demands and expectations of victims. But that surely should not preclude starting the process and working to meet those challenges. In fact, starting the process could help kick-start funding from all sorts of quarters — including the Jubilee regime and ordinary Kenyans. It is the least that ICC can do for the victims.

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POLITICALLY CORRECT |

Kwamchetsi Makokha's sideways look at President Kenyatta's case

## Charge Raila at the ICC to catapult him to presidency



After three unsuccessful runs for the Kenyan presidency, Mr Raila Odinga needs to rethink his quest for power.

He has previously contested the presidency on the back of impeccable reform credentials, beating back resistance to decentralised government and greater human rights; he has challenged incumbent governments on

corruption and inequality; and he has indefatigably campaigned for a new constitutional order. None of these secured the presidency for him.

Neither did getting photographed next to Mr Barack Obama as a mere junior senator from Illinois, or as President of the US. Nor has sharing blood links with Mr Obama helped him to cross the political Rubicon into State House.

Compare his misfortunes with the irresistible rise of President Uhuru Kenyatta — a man who lost his first election as MP for Gatundu North, only to secure it as consolation for the walloping he received in the 2002 presidential race; the humiliation of a home defeat for the No (Orange) campaign in 2005 and being harassed out of the leadership of the party of independence, Kanu thereafter.

For all practical purposes, Mr Kenyatta's political future appeared to be destined for the path of great firewood — embers eventually turning into ash.

Before the ICC named Mr Kenyatta as one of six suspects allegedly bearing the greatest responsibility for the crimes against humanity committed in the aftermath of the 2007 General Election, he was no match for the indefatigable campaigner and master of riddles that Mr Odinga is. Mr Kenyatta has gone from being a political lightweight to becoming a political giant not only in Kenya but on the continent. He not only picked a fellow suspect at the ICC as his running mate in the 2013 General Election, but won the presidency in the first round with murder, rape, torture and forcible transfer of population charges still hanging around his neck.

Since that historic victory, Mr Kenyatta has mobilised the African Union to rally behind a single position on cooperation with the ICC long after Sudanese President Omar al-Bashir had been repeatedly humiliated into sneaking to and from events on the continent because of an arrest warrant. He has given the ICC nothing but sleepless nights and unmitigated grief, drawing breathless admiration from even his harshest critics.

His latest decision to hand over power to Deputy President William Ruto for 48 hours in order to enable him to attend the ICC status conference as a private citizen has reportedly sent his popularity through the roof. As the pollsters sort out the small matter of sampling, the President has the approval of 71 per cent of the population. The reported surge in President Kenyatta's popularity leaves only two paths open for Mr Odinga — to publicly begin a campaign for the case against Mr Kenyatta to be dropped unconditionally or to join him and share in the empathy.

Mr Odinga and Mr Kenyatta are scions of independence struggle heroes — first Vice-President Jaramogi Oginga Odinga and founding President Jomo Kenyatta, respectively. Where Mr Kenyatta II has steered the economy as Deputy Prime Minister and Minister for Finance, his political kin Raila has displayed statesmanship as coordinator and supervisor of government during his tenure as Prime Minister. In order to put the two politicians on an even keel, Mr Odinga must emulate what Mr Ruto did a few years when he went to The Hague in search of ICC Chief Prosecutor Moreno-Ocampo. He must present himself to The Hague and demand to be investigated for his role in the 2007 post-election violence, the clashes in 1997 and 1992, as well as any other crimes against humanity that might have occurred in the country.

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DIFFERENT STROKES | Gabriel Dolan

## Politicians paying Church to remain silent

The more frequently I see Deputy President William Ruto, the more I am reminded of his mentor, Daniel arap Moi.

Watching the Sunday news is like delving into the archives of KBC. Mr Ruto is a fervent churchgoer. He uses the pulpit just as freely as Mr Moi. He, too, dishes out large amounts of cash in fundraisers and intends to continue regardless of what the law may say about public servants and harambees.

Mr Ruto appears to have a particular preference for Catholic churches; Sunday last he was in Migori, the previous week Nakuru and before that he was bringing up the offertory gifts in Meru.

However, the sight of any politician preaching politics or religion in the sanctuary and before the tabernacle upsets me considerably. Of course the priest or bishop who invites or tolerates a bevy of media machines to invade the sanctuary is equally responsible.

“

The generous donation removes the frown and pays the bills”

But you sense that the generous donation removes the frown and pays the bills.

The contribution, however, comes at a price and may explain why the church has little to say on grave national issues and confines its statements to matters of the bedroom and administrative affairs like marriage fees and school uniforms. Politicians, too, prefer a church platform since they cannot be questioned or heckled; like the preacher, they have a captive audience.

It is equally imprudent to shun all politicians, working insulated and isolated from the daily affairs. The challenge is not to be compromised but for

churches to actively engage the elected and appointed leadership class. In our parish, we have hosted the Chief Justice, chief magistrate, governor, MP, woman representative, NLC chairman among others in the past year and none of them has spoken in church; nor have we gone begging for donations though God knows we could do with some help.

However, all of them attended public forums where the public were given space to interrogate them about everything from CDF funds to judicial reforms, from land grabbing to failed devolution projects.

This is the very obvious role of the faiths in public life: to engage the powers and hold them to account; to be neither submissive nor aggressive; neither flight nor fight, but actively engage them and change the power equation that dominates our systems.

In the process, faiths can seize the moral initiative, ex-

pose corruption and injustice in the system and take control of the power dynamic.

But how many would subscribe to this role? Recent research shows that 78 per cent of adult Christians in the US never spend any time in promoting social justice. You suspect that figure might be even higher in Kenya.

Jesus mentions 'church' a mere three times in the Gospels, but speaks of the 'kingdom of God' 135 times.

Bottom line, this kingdom of love, justice, peace and equality was what Jesus came to do on earth. The church was the means to do it, but God is fortunately not solely dependent on the church.

Pope Francis says "I prefer a Church which is bruised, hurting and dirty because it has been on the streets, rather than a Church which is unhealthy from being confined and from clinging to its own security".

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POINT BLANK | Godwin Murunga

# Why, as a country, do we shun and fail to recognise our role models?



People who have shaped our lives and brought change have been denied rewards like honorary degrees

Last week I wrote about Mrs Priscilla Were, a doyen in Kenya's education history. I received a number of responses that force me to return to this story this week. One former student of Mrs Were, Margery Kabuya, wrote to compliment this paper for recognising this rare story and sought to reinforce my argument about the centrality of values in our education system. Daniel Ogana also wrote to decry how, as a country, we developed "a most weird and skewed education system that vomits poorly prepared nationals while still expecting excellence from them."

Another former student, Josephine Ayiera Muluka protested that what I wrote was too brief and "felt like a meal stopping just after the appetiser." Josephine Muluka chairs the Bunyore Girls High School Alumni Association, which was launched in December 2012.

It was particularly interesting to speak to Dr Leah Tsuma, a research scientist teaching at the University of Eldoret and entrepreneur running her company, Asticom (K) Ltd, who cited tenacity as Mrs Were's defining legacy. She points out that Mrs Were "never believed

that there was anything called impossible as far as moulding brains was concerned. She also believed that every child was capable of excelling."

There are good reasons why Mrs Were's students feel strongly about her contribution to their life and to education in general. Indeed, like them, I wonder where our local universities source those to whom they confer honorary degrees if Mrs Were has not attracted their notice. This is because many people you speak to remember her for a very long-lasting impact and speak of how this impact continues to guide them today.

Take Mrs Kabuya, for instance, the author of *Celebrating Friendship among Women: The Power of True Women Connections*. She recalls how Mrs Were left an impression on her way back in 1974 when she was at Butere Girls High School.

More than 40 years later, this impact runs deep. For Mrs Kabuya, this impact has been so long-lasting that she continues to draw from that inspiration. She argues that "a good teacher teaches, a better teacher trains and a great teacher inspires" and concludes that this is "really true in the case of Mrs Were."



Diana Naibei (red) of Tartar Girls High tussles for the ball against Vivian Kuteru of Butere Girls High, once headed by Mrs Priscilla Were.

What is remarkable is that Mrs Were continues to perfect the art of educating and inspiring others including school principals that she mentors. Indeed, she clearly has been a student of the very process she has been involved in.

There are some of her former students who feel that she was too hard on them. Others transferred school to run away to less restrictive places.

Over the years, however, important lessons were learned and have been cumulated leading to her current approach where she feels no need for school rules. She continues to empower young students to find solutions

to their own challenges rather than waiting for the director of the school to issue instructions or find solutions.

The inversion of the notion of leadership that Mrs Were is practising is a useful lesson for our national politics in two areas. First, her desire to ensure that her school has a student from each of Kenya's communities directly addresses our national political culture that is built on ethnic exclusivism.

Second, we must expose the falsehood in the assumption that there can be one almighty leader who is capable of solving all our problems in each and every one of the multiple and contradictory situations that we face. We need to recognise that our leadership capacities are naturally limited; our ability to proffer solutions depends on the nature of the leadership challenge and its context.

If there is one big lesson, it is that situations do call for different leadership abilities. Why then do we imagine that leadership is a linear process that runs top down?

Godwin Murunga is senior research fellow, Institute for Development Studies, University of Nairobi. (gmurunga@gmail.com)

MARK MY WORD | Philip Ochieng

## Only 'a people' becomes 'peoples' in plural form



Why does anybody need to "restore sanity in counties"? According to the October 11 number of *The Standard*, the answer is: "For peoples' sake".

By putting the apostrophe mark (') after the "s", the sub-editor betrays his ignorance of the fact that the word people has two distinct meanings.

In one meaning, the word *people* can be pluralised by adding an "s" to it. But, in another, it cannot. Here the word *people* refers to any plural number of human beings, any collectivity of ordinary persons, without such distinctions as class, ethnicity, gender, nation and rank.

How many *people* thronged the Jomo Kenyatta International Airport the other day to welcome their President home from a European visit? That question shows that, although the word *people* is singular in form, it is already plural in content and, therefore, does not require any "s" at the end.

Likewise, although you can ask how many *people* voted for Martha Karua in the General Election, you cannot ask how many *peoples* voted for her unless your intention is to analyse the voters in terms of tribe and race. In this case, the figure will be smaller than the number of fingers on my hand.

For the some 40 ethnic communities who compose Kenya can be categorised into a mere three or four races. And only less than a handful of our ethnic communities may be found in Ms Karua's constituency. The point, however, is that the word *people* cannot be pluralised when it refers to any number of human beings.

It can be pluralised (by means of an "s") only when it refers to an ethnic or racial community. The Kikuyu are one *people*. The Luhya are another *people*. The Luo are a third *people*. The Goans are a fourth *people*— and so on, until you include the Njempis: probably Kenya's smallest ethnic *people*.

To reiterate, while Kenya is composed of some 40 million *people* (individuals), they can be analysed into some 40 *peoples* (namely, ethnicities and races). By the same token, the some 100 million *people* (individuals) who compose the United Kingdom can be categorised into several *peoples* (ethnic groups).

The inhabitants of Great Britain (Cornwall, England, Scotland and Wales) and of Lesser Britain (Ireland, Jersey and Man) used to have separate languages and cultures. Indeed, the adjectives "Great" and "Lesser" refer only to their geographical sizes. "Great" does not support the racial arrogance of those who colonised us once upon a time.

To summarise, whenever the word *people* is used to refer to any aggregation of human beings — whether only Robinson Crusoe and Man Friday or whether the whole *halaiki* at a political rally — it is already plural in significance. To give it an "s" — as *The Standard* sub-editor did — is to pluralise it twice.

But whenever the word *people* refers to an ethnic community, it is singular and needs to be preceded by the singular article "a".

Only then can a plural number of such communities be referred to in plural as *peoples*.

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## QUOTED

"The issuance of injunctive interim orders, especially ex parte, has done much to undermine goodwill between the three arms of government in the country and we must address this... There are concerns that the Executive and the Legislature have raised, which the Judiciary must address"

President Uhuru Kenyatta

FAIR PLAY | Peter Mwaura

# Media, newsmakers love-hate ties good

It is generally assumed that journalists are corrupted by gifts of money, the so-called brown envelope culture. But there is another side. A British editor, Sir John Junor, suggests journalists are not corrupted by money but by friendship.

So the object lesson is that journalists should not be intimately friendly to newsmakers. Journalists should not get too cosy with newsmakers for fear of being compromised. Journalists who get chummy with newsmakers soon find their ability to report freely curtailed by their friendship.

Ordinarily, a love-hate relationship exists between the media and newsmakers. Politicians, for example, love the media when they give them favourable publicity and hate them when they expose them in unfavourable light.

While we cannot say definitely a love-hate relationship exists between the media and the Judiciary, what Chief Justice Willy Mutunga said on Monday last week indicates ups and downs. He said that judges exercise considerable restraint in the face of unfair and defamatory reporting. He warned that carrying images and stories that are defamatory against judges and courts "would attract huge legal penalties."

“

Journalists should not get too cosy with newsmakers for fear of being compromised”

His expectation was "not that the media will do us any favours" but "an honest and professional relationship".

No illusions there about a love-and hate relationship. Such a relationship is likely to come about because the media is the Fourth Estate, which plays a watchdog role, and is sometimes perceived as abusing its role.

But it's pertinent to ask who appointed the media the Fourth Estate? Nobody, really. However, Nakuru Resident Judge Anyara Emukule, who spoke two days after the Chief Justice, left no doubt that judges are keenly aware of the reasoning behind the term. In a keynote address to some 30 court reporters gathered at Sentrim Elementaita, he spoke of Edmund Burke who, looking up at the Press Gallery of the House of Commons, said:

"Yonder sits the Fourth Estate and they are more important than them all".

Burke was referring to the three traditional British classes or estates — the nobility (Lords Temporal), clergy (Lords Spiritual), and commoners (House of Commons). Thereafter the media was nicknamed the Fourth Estate.

Justice Emukule could have gone further — but he didn't — to quote Oscar Wilde who said the media was a bully. "In old days men had the rack. Now they have the Press," he said.

"That is an improvement certainly. But still it is very bad, and wrong, and demoralising... [At] the present moment it really is the only estate. It has eaten up the other three. The Lords Temporal say nothing, the Lords Spiritual have nothing to say, and the House of Commons has nothing to say and says it. We are dominated by Journalism."

On his part, Justice Emukule said members of the Fourth Estate claim to be the voice of the people, keeping government in check. But they lose that claim when they depart from "accurate and objective reporting and analysis of issues".

The love-hate relationship between the media and newsmakers is inevitable, probably even necessary.

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REPUBLIC OF KENYA



NATIONAL ASSEMBLY

ELEVENTH PARLIAMENT – SECOND SESSION – 2014

**IN THE MATTER OF CONSIDERATION BY THE  
NATIONAL ASSEMBLY, OF THE PUBLIC SERVICE  
(VALUES AND PRINCIPLES) BILL, 2014; AND THE  
PERSONS DEPRIVED OF LIBERTY BILL, 2014**

**SUBMISSION OF MEMORANDA**

The Public Service (Values and Principles) Bill, 2014, is desired to give effect to the provisions of Articles 232 of the Constitution regarding the values and principles of public service, while the Persons Deprived of Liberty Bill, 2014, is meant to actualize Articles 29(f) and 51 of the Constitution and proposes to provide for the rights of persons deprived of liberty, complaints and disciplinary procedures, the establishment of a Consultative Committee among other related matters.

Article 118(1) (b) of the Constitution provides that “Parliament shall facilitate public participation and involvement in the legislative and other business of Parliament and its Committees”. Standing Order 127(3) states that “the Departmental Committee to which a Bill is Committed shall facilitate public participation and shall take into account views and recommendations of the public when the Committee makes its report to the House”.

Following the First Reading of the Public Service (Values and Principles) Bill, 2014, and the Persons Deprived of Liberty Bill, 2014; on Wednesday, 13<sup>th</sup> August 2014, the Bills stood Committed to the Departmental Committees on Administration and National Security; and Justice and Legal Affairs, respectively, for consideration and thereafter submission of a report to the House within twenty days pursuant to provisions of Standing Order 127(1) of the National Assembly.

Pursuant to Article 118(1) (b) and Standing Order 127(3), the Departmental Committees hereby invite interested members of the public to submit any representations they may have on the Public Service (Values and Principles) Bill, 2014, and the Persons Deprived of Liberty Bill, 2014. The representations may be forwarded to the **Clerk of the National Assembly, P.O. Box 41842-00100, Nairobi**; hand-delivered to the **Office of the Clerk, Main Parliament Buildings, Nairobi**; or emailed to [clerk@parliament.go.ke](mailto:clerk@parliament.go.ke); to be received on or before **Friday, 24<sup>th</sup> October, 2014 at 5.00 pm**.

**JUSTIN N. BUNDI, CBS  
CLERK OF THE NATIONAL ASSEMBLY**

REPUBLIC OF KENYA



**KISII COUNTY ASSEMBLY  
TENDER NOTICE**

Tenders are invited for the supply and delivery of goods and services for the year 2014 – 2015 as listed below:

CATEGORY	ITEM
KCA/001/2014	Supply of fuels and lubricants(oils)
KCA/002/2014	Supply of photocopies, toners and cartridges
KCA/003/2014	Supply of laptops, computers and accessories
KCA/004/2014	Provision of catering services
KCA/005/2014	Provision consultancy in strategic plan writing
KCA/006/2014	Provision of consultancy services in architectural and structural design of assembly building
KCA/007/2014	Provision of consultancy services in architectural and structural design of speakers' official residence.
KCA/008/2014	Supply of catering unit equipments
KCA/009/2014	Provision of printed materials, pens, pads, envelopes
KCA/010/2014	Provision of servicing and repair of motor vehicles.
KCA/011/2014	Servicing of office machines and computers
KCA/012/2014	Provision of car hire, tours & travel & air tickets services
KCA/013/2014	Provision of medical cover for MCAs and staff
KCA/014/2014	Provision motor vehicle insurance cover.
KCA/015/2014	Provision of fire insurance cover
KCA/016/2014	Provision of general insurance including
KCA/017/2014	Provision of tents and chairs
KCA/018/2014	Provision of public address systems
KCA/019/2014	Supply of motor vehicles spare parts and service
KCA/020/2014	Supply of biometric systems for the county assembly and staff.
KCA/021/2014	Supply of cleaning materials and detergents.

Applications should be accompanied by the following mandatory documents:

- VAT registration certificate documents
- Certificate of registration from registrar of companies
- A company profile
- Tax compliance certificate

Tender documents can be obtained from procurement office in SCOOPY GODOWN (next to Ufanisi Resort) Kisii, upon payment of a non – refundable of Kshs.1000 per tender document during normal working hours.

Completed tender document in plain sealed envelopes marked TENDER NUMBER.....  
Should be addressed to:

**The Clerk, KISII COUNTY ASSEMBLY  
P.O BOX 4552 40200, KISII**

OR

Be hand delivered and placed in the TENDER BOX at the procurement office so as to reach the above mentioned office on or before **3rd November, 2014** by noon (12.00pm). Tender opening shall be done on the same day in the procurement office at 2.00pm in the presence of applicants or their representatives who may wish to attend.

NOTE- Kisii County Assembly reserves the right to accept or reject any tender either in whole or in part and is not bound to give reason for the same.

**CLERK, KISII COUNTY ASSEMBLY**

**TRAVEL  
MANAGEMENT**



Travelling is an important aspect of corporate and individual engagement, especially when dealing with business and social matters. As the holiday season approaches, many are making plans to travel for vacations and visit loved ones. Travel requires well managed itineraries giving the best value to an organization or individuals.

The **Business Daily** will on **30th October, 2014** carry a special feature on Travel Management. The feature will focus on;

- **Corporate Travel**
- **Traveler safety & security**
- **Top Travel Destinations**
- **Leisure Travel**
- **Travel Insurance**
- **Car Hire and Taxi Services**

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REPUBLIC OF KENYA



COUNTY ASSEMBLY OF KITUI

**NOTIFICATION ON VETTING OF THE PERSONS NOMINATED FOR APPOINTMENT AS  
KITUI COUNTY LAND MANAGEMENT BOARD**

The County Assembly of Kitui has received the following names of the nominees for membership to Kitui County Land Management Board for approval, in accordance to Article 179(2) (b) of the Constitution of Kenya, 2010, Section 35 (1) and (2), 45 (1) (a) and (b) of the County Government Act, 2012.

Pursuant to provisions of Article 196 (1) (a) and (2) of the Constitution of Kenya 2010, which allows the public to access committee sittings, and in line with Section 6 (4) of the Public Appointments (Parliamentary Approval) Act, 2011, which provides for the committee to notify the public of the time and place for holding an approval hearing: **the candidates and the public are hereby notified that the Committee on Appointments** shall conduct vetting of the under mentioned person who has been nominated by H.E, The Governor of Kitui County to serve in the said board on the specified date and time in the **County Assembly Board Room** chamber situated at the **Kitui County Assembly Offices**.

NO	CANDIDATE/NOMINEES NAME	DAY	DATE	TIME
1	Pamela Mathanga Kimwele	Monday	27/10/2014	11.00Am
2	Alponse Musyimi	Monday	27/10/2014	12.00Pm
3	Reuben Ngu	Monday	27/10/2014	2.00Pm
4	Gustavus Muli	Monday	27/10/2014	3.00Pm
5	Esther Mwele Musyoka	Tuesday	28/10/2014	9.00Am
6	Jane Mwendu Kibati	Tuesday	28/10/2014	10.00Am
7	Said Bakari	Tuesday	28/10/2014	11.00Am
8	Francis Kiminza	Tuesday	28/10/2014	12.00Pm

Nominees **MUST** bring with them.

1. **Original National ID card or passport**
2. **Original Academic and Professional Certificates, CV and other testimonials**
3. **Clearance Certificates from:**
  - i. Kenya Revenue Authority
  - ii. Higher Education Loans Board
  - iii. Criminal Investigations Department (Certificate of Good Conduct)
  - iv. Ethics and Anti-corruption Commission
  - v. Relevant Professional Bodies

The committee invites views regarding any of the nominees from members of the public, stakeholders and other interested groups in form of written memoranda, on the candidates suitability to be a member of the board accompanied by a signed and stamped affidavit to be forwarded to the Clerk, **County Assembly of Kitui** to be received on or before Thursday 23<sup>rd</sup> October, 2014 5.00PM or email to [kituiassembly@gmail.com](mailto:kituiassembly@gmail.com)

**E.M.A. MUTAMBUKI  
CLERK OF ASSEMBLY  
COUNTY ASSEMBLY OF KITUI**



# To the editor

The editor welcomes brief letters on topical issues.  
Write on e-mail to: [mailbox@ke.nationmedia.com](mailto:mailbox@ke.nationmedia.com)  
You can also mail to: The Editor, Daily Nation,  
POB 49010, Nairobi 00100.

## Were women muted out of devolution debate?

Women seem to have been left out when the devolution bus left the station. We don't have women governors, and the few deputy governors have complained of lacking job description. It is sad that women have been taken for a ride for far too long yet they are the majority in Kenya. Women voices on matters governance, devolution and corruption in counties are lacking. We do not see Maendeleo ya Wanawake providing the leadership the womenfolk desperately need. Women bear the brunt of inflation and increase in the prices of consumer goods yet their voices are never heard. Let women raise their voice and lead from the front.

VERONICA ONJORO, Mombasa.

## Governor Kabogo, please hear me out

In the last financial year, Kiambu ward reps made several study tours to different countries to learn devolution among other best practices. The tours were ostensibly made in the best interest of Kiambu County residents using public funds. However, the reports on the same, if any, have hitherto not been made public. The Constitution of Kenya and the County Governments Act entitles me to request for, and access this information in a bid to understand the rationale of the tours, lessons learnt and the benefits to the residents of Kiambu. I therefore write to your good office requesting for, inter alia, information why the MCAs made the trips, costs incurred, lessons learnt and the impact of the same on the lives of Kiambu residents. In addition, please provide information on the scheduled trips abroad in this year.

MAINA CHAMAKA, via email.

## State should regulate motorcycle transport

Although the government encouraged the use of motorcycles to assist the youth earn a living, the bikes are now the preferred mode of transport for criminals. It's time the government reined in this sector. Let them register and join Saccos where their movement can be monitored. Police should also arrest riders and passengers without helmets and reflective clothing. Carrying of more than one passenger should be punished severely.

GEORGE M. MBURU, Thika

## TALKING POINT

# Comprehensive migration policy is key to addressing current mess

The October 11 edition of the *Saturday Nation* had two interesting items. The first was the editorial asking the government to clear the mess at the Immigration Department, and the second item was a letter to the editor asking President Kenyatta to order evacuation of Kenya slaves in Saudi Arabia.

The two items are addressing different but related aspects of international migration. That we hardly pay enough attention to this topic is regrettable. International migration has become such an important topic that governments—especially in the developed countries—win or lose election based on their party position regarding foreigners. In our globalised world, migration should be dealt with objectively and comprehensively. There are a number of reasons why this should be done.

First, as a country, we must make informed decisions regarding migration. Such information can only be generated through scientific research. Most of the information available on migration is scattered, incomplete and mostly generated by international organisations which do not address our peculiar problems. In fact much of



FILE | NATION

Iranians Abolfathi Mohammed (left) and Sayeed Mansour who are serving life sentences for illegally possessing 250 kilos of explosives. International migration possess the threat of terror.

what have as information is based on myths and stereotypes. For example we how do we know the number of Kenyans residing abroad? The government needs to invest in this multi-billion-shilling industry to understand it better.

Secondly, the 2010 Constitution introduced dual citizenship. There is a need for a comprehensive national migration policy that can, for instance, link Kenyan workers stranded in Saudi Arabia with our foreign missions abroad.

Thirdly, regional blocs like the East African Community have brought new dynamics to migration. For example, Kenya may suddenly find that what used to be regarded as international

migration is now rural-urban migration like people moving from rural Uganda to urban Kenya. In the last few months, for example, a number of Ugandans and Tanzanians have been jailed for being in Kenya illegally.

The final reason is that international migration has been infiltrated by international crimes such as terrorism, gun-running, drug and human trafficking.

All these pose a collective danger to Kenyans as well as foreigners in our territory. An inefficient and corrupt Immigration Department will put all of us at risk.

DULO NYAORO, Researcher,  
International Migration,  
Moi University.

## Re-evaluate call to abolish school ranking in national exams

The call of the Education Task Force to have ranking of schools after examinations abolished is immature.

Examinations provide a predictive scale to judge where an educational institution began its journey and where it's headed. Within the parameters of educational principles, ranking is a motivational factor that will see the elite and teachers make an extra effort to fix bad results.

I appreciate the concerns raised concerning ranking—including cheating and use of other unorthodox means to pass tests—but it is the responsibility of the Kenya National Examinations Council to put in place measures to deal with these

vices.

If we adopt the recommendation, we are bound to ruin the performance culture of our education system as other African countries make efforts to take theirs a notch higher.

Scrapping of school ranking will turn our schools into breeding grounds for lazy graduates. Without the pressure to shine in exams, there will be nothing to motivate learners to work hard.

We should not be a society that builds self interest by rebelling against values, culture and structures of our own future.

SHADRACK OLIENG, Maseno University.

## THE CUTTING EDGE

BY THE WATCHMAN

**CYCLES MENACE:** Nairobi resident Leo Kiplangat is alarmed that pedestrians, especially in the Eastlands, no longer have the right of way on the pavements on the major thoroughfares such as Jogoo Road and the estate roads. Anyone walking on the pavement, he adds, risks getting knocked down and badly injured or even killed by speeding boda boda motorcyclists. "Can the authorities, please, intervene to save the pedestrians from this new menace in the city?" pleads Leo, whose contact is [leokiplangat@yahoo.com](mailto:leokiplangat@yahoo.com).

**FORM NEW SQUAD.** There is a need to form a rapid response squad in the police force to rush to the rescue of people and avert attacks by criminal gangs in Nairobi's city centre and the residential areas, says Ezra Chogo. On October 8, between 4 and 5pm, he reports, gangs literally took over Valley Road and Kenyatta Avenue, robbing pedestrians and motorists held up in traffic jams almost at will. Side mirrors were plucked off cars and, strangely, there was not a single policeman in sight. His contact is [chogoezra02@gmail.com](mailto:chogoezra02@gmail.com).

**WHY NOT MEN?** Why are men being discriminated against in the ongoing immunisation campaign against Tetanus? asks Dominic Mwenda, who says he has been baffled to note that the target is girls and women aged between 14 and 19. He is convinced that the Ministry of Health is actually zeroing in on women in the most productive age brackets. "For such a campaign to succeed, men should be included as they are vital partners in reproductive health," argues Dominic, whose contact is [mwendomie@gmail.com](mailto:mwendomie@gmail.com).

**REFORMS WORKING.** The renewed delivery of swift and efficient services in public institutions is restoring public confidence in them. Derek Onyango and his brother took their mother to the Busia District (County) Hospital and got a pleasant surprise. Says he: "The service was impressive, the staff attentive and helpful. Within an hour, we were through, having seen a doctor, had a medical examination for her blood pressure, a prescription and drugs dispensed." His contact is [derrickony@gmail.com](mailto:derrickony@gmail.com).

**STOP INSPECTION.** Joining the raging debate on the proposal to have private cars inspected every year, Richard Mundia says it is simply not workable and will only end up wasting people's valuable time. Richard also believes that this will only create a new avenue for bribe taking by the inspectors and the police. "To address this problem, let the traffic police enforce the existing rules, such as ensuring that no vehicles emit heavy smoke, have missing lights or worn-out tyres." His contact is [mundia@haritsheth-advocates.com](mailto:mundia@haritsheth-advocates.com).

Have a graft-free day, won't you!

## ON THIS DATE IN 1982

COMPILED BY DELVIN OMWODO



**DIPLOMACY.** President Moi welcomes his Ethiopian counterpart Mengistu Haile Mariam at JKIA. Mr. Moi was the Chairman of OAU.

## YESTERDAY'S QUESTION

Is NTSA justified to set 50kph speed limit for Nairobi motorists?

**ABULI OLIEKA:** Yes. The 50kph speed limit is quite safe and fast enough for driving in Nairobi. The problem we have with most Kenyan drivers is that they do not plan their journeys well.

**CHEMOSJOB:** Yes. The law

has been in existence since its inception but we have been ignoring it! Therefore, if it's enforced it will reduce accidents.

**MKLINCOLN:** Nairobi is always in a hurry may it be on foot or by vehicles.

**ASH.VALLI:** Clearly not. It's another example of the general mindset of all arms of this government—that is to criminalise almost all aspects of civil society so as to corruptly acquire money from dejected wananchi.

## DEBATE QUESTION

What will remember the late Prof Ali Mazrui for?

Send your comments to [mailbox@ke.nationmedia.com](mailto:mailbox@ke.nationmedia.com)



**POLITICS** | Many see Okoa Kenya as Odinga's preparation for a fourth stab at State House having lost three times

# To become President, Raila must change tack

Luo Nyanza suffers collective psychological damage each time he loses an election as politics there hinges on patronage. He needs a development agenda. The fishing industry ought to be key in the lakeside

BY JAMES OIGO MISER  
satnation@ke.nationmedia.com

**H**is biographer described him as the enigma of Kenya's politics.

That is Raila Amolo Odinga. Perhaps the most enigmatic thing about him though, is that the Presidency has eluded him.

Mr Odinga has lost the Presidential race three times, yet he has not given up. Right now, there are many who say that the Okoa Kenya campaign that he is spearheading is a dress rehearsal for his fourth stab at the Presidency in 2017.

Just what keeps him ticking? And will he be fourth time lucky?

We have heard about Albert Einstein who said that when what you are doing does not seem to work, you must change tact.

Einstein said that doing things the same way and expecting different results is an exercise in futility. Mr Odinga's style seems to be to build up euphoria around an issue, with himself as the centerpiece.

He then expects that he can convert the euphoric movement into a voting machine that will deliver victory. Such euphoria almost worked well for him with the 2005 referendum and its spinoff of the 2007 elections.

What Mr Odinga needs is a total shakeup.

The people he has worked with and the advice that he has listened to have failed him. He may just want to try something very new and different.

For a start, he needs to commission some harshly honest but sympathetic critics to give him a thoroughly frank opinion of what is wrong.

Then he must swallow the bitter political and organizational pill that they prescribe.



Mr Raila Odinga

Sources close to the leader of the opposition Cord coalition indicate that he has been the recipient of poor counsel from two close family members and two former British journalists.

The same duo also worked with Jaramogi Oginga Odinga when he had a go at the Presidency in 1992.

Put together with Mr Odinga's own three failed attempts, these advisers have failed four times. Clearly something is wrong with their counsel.

## Luo voters unhappy

Besides, he will need to drop political baggage in Luoland. This includes both family baggage and crony baggage.

In the last three general elections, there were complaints about favouritism in party primaries. Voters in Luo Nyanza were unhappy that Mr Odinga "imposed" candidates upon them.

They asked why he found it necessary when his own votes were assured. This disquiet led to voter apathy in Mr Odinga's stronghold. Many potential voters did not vote.

Mr Odinga has himself admitted this mistake and vowed that it will not happen again.

And yet this fits very well in a recurrent pattern. He made the same admission and pledge after the elections of 1997 and those of 2007. He has to win back the trust of an electorate that feels taken for granted.

## Voter apathy

In a country in which political competition is ethnically profiled, Luo Nyanza suffers collective psychological damage each time Mr Odinga loses an election. Yet at the same time there is serious voter apathy in this constituency. Is the apathy a result of previous defeat or is the defeat a factor of the apathy?

Mr Odinga needs to investigate this. Some level of civic education in this constituency is also necessary, as is a serious development agenda. In the absence of these two, the politics here hinge on patronage and handouts.

A society that bases its political choices on such criteria is condemned to perpetual underdevelopment.

There is hardly any development agenda to talk of in agriculture — the backbone of Kenya's rural economy — or even in the fishing industry, which ought to be significant at the lakeside.

Indeed, the Luo people today tap next to nothing from the fish in Lake Victoria, the fishing business having been invaded by other people from outside the region.

The political leadership in Luo Nyanza must urgently address these concerns before it can meaningfully

generate fresh interest in itself. Mr Odinga must lead, in this respect.

But his biggest asset is also his biggest liability. His boldness easily makes him a threatening figure. He must address this.

He may also want to map out the political landscape better

than he did last year, knowing where to inject more energy and resources and where to take it easy.

He tried to bleed rocks in the last effort.

Too much time, energy and other resources were wasted in areas that were clearly infertile for him.

These and many other issues need to be reflected about ahead of the next poll, if Mr Odinga is going to be a Presidential candidate.

The writer [jimmymiser@rocketmail.com](mailto:jimmymiser@rocketmail.com) is a political commentator from Nyakach in Nyanza.



Ministry of Energy and Petroleum

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# City Girl



With Njoki Chege

nchege@ke.nationmedia.com

She is bold, sassy and audacious. See it through her prism and ride the roller-coaster life of Nairobi's young and trendy.

## Why social media will be the ruin of us

Facebook, Instagram and Twitter have drastically changed lives though Kenyans, as expected, are taking matters rather too far



TO FOLLOW CONVERSATION ONLINE SCAN THIS QR CODE OR VISIT [www.nation.co.ke/citygirl](http://www.nation.co.ke/citygirl)

**S**ocial media will be the end of us. It is about Facebook foolishness, Twitter tripping and Instagram insanity. Suddenly, our lives are measured not by our characters, but by the number of "likes" and followers.

Why do people feel the need to share every modicum of their lives on the social media? Today, it is about showing off on Instagram. Whose food or coffee looks better on Instagram? Whose "sunset" by the beach looks more profound? Whose curves look sexier in that pair of leather tights that costs next to nothing?

I am a not a big fan of social media. I only started tweeting months ago and I already hate Twitter. The so-called Kenyans On Twitter or #KOT are just a bunch of idle, egocentric, narcissists with conflicted souls who think the world revolves around them and their 'tweetpics'.

When they are not trolling and bullying people on the Twitter streets, they are picking fights, no, pissing contests with each other to see who can hurl insults faster and better than the other.

Twitter is also full of "professionals". Did President Kenyatta hand power to his deputy? No worries. Enter the Twitter experts.

They will (mis)quote the

Constitution and give their pedestrian thoughts and half-baked ideas. Never mind that most are ignoramus nitwits without the slightest idea on how things work.

Then there are those flat-broke people on twitter who are always comparing airlines and hotels. They want everyone to know how privileged they are to travel and see the world. Their tweets go something like "I am impressed by Airline X's service although their new planes are nothing to write home about. Amsterdam is a very beautiful place".

How I wish such a person could calm down and take a glass of water. There are globe-trotting and exposed men and women who don't climb roof and mountain tops to scream themselves hoarse about it.

Enter Instagram; the mother of all evil. This is where egos come into play and you had better brace yourself for a rough ride if you want to survive Instagram.

I am not on this god-forsaken

“

They will (mis)quote the Constitution and give their pedestrian thoughts and half-baked ideas”

Njoki Chege



social media platform because I don't see the reason I should document my life for people who don't know me and my story.

I believe my personal life is private and I don't have to Instagram every pair of heels, holiday destination or cup of coffee I take.

Unfortunately, I seem to be alone in this. Journalists on a sponsored trip to one of Serena's fantastic hideouts in Naivasha will bombard your timeline with acres of photos to show their "glamorous" lifestyle.

If you have a new girlfriend, it is time to show her off and document to the entire world every meal you share. Your man cooked dinner for you and we will not hear the last of it. Did he surprise you for a dinner in some rundown restaurant? Instagram the food and cheap wine and caption the photo "Dinner with babe".

Give me a break. People in this

town are flown down to Nanyuki for a sundowner and they don't tell anyone on social media.

Then there are those on Facebook on a new low. Those who post photographs of their cheap Subarus whose car loans they are struggling to service. Those who are always 'checking-in' at some apartments in Kileleshwa and Lavington to show us that they live in posh areas.

Then there are those fallen (or retrenched) journalists who purport to speak on behalf of the government or some political parties and insult anyone with divergent views. You know those that lift photos of the President or former PM Raila from the politicians' official social media pages and paste them on their personal walls without as much as attributing? You know those that are always fiercely defending their political gods and posing as "social media moderators"

yet they are paid in petty cash and handouts? Society would do itself a big favour if it excommunicated such characters. Let them be banished to some unknown island.

You see, the thing about social media is that it should remain just that – social. Not personal. Don't drag your relationship and personal life to Twitter, Instagram or Facebook. Nobody really cares about your new boyfriend or girlfriend. We are not interested in your blue car or how you went to that concert where blankets and juice are carried.

Those studio photos that make you look three shades lighter than your real-life complexion make you look silly and plastic. If you have to do that, use realistic pictures. For heavens sake, don't use photos of you as a size 8 with a waist of 25 inches yet we all know you are size 12 with a waist of 52.

**MY TOWN |** Favourable climate for growing food and cash crops gives county an edge over others

## In Meru, you will chew your time away for fun

The UK and parts of Europe may have banned the crop but it is gold for growers over generations

BY DIANA KAGWIRIA  
MUNJURI

kagwimu@yahoo.com

Over the years, miraa has been the economic mainstay of Meru County. Utmost care is applied when tending, harvesting and packaging the crop because it is gold for traders.

Miraa sold outside the county is transported briskly. Time is of the essence. It is little wonder that vehicles carrying the precious cargo literally 'fly' to their destinations to preserve freshness. Toyota Kenya has established an assembly point in Meru for Toyota Hilux vehicles, the cars of choice for miraa traders.

The mild stimulant occupies a special place in the hearts of those who while away time chewing the twigs and leaves. In recent times though, it has not been all rosy for miraa trade. The economic boom in Meru suffered a major

blow when countries such as the UK, the Netherlands and other European countries banned it. According to them miraa is a drug with far-reaching negative effects on the users.

However, the people of Meru differ sharply with this point of view. There is a big miraa market adjacent to the main matatu stage in the town with fresh produce direct from the farm.

Meru has a favourable climate that is conducive for a variety of food and cash crops. Despite other smaller towns in the county such as Nkubu and Maua growing rapidly, Meru town remains strategic.

What was once a dusty town with a few Asian shops now boasts of good tarmac roads and well-lit streets which favour a 24-hour economy. The town is attracting investors as far away as Israel.

As you approach Meru town from Maua, you are likely to



FILE | NATION

Miraa being ferried from Meru to Nairobi for sale.

be caught up in a traffic jam as taxis ferry passengers from the up-market Makutano. This area is home to Meru's high class. This is evident from the gated homes with bungalows that litter the landscape.

Investors in real estate want a piece of Meru town. Apartments are rapidly being constructed to cater for the ever-growing population.

One cannot talk about Meru town without mentioning the

ultra-modern Gakoromone market. Traders go about their business in comfort away from the scorching sun.

Tuskys Shopping Mall has transformed the face of the town. It stands at a place that was once bushy, deserted and infested by criminals.

## May 12

The date this year when the House of Lords in the UK officially classified miraa as a drug

The opening of the Nakumatt Shopping Mall two years ago eased congestion for shoppers.

Leading institutions such as the Kenya Methodist University, the Africa Nazarene University, Meru University College of Science and Technology, Co-operative University College of Kenya, Kenya Institute of Management have set up campuses in the town.

Fun lovers can pick from Club Simba Wells, Pig & Whistle, Shadesnet and Shylock Place to have a good time.

Tell us the interesting things about your town. Send your stories to [satnation@ke.nationmedia.com](mailto:satnation@ke.nationmedia.com)



SATURDAY NATION

# Week

“

You will let me know when we meet in After Africa if other scholars continued to use the triple heritage model after I am gone,”

Prof Ali Mazrui (1933-2014)



## Whence cometh another?

*The moon has ascended  
between us,  
Between two pines  
That bow to each other;  
Love with the moon has  
ascended,  
Has fed on our solitary  
stems;  
And we are now shadows  
That cling to each other,  
But kiss the air only.*

— Christopher Okigbo



WITH THE PIONEERS | Scholar hailed as an international dean of African studies

# Rejection and bans paved Mazrui's path to greatness

Although he nobly descended from the famous Mazruis, Ali was not born with a silver spoon in his mouth; he is a truly self-made academic

BY AUSTIN BUKENYA  
satnation@ke.nationmedia.com

Early this week, Ali Mazrui, that iroko of African scholarship and persuasive eloquence, crashed down to Mother Earth with a thud that resounded throughout the world. *Inna lillahi!*

It's natural to be saddened at the departure of such a pillar of inspiration. At Makerere, where Mazrui first rose to scholarly eminence, and where he last made an emotional "homecoming" just about two years ago, his death was initially received with a kind of stunned silence.

But Mazrui was over 80, and there was hardly an academic honour that hadn't been conferred upon him. So, his departure should, rightly, be an occasion for celebration of his phenomenal contribution to African studies.

Rising eyebrows? Yes, one cannot help wondering what part we played in Mazrui's fame when Makerere denied him undergraduate admission, Idi Amin hounded him out of Uganda and Kenya banned his TV series, *The Africans: A Tripartite Heritage*.

First, we must dispel a misperception. Most of us have known Mazrui only as a celebrity, and we may be tempted to ignore the man's colossal struggle to make it even to the lowest ranks of Kenyan colonial society.

Though nobly descended from the famous Mazruis, Ali was not born with a silver spoon in his mouth. He was a Mswahili and a Muslim, and that was not an easy combination in East Africa under British colonialism.

The colonial system was based on strict divisions of society along racial lines: Europeans, Asians, Arabs and Africans. Of the Mswahili, there was no mention, meaning that officially they "did not exist". For people like Ali Mazrui, it was left to the observer and policy-maker to decide whether they were "Arabs" or "Africans"; depending on the colour of their skins.

66

He described an intellectual as a person fascinated by ideas and with the ability to operate some of them"

Prof Bukunya

As for Mazrui's faith, a little narrative may help to illustrate the point. Early in his days at Makerere, Mazrui went to teach, clad in a kanzu and a skullcap. He dug into his topic with his characteristic fluency and enthusiasm.

Soon, however, a little crowd had gathered outside, gazing at the rostrum through the windows of the lecture hall. Apparently a cleaner had spotted him and called his colleagues to come and see the marvel of "a Muslim who spoke English!"

This tale may well be apocryphal, but it's symbolic of the expectations that society had of people of Mazrui's background, even as late as the early 1960s.

Anyway, when I first got up close to him in 1968, he was already a well-established academic at Makerere, the very institution that had rejected him for undergraduate study many years earlier. He was our director of Postgraduate Studies at the Faculty of Arts and Social Sciences.

## Young scholars

Mazrui was at that time one of a crop of brilliant young scholars at the Political Science Department, including Yash Tandon, Ahmed Mohiddin, the Sudanese Abu Zayd and my relative, Apollo Nsubambi, a future Prime Minister under President Museveni.

But Mazrui was the most prominent among them, mainly because of his gutsy and outgoing engagement with scholarly activity.

At the height of a heated academic debate on the role of intellectuals, Mazrui defined an intellectual as a person fascinated by ideas and with the ability to operate some of them.

For Mazrui, fascination meant a voracious and limitless alertness to and interest in all matters human and social. Indeed, some critics of his work have faulted it for being too "eclectic", difficult to place as either history, sociology, political science or even literature.

We, in Literature, had no problem with that and we accepted Mazrui's creative work, like his speculative novel, *The Trial of Christopher Okigbo*, and his verse contributions to our student poetry journal, *Makerere Beat*, seriously, subjecting it to rigorous evaluation.

But that was not always the case with our colleagues in other disciplines. Water-tight compartmentalisation was common among scholars of Mazrui's generation. This was due to narrow professional interests, ideological "closures" (scholars labelling themselves with one "ism" or another and refusing to look at anything beyond), or simple intellectual limitations.

Mazrui rose above these by refusing to be pigeonholed. Being a political scientist would not



FILE | NATION

July 2009: Jkuat Chancellor Ali Mazrui presides over a graduation ceremony on the Main Campus at Juja: Makerere University, where he lectured in the 1960s, plans to build a Mazrui Centre in his honour.

prevent him from writing on language, religion or interracial marriage. In the last two decades, he teamed up with his nephew, the literary scholar, Alamin Mazrui, to produce a precious corpus of scholarship on East African coastal history and culture.

Indeed, the rise of the "super-discipline" of Cultural Studies has fully vindicated his approach. It's thus little wonder that one of his last full-time appointments was as director of the Institute of Global Cultural Studies at Binghamton.

## Sharer of discourse

But fascination without propagation is sterile, and this is where Mazrui's "operation" of ideas comes in. Throughout his long career, Mazrui was a producer and a sharer of discourse; always writing and publishing, always debating and always delivering lectures and talks beyond his specific teaching commitments.

Again, some critics have faulted Mazrui for this approach, calling it "populist" and likely to "dilute intellectual debate". But academic studies that cannot be shared with the public are vain and selfish.

Endowed with eloquence and oratorical skills, he set out on an almost ceaseless campaign to illuminate the African condition and experience, to his fellow Africans and to the world. Mazrui wrote about Africa primarily from his personal experience as an East African, growing up under Brit-

ish colonialism and witnessing the momentous early decades of African independence.

It was probably Mazrui's awareness of this need for first-hand experience that led him to return to Africa to work, despite his long sojourn in England, his distinguished academic performance there, and even his marriage to Molly, an Englishwoman. By the time Mazrui wrote and published his early "controversial" articles, like *"Nkrumah: The Leninist Tsar"*, that exposed the tragic contradictions between the rhetoric and the actions of the first generation of independent African leaders, or *"Tanzaphilia"*, lampooning the gimmicks of Western apologists for African political foibles, he was speaking confidently from inside Africa.

The iconic articles mentioned above, and many others, were first published in Kampala, in the prestigious *Transition* monthly. Even Makerere redeemed itself by hiring Mazrui and hosting him in the 1960s and 1970s. Mazrui, too, duly acknowledged Makerere's contribution to his career. Inshallah, I'll one day tell you about the grand Mazrui memorial service held in the Main Hall on Friday, October 17, 2014. Incidentally, Makerere plans to build a Mazrui Centre, which will house a "Mazruana" collection of his works and other memorabilia. I wonder what Mombasa will do.

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## MEMORIES

# Don beat all odds to emerge a leading light the world over

BY LAWRENCE NJOROG  
satnation@ke.nationmedia.com

Without a doubt, Prof Ali Mazrui is one of the greatest minds Africa has produced. In Kenya, he stands with the very best from various fields of human endeavour, including: Prof Calestous Juma, the entrepreneur scientist of Harvard; Prof Ngugi wa Thiong'o, the writer; Mr Hilary Ng'weno, the nuclear physicist-turned-veteran-journalist; Prof Thomas Odhiambo, the entomologist and founder of Icipe; Prof Bethwell Ogot, the historian and Prof Wangari Maathai, the environmentalist and Nobel Laureate. Prof Mazrui's death means that the world has lost an original thinker recently ranked among the 100 most influential minds on planet Earth by *TIME* magazine.

His scholarly and professional development from schooling in Mombasa, through higher education at Columbia University and University of Manchester, to earning a doctorate, specialising in Political Science, from Oxford, is truly inspiring. It is the story of determination, against a backdrop of high initial handicaps, in search of excellence. He has received many international accolades and awards.

Since the 1960s, Prof Mazrui has commented on politics, culture, technology and development in such a way that his ideas had impact on how others think and act. A prolific writer, his influential books include: *The Trial of Christopher Okigbo*, *The African Condition* and *Africans: A Triple Heritage*. Though these works focus on the challenges and opportunities of the African continent, they have attracted a global readership.

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In the late 1960s and early 1970s when Mazrui was teaching at Makerere, many will recall his lively, sometimes controversial, debates with the minds of the day such as Prof John S Mbiti, Prof Taban Lo Liyong, and the unforgettable Okot 'pBitek. Fearing for his life during the misrule of Idi Amin, Ali Mazrui fled Uganda.

He had already achieved global acclaim when he was invited to deliver the prestigious Ruskin Lectures by Oxford University and the BBC in the mid 70s.

A key contribution by Prof Mazrui in terms of thought leading to action was in dismantling apartheid in South Africa. During his tenure as Professor of Political Science at the University of Michigan, USA, he joined forces with several academics based in America— including Prof Mutombo Mpanya, A D R Congo citizen teaching at the University of Michigan and Prof Peter Walshe, a white South African exile lecturing at the University of Notre Dame— to fight apartheid. Their mission was to persuade US universities and corporations that had invested in the apartheid state to withdraw their resources and force South Africa to abandon apartheid.

I had the fortune of listening to Prof Mazrui deliver a well-attended lecture at the University of Notre Dame in the mid '80s. He was in his element, having just released his famous documentary and book *Africans: A Triple Heritage*. His large audience was mixed in that while the majority was friendly and attentive, a small section that favoured continuation of apartheid in South Africa was rude and did not want to listen to any argument for disinvestment.

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Prof Mazrui's handling of the potentially embarrassing situation was a masterpiece. Through logic, poetry and passion, he prosecuted a very good case for disinvestment or divestment, in the parlance of South Africans. He gave an excellent account of himself and received a standing ovation.

At home and in his role as Chancellor of Jkuat, the recurring motif of his various themes was the African Renaissance which he championed with vigour. In this regard, he analysed the African past, present and future prospects, not in an isolationist manner, but in the global context. The basic tenor of his argument remained clear— the continent must be driven primarily by its internal human and material resources.

During his tenure as Chancellor of Jkuat, students and members of staff will recall, with gratitude, his venerable mien. They will remember his shock of grey hair which for many said: "here is a sage". Prof Mazrui radiated confidence. He spoke eloquently, without affectation. Here was a thinker, a poet and a maestro of Kiswahili and the English language.

Prof Ali Alamin Mazrui was accessible and affable to students and staff without patronizing them.

Prof (Fr) Lawrence Njoroge teaches Development



HOW TO MAKE YOUR SOIL GIVE MORE. P26



WHAT THIS SMALL INSECT CAN DO FOR YOU. P23



MY FARM  
MACHINES SPIN  
MORE OPTIONS,  
PAGE 30



# Seeds of Gold

OCTOBER 18, 2014

SATURDAY NATION

the weekly farming magazine

## Cooperative boom

Three years ago, these women were hawking their milk, earning Sh20 a litre when they were lucky. Today the prices have shot up by nearly 50 per cent. What is their secret?

P28



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# Steps to take before restocking your chicken

## NEW BEAN VARIETIES

My name is Patricia Mwangi. I have leased an acre where I am planning to plant the new bean varieties from Egerton University. How many kilos would I need for an acre and at how much? I would also like to know where I can get them. The land is not contaminated as it has never been cultivated before.

You will need to plant 24 to 25kg per acre and the seeds cost Sh250 a kilo. Please talk to Prof Paul Kimurto of Egerton University on kimurtopk@gmail.com for more information.

**Muriuki Ruth Wangari, Department of Crops, Horticulture and Soils, Egerton University**

## MAKING ORGANIC FERTILISER

I wish to learn how to make organic fertiliser from poultry manure since I keep layers. Where can I get the knowledge?

**James, Ruiru**

Just like commercially prepared synthetic fertiliser, chicken manure is very high in essential nutrients and serves as a soil amendment by adding organic matter. Organic matter in soil improves water and nutrient retention and, therefore, the use of manure is an integral part of sustainable agriculture. The institution that can offer training in the manufacture of organic fertiliser is Kenya Institute of Organic Farming.

**Ronald K. Kimitei, Department of Animal Sciences, Egerton University**

## GROWING STEVIA

We are interested in growing stevia on 22 acres. We kindly need information, from getting seeds, transplanting to marketing.

**Maulid J.T.**

Stevia is propagated from seeds planted in trays in nurseries or greenhouses for seven to eight weeks, then it is transplanted to the main field. The plant grows well in altitudes of at least 1,200m above sea level and in soils rich in organic matter. It grows well on infertile, acidic, sandy and loamy soils, but it can also be cultivated on more neutral soils of pH 6.5 to 7.5. A density of 60 plants per acre planted with well-decomposed manure gives the best yields of up to 8 metric tonnes per hectare per annum. Optimum rainfall of between 1,500 to 2,000mm per annum, well-spread throughout the year and average temperatures of 10 to 30 degrees Celsius offer best results for stevia. Depending on different climatic conditions, stevia is cultivable throughout the year except when it is extremely hot or cold. Stevia is rarely affected by pests and diseases thus farmers don't incur extra costs on agro-chemicals and crop protection. Stevia is an emerging crop in Kenya and is currently promoted by a company in Kericho called Pure Circle. You can reach them for more information on production and distribution on +254

## MY CHICKS GO BLIND AFTER HATCHING IN INCUBATOR

I hatch chicks using an automatic incubator in Lanet, Nakuru. My problem is that the chicks sometimes have eye infections, with some going blind. While I have always gone to a veterinary, described the symptoms the chicken exhibit and even buy the recommended drugs and administered as advised, this problem recurs.

**Thomas Ongeri**

This is a problem experienced by many farmers who use automatic incubators. It has been noted that some chicks are born blind or even with very small eyes that pick infections and eventually close up. Mostly, the condition is caused by high temperatures during incubation period but even under ideal conditions, approximately one out of 250 chicks hatched will have a deformity. You may not be able to do much after the chicks are hatched, but you can correct incubator settings and possibly flock nutrition to avoid such problems next time you hatch. Temperatures should not be too warm, not too hot and the humidity and ventilation should be right. Contact the incubator dealer to correctly set for you the temperature if the manual is unavailable or less understood.

**Felix Akatch Opinya, Animal Sciences Department, Egerton University**



0518002540, www.purecircle.com, Email: info@purecircle.co.ke.

**Lilian Jeptanui, Egerton University, Department of Crops, Horticulture and Soils**

My name is Gichuki from Ruai, Nairobi, and I would like to know where I can get stevia seeds or plants.

**Farmer**

You can contact your nearest agro-dealer or Horticulture Crops Development Authority (HCDA) for the information. Also talk to Pure Circle Kenya on +254 0518002540.

**Muriuki Ruth Wangari, Department of Crops, Horticulture and Soils, Egerton University**



Agribusiness Management. Meanwhile, your request has been sent to the department for further consideration.

**Seeds of Gold Team, Egerton University**

## CULTIVATING FODDER

Kindly advise me on the preparation of land and how to plant the Boma Rhode and other related grasses. When is the best time to prepare for the planting? I am based in Kitale.

**Farmer**

If you intend to cultivate the pasture on virgin land, you need to prepare the land by ploughing and harrowing twice. On previously cropped land, you will need to plough and harrow just once. Planting is then done

at the beginning of the long rains season in April so that weeds do not interfere with the growing seeds or one can plant during the short rains season. This will take care of the weeds once the rains subside. Planting can be done using the seed drill, a machine that sows the seeds (0.5 to 1kg per hectare) and then covers them. The other option is broadcasting in which seeds are mixed with sawdust. It is recommended the seeds are covered with a maximum of 2cm of soil to ease germination. The farm can also be fertilised during planting using DAP fertiliser or manure. Returns depend on pasture management, the most important being weed control with either herbicides or hand weeding.

**Dr Moses Olum, Veterinary Surgeon, University of Nairobi, mosesolum@gmail.com**

Services. It is a preparation of the causative agent of ECF and must be administered concurrently with Oxytetracycline at the right dose. It was not widely adopted earlier since it has to be transported in liquid nitrogen, which is expensive compared to other vaccines. The vaccine offers protection for between three to four years when properly administered and is now widely used in East Africa. Animal health service providers have to undergo one week training on how to safely administer the vaccine.

**Dr Moses Olum, Veterinary Surgeon, University of Nairobi, mosesolum@gmail.com**

## RESTOCKING CHICKEN

I want to restock my layers. What should I do before I bring in the new birds.

**Ochieng**

Before you restock, you must first disinfect the poultry houses thoroughly, and change the bedding materials. Thereafter, put in the chicken and monitor them to see if they have any sickness before you later mix them with others. Always remember that sharing food and water between healthy and sick birds leads to contamination. That should never be practised. Any bird showing signs of sickness must immediately be isolated from the rest. Transfer of drinkers and feeding troughs across poultry units can also lead to spread of diseases. These equipment should be cleaned and disinfected on a daily basis.

**Seeds of Gold Team, Egerton University**



## ASK THE EXPERTS



**Prof Bebe**



**Prof Kimurto**

Do you have any question or enquiry on agribusiness, marketing, logistics, processing, innovation, and technology? Our pool of experts from Egerton University will respond to your questions with proper advice. Please send your questions to: [satnation@ke.nationmedia.com](mailto:satnation@ke.nationmedia.com). Read us online at [nation.co.ke/seeds\\_of\\_gold](http://nation.co.ke/seeds_of_gold)

## EAST COAST FEVER VACCINE

I learned recently that there is a vaccine for the deadly East Coast Fever (ECF). I would like to know if the vaccine is currently in the market and if so, is it available in Kitale? How can farmers get it?

**Paul Inyangala**

There is a vaccine that has been available since the 1970s. It was produced by Kenya Agricultural and Livestock Research Organisation (formerly Kari) and was launched for use in 2012 by the Director of Veterinary





# and growing fodder



Traders sort out green maize that goes for Sh20 at Kisii County market for transportation to various towns. Farmers in the region have had a bumper harvest.

DENISH OCHIENG | NATION

## TISSUE CULTURE BANANAS

I want to start tissue culture banana farming. I come from Nandi County. Please link me up with Nyakundi.

Vincent Chelule

I want to grow tissue culture bananas. Where can I get the seedlings? Please give me contacts.

Victor Wesonga

EDITOR: Reach Nyakundi on 0725407226.

## TREE TOMATOES

I liked the articles on tree tomatoes. The fruits do very well in my village but there is no market. Please get me Wambugu or Wang'ombe's contacts.

Farmer

I would like to buy tree tomato seedlings from Wambugu.

Charles Ndirangu

My name is Lawrence. I was impressed by the articles on tree tomatoes. I need their contacts.

I need contacts of Wang'ombe, please, as I would like to visit his

farm. My tree tomatoes are five months old.

Geoffrey Wathigo

EDITOR: Talk to Wang'ombe on 0711304696 and Wambugu on 0725440904.

## FODDER TREES

I am Timothy Katizi from Nakuru. I am looking for fodder tree seeds that supplement protein in cows. I don't know where to get the seeds, please help.

EDITOR: Kindly talk to Mary Gichuki, who grows the fodder trees on 0722694802.

## MAKING INCUBATORS

I want to get in touch with Vincent Aloo, the farmer from Awendo, who makes incubators. Kindly pass me his contacts.

Farmer

I need to learn the technique of making incubators from Aloo. Please share his contacts.

Kalolelo

EDITOR: Talk to Vincent on 0721107949.

## APPRECIATION

The story on Rtd Col John Rioba was an eye-opener. Many people take retirement as the end of life, but the farmer has demystified the myth. Well done!

Stanley Waitagei

EDITOR: Thank you and keep reading.

## OSTRICH FARMING

I want the contacts of ostrich farm so that I can get a bird.

Evaristus

EDITOR: Reach the manager on 0722994088.

## TELEPHONE FARMER

I was impressed by Munyu Kiragu's story. He is a dairy farmer in Lanet, Nakuru, and he is also a banker. I am a young dairy farmer from Othaya who started farming in November, 2012 with two heifers each worth Sh140,000 which I bought in Mukurwe-ini. Kindly give me his telephone contact or email address.

George Maina

EDITOR: Talk to Munyu on 0720763940.

## BAMBOO UMBRELLAS

I want to get an umbrella from Samson Koross.

Jem

I come from Meru and I am interested in the bamboo umbrellas. I need Koross contacts.

Farmer

EDITOR: Talk to Koross on 0701779316.

## COFFEE PULPING

I'm a coffee farmer in Kirinyaga County. I read the value addition story two weeks ago with great interest. Please give me Grace Mwangi's contact so that I can follow up.

Cliff Gachewa

EDITOR: Reach the farmer on 0722455404.

## CARE» SPRAY CROPS IN THE EVENING TO PROTECT BEES



David Kithusi, the chairman of Oldonyo-Sabuk Mango Growers Group in Ukambani, examines a beehive.

SOPHIE MBUGUA | NATION

# Buzzing noise that signals rich harvest

## Out of every 10 sacks of beans produced on a farm, four are due to bee pollination

BY SOPHIE MBUGUA

satnation@ke.nationmedia.com

Kongo Gaceke, which loosely translates to "thin head" in Kimeru, is a sleepy village on the slopes of Mount Kenya.

Facing the snow-capped ridges of the mountain in this village is a farm owned by Agnes Kendi.

For many years, she saw bees as a nuisance and a threat to anything that lived in her homestead. The insects would invade her home and settle on trees and even houses, sending animals and children scampering for safety.

"I would use pesticides to kill them and when it didn't work, I burned them at night using paraffin. But the bees kept coming back."

Today, Agnes is teaching fellow small-scale farmers why they should keep bees.

So what changed? The member of Kangaita-Mkando Vision Bee Keeping Group learned the importance of keeping bees.

### Raising the quality

She is among the 22 members of the group who have benefited from Kenya Pollinator Project (KPP), which is working with farmers to promote bee keeping.

The project aims at raising the quality and quantity of crop production by creating awareness on the importance of bee-keeping.

"We started the group with the help of KPP to understand the benefits of bees, particularly as pollinators," Agnes says.

Dr Muo Kasina, a senior pollination and pest management researcher at the Kenya

Agricultural and Livestock Research Organisation, says bees are active agents of pollination, hence farmers who keep them increase their yields.

"Out of every 10 90kg sacks of beans produced on a farm, four are due to bee pollination," Kasina says.

"On average, farmers reap 40 per cent of their net benefits directly from bees since they contribute to 85 per cent of all agricultural production," Kasina, who is behind the pollination project says.

He adds that beans (any type) produce more seeds and protein content when pollinated by bees.

"Pollinated beans have a six per cent higher protein content compared to the ones not pollinated. Even if farmers use certified seeds, they may not get much if their crops are not pollinated, particularly, by bees."

Fruits such as watermelons, according to the expert, depend 100 per cent on bee pollination as they have male and female flowers separately.

"We did field trials for 45 months where we planted watermelons. We covered five with a net and left the rest

open. During harvest, the five did not have a single fruit but we harvested fruits weighing between 5 to 7kg from the ones we left in the open and were pollinated by bees."

Some members of Kangaita-Mkando Vision Bee Keeping Group, who had stopped growing watermelon, have now embraced the crop after starting to keep bees.

Their bean yields have also increased, with farmers harvesting about 14 bags from an acre, up from about half.

The farmers sell their honey at Sh600 per kilo.

But it is not only Kangaita-Mkando group which has embraced bee keeping.

David Kithusi, the chairman of Oldonyo-Sabuk Mango Growers Group from Nzambani, Machakos has been keeping bees for the last eight years for honey and to pollinate his crops.

### The sweet smell

But over time, his bee population reduced, affecting honey production.

"The sweet smell from mango flowers has now brought them back. But black ants and spider webs can deter bees from getting into a hive."

He says because of bees, his mangoes have become more uniform and bigger. "The yields have gone up. Initially, I would get about 30 fruits per tree in a harvest, but this has increased to more than 40."

To get good honey and better crop yields, Kasina advises farmers to protect bees.

"Spray your crops mainly in the evening around 4 to 5pm when the insects are less active and have gone back to the hives."

He adds that crop farmers should keep at least one or two bee hives in their farms.

"Have trees within your farm where the bees can get nectar. Indigenous trees and shrubs are good. They will ensure the bees will have enough food and thus better your crop yields."



**HAVE TREES WITHIN YOUR FARM WHERE THE BEES CAN GET NECTAR. INDIGENOUS TREES AND SHRUBS ARE GOOD**

Pollination and pests researcher Kasina



Wangare Ng'ethe at the Nairobi show recently with capsicum she grows in Kikuyu, Kiambu.

ANTONY OMUYA | NATION



## poultry

LESSONS LEARNED» IN ANY AGRIBUSINESS, NEVER FOLLOW THE CROWD AND ENSURE YOU DO MARKET RESEARCH

# How I moved on after the quail 'madness'

**The small birds ushered Mutua into poultry keeping, but after the business collapsed, he moved to chicken**

BY RACHEL KIBUI  
satnation@nationmedia.com

About this time last year, quail farming was one of the most-sought after agribusiness ventures.

Many farmers went into the trade expecting to harvest huge profits as prices of both the birds and their eggs were high.

An egg was going for over Sh100 and a bird for up Sh300. Quail rearing was the business to go into for any discerning farmer.

Soon, however, the market was saturated and the quail bubble burst. *Seeds of Gold* caught up with Patrick Mutua, a Nakuru-based farmer, who was in the business, to find out how he is faring on.

"Quails ushered me into poultry farming, but I will not keep them again," he says.

As you enter the gate of his home in Pipeline estate, which borders Nakuru National Park,

one can hear his 1,000 indigenous chicken in different cages clucking.

"I used to keep the quails in the cages, which is why they are smaller than the normal chicken pens. They were hundreds of them but I have now turned a new leaf."

Mutua went into quail rearing in 2012, injecting Sh100,000 into the business. He was among the first people to venture into the farming.

Having an incubator enabled him to sell both eggs and chicks.

"In late 2012 and early 2013, there was so much demand that my eggs and quail chicks were always booked in advance," recounts Mutua.

But things took a nasty turn in October last year when demand declined.

"Egg prices started to plummet, from Sh100, to Sh80, Sh60, Sh30, Sh10 and finally Sh5."

In the about one year he did the business, Mutua says he made profit of Sh200,000.

"Had I known that the busi-



Patrick Mutua at his chicken farm in Pipeline, Nakuru.  
CHEBET CAROLINE | NATION

ness would be short-lived, I would have reared chicken instead of quails."

Having had enough, the farmer gave out most of his 600 birds to friends and ate others. He then moved to chicken.

"I already had an incubator, so I bought about 30 eggs from a supplier in Nakuru and started hatching chicks in February."

Every month he sells about 150 chicks from Sh100 to Sh250 depending on the age. He also sells 20 to 30 trays of eggs a month for Sh450 each.

"With chicken, I am assured of

a business that can sustain me for long. I learned my lessons with quails."

Chicken farming, according to Mutua is not labour-intensive. One needs to feed them twice a day and clean the pens the same number of times.

"I give my chicken commercial feeds and supplement with sukuma wiki. I also follow strictly the vaccination schedule."

Mutua says he learned three lessons from the quail business.

"The first one is, in farming, never follow the crowd. Second, do market research and talk to

experts to see if your venture is sustainable and lastly, do not give up when your agribusiness fails."

Dr Githui Kaba, a livestock expert in Nakuru, cautions farmers against rushing into agribusiness for quick profits.

"Quail business was good. The only problem is that many people went into it and flooded the market, which was small."

He says that although indigenous chicken are disease-resistant, they must be vaccinated against Newcastle, fowl typhoid, gumboro and fowl pox, a disease that makes chicken go blind.



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## Course on Quality and Safety of Agro-products for African Countries October, 2014

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Egerton University in Collaboration with Nanjing Agricultural University, China is hosting the sixth annual course in Quality and Safety of Agro-Products for African Countries. The training will be held from the **23<sup>rd</sup> to 30<sup>th</sup> October, 2014 at the Crop Management Research and Training Center (Utafiti Hall), Egerton University, Njoro Campus**



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MORE USES» BAMBOO HELPS ABSORB NITROGEN AND HEAVY METALS FROM SOIL

# One more reason to grow the versatile bamboo

**With plastic feeding troughs going for over Sh1,000 each, Thuo has a cheaper alternative**

BY FELIX MUGENDI  
satnation@nationmedia.com

Charles Thuo pushes the saw back and forth as it cuts through a bamboo stem resting on his lap.

He adds pressure on the saw completing the task in seconds. Thuo has done the job countless times, and that is why he has the confidence to put the bamboo stem on his lap and cut it.

The 38-year-old makes chicken and rabbit feeding and water troughs from giant bamboo trees in his Kahia-ini home in Kandara, Murang'a.

He begins by buying two-and-half-year bamboo stems from farmers at Sh200 each. "Stalks of this age are big enough for one to carve out the troughs. Their barks are hard, thus do not allow water to pass through, unlike the younger ones," he says.

But Thuo doesn't use just any bamboo; the green variety is best-suited for the work. It is hollow, unlike the yellow one.

Thuo cuts the mature bamboo stems into sizes of between 2 and 6 feet from which he makes the troughs.

## Chick or rabbits

"Bamboo is also good because it has caps at the joints, thus, once I cut the stem, I remain with a complete feeding trough, with the sides well-covered."

After he has divided the stem into pieces, he makes openings through which the chicken or rabbits would feed and drink.

"I use a hacksaw to do the work because an axe or panga may destroy the material or one ends up with rough edges."

Thuo completes the work by smoothing the rough edges of feeding openings using sand paper.

The carpenter has been making the troughs since

2008. To begin the business, he invested Sh1,200 which he used to buy six bamboo stems.

Besides the troughs, he makes cigarette holders, piggy banks and hotel bill holders from bamboo stems.

He sells the products at between Sh50 and Sh500. "Piggy banks go for Sh50 each, cigarette holders and hotel bill containers Sh100 each while feeding troughs costs between Sh150 and Sh500, depending on the size," says Thuo, who has been nicknamed Chicken Man because of his trade.

"I have been making the products for over five years now. This work is what earns me a living," says the carpenter who dropped out of school at Class Six due to lack of fees.

**I SELL PIGGY BANKS AND CIGARETTE HOLDERS TO HOTELS AND SHOPS. VILLAGERS LOVE THE PIGGY BANKS MOST" Thuo**

Thuo, who also keeps chicken, recounts that he came up with the idea one day while carrying a mature bamboo stem.

"I remembered how we used to make toy vehicles from bamboo. It dawned on me that I could actually cut the stem and make troughs. I tried and saw it was a good idea and turned it into business."

When he started, he was doing it on small-scale but production increased in 2012 when many people embraced quail farming, particularly in Murang'a, Nairobi and Kiambu.

"I raked in good profits when quails were the in thing, but business went down when farmers abandoned the birds," Thuo says reminiscing that he would get farmers from as far as Nakuru ordering the feeding troughs.

"That time, brokers would come here, buy the troughs at wholesale price and sell to farmers in Ngong, Nakuru and Nairobi."



Drop in business after people abandoned quails made him diversify to making cigarette holders and piggy banks.

"I sell the piggy banks and cigarette and bill holders to hotels and shops. Villagers buy the piggy banks."

The carpenter, who now grows bamboo on his quarter acre, employs three casual workers to assist him ferry bamboo stalks from where he sources them.

He pays them Sh30 each. Each day, Thuo starts the work at 6am and makes 50 feeding troughs, 10 piggy banks and 10 cigarette and hotel bill holders by 11am.

## HOW TO GROW BAMBOO

- Prepare the soil well before planting, incorporating bulky organic matter and organic fertiliser.
- Clean the farm of weeds and stones.
- Ensure you have access to plenty of water in early stages of establishment.
- Apply manure after the first year to keep them growing well.



Esther Wairimu uses the bamboo feeding trough in Thika. FELIX MUGENDI | NATION

## Livestock



Kenneth Mbugua in his goat farm in Kikuyu, Kiambu.  
KIHU IRIMU | NATION

## Easy-to-raise goats a cash cow for taxi man

BY KIHU IRIMU  
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**TUCKED IN A CORNER** in the compound in Limuru on the outskirts of Nairobi, the timber structure at a quick glance looks as if it was put up as an afterthought.

But looks can be deceiving. The 40 by 40 feet structure is well-made inside and houses over 20 goats at any one time for farmer Kenneth Mbugua.

The goats are central to the farmer who owns two acres. "Goats are easy to keep, easy to feed and easy to earn from. That is why I went for them instead of cows," says Mbugua, who started goat-rearing in 2008.

The 45-year-old started the venture in bid to supplement his earnings as a taxi driver in Nairobi.

He started with one goat that his family was milking. What attracted him to the animals is the small space they require and the need to diversify.

"The space a cow occupies is enough to hold up to seven goats, which provide more income than cows," says the farmer who feeds his animals on hay, potato leaves, carrot and banana peels.

Mbugua keeps Alpine, Toggenberg and Saanen breeds, which he milks, and breeds for sale to his customers in Nakuru, Kangundo and Nairobi.

"Some of my customers buy as many as 50 goats. Each month I sell at least 10 goats. I do not advertise my services, but I get many references," says the farmer, who gets about 10 litres of milk from the five goats he milks.

Mbugua offers farmers technical support that includes pen construction, pest control, insemination and market, knowledge he has acquired out of experience.

"I normally buy the goats from farmers, choose the good ones for breeding and the rest I sell. I sell the kids at six months."

A good goat goes for between Sh15,000 and Sh40,000 each, depending on the type and size, and he has sold over 700 of them, he says. "Goat milk is in high demand particularly among people who want cholesterol-free milk. It is popular among people living with HIV and Aids."

A litre of goat milk goes for between Sh100 and Sh150, but, there are places where it is sold for over Sh200.

A goat produces about 2.5 litres of milk per day for at least five consecutive months before being left to rest in advanced stages of pregnancy.

It calves down twice a year, and unlike cows, productivity increases instead of dropping in its 10-year lifetime.

Kinyua Mureithi, an animal health extension officer licensed by the Ministry of Livestock in Nyathuna, Limuru says goat-keeping is picking up. However, the number of people rearing the animals is still small.

"Out of every 10 livestock farmers I attend to, only one is a small-scale goat keeper. I come across commercial goat keepers once in a month, yet there is high demand for goat milk," he says, attributing the state of affairs to farmers' attachment to cows.

He says there is need to improve goat breeds. "Wide-spread in-breeding is killing the sector, and this is because farmers are not aware of sources of semen."



## horticulture



Grace Githaiga harvests capsicum and spinach, which she grows in greenhouses in Nyeri.  
FAITH NYAMAI/NATION



**BENEFITS»** ADDING SMALL AMOUNTS OF SAWDUST TO THE SOIL INCREASES ORGANIC MATTER AND IMPROVES TEXTURE

# Charcoal and sawdust keep my crops healthy

**Grace has seen her yields double by growing her crops using the materials that help to better soil fertility**

BY FAITH NYAMAI

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The two greenhouses measuring 22 by 72 metres each on the outskirts of Nyeri Town are full of lush crops. On one side of the greenhouses are capsicum plants and on the other spinach.

Both crops are flourishing, making many visitors ask the owner of the farm, Grace Githaiga, about her secret.

The secret lies in strange quarters as we came to learn. Grace applies in her farms charcoal dust, sawdust, organic manure and fertiliser after every three planting seasons, an art of farming she says helps her to grow healthy vegetables and reduces costs by nearly half.

When *Seeds of Gold* met Grace recently, she had just arrived at her farm from a market in Nyeri where she had gone to supply vegetables to traders.

This was her third week of harvest. Grace walked to a tap outside one of the greenhouses, opened it and let water flow to the plants. She uses drip irrigation, which helps control the amount of water the crops get.

"I use sawdust to retain moisture in the soil and the charcoal dust to keep diseases and pests at bay. I mix the two with manure and apply on the farm a week before I plant," says Grace, who learned the art from agricultural officers at Wambugu Agricultural Training Centre in Nyeri.

She then adds DAP fertiliser a week after planting. But the fertiliser is in much smaller quantities because of the manure use.

"This helps the crops, particularly, spinach to grow very first. I normally start harvesting in about a month."

"Spinach grows fast because it absorbs plenty of water from the

soil and there is enough circulation of air. Capsicum matures in about two to three months," the farmer, who has erected her two greenhouses on part of her quarter acre, says.

Prof Mary Obukutsa, Head of Horticulture Department at the Jomo Kenyatta University of Agriculture and Technology, says charcoal has carbon that makes soil more fertile.

"There is scientific evidence that when charcoal is applied to soils, it significantly increases crop yields and improves soil fertility. Charcoal dust also helps in decreasing nutrient loss through leaching by percolating water," she notes.

"The pores in charcoal provide a suitable habitat for many micro-organisms by protecting them from predation and drying."

## Finished compost

The organisms are important in processing rich compost manure. According to the don, charcoal increases Cation Exchange Capacity, a factor that influences soil fertility by increasing the ability of the soil to retain nutrients so that they are not washed away by water.

Prof Obukutsa further observes that adding small amounts of sawdust to the soil increases organic matter and improves texture.

"Sawdust takes time to decompose, thus, it works well in moist, heavy soils like clay. Sawdust also acts as a bulking agent, allowing air into the soil. It takes approximately a year to transform raw sawdust into finished compost."

She adds that sawdust, especially from hardwood trees like walnut, acts as a natural weed killer and keeps away pests because of its acidifying effect on the soil. It is also good choice for mulching. Mixing charcoal, sawdust and organic manure makes

the three complement each other and optimise the benefits, according to the expert.

Charcoal will help to increase the pH, which is normally reduced by sawdust to levels that are optimal for nutrient availability.

"Mixing manure with sawdust reduces the effects of the latter

on nitrogen depletion in the soil as it decomposes. To reduce these effects, it is recommended that you let the sawdust simmer in the compost pile for some time before using it in the garden," she offers.

The three materials further improve soil structure and aeration

leading to increased nutrient uptake and good root development.

Grace started her agribusiness in 2011 after investing Sh640,000, part of which was her savings while her husband provided the rest. She was working as a secretary at Pamki Coffee Farm (previously Kyanyange Coffee Farm) in Nyeri before she resigned go into farming.

The method of farming has helped her cut costs.

"I do not spend a lot of water to irrigate my farm since the charcoal dust and sawdust help to retain moisture in the soil. Before I started this method of farming, I would spend up to Sh6,000 per month on water. I now spend Sh2,500 on water bills and Sh3,500 to buy fertiliser, manure, sawdust. I rarely spray the crops with pesticides because they are not attacked."

She gets the charcoal dust from dealers in Nyeri Town, which she mixes with manure and saw dust in the ratio of 1:1:1. She measures the ingredients in a 20-litre bucket.

For her two greenhouses, the farmer uses about five 90kg bags of each of three materials.

"But I also apply inorganic fertiliser to enhance growth of the crops since it helps to increase nutrients in the soil that manure does not have."

She harvests 70 to 80kg of capsicum and 60 to 75kg of spinach twice a week. She sells a kilo of capsicum for Sh40 at wholesale price, while a kilo of spinach at Sh50. This brings her earnings to about Sh50,000, much more than what she used to earn when she was employed.

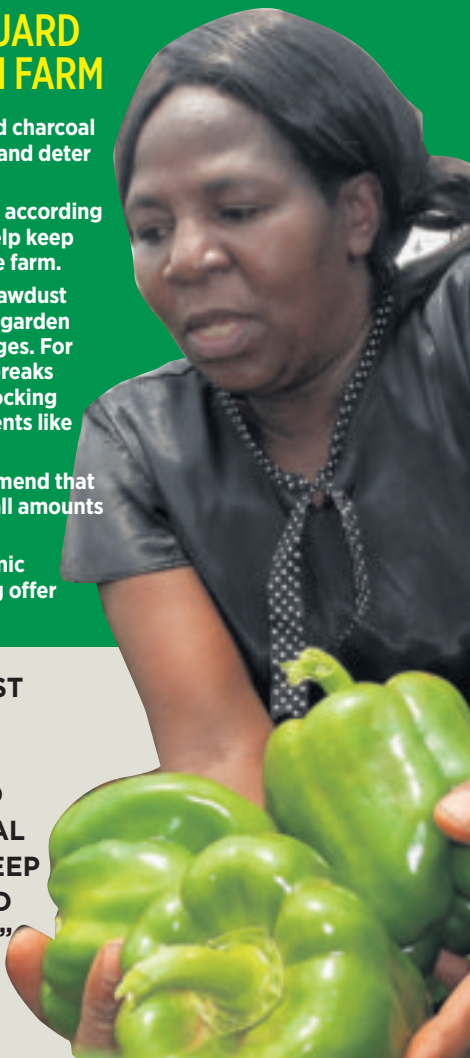
Grace practises crop rotation, where she replaces capsicum or spinach with tomatoes. Last season, she planted tomatoes and was harvesting five to seven crates of tomatoes per week.

## WHAT TO GUARD AGAINST ON FARM

- Both sawdust and charcoal help to repel pests and deter weeds.
- Coarser sawdust, according to scientists, can help keep slugs away from the farm.
- However, using sawdust and charcoal in the garden has its own challenges. For instance, sawdust breaks down and decays locking up important nutrients like nitrogen.
- Scientists recommend that you should use small amounts at any time.
- Experts say organic methods of farming offer better yields.

**I USE SAWDUST TO RETAIN MOISTURE IN THE SOIL AND THE CHARCOAL DUST IS TO KEEP DISEASES AND PESTS AT BAY"**

Grace Githaiga





## BUDGET» USE WOODEN POLES TO LOWER COSTS

## Greenhouses spread cheer in arid region

**Women's group has embraced the new art of farming that is offering higher yields**

BY WYCLIFF KIPSANG  
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**HUNGER AND DROUGHT** come to mind when one mentions Baringo.

Koriema Location in Baringo South is among areas that have suffered perennial food shortages for many years.

But farmers in the area are eager to change this situation through greenhouse farming.

Kirambach Women's Group is leading the pack with the help of the Baringo County Government, which partnered with Hortipro Limited and set up for the farmers 10 greenhouses at a cost of Sh3 million.

They grow in the greenhouses mainly tomatoes. But in the fields, the women are growing capsicum and paw paws. "Greenhouse farming is a new concept but we have learned a lot about it. We are getting help from agricultural officers employed by the county government," chairperson Dorothy Kiptoo says.

The group first grows tomato seeds in nurseries and then transfers the seedlings in the greenhouses that measure 8 by 15 metres.

#### Pests and diseases

Each greenhouse accommodates up to 600 plants, which produce 150 tomatoes each in four months.

"The advantage of greenhouse farming is that we can harvest throughout the year, even during the dry season," Dorothy says.

"When we started, we had problems dealing with pests and diseases, but this has been addressed by the field extension officers, who are in each of the 30 wards in the county."

They harvest two crates of tomatoes every week from each of the 10 greenhouses, which earns them at least Sh20,000. While the yields are low, the group is optimistic of

improving them.

"We currently sell five tomatoes at Sh20 because supply is high, but when it goes down, three tomatoes go for the same price," Dorothy says adding that the enterprise has enabled them meet their family needs.

They sell their produce to traders and hotels in Kabarnet and Marigat.

County Executive in-charge of Agriculture and Irrigation Luka Rotich says the farmers were encouraged to use locally available materials to make the greenhouses, which brought down the cost to Sh100,000, from about Sh300,000.

The multiplier effect of the venture is already being felt by the 22 members of the group since they have steady income.

## Two

**The number of crates of tomatoes the group harvests from each greenhouse every week**

Rotich says that horticulture is one of the county government's plans to boost food security and alleviate poverty.

He adds that the County Assembly will soon pass a law to pave way for the setting up of Agriculture Development Fund where farmers will get interest-free loans.

"We want to empower women and youth to be self-reliant. We are working with the two groups because the men have concentrated on livestock farming. Crop farming can help end cattle rustling that is rampant here."

The county government set aside more than Sh244 million in the last financial year for water and irrigation projects.

"Livestock rearing has traditionally been the major source of livelihood for our people. But we have to empower them to venture into other income-generating activities due to perennial droughts and cattle rustling," says Rotich.

He adds that the county government was paving roads to help farmers reach markets.

Peter Kanyi in his greenhouse in Kikuyu, Kiambu, where he grows capsicum.  
ANN MACHARIA | NATION



## PROFITS» GO FOR CROPS WITH READY MARKET FOR BIG REWARDS

# The loan that made me a thriving farmer

**It all started with a proposal, then Kanyi got the government loan that he put into greenhouses**

BY GAKIHA WERU  
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When Peter Kanyi took a loan in 2012 from the Youth Enterprise Development Fund (YEDF) to start a farming project, he wasn't exactly sure how the venture would turn out.

Two years later, the success of the agribusiness project was recently on display at the Nairobi International Trade Fair.

Displaying the succulent capsicums was Rosemary Wangare, a marketer with Foliage Masters, the trade name for Kanyi's agricultural products. She was showcasing one of the few successful farming projects funded by the YEDF.

The story behind the capsicums on display at the fair lay elsewhere in Nderi Village, Kiambu. On the leased three-and-a-half-acres, crops thrive, turning in an average profit of Sh20,000 a week.

It all started when Kanyi, a landscape architect, saw an advert in a newspaper inviting young people to apply for loans from the YEDF. He tried his luck.

"I was surprised when the officers from the fund came to assess my land, as well as my project proposal, and concluded that I qualified for Sh300,000 loan, which was to be paid directly to the company that was to put up two greenhouses, complete with an irrigation system," says the Jomo Kenyatta University of Agriculture and Technology graduate.

In the two greenhouses, he planted capsicums, which produce an average of 100kg per week. He sells his crop to hotels, supermarkets and companies such as Fruit Juice.

But it was not easy when he started. Kanyi lost his crops to powdery mildew that swept through his greenhouse destroying the capsicums.

"I was lucky that I had diversified. The losses put me down, but I was able to pick up through sales from other crops."

With the returns from the greenhouses, he is comfortably able to cover his overheads, service his loan at Sh10,000 a month and keep a tidy balance.

"The biggest challenge in farming is market and knowing what is selling at what price at any given time. I'm constantly doing research and avoiding traditional outlets like open-air markets where farmers are at the mercy of traders."

He points out that farming is capital-intensive and for him to make profit, he only goes for crops that will fetch over Sh100 per kilo. This is not likely to happen if one

is dependent on the traditional markets.

"In the open air market, you find traders buying a product at Sh20 per kilo and re-selling it elsewhere at Sh120. The trick is to navigate through this web of traders and middlemen to get the end of the market chain. This is why I have a full-time marketer."

He acknowledges that there are always many variables that often come into play, and which can easily shatter a farmer's dream. These include new diseases and market glut.

To cushion himself against this, Kanyi does not rely on one crop. He also grows carrots, cabbages, sukuma wiki (collard green) and strawberries.

#### Burn your fingers

These are staggered all-the-year around. "I make sure every month I plant a little of everything. This ensures that every week throughout the year, I am selling something and I have cash coming in every week. It also makes the farm self-sustaining."

Eventually, he plans to extend his farming to cover all the three-and-a-half-acres. One thing he has learned is that getting to the point of optimum returns is a long and painful process.

"Always start small and expand gradually. Don't jump in expecting quick profits and remember at one time or another, you will burn your fingers. And when this happens, you must have the resolve to pick yourself up and forge ahead. In the long run, farming is rewarding."

The 31-year-old consultant with Landscape Architects says farming comes naturally to him because his full-time job involves plants and moving the soil around.

Kanyi encourages the youth to embrace farming, pointing out that with a rapidly growing urban population, there will always be a market for food.



Kirambach Women's Group Vice-chairperson Esther Rotich in their farm in Baringo County.  
JARED NYATAYA | NATION

## FINANCE

### LOAN FACILITY FOR YOUNG PEOPLE

The Youth Enterprise Development Fund finances young people to venture into farming through the Agri-Vijana Loan.

Application, assessment and processing is carried out by the District Youth Office. Once the loan application is accepted, two greenhouses complete with irrigation systems, seeds and chemicals are provided through Amiran at the cost of Sh300,000. To ensure the loan is put to the intended youth, payment is made directly to Amiran.



UNITY» ASSOCIATIONS GIVE FARMERS A FORUM TO DISCUSS ISSUES, EXCHANGE EXPERIENCES AND NETWORK

# Women milk fortune from dairy group

**Maasai Kajiado Dairy Cooperative Ltd lifts the lives of dairy farmers in the region where many keep hundreds of cattle due to sentimental attachment**

BY BILLY MUIRURI  
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Every end month at the branches of Equity and Cooperative banks in Kajiado town, you will find in the halls long queues of women resplendent in multi-coloured *shukas*, bracelets and necklaces.

Two tellers in each of the banks are normally assigned to serve the women. At the Kenya Commercial Bank branch in Namanga, more than 80km away, things are not any different.

The women who throng the banks belong to the giant Maasai Kajiado Women Dairy Cooperative Ltd, an outfit that has changed the lives of dairy farmers in the county where cattle is the most precious property.

For most of the population, though, livestock here - cattle, goats and sheep - are kept in their hundreds for prestige.

But pride and honour are not enough for this women. They now throng the banks to receive their pay for monthly milk deliveries.

Milk in the Maasai community is purely a women's affair, and so is this cooperative society's management.

The institution's turnover has shot from Sh59 million in 2012 to Sh87 million last year. Started in 2011, their first turn-over was Sh10 million, according to documents seen by *Seeds of Gold*.

The 5,000-member cooperative brings together seven women groups that deal in milk business in Kajiado Central. Interesting to note is the manner the institution manages its affairs. The women groups deliver milk to eight collection centres spread across the vast constituency.

"We deliver the milk between



Members of Ilkipirash Women Group deliver milk at their cooperative society in Kajiado. BILLY MUIRURI | NATION

6am and 2pm. Our members chose one of them to be in charge of the collection centres but a clerk manages the records at the cooling plants," says Phyllis Matapash, the secretary of Ilkipirash Women Group, which has 1,000 members.

Initially, they had leased two cooling plants from New KCC. The County Government of Kajiado, however, recently donated two more. The cooling plants located at Enkorika Nkoile, Il Bissil and Kajiado town, have bettered the handling of milk, which is finally taken to the New KCC factory at Dandora.

The four cooling plants have a capacity of 20,000 litres per day but the women are capable of producing 40,000 litres, according to the cooperative's field officer Zacheus Lesinko.

At the moment, milk prices range from Sh25 to Sh35 a litre, according to Ruth Maya, a member of Ilkipirash group, who delivers 150 litres per day from her 25 Sahiwal breed cows.

"We deliver as a group about

7,000 litres of milk per day during the peak season," says Mary Maren, another member of the group and an official of the cooperative.

The cooperative insists that each of the farmers opens a bank account.

"All the 5,000 members have bank accounts from where they can withdraw money or borrow short-term loans to finance education of their children, particularly girls. It is our ultimate goal to empower the girl child," says Hellen Nkaissery, the patron and wife of the local MP Joseph Nkaissery.

In the region, the Sahiwal breed which is productively better than the local Zebu and Boran cows seem to be the dominant "animal of trade" even

## 87

The millions of shillings the dairy cooperative made last year, up from Sh59 in 2012.

as the women set eyes on more improved breeds.

But how did these women brave the resistance from their husbands who naturally wanted to stick to the traditional zebu for prestige that comes with numbers?

"Women got the go-ahead, especially after our husbands saw the fruits of the change," says Mary.

The cows, though, are yet to gain from seriously organised management programmes. "We herd them in the traditional style, but ensure we rotate in paddocks to have pasture throughout."

Mary says they are now embarking on pasture growing to ensure their milk production is not affected.

Initially, the farmers used to milk their cows and hawk the produce from home to home at Sh20 a litre.

But now after milking, they deliver the produce in cans to collection points where it is checked for quality and the quantity is recorded.

"The cooperative has given the farmers a forum to discuss and exchange experiences and network. It has also given them bargaining power since they can even dictate the prices," says Hellen.

"With the county government coming in and giving them cooling plants, they can sell their milk to KCC and other buyers."

Hellen notes they have strived to upgrade the handling of milk to enhance hygiene. "We insist that our members use aluminium containers and not the plastic ones to increase the life of the milk," she explains.

Poor road network, however, has become a hindrance for the women who are forced to use motorbikes to deliver milk from their homes.

Governor David Nkedianye says there is a plan to rehabilitate rural roads to ease the transport

Maasai woman looks after cattle. FILE | NATION



**OUR KEY OBJECTIVE WITH THIS DAIRY PROJECT IS TO ENSURE THEY PRODUCE MILK THROUGHOUT THE YEAR AND NOT JUST WHEN IT IS RAINING"**

County Executive in-charge of Trade, Tourism and Cooperatives Florence Mutua



Ilkipirash Women Group members store milk in a cooler in Kajiado. BILLY MUIRURI | NATION

problem.

"Our support began with the donation of the two cooling plants. Then we will move to the roads. Already, we have donated a piece of land in Kajiado town to have the women construct their head office," Dr Nkedianye says.

The cooperative is in the county government's economic empowerment programme. The County Executive in-charge of Trade, Tourism, Cooperatives and Industrialisation Florence Mutua says the cooperative has a real potential to turn around the local economy.

"We have set aside about Sh50 million to support the women and others. Our key objective with this dairy project is to ensure they produce milk throughout the year and not just when it is raining," says Florence.

The officer says plan is underway to have the women adopt new breeds and modern farming practices like zero-grazing. "We want to have more paddocks and plant exotic grass to boost milk production."



# East Coast Fever: Here's how to keep the disease at bay

BY INYAGWA MULEKE

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**E**ast Coast Fever is one of the deadliest livestock diseases.

It is particularly virulent among exotic cattle breeds which suffer high rates of mortality. The disease has a devastating impact on the smallholder farmers because it can kill within three to four weeks of parasite infection.

The symptoms include swelling of the body lymph nodes.

In cattle, the disease is transmitted primarily by the brown ear tick (*Rhipicephalus Appendiculatus*), which attaches itself to the animal.

## Signs to look out for

The first clinical sign of the fever in cattle appears seven to 15 days after attachment of infected ticks. This is seen as a swelling of

the parotid (salivary gland), for the ear is the preferred feeding site of the vector.

This is followed by generalised swollen lymph nodes and fever, which continues throughout the course of infection with temperatures rising to 42 degrees Celcius. The rise in temperature is normally rapid.

The animal then lacks appetite, experiences difficulties in breathing, has soft cough due to accumulation of fluid in the lungs, blood stained diarrhoea, muscle wasting, nasal discharge and discolouration of the eyes and gums.

If not treated, the affected animals collapses and dies in three or four weeks. The farmer should also look out for sharp drop in milk in dairy cows to detect if the animal is sick.

## How to prevent the disease

i) Regular dipping of cattle



should be done. The cows can also be sprayed regularly with acaricides. This should be done on a weekly basis. But this rate has to be increased when tick infestation is high.

However, one should note that continued use of acaricides may lead to resistance of ticks and unacceptable residues in milk and meat. It is important to note the use of acaricides is expensive and poses a threat to the environment.

ii) Cattle immunisation: This offers life-long immunity to the animal. But it has not been

adopted for widespread use because of logistical difficulties associated with production and distribution of a live vaccine and lack of commercial uptake.

iii) Integrated control: This is a more effective approach, particularly for dairy farmers.

The measures include effective fencing, pasture management, rotational grazing to reduce the level of tick challenge, selection of tick-resistant cattle, and new methods of immunisation.

With strategic acaricide application, this approach offers a more satisfactory method of

East Coast Fever control. Several drugs are available in the market but their use is limited due to high cost.

It is also important to start treating animals during the early stages of the disease.

There are currently three drugs used for the treatment of East Coast Fever. These are Parvaquone (Clexon), buparvaquone (Butalex), and halofuginone lactate (Terit).

Prof Muleke is the Dean of Faculty of Veterinary Medicine, Egerton University

CONVENIENCE» FARMERS EASILY ACCESS MARKETS AND FETCH GOOD PRICES FOR THEIR PRODUCE WHILE IN A GROUP

# Five reasons to be in farmers' association

**The groups are crucial points where information is disseminated since farmers can easily be reached by extension officers**

BY MARY MUCHUNGUH

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**M**ost livestock farmers shy away from being members of associations.

A smallholder livestock keeper would rather go and sell his milk at the roadside as opposed to collection points run mainly by associations for better prices.

The good thing with associations is that they offer farmers the economies of scale. Unfortunately, livestock farmers are yet to understand the power of collectiveness and unity as pertains bargaining for higher prices for their produce.

The farmers lack information on potential markets and are sometimes stuck with their produce for weeks.

Last week during the Nairobi International Trade Fair, I had the opportunity to have a discussion with a registered poultry group, and surprisingly, they had been requested to supply approximately 200 trays of eggs per week to a certain company but due to lack of resources, they missed the opportunity.

If that was a collection of groups, the farmers would have certainly clinched the deal. Isn't



Vitengeni Women Group members in Kilifi last month when they received goats donated by an NGO. FILE | NATION

it strange that cash crop farmers have formed associations that have been working well for years yet this is not to be the case with livestock farmers?

What are the benefits of joining associations?

**Easy access to markets:** Associations are key in the value chain. They assist farmers to access markets and fetch good prices for their produce.

Bulk sale of produce is a major catalyst for good prices. For example, smallholder dairy farmers would benefit greatly from village

dairy co-operatives as opposed to hawking their produce individually.

**Access to new technologies and information:** Farmers' organisations are crucial points of dissemination of information. It has been documented that most agricultural research and advisory services are channelled through the associations.

These services include financial support from the government or private institutions. In addition, members can be selected to participate in development pro-

grammes, benefiting the farmers through acquisition of new skills and other incentives.

**Drivers of change:** Through the associations, farmers can come together to form a strong force to lobby for relevant policies.

In 2007, poultry farmers' associations in partnership with the Ministry of Livestock Development formulated a National Poultry Development Policy, and they have been at the forefront lobbying for the adoption of this policy.

**Access to funding:** Associations can recommend their members to various financial institutions for loans. This would be advantageous to many farmers as expansion of their enterprises may have stalled due to lack of adequate funds. The groups can also give information on how and where to secure credit services.

**Value addition:** Farmers' organisations do not only assist in the identification of markets but help in value addition. This can be offered in form of training or a common processing plant where farmers add value to their produce.

For instance, bee keepers associations are involved in the processing and packaging of their members' raw honey before sale thus fetching higher prices.

Smallholder farmers are encouraged to become members of these organisations to reap and enjoy the fruits of their hard work.

Dr Muchunguh is a livestock expert, drmary.muchunguh@gmail.com

## HOW TO START A FARMERS' GROUP

■ **Members must agree on the objectives of the cooperative as well as share contributions.**

■ **Then they inform District Cooperatives Officer desire to form group. Proposal should have minutes, name of group, constitution, copies of members ID cards, letter from chief and application fee of Sh3,700.**

■ **It takes about two months to get certificate of registration.**

■ **Groups must be members of Kenya National Federation of Cooperatives.**

**3,700**

Amount in shillings charged as application fee to register a cooperative.



## my story

GROWING» SISAL RHIZOMES MUST FIRST BE PLANTED IN THE NURSERY BEFORE THEY ARE TRANSPLANTED TO THE FIELD



Alex Adundo processes sisal on his lathe machine (left) and decorticator (right) in his workshop in Kisumu. JACOB OWITI | NATION



# My farm machinery spin more options for farmers

**Adundo fabricates several machines that farmers use to process sisal for better returns**

BY ALEX ADUNDO

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**K**ibuye market in Kisumu is always as busy as a bee hive, both day and night.

Here, you can work for 24 hours, and the number of people who flock the market is huge, making traders sell their goods easily.

I found Kibuye the perfect place to put my workshop, where I mainly fabricate sisal processing machines for both local and export market under the business name Olex Technology.

I make several machines that includes a decorticator. The devices go for between Sh80,000 and Sh500,000.

The decorticator is used to strip the green cover from a sisal leaf and grinds the inner fibre into strands. The machine has a horsepower motor that uses diesel or petrol.

There is also the twinning machine which spins sisal fibres into thin yarns. It has a horsepower, electric motor, a fly arm, bobbin and a friction belt, among other parts.

The spooling machine, on the other hand, rolls different quanti-

ties of sisal for sale. It comprises of a two-horsepower motor.

I am a mechanical engineering graduate from Kisumu Polytechnic who loves making various machines for farm use. Since I graduated in 2004, I have always been thinking of how to use my education to make work easier in my society.

My portable machines use either electricity, diesel or petrol. They consume an average of eight litres of petrol in eight hours.

But with diesel, the consumption is lower. A single head decorticator diesel machine consumes three to four litres for the eight hours. A double head decorticator consumes seven litres to 10 in the same hours.

The decorticator was the first machine I designed. I use locally available materials that include metal and motor to make the gadgets that I sell small ones for an average of Sh100,000.

However, one can hire the machine for use at Sh300 a day.

I make about five machines per month, mostly on orders.

To use the decorticator, you hold green sisal leaves and insert them halfway into the machine. It

crushes the leaves turning them into fibre strands.

Besides the sisal machines, I also make bicycle water pumps and hydro floating pump for irrigating crops. A bicycle water pump retails at Sh15,000.

## GET IT FAST

## VALUE ADDITION BRINGS MORE

Irene Onyango, a sisal grower in Kadem village in Kano, Kisumu County, says processing her own sisal has earned her more cash.

"I hire the decorticator machine at 300 per day and make ropes. This is cost effective because selling raw sisal offers little." A sisal leaf retails at Sh5.

Kenya Sisal Board notes demand for sisal fibre stands at over 400,000 metric tonnes globally. However, Kenya only produces about 25,000 metric tonnes.

I have a website through which I market my products, but I get a good number of my clients through referrals. I also display the products in agricultural shows.

I get as many clients locally as from outside the country. My machines have been bought by clients from Nairobi, Migori, Mombasa and Baringo.

I have patented the sisal twine and a bicycle water pump because they are my own innovations. I have not patented the others because they are not new. I have just improved what is already in the market.

The main reason I came up with all these machines was to add value to the sisal plant and empower small-scale farmers, particularly in Western Kenya where sisal is grown.

Before I started making the machines, I was employed by an Indian family at a workshop in Kisumu as a technician earning Sh1,000 a day. It is here that I perfected my skills and learned most of the things I am doing.

We were mainly making machines for sugar companies. I worked for six months and in 2005, I went back to my village

in Suba, Homa Bay County to plant sisal. I planted one acre but had problems selling it. It is then that I thought of making the machines, so I set up the workshop in Kisumu.

My initial capital was Sh400,000, part of which was from my savings and the proceeds from my sisal, which I sold to a company in Homa Bay.

Some of the challenges I face include lack of finance to expand the business and failure to get qualified personnel. I normally get people from technical colleges but I have to take time to train them, which is expensive. Marketing is also still a challenge.

But I am grateful for the machines because in 2012, they gave me an opportunity to attend the Technology, Entertainment and Design (TED) talk show in the US. We were two Africans and I spoke about my machines. Currently, I am working on a weed-ing machine.

— As told to Everline Okewo

**Are you engaging in any agri-business. Tell us briefly via [satnation@ke.nationmedia.com](mailto:satnation@ke.nationmedia.com). Include your telephone number.**

## Technology Improper use of hydroponics can hurt your animals



**FARMERS HAVE** been cautioned against use of hydroponics system without proper training.

Experts said that the use of the technology to grow fodder without proper knowledge may have adverse effects on animals due to contamination of feeds.

"Introduction of the new technology has had every farmer excited and they are speaking about it. But this

comes with challenges," said Oliver Ndegwa, an officer from Agrotunnel International Limited, an agricultural technology firm.

Ndegwa noted that while feeds grown using the technology are cheaper, improper use may lead to moulding that causes aflatoxin.

"You can kill your animals by feeding them with fodder that has developed aflatoxin. Hydroponics need to be han-

dled carefully. Many people do not have knowledge about the technology," he said.

"It costs less than Sh100 a day to feed a cow using the technology. But farmers must first understand that they can create aflatoxin and kill all their animals," he added.

Temperature must be controlled at between 18 and 22 degrees Celsius and use of metal trays can lead to rusting problem, advised Ndegwa.

"We need to grow the fodder in a food classified tray. Any other material is bound to rust and cause aflatoxin. Do not use any metal equipment even if it is galvanised because it could still cause problems."

Use of the technology does not require soil and it works to the advantage of the farmers.

— Bernadine Mutanu



## husbandry

HEALTH» PIGS MUST BE DEWORMED REGULARLY TO CONTROL DIARRHOEA, WHICH CONTRIBUTES TO FOUL SMELL

# What you must do to keep a pigsty clean

**Youth group finds it hard to keep at bay foul smell from their pigpens, but all one needs is high standard of hygiene**

BY BERNARDINE MUTANU  
@mutanuberna  
satnation@ke.nationmedia.com

**T**he group of five young men take turns to scrub the floor of the pigsty in Dandora Phase IV in Nairobi, where they rear the animals.

Their neighbours had complained of foul smell coming from the pen. They had cleaned it thoroughly with detergents and plenty of water the previous day and had hoped to do so after a day.

On the day they don't do the thorough cleaning, they normally collect the manure and drain the urine to maintain hygiene.

The members of Pamoja Youth Ghetto group have made great strides in trying to make a living from pig farming despite the odds, but the smell from the pigsties is threatening their venture.

They first kept their 70 pigs in an enclosure within the estate, but after complaints from neighbours due to the foul smell, they relocated them to a bigger space on the fringes of Dandora Phase IV, but they are yet to completely overcome the problem.

"We use sawdust as bedding for the pigs and clean the pigpen with anti-bacterial disinfectants but this has not helped much," says Martin Ambale, the chairman.

Their problem is shared by hundreds of other pig farmers in rural and urban areas across the country.

Dr Charles Muleke from the Faculty of Veterinary Medicine and Surgery at Egerton University says that eliminating foul smell from pigpens needs great hygiene.

"Keeping pigpens clean prevents foul smell and helps the animals to remain healthy."

The livestock expert points out that many farmers err by keeping several pigs in a small space. This is wrong.

He advises that a pigpen must be cleaned thoroughly every day.

"The farmer must remove the manure and urine after every few hours. He should also change the bedding material after about two days."

He adds that food or water must not be spilt on the floor of the pens.

The pigs should also be dewormed frequently to control diarrhoea.

"Most pigsties smell because



Pamoja Youth Ghetto Group chair Martin Ambale feeds pigs in their farm in Dandora, Nairobi. GERALD ANDERSON | NATION

farmers give their animals dirty feeds. Some of the feed is collected from dustbins or hotels, which leads to diarrhoea. A farmer thus ends up having problems with hygiene."

According to Dr Muleke, good aeration in a pigpen is as important as making sure that drainage is working well. This can only happen if the pigs are in a bigger

pen, which also has good light.

"The bigger the space, the easier it is to maintain hygiene and keep foul smell at bay," says Dr Muleke.

He notes that pigs too like to be in a clean environment and they are organised animals.

Dr Antony Macharia, chairman of Animal Sciences Department at Egerton University, says the

pig sleeping area for both sows and boars should be at least five to six metres squared. Sow and litter should be kept in nine to 10 metres squared cubicles.

The housing comprises of the sleeping and dunging area. The dunging area is usually a metre wide spanning the length of the pen.

The measurements are for a solid floor. Boars and sows with litters should be housed alone. Dry sows, baconers and porkers should be housed in groups, but the animals should not be mixed.

Pamoja Youth Ghetto members say relocating the pigs to a bigger pen has made it easier for them to maintain hygiene.

"We have made cubicles for the pigs. One cube now holds four pigs. We realised that when they are in an open sty, the pen gets dirty quickly," says James Mwangi, a member and co-founder of the group.

The group of five young men of between 20 and 35 years has kept the pigs for the past one year.

Their aim is to have at least 300 pigs before mid-next year.

So far, the groups has sold 20 pigs at Sh250 per kilo at Nduboini Slaughterhouse in Kabete, Nairobi.

## Je, wajua Atangaye na jua hujua?



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## listing

## GREEN MARKET : Where buyers and producers meet

## BUYERS

**FRESH MILK:** I am looking for 1,500 litres of fresh milk from around Kiambu, Thika, Limuru and Murang'a. Price is Sh30 per litre. Collection time is 6am from Monday to Sunday.

**Contact:** Simon Wanyoike, 0726-628811 or 0733-713079  
skwanyoike@yahoo.com

**AVOCADO SEEDLINGS:** I want over 50,000 Hass avocado seedlings urgently.

**Contact:** Kimani, 0720613230  
**Email:**  
gachuhiwabera@gmail.com

**GOATS:** I am looking for certified Galla and Boer goats for breeding.

**Contact:** Kimani 0722408539

**STEVIA SEEDS:** I would like to plant stevia. Please contact me if you can supply.

**Location:** Mua hills, Machakos  
**Contact:** Simba 0728673900  
simbawamitikenya@gmail.com

## SELLERS

**HAY:** Rhodes, lucerne, star and Sudan. I also sell wheat and barley and seeds for hydroponic growing throughout the year.  
**Price:** Starting price is Sh150.  
**Location:** Farms in Nakuru and Thika.  
**Contact:** 0721736200  
agrifarmsupplies@gmail.com

**AUTO INCUBATORS:** That for 48 eggs at Sh17,000, 96 eggs at Sh26,000. Candler included as a bonus and a hygrometer.  
**Location:** Nairobi  
**Contact:** James, 0717622485  
james.waiguru@gmail.com

**CARPET GRASS:** As per demand.  
**Price:** Sh100 per metre square.  
**Location:** Nairobi  
**Contact:** Chesaro 0722 871 5125  
asaro200@gmail.com

**SEEDLINGS:** I am selling Kei Apple (10,000), casuarina (5,000), avocado rootstock (10,000), mango root stock (10,000), grafted Hass (5,000) and grafted mango, that is tomy and apple.  
**Price:** Negotiable  
**Location:** Embu  
**Contact:** 0727505512

**KUROILER CHICKS:** As per demand.  
**Price:** One month old at Sh250 and two months old at Sh450.  
**Location:** Matuu/Masinga/Kithyoko/Ekalakala.  
**Contact:** 0724742656  
stbenedictsch246@gmail.com

**EUCALYPTUS OIL and MORINGA POWDER:** Mosquito repellent, anti-bacteria.  
**Price:** Moringa powder at Sh1,000 per kilo. Mosquito repellent and anti-bacteria, etc. 50ml at Sh100, 500ml at Sh750 and 1 litre at Sh1,000.  
**Location:** Machakos  
**Contact:** 0728673900  
simbawamitikenya@gmail.com

**BIOGAS DIGESTER and AC-**

## BUYER: RABBITS

Looking for rabbit rearing farmers, especially from Eldoret who can supply me with the animals on a regular basis.

**Contact:** Maina, 0725806960



**CESSORIES:** We sell and install biogas digesters.  
**Contact:** Richard Karani 0711552655  
rkephanto@gmail.com

**CHICKS and EGGS:** Kuroiler fertilised eggs at Sh1,200 a tray, improved kienyeji first generation Kari eggs at Sh1,000 a tray, one day chicks at Sh120 and Kari chicks at Sh180.  
**Contact:** Catherine, 0722719440  
namuragz@gmail.com

**CHICKS:** Improved kienyeji at Sh85, Kuroiler at Sh100 and rainbow at Sh100.  
**Location:** Mamboleo, Kisumu.  
**Contact:** 0707117504  
uzimaorganicfarm@outlook.com

**PARAFFIN KIENYEJI EGGS INCUBATORS:** As per demand.  
**Location:** Nairobi  
**Contact:** 0722 481 887  
ndoroboc@gmail.com

**BANANA SEDLINGS:** As per demand.  
**Price:** Sh500  
**Location:** Mukurweini  
**Contact:** 0733683650  
wachirawamwangi@gmail.com

**KUROILER CHICKS:** As per demand.  
**Price:** Three-day-old at Sh150 and three weeks old at Sh220.  
**Location:** Nairobi  
**Contact:** 0728343327  
pantherfreshgrowers@gmail.com

**SEEDLINGS:** Banana and passion fruits.  
**Location:** Sagana  
**Contact:** 0723 900051  
muhiu21@yahoo.com

**GREEN GRAMS (N26 NYLON):** 50 bags  
**Price:** Sh12,000 per bag

**Location:** Giaki, Meru County  
**Contact:** 0723069191  
evansmurimi45@yahoo.com

**BROILER CHICKEN:** 500  
**Price:** Sh350  
**Location:** Ruai, Nairobi  
**Contact:** 0724760040  
matejamlycs@gmail.com

**SANGI POTATO SEED:** High quality seeds from Kari.  
**Quantity:** As per demand  
**Location:** Njoro  
**Contact:** 0724696730  
estherchege61@gmail.com

**OSTRICH INCUBATORS:** Sh70,000. Three month old ostrich chicks at Sh60,000.  
**Location:** Eldoret  
**Contact:** George, 0728732389  
georgekiriama@gmail.com

**KIENYEJI CHICKEN:** As per demand.  
**Price:** Sh700  
**Location:** South B, Nairobi  
**Contact:** 0722809380

**CASUARINA TREES:** 8,000 trees of 3.4 inches in diameter that are ready to be harvested.  
**Location:** Mpeketoni  
**Contact:** Emmanuel Daniel Nyange 0733885306  
nyanged@yahoo.com

**DORWAN GIANT RABBITS:** 8.  
**Price:** Sh4,500  
**Location:** Gitaru, Kikuyu  
**Contact:** 0725893963/  
0722614184  
ceo@alcaregroup.com

**GREENHOUSE POLYTHENE AND DRIP LINES:** As per demand.  
**Location:** Ruai, Nairobi  
**Contact:** 0703585675/  
0726946938,  
wilsonmuthoka2@gmail.com

**KIENYEJI CHICKS:** Two weeks old.

## BUYER: SEEDLINGS

I want over 50,000 Hass avocado seedlings urgently.  
**Kimani, 0720613230**  
gachuhiwabera@gmail.com



**Quantity:** As per demand.  
**Location:** Pamat Farm, Kasarani, Nairobi.  
**Contact:** Pauline 0721920407

**GREENHOUSE CONSTRUCTION:** 8m x 15m greenhouse.  
**Price:** Sh180,000  
**Location:** Nairobi  
**Contact:** 0716089425  
pwmuya@gmail.com

**KUROILER CHICKS:** Day-old chicks.  
**Quantity:** As per demand  
**Price:** Sh120  
**Location:** Delivery anywhere in Nyanza and Western region.  
**Contact:** 0710948585  
kitchenchicken@mail.com

**DAY-OLD CHICKS:** Black and brown layers, broilers and kuroilers.  
**Quantity:** As per demand.  
**Price:** Negotiable  
**Location:** Ruiru. Delivery within environs.  
**Contact:** 0715677175  
nderemunene@yahoo.com

**INCUBATORS:** New arrival incubators, all-fully loaded and automatic. Ranging from 36 eggs to 1,056 eggs.  
**Price:** Sh25,000 to Sh120,000  
**Contact:** 0722237617/  
0738282802  
jimleen2008@yahoo.com

**ANIMAL FEEDS MANUFACTURING:** The plant has mixer formulation machine, which is half a tonne capacity and milling machine.  
**Price:** Sh350,000  
**Contact:** 0728704007  
alphafarmproducts@gmail.com

**TOMATOES AND CABBAGES:** As per demand.  
**Price:** Negotiable  
**Location:** Embu County  
**Contact:** 0728585933/0711738512  
Erick and Cosmas.  
coskavinda@gmail.com

**SEEDLINGS:** Apple at Sh150 each, apple mango at Sh100, tree tomato (giant red) at Sh50 and banana Fhia 17 at Sh250.  
**Location:** Kabati, Embu.  
**Contact:** 0724246585.  
simonmuiruril@gmail.com

**KARI KIENYEJI CHICKS:** As per demand.  
**Price:** A day old at Sh100, 21 days old at Sh250, 30 days old at Sh300 and eggs Sh900 per tray.  
**Location:** Kiambu  
**Contact:** 0711211776  
mariadaudi99@yahoo.com

**FLECKVIEH BULL:** Sh180,000  
**Location:** Molo  
**Contact:** 0728636453/  
0727388710  
kibetadnan@gmail.com

**IN-CALF FRIESIAN HEIFERS:** Starting from Sh150,000.  
**Location:** Kiambu County  
**Contact:** 0786742361

**PEACHES FRUITS SEEDLINGS:** As per demand  
**Price:** Sh150  
**Location:** Murang'a, Nairobi  
**Contact:** 0716795253

## SELLER: EGGS

Kuroiler fertilised eggs at Sh1,200 per tray. Available in Nairobi. **Contact: 0722719440**



**Email:** fruitseedlings@gmail.com

**SEEDLINGS:** Tree tomatoes, grafted avocado and passion fruit seedlings.  
**Quantity:** As per demand.  
**Price:** Negotiable.  
**Location:** Elburgon, Nakuru County.  
**Contact:** 0753206853.  
jchege2011@gmail.com

**PUMPKIN FRUITS:** Four tonnes.  
**Price:** Negotiable  
**Location:** Busia County  
**Contact:** 0700465650  
josephonyiko@gmail.com

**PIGLETS:** Large white piglets,  
**Quantity:** 11  
**Price:** Sh3,000 each  
**Location:** Gitimbine -Meru County. Dorothy, 0736435892.

**POULTRY:** Egg incubators, Kenbro cocks and fertilised kienyeji eggs for incubation.  
**Quantity:** Capacities from 60 eggs to 400 eggs.  
**Price:** From Sh2,000 to Sh6,000.  
**Location:** Kisii County  
**Contact:** George Kiriama, 0728 732389.  
eorgekiriama@gmail.com

**EUCALYPTUS GRANDIES:** Five years old. Ideal for building, poles and fire wood.  
**Quantity:** 172  
**Price:** Sh850 each  
**Location:** Gem, Siaya County  
**Contact:** 0727318271  
phillipodera@yahoo.com

**PEANUT BUTTER:** Wholesale  
**Price:** Negotiable  
**Location:** Kampala, Uganda.  
**Contact:** +256753173535

**TURKEYS:** As per demand.  
**Price:** Negotiable  
**Location:** South B, Nairobi.  
**Contact:** 0722259492

**KIENYEJI CHICKEN:** As per demand.  
**Price:** Sh700 to Sh1,000.  
**Location:** Kitui County

**Contact:** 0722563672  
augustinekitute@gmail.com

**SEEDLINGS:** Quality avocado and other fruit seedlings.  
**Quantity:** As per demand  
**Price:** Sh70.  
**Location:** Pipeline, Nakuru  
**Contact:** zotwa@ymail.com

**STRAWBERRIES:** Chandler F1  
**Quantity:** As per demand  
**Price:** Sh15  
**Location:** Mathioya, Murang'a  
**Contact:** Warui, 0710630380/  
0729291826

**WATERMELONS:** High breed Sukari F1  
**Quantity:** As per demand  
**Price:** Sh15  
**Location:** Makutano, Thika-Nyeri highway  
**Contact:** arnoldmurunga@yahoo.com

**CUCUMBER:** 200kg per week  
**Contact:** 0722619543/  
0789725495  
anmbogo01@yahoo.com

**KIENYEJI CHICKS:** Kari improved  
**Quantity:** As per demand  
**Price:** A month old at Sh350, a week old at Sh220 and a day at Sh120  
**Contact:** 0721624005  
michaekarekei@yahoo.com

## SELLER: CABBAGES

A large supply of cabbages available in Mweiga, Nyeri County. **Contact 0724575487**



Are you a producer or looking for agricultural produce, inputs and equipment? Tell us on: [satnation@ke.nationmedia.com](mailto:satnation@ke.nationmedia.com)  
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**JOHN DEERE**



BIOGRAPHER'S REFLECTIONS | Old age robbed the bearded sage of vim, verve and veracity, but not the power to learn

# Guru once dreamt of becoming a taxi driver

Presidents Julius Nyerere and Milton Obote often had arguments with Prof Mazrui at Makerere University

BY WACHANGA NDIRANGU  
satnation@ke.nationmedia.com

“If, at the end of time, I will be asked what I did with my life, I hope I will have spent most of it creating a rainbow world or making contributions towards it; a world guided by considerable acceptance of multiculturalism, tolerance of differences and dissent, and acceptance of diversity,” Ali Mazrui told me in one of my last interviews.

For I had the privilege of being Mazrui's authorised documentary biographer, tracing his life from his birthplace on the East African coast, to his residence in New York.

My first meeting with the doyen was at a time when I was designing a model, which sought to examine the implications of a restrictive information environment on a nation's collective memory, especially when documents containing a country's past are destroyed, distorted or inaccessible. We met during the annual African Studies Association conference in Chicago in 2008.

I was anxious about my encounter with the renowned scholar, partly because of an overwhelming awareness that although I had been living with the idea of him—Ali Mazrui the scholar, I was going to meet Ali Mazrui the person.

Inside his hotel room, I noted copies of several bookmarked texts on his desk. There were brown envelopes with manuscripts he was editing. On his bed lay a small radio, which I later found out he carried wherever he went.

“I received this radio as a birthday gift on February 24, 1966. As I listened to it, I heard Kwame Nkrumah

had been overthrown. He was toppled on my birthday,” he said, making me feel at ease in his presence.

As we sat by a coffee table next to his desk, I noted he had my name hand-written on the first page of his white writing pad. We talked for more than one hour. And as I listened to his experiences growing up, the intellectual trajectory of his legendary contributions, reflected in the apparently inexhaustible passion for the controversial, it became clear that his life and work offer an insightful narrative of East Africa.

What I remember from our first meeting is Ali Mazrui's ability to listen and his capacity to hear what is being said as well as the undercurrent of what is being said. When you couple that with his exceptional gift for language, you encounter an intellectual who was able to articulate what had been said with greater clarity. He always knew the right words to produce the desired effects: to stimulate the imagination of his listeners and readers.

As I followed Mazrui during the filming of the documentary, I came to appreciate his genuine curiosity whether engaging with undergraduate students, young scholars at conferences or policy makers and heads of states in boardrooms. He always took notes because “I am always learning,” he said.

This curiosity started at an early age when his childhood dream was to become a taxi driver so that he could travel and meet different people from different places and different cultures. And although he never had a driver's

licence, he traversed and gave lectures across the globe, meeting iconic legends such as Nelson Mandela and Martin Luther King Jr, controversial figures such as Muammar Gaddafi and Louis Farrakhan; boxing legends such as Mohammed Ali; political activists such as Malcolm X; and political dictators such as Idi Amin.

As a product of colonialism and its cultural and educational institutions, Ali Mazrui understood Europe very well, and powerfully articulated issues rooted in Africanity using a language that is comprehensible to the West. His role, therefore, became that of a translator of Africa to Europe, and Europe to Africa; a bridge-builder who for more than half a century, consistently challenged dominant European ideas and images of Africa in very powerful ways.

## The leading voices

When Mazrui came to Makerere from Oxford in 1963, he became one of the leading voices in the discourses that were taking place in East Africa. This was the period when the line between politicians and intellectuals was not clearly marked. Presidents Julius Nyerere of Tanzania and Milton Obote of Uganda often had arguments with Mazrui, and these arguments would be published in journals such as *Transition* as well as in daily newspapers. Mazrui, therefore, became a model of what intellectuals do: Being influential in shaping national and public debates.

But what made Ali Mazrui an exceptional scholar is his active participation in producing and enriching a form of scholarship that provided a global view of Africa, especially at a time when it was very tempting to retreat to parochialism. Mazrui opened up debates about Africa to other influences; not only the relationship between Africa and the West, but also the place of Islam in African societies.

Notwithstanding critical voices about his triangulated theory of the convergence of three heritages



FILE | NATION

August 2009: Jomo Kenyatta University of Agriculture and Technology Chancellor Ali Mazrui officially opens the university's new campus at Ambalal building in Mombasa. Prof Mazrui's life was one long debate and his pen was eloquent.

— African, Islam, and Western— it is increasingly being appreciated that Islam cannot be ignored in Africa and that as long as African knowledge is produced on the margins, it will not have the influence it should globally. Because of Mazrui's prodigious output, reputation and personality, he was able to become an influential player in major institutions across the globe.

Mazrui spoke the truth to power, challenging authoritarian policies wherever he could find them.

I once asked him over coffee what we didn't know about him: “I have always wanted to write more fiction and poetry in both English and Kiswahili. I am a frustrated novelist.” He intended to write a novel with a Maasai Pope as the chief protagonist.

When we met in Binghamton to celebrate his 80th birthday, he paid tribute to his friend, the late Dudley Thompson, a renowned Jamaican lawyer, who was the defence counsel during the trial of Jomo Kenyatta in 1952/53.

“Like his father, Uhuru Kenyatta has been accused of instigating violence. But instead of a British colonial court, which charged the older Kenyatta, we have the ICC charging the younger Kenyatta. The older Kenyatta was unjustly imprisoned by a colonial court, but the younger Kenyatta is unlikely to be found guilty by The Hague. Unfortunately, Dudley Thompson is not

alive to be counsel for the defence of Uhuru Kenyatta,” he said.

This was typical of Ali Mazrui's brilliant and dialectical mind, which allowed him to neatly weave seemingly irreconcilable contradictions, powerfully uniting opposites as a method of illuminating reality.

Although he had to be accompanied by a health escort in his final years, and that his voice was less resonant, he continued to give lectures across the globe, attracting large audiences.

The delivery of his speeches was also slower but still reflective and poetic. He continued to command attention and his arguments pulsated with unbridled creativity.

With age he became less combative but maintained his curiosity. He grew a beard, acquiring a contemplative look of a sage. And his modest bag still contained some of the most recent publications.

His life was one long debate and his pen was eloquent. In our last interview he had an interesting request: “You will let me know when we meet in After Africa if other scholars continued to use the triple heritage model after I am gone.”

Wachanga Ndirangu is an Associate Professor of Journalism and Information Science, University of Wisconsin. He is Mazrui's official documentary biographer. [dwachanga@gmail.com](mailto:dwachanga@gmail.com)

## TRIBUTE

# The pilgrim who inspired me to pen goes home to rest

BY BARRACK MULUKA  
satnation@ke.nationmedia.com

I owe my writing to Prof Ali A. Mazrui who inspired me to write and to Mundia Muchiri, who gave me the opportunity.

I was a youthful publishing editor in the early 1990s, when Mazrui published an essay in the *Sunday Nation*, revisiting his pet theme of the trinity of the African condition. The thrust of the thought was that Africa was culturally the product of three backgrounds — the Indo-European, Arabic-Islamic and Afro-Asiatic heritages.

He saw the Afro-Asiatic heritage as dying. It was succumbing to natural attrition at the hands of the Arabic-Islamic and the Indo-European heritages. The latter two heritages were meanwhile locked up in their own war of supremacy. Eventually

one was set to prevail. Mazrui pitched for the Arabic-Islamic heritage. If the traditional African heritage was dying, the European heritage was cancerous. The Arabic-Islamic heritage was, therefore, the natural choice for Africa. I disagreed.

I argued that Africa needed its own idiom, identity and destiny, equidistant from the Judeo-European and Arabic Islamic worlds. We debated over an eight-week period in the *Sunday Nation*. In the end we agreed to disagree. But, with that, my weekly perorations were born. Despite our disagreement, Mazrui found the dialogue edifying. He purposed to publish the essays in a future collection of his intellectual battles. It did not come to pass, however, for reasons beyond us.

Our relations nonetheless remained warm, peppered with occasional email exchanges on varied issues. We pur-

posed to revise *Nations and New States in Africa*, but this fell through when I left EAEP. This seminal work was previously authored jointly with Prof Michael Tidy. It remains a *tour de force* on Africa's postcolonial states. It is an indictment against our failure to build new nations in our new states.

## Throwing art to dogs

I first picked up the expression “the Hereafter” from *The Trial of Christopher Okigbo*. The converse was “the Herebefore,” or land of the living, as “seen” by the dead. The Okigbo story is the tale of a great artist — a poet — who is on trial in Heaven — the Hereafter. He is charged with the crime of throwing art to the dogs and allowing himself to die on the battlefield in a tribal war.

Chris Okigbo, easily Africa's finest poet, died in action in the Nigerian

Civil War (1967-70). In the eyes of Kwame Apolo-Gyamfi, himself an extraordinarily brilliant Ghanaian student who was killed in a motorbike crash in the UK after a rare drinking binge, Okigbo did a bad thing to die in war. “When the ordinary man or the great soldier dies for his nation, that is, indeed, heroism,” Apolo-Gyamfi, the “prosecutor,” said. He concluded, “When the great thinker dies for his nation, that is escapism.”

Mazrui was fascinated with ideas. As if talking about himself, he famously wrote in the *Sunday Nation* in 1979: “A philosopher is someone who wonders.” He packaged his “wonderings” in rhetorical and titillating intellectual cadence. He was the ultimate master of Aristotelian rhetoric. Of Kwame Nkrumah he would quip, for example: “Was Nkrumah a Leninist Czar?” Leninist Czar? What a

beautiful oxymoron! So Kwame was at once a revolutionary liberator and a profligate reactionary!

But Mazrui was in his element when discussing the trinity of phenomena. In the Okigbo story, he used trinity to examine the curse of the African tribal intelligentsia. Here, Apolo-Gyamfi describes what he calls “The fall of Okigbo.” Mazrui writes: “Counsel made a distinction between individualism, universalism and social collectivism. A great artist was first of all an individualist, secondly a universalist, and only thirdly a social collectivist.”

The individualist is, we may infer, the person who respects his thoughts, conscience and will. He bends only to these three. He will not do things to conform to social collectivism, such

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IN HIS OWN WORDS | Their first meeting was in 1974

# I've lost a friend with a big heart, oasis of golden letters

Publishing Ali Mazrui was both intellectually fulfilling and stimulating

BY HENRY CHAKAVA  
satnation@ke.nationmedia.com

The death of Prof Ali Mazrui has not only snatched away an invaluable author, but has also made me lose a friend I first met way back in 1974.

It's rather interesting, almost bizarre, the way death creates fresh and fond memories of days gone by, making one to nostalgically reminisce about the happy times one shared with the deceased. This is the state I found myself in, on receiving the sad news of Prof Mazrui's demise.

In 1974, I had the pleasure of receiving him at the Heinemann Educational Publishers' offices at the International House, Nairobi, when he paid us a visit on arrival from Kampala.

Prof Mazrui was accompanied by his wife Molly, and two children. Although I cannot clearly recollect the circumstances leading to his travel

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Although he is gone, we are lucky that he has left us with enormous knowledge in the form of the books we published at EAEP”

Publisher Henry Chakava



Mombasa ACK Diocese Bishop Julius Kalu together with former Chief Kadhi Sheikh Hammad Kassim (right) and Mr Khelef Khalifa pray for the late Prof Ali Mazrui at his home in Kibokoni, on Tuesday. The renowned academic is expected to be laid to rest at the weekend.

from Uganda, I can guess that it was the time he realised that he was exposing himself to serious danger lecturing at Makerere University during the murderous regime of Idi Amin Dada.

Since he was a close friend and guest of my Managing Director, Bob Markham, we took good care of him and his family, including doing some shopping for them to ensure they were as comfortable as possible. Mazrui later travelled to the US where he taught for many years until his death.

I later had the privilege of publishing him and, therefore, personally interacting with him at the East African Educational Publishers (EAEP) — the company I set up after acquiring Heinemann in the early 1990s.

We first worked on his vol-

ume, *Swahili, State and Society: The Political Economy of an African Language*, which he co-authored with his nephew and linguistics scholar, Prof Alamin Mazrui. After that we published his most referenced work to-date, *Nationalism and New States in Africa: From 1935 to the Present*, co-authored with Michael Tidy. Others were *General History of Africa Vol. VIII: Africa Since 1935*; and the famous *Reith Lectures* published in the volume, *The African Condition: A Political Diagnosis*.

I need to mention that before these works, at Heinemann we had already published his *The Trial of Christopher Okigbo* under the African Writers Series, a work that drew sharp criticism from literary enthusiasts.

It's unfortunate that I did

not get the chance to publish *The Africans: A Triple Heritage*, which is perhaps Prof Mazrui's magnum opus, and which firmly placed his global intellectual stature at a higher pedestal.

Publishing Prof Mazrui was both intellectually fulfilling and stimulating. He had the rare gift of engaging in a lot of interesting wordplay in speech and in his writing, which made his work read rather well. He loved engaging in debates and discussions, and would draw examples from a wide range of subjects to support his arguments.

Combine this with his gripping stature, which made him inspire many people, young and old alike, and actually become a mentor to many. At times as

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## The man who asked if Jomo was Kenya's last colonial governor

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as kith and kin. The scholar who refuses to “join in” — for example in inter ethnic conflict — is an individualist, the black sheep of the tribe. The collectivist is driven by tribal passions and sympathies. He belongs to the tribe first and to everything else afterwards. The universalist is committed to eternal values and principles.

And so Apolo-Gyamfi concludes, “If the great artist has to sacrifice himself for anything, he should only sacrifice himself for the universal. To die for the truth is martyrdom. To die for knowledge is martyrdom. To die for art is martyrdom. But when the great thinker dies for his nation (read tribe), this is an indulgence. He has put the politics of the tribe before the power of the eternal. He may not have broken his contract with the dead. But he has broken his contract with the living and with those who are to be born.”

It is a great paradox that Mazrui dies at a time when Kenya's social collectivities have driven the “nation” to the extremes of cancerous worship at the ethnic shrine.

Kept its contract

Has our generation kept its contract with dead tribesmen at the expense of the living and the unborn? Do we readily dilute the good within us with the blood of tribalism, while refusing to dilute the greed and wickedness within the milk of nationalism? This is the one paradox that Mazrui leaves us with in our elusive quest for Pax Africana. Achebe took umbrage at Mazrui's novel of ideas. In an essay published in *Hopes and Impediments*, Achebe describes Apolo-Gyamfi as “some kind of Perry Mason, clearly admired by Mazrui.” He goes on to wonder why, through this Mason, Mazrui imagines that “the duty of a very gifted man is fundamentally different from the duty of a more ordinary being.”

Achebe veritably echoes Shylock in Shakespeare's *The Merchant of Venice*, where he has retorted about his hated Jewish nation then, “If you cut us, don't we bleed (like everybody else)?” Is the great artist not subject to the same traumas as the ordinary tribesman when the tribe is persecuted or excluded? Mazrui did not believe so.

Such was Mazrui, controversial par excellence. They said in the 1970s that he once made a stopover at the Department of Political Science of the University of Nairobi. He was reputed to have set a controversial examination question that read: “Jomo Kenyatta is the last serving colonial governor in Kenya. Discuss.” The authorities



Mr Muluka

are said to have shown him the door. He ended up at the doorsteps of Makerere, where he was more than welcome. He left Makerere in the wake of the Idi Amin depravity that saw scholars flee Uganda like locusts.

East Africa lost one of its foremost minds to the West. In the fullness of time, Mazrui would become the undisputed giant of political thought in East Africa. Even as lesser scholars frequently refer to themselves as “political scientists” they know deep down that Mazrui is the only true political scientist Kenya has produced. The rest are only students of political science.

Mazrui easily blended political science with art. *The Trial* is a rich juxtaposition of political thought with celebration of poetry. The aptness with which he intertwines political argument with intellectual wit on the one hand and poetic citation and literary exegesis on the other is simply fascinating. His leading characters in *The Trial* — Apolo-Gyamfi, Hamisi and Salisha, borrow from such great bards as Okigbo, George Gordon, Wole Soyinka, Alexander Pope, among others, to drive home their points.

An amazing pilgrim, gone home to rest at last, we reflect about him in the verse of Okigbo as cited repeatedly in *The Trial of Christopher Okigbo*:

*The moon has ascended between us,*

*Between two pines  
That bow to each other;  
Love with the moon has ascended,*

*Has fed on our solitary stems;  
And we are now shadows  
That cling to each other,  
But kiss the air only.*

Well, such is life. Go well, Africa's man of intellect and letters. First Kenya lost you to Uganda. Then East Africa lost you. Now the world has lost you. Another trinity. You leave us reflecting about George Gordon (aka Lord Byron) as he muses about the end times in your novel on Okigbo:

*For the sword outwears the sheath,*

*And the soul wears out the Breast.*

*And the heart must pause to breathe,*

*And love itself have a rest.*

## Love aside, did we really know this great man?

BY KEN WALIBORA  
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In Prof Ali Mazrui's home country, where one expects that such a renowned academician would be known by all and sundry, the media have been awash with all sorts of comments about him, some true and some not so true.

A viewer sent a message to NTV Jioni claiming that he remembers Prof Ali Mazrui for writing the play, *Kilio cha Haki*, which the viewer studied as mandatory set book in high school. That misleading statement resonated with many who had possibly studied the play and now hold tenaciously to the view that the playwright has passed on.

This view has been repli-

cated ignorantly in the social media, mainly Facebook and Twitter, where the late professor has been confused with his nephew — Prof Alamin Mazrui, the author of *Kilio cha Haki*. And because in social media everyone masquerades as a polymath (a know-it-all) it has been very hard to disabuse a great majority of people of their misconceptions and misapprehensions.

It is baffling that countless Kenyans, who now lay claim on one of the finest scholars of all time, do not even know him well enough or at all. Prof Ali Mazrui has been mischaracterised as a Swahili scholar and fiction writer when, indeed, his only fictional work was a novel in English, *The Trial of Christopher Okigbo*. The body of his



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Perhaps less than one per cent of Kenyans have ever read his copious academic output”

Prof Ken Walibora

work was largely in the English language, in which he has a mastery that is akin to that of the late Palestinian scholar Edward Said, of the Orientalism fame. Anyone who has read Mazrui's academic pieces is bound to marvel at his customary elegance and felicity. Anyone who has listened to his presentations would recall the eloquence, the ease, the passion, and the vibrancy with which he delivered them.

I am grateful to have had an opportunity to interact with both Prof Ali Mazrui, who has passed on, and his nephew, Prof Alamin Mazrui, who is still alive. Yet it bears stating that the confusion regarding who is who between these two

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# Kenyans 'kill' Alamin as they mourn his uncle

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eminent scholars is not at all astonishing. For one, they are both professors with distinguished academic careers. Prof Alamin Mazrui taught at Kenyatta University, The Ohio State University, US and is now at the State University of Rutgers. He is a Kiswahili author, indeed, an astute scholar in his own right and my mentor to whom I owe a huge debt of gratitude for my academic journey.

Prof Ali Mazrui, my mentor's mentor, was a political scientist of international repute. He taught at Makerere University, and several universities in the US, the details of which we need not rehash here. Both belong to the famous Mazrui lineage whose history is inextricably intertwined with that of the East African coast.

## Understandably confusing

Moreover, whereas the younger Mazrui (below) is known as Alamin Mazrui, the late professor is known as Ali Al'amin Mazrui. Their identity is thus understandably confusing. One is reminded of the footbalting twins in Kenya, Simeon Mulama and Titus Mulama, who would sometimes pose an enigma to those who did know them well enough and could not tell them apart. Those who knew the two Mulamas would ask the question: "Which Mulama?" A similar scenario applied to the two Kenyan-born scholars. For some who knew them, the question would always be, "Which Mazrui?"

I met Prof Mazrui twice in my life and I knew less of him than his nephew. First was when he gave the magisterial talk, "From Othello to Obama", at The Ohio State University, in 2008, while I was finalising my PhD dissertation.



It was one of the most well-reasoned and compelling talks I have ever heard. His witicism, originality and brilliance shone through. I can recall the conversation I had with him before and after the presentation. I was struck by his humil-

ity and compassion.

Two years later, he was in the audience when I made a Kiswahili presentation of a paper on his nephew's anthology of poems, *Chembe cha Moyo*, at the African Studies annual conference in San Francisco, California. We talked again before and after my presentation and he continued exhibiting the same humility and compassion. Impressed by my presentation, he insisted I should send Alamin a copy of my paper.

Yet I wonder: Did we really know Prof Ali Mazrui? How can we claim we knew him when we misidentify and misrepresent him? We may join the world in celebrating his life, but have we read his piercing books and articles on the African condition and the African predicament?

I have a feeling that perhaps less than one per cent of Kenyans have ever read his copious academic output, let alone know him as a person. That is why they can only claim connection with him via *Kilio cha Haki*, a book he did not write. Just how bad is our reading culture? Shall we emulate the late professor's thirst for knowledge and fascination with ideas and love for reading?

Whatever the case may be, the world now mourns one of the best and brightest minds. Prof Ali Mazrui had established himself as a brilliant son of the African soil, whose academic star shone far and wide and his works will live long after him.

Prof Ken Walibora is the Quality Manager of Kiswahili Media at Nation Media Group.

# Academic diagnosed Africa's woes, now let us solve them

BY CHARLES RONO

Another academic giant has passed on and little did we realise that while Prof Ali Mazrui has been boldly killing time, time has been quietly killing him.

The most fortunate thing is that the professor has been killing time diagnosing Africa's political problems and perhaps he was expecting time to kill them, but unfortunately time has chosen him.

Unlike other African authors who write within the precincts of their own nations, Prof Mazrui made a name for himself by writing largely about his continent.

It is no wonder in his 1986 book *Africa: The Triple Heritage*, he dismisses the premise of the post-colonial African scholarship that addresses itself to the artificiality of the boundaries of contemporary African states at the expense of the artificiality of the boundaries of the African continent itself.

## Attempts to define

In his *Africanity Redefined*, Mazrui attempts to redefine its meaning across geographical spaces, time, and cultures, and he finds that the resulting definition is dynamic — hence forces us to reject neo-imperialist paradigms and ontologies of what it means to be African.

While many are still grappling with tribal issues that are not national at all, Mazrui is leaving a rich legacy to fellow writers that Africa is bigger than any particular country, and the only way writers can take the continent forward is by addressing issues that affect it as a whole.

Mazrui was criticised by some fellow African writers and academics, with the latest onslaught



FILE | NATION

President Jomo Kenyatta and Vice-President Daniel arap Moi at a public function in the 1970s. Prof Ali Mazrui never feared lashing out at the excesses of Kanu regime. Kenyan scholars should keep his legacy alive.

being staged by the historian, Prof William Ochieng, who saw compliments to Mazrui as too highly prized yet his writings were rather irrelevant to African people.

Prof Ochieng could have picked up the argument from Taban lo Liyong, who once dismissed Mazrui's intellectualism. These critics failed to understand that Mazrui's preoccupation with diagnosis of the African problems could have given rise to the solutions.

Intellectuals have the responsibility of building this continent and their intolerance made Mazrui to engage in writings that appear as an elegy for intellectualism in Africa.

The continent is bleeding and stinking with political excrement. Academic institutions are expected to deliver it from this mess but universities, according to Mazrui, are becoming political too.

It is no wonder he notes in *The African Condition: A Political Diagnosis* that the African Intelligentsia has greatly declined.

The best way to mourn him is for the intellectuals to take a moment of silence in his honour as they reflect on his diagnosis and offer a lasting solution to what he prescribed as Africa's political, social and economic problems.

# Putting scholar's ideals into action is the best way to pay tribute to him

BY BARACK ODUOR

Death has robbed Kenya of an intellectual icon, a Pan Africanist and an idealist.

To me those are the words I can use to describe Prof Ali Mazrui.

Indeed, his fellow late literary giant Chinua Achebe agonised over death as a bad visitor who is difficult to turn away, for if it knocks your door and you tell it you do not have a seat, it will reply you that it has carried its own seat.

Professor Ali Mazrui inspired many, especially budding scholars and academicians.

He encouraged intellectualism with great zest as illustrated in his many works.

What curved Mazrui out as a unique intellect was how he expressed his ideals and beliefs in socio-political issues affecting Africa.

Professor Mazrui described himself as a proponent of a unique ideology of African

liberalism. He was critical of African socialism and all strains of Marxism.

He believed that communism was a Western import and unsuited for the African condition as it was just similar to the earlier colonial attempts to install European type governments.

It is such views that made Mazrui to have run-ins with authorities in most instances.

In 1973, he was forced into exile by the Ugandan dictator Idi Amin for his sharp yet truthful criticism of the then brutal regime.

Being an idealist, Mazrui's

work has been too good to ignore for my intellectual growth, just pick *The Titan of Tanzania: Julius K. Nyerere's Legacy and Protest and Power in Black Africa* (1970) to confirm how Africa has lost a valuable mind.

As a role model, budding scholars should strive to emulate Mazrui in deeds.

In his last speech as Chancellor of Jomo Kenyatta University of Agriculture and Technology (JKUAT) in 2009, Professor Al'amin Mazrui told the students, "each of you has a rendezvous with destiny. Some of you may have an appointment with greatness."

I have no doubt that Mazrui will get a good company of his equal like Chinua Achebe and William Ochieng' in his eternal rest.

May God rest his soul in eternal peace.

Mr Oduor is a teacher, freelance writer and English Language mentor in Burera District, Rwanda.

# Will Mazrui and Ochieng face off in the underworld?

BY OUMAH OTIENO

To the well organised mind, death is but the next great adventure— JK Rowling's, *Harry Potter and the Sorcerers Stone*.

This phrase, coined by the British novelist about death, is a jig-saw fit to describe the fallen Professor Ali Mazrui. Mazrui was a scholar of no mean repute. President Kenyatta, in his message of condolence to Mazrui family, says, "he was a towering academician whose intellectual contributions played a major role in shaping African scholarship".

Maurice Amutabi of Kisii University sometimes back said of the octogenarian: "Mazrui is a global mega scholar, who is a proper globetrotter". In 2005, Mazrui was selected as the 73rd topmost intellectual person in the world on the list of Top 100 Public Intellectuals.

Literary critics mourn the departed by their works when they still had the breath of life to pour out serious ink on paper. I find fodder to mourn Mazrui with his heated and abrasive debates with his literary 'siblings' that appeared in newspaper columns.

Most of us were neonates then. In the 1990s, Nobel Laureate Wole Soyinka never had kind words for Mazrui. He once declared Mazrui non-African, born again Islamic fundamentalist. Mazrui in a hate-love letter, literally begged Soyinka that even if they could not be friends, he wanted this public brawl to end. "Let's settle for the silent wisdom of forgiving. Africa looks up to us as intellectual elders and we have lately been disturbing their peace of mind".

## Tongue lashing

Our own William Ochieng was not left out in the literary tongue lashing with Mazrui. He once dismissed him as "simply overrated".

Just before his demise, Ochieng averred that the professor was irrelevant, adding that he did not hate, love, fear or admire the political scientist. Mazrui tamed his temper but he challenged *Tong Wang' Nyang'* (The Crocodiles Eyeball) to a literary gunfight at Makerere University's Chancellor Hall. Ochieng' never rose to the challenge. Both are now departed. Maybe we expect a debacle of the spirits of the duo in the underworld. This world indeed is a passing cloud. Today you are up and tomorrow, you lie so low. Fare thee well, Ali.

The writer teaches at Ng'iya Girls' High School in Siaya.

To contribute to this page, please send your comments to [satnation@ke.nationmedia.com](mailto:satnation@ke.nationmedia.com) or write to The Editor, Saturday Nation, POB 49010, Nairobi 00100.

# 1933

Year the late Ali Mazrui was born in Mombasa.



MEMORIES GALORE | Nairobi Gymkhana inspires hope and pride amid the game's bleak future

# Chronicles of Kenya's home of cricket capture rich history

Swaran Sodi took seven long years to preserve memories of the game that once put Kenya on the world map

BY JULIET MUTEGI  
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Commemorative bats signed by top teams that have played Kenya in friendly ties at the only International Cricket Council-certified pitch in East and Central Africa adorn the walls.

Also taking the pride of place is the commemorative plate of India's Captain Sachin Tendulkar's 100th test of his career of which only 100 were made.

And while the limited edition plate is on offer on eBay for \$1,500 (Sh127,500), other mementos are priceless such as the solid silver trophy from 1939 that the club won in a snooker completion.

Welcome to the Nairobi Gymkhana Sports Club, often referred to as the Mecca of cricket in Kenya, but is also home to numerous sporting facilities like tennis courts, badminton courts, hockey pitch, swimming pool and card tables.

"We are honoured to be the only club in Kenya with mementos, of this magnitude," says Sandip Shah, the honourable secretary in charge of outdoor sports, including cricket.

Located in Parklands, Nairobi, the club building, which lies at the end of a short driveway, belies the illustrious rich history and heritage of a people and a game that spawns almost nine decades.

The original building that stood there 85 years ago and cost Sh6,000 (it must run into tens of millions now) to build is no more. In its place stands modern buildings and world class sporting facilities that

share its expansive grounds.

So how does one tell the story of an almost century-old institution, one that has shaped and played a major role in shaping a community's social life and physical fitness? One whose members have played a huge role in the history of a community and a nation?

It can be no easy task but one brave man, Mr Swaran Sodi, the club's secretary, took it upon himself to chronicle its rich history by curating the clubs past through its starts and stops and its ultimate triumph that lives through the tenacious spirit of its founding members, their children and ultimately generations to come.

Mr Sodi painstakingly went through the photographs and documents in the club and members' possession in a bid to tell this story and preserve the memories for posterity.

"Just like human memory which fades with time, human life is as transient as it is short. We are here today and tomorrow we are gone and we must leave something behind that will make those that come after us appreciate that we not only lived but we did our part in promoting sports and social welfare," he says.

In a process that took seven years to complete, Mr Sodi with Azma Khan talked to members living in and outside the country to acquire the treasure trove that is now the club's archive. The archives now include priceless documents, photographs and trophies.

Most of the trophies are statement enough that at this club's heart is cricket, a game that not so long ago Kenya ranked in the top five globally.

Top teams quaked at the mention of Kenya and the photographs showing Kenya beating Pakistan in the One Day World Cup in 2001 enjoy the pride of place in the gallery alongside images of illustrious members who have worked hard to develop the game and the club.

The club, which stated as a family affair in 1928 when land



Mr Swaran Sodi, the secretary of the Nairobi Gymkhana Sports Club, in the club's archive room on September 6. The archives are a source of pride and hope to club members and the entire community.

was allocated to the Indian Association by the colonial government, only had facilities for bridge and tennis. This was commendable as at the time, there was little emphasis on sports and leisure activities by the Indian community who concentrated mainly on their business ventures.

People too did not see the need to pay membership fee and so the club was off to a slow start. However, the spirit of philanthropy saw Mr Suleiman Virjee, a wealthy businessman who was active in Indian politics, donate the initial amount to get the club house built and had the sports complex named after him.

The club was officially opened on October 190, 1929 by the Deputy President of the East African Indian National Congress as Suleiman Virjee Indian Gymkhana. It became simply Nairobi Gymkhana in 1972.

Unique among the clubs of its day, it opened its doors to members of the Asian community all shades after the colonial government closed sectarian

clubs whose members turned to the Nairobi Gymkhana.

The club was the first to breach the colour bar when it invited the Europeans to play cricket in 1932.

Nicknamed "Hillwallahs" by the Indians, members of the Westlands club left their breezy hills for a cricket match at the club which the hosts lost. Repeat matches were held which saw the game develop and standards rise with each game.

Mr Sodi, who has been a member since he left his birthplace in Mombasa in the 1950s, is happy to have seen the game grow to world standards. He is, however, sad at its rapid downfall.

"It took us 20 years to build cricket to world class levels. We may not get it back there in our lifetime," he laments.

But he hopes the club, whose membership is open to everyone, after vetting, will look at its archives with pride and give them a hope for the future.

"This will give them a reason to maintain the dignity of this club and perpetuate its tremendous legacy.

## WEEK'S PICK

TODAY  
SONDEKA FESTIVAL 2014

Creatives Garages presents the Sondeka Festival from today till Monday (Mashujaa Day) at the Ngong Race-course, Nairobi. It will feature fashion, Them Mushrooms, H\_art the band, Ricardo Garcia Sarabi among others.

GONDA ZIKI IN VOI

Veteran Sammy Mwambi Mkali and his Tekelezo Gonda Ziki Band on stage with Swahili and Rumba oldies every Friday and Saturday at the Vuria Stand-ard, Kariokor in Voi Town.

BANGAIZA SHOW AT MTWAPA



Club Lambada International at Mtwapa will this evening host the Milele FM Bangaiza One Mic talent contest. It will feature Kenzay, Doggo Richie among others.

KIDUM LIVE IN NYERI

Musician Kidum is set to perform this evening at Impala Seniors Club in Nyeri Town. The pre-Mashujaa Day show starts at 8pm until dawn.

TP OK JAZZ NIGHT IN NAIROBI

The Friends of TP OK Jazz Group will be celebrating the legendary Franco Luambo Makiadi tonight at Egloos Lounge on Mombasa Road in Nairobi. The Rhumba Japan Band and DJ Musa will perform from 6pm until dawn.

GUARANA SMIRNOFF PARTY

Skylux Sports Pub and Grill in Mtwapa presents Guarana Smirnoff party tomorrow, hosted by DJs Bonez, Easy Mike and Mr Vice. Dress code is smart casual.

CNIRBS TRIO JAZZ TRIO

The Goethe-Institut in Nairobi will next Saturday host the Cnirbs Jazz Trio Tours Africa. Meanwhile the same venue will host the Udaa Festival from October 25 - 29.

NAROK MASHUJAA WEEKEND



Mashujaa Weekend Party is on today at Royal Mara Savanna in Narok. Veteran announcer John Karani will play the best of Soul and Reggae. Event starts from 2pm up to dawn.

ST PAULS' UNIVERSITY SHOW

The St Paul's University Mr and Miss Show, part of the Cultural week, will be held this evening at the Main Campus in Limuru. There will be performances by Daddy Owen, Size 8, H\_art the Band, MC Jesse and DJ Mo.

CLASSICAL DINNER

The Hotel Intercontinental in Nairobi will this evening host a Classical dinner featuring Mark Obama Ndesandjo who will treat patrons to the best of classical music.

angaira@ke.nationmedia.com

## Mazrui's pen was one of the most eloquent

CONTINUED FROM PAGE 35

he spoke passionately and eloquently on a subject, his audience would be spell-bound, as if he was a form of a deity. Yet he was also humble and would not shy away from interacting and chatting with people of all walks of life, sometimes even inviting some to his hotel room for a chat.

I must also say that professor was a generous man — not just in sharing his knowledge — but also his resources. I recall that in the 1980s, we had a telephone conversation during which he informed me that he would be presenting a paper at the African Studies Association (ASA) seminar in the US.

I indicated that I would love to listen to him, and he immediately offered me

a return ticket and promised to take care of my upkeep during my stay there. Unfortunately I was unable to take up the offer due to other engagements, but he assured me that the offer was still open any time I was ready to travel.

His life was a kind of an open book, so to speak. He annually released a newsletter through which he shared his accomplishments in the past year, as well as key developments at a personal and family level.

He would then circulate the newsletter to as wide an audience as possible. With this kind of information, I have no doubt his biographer will have more than enough resources to put together a credible work on the life and times of Prof Mazrui. I look forward to publish-

ing such a work.

That was vintage Prof Mazrui — a lover of knowledge; an eloquent debater; a mentor to many; and also a connoisseur of top-class restaurants and good food.

Although he is gone, we are lucky that he has left us with enormous knowledge in the form of the books we published at EAEP; and we are therefore glad that future generations will continue to benefit from his wide knowledge and wisdom. Rest in peace, my good author and friend.

Henry Chakava is the chairman of East African Educational Publishers, and a longtime friend and publisher of Prof Ali Mazrui



“

It took us 20 years to build cricket to world class levels”

Mr Swaran Sodi, Club Sec.



## WORLD

ELEVEN SOLDIERS MISSING, 3  
KILLED IN EAST UKRAINE

Fighters ambushed on their way to check point at Smile village. **Page 41**

**HAEMORRHAGIC FEVER** | Western countries scramble to review safety measures at airports

# World steps up Ebola action as fear of spread rises

WHO to ramp up efforts to help 15 African countries to protect citizens against the virus

GENEVA, Friday

**W**estern countries scrambled to review safety measures at airports and borders on Thursday amid a mounting wave of fear that West Africa's Ebola outbreak will spread worldwide.

As US lawmakers grilled officials over how an infected nurse was allowed to board a crowded flight, European officials promised a review of how passengers from Ebola-hit countries are screened.

The World Health Organisation (WHO) vowed to ramp up its efforts to help 15 African countries protect themselves against the virus, which has already killed around 4,500 people.

France and Spain placed several potential victims under observation and in Liberia, the worst hit country so far, the minister of transport placed herself in quarantine after her driver died.

EU health commissioner Tonio Borg said the bloc would

review exit screening of travellers from Liberia, Guinea and Sierra Leone, in coordination with the WHO.

And EU health ministers, meeting in Brussels, agreed to coordinate measures at entry points to the 28-member Union, although any decision on screening for Ebola rests with individual European countries.

A string of health workers have been evacuated back to Europe from Africa with Ebola, but the only confirmed case of transmission on the continent so far is a Spanish nurse in Madrid.

Doctors in Spain have identified six more cases of possible infection, including a missionary priest who recently returned from Liberia and has shown signs of fever.

## Negative results

And in France, a nurse who had earlier helped treat a returning Ebola patient was taken to a military hospital with what an official called a "suspect fever" — though initial tests for the virus came back negative.

In the US, two nurses who treated a Liberian traveller have now fallen ill, to the embarrassment of health authorities, who faced questioning about how the disease had spread.

Nursing unions claim the Texas hospital where the care givers work had been ill-prepared, and lawmakers are angry that one of the patients was allowed to take a domestic flight despite mild fever symptoms.

As of Sunday, 4,493 people had died out of a total of 8,997 cases, according to the WHO, which has warned that the infection rate could reach 10,000 a week by early December.

The vast majority of the cases have been in Liberia and its neighbours Sierra Leone and Guinea, which are also at the centre of WHO efforts to contain the disease.

Eleven other African countries had also been singled out



PHOTO | AFP

Volunteers arrive to pick up bodies of people who died of the Ebola virus in Freetown on October 8. The world has stepped up efforts to curb the outbreak.

for special assistance.

"We need to make sure it doesn't spread to other countries," Isabelle Nuttall, head of the WHO's alert and response arm, told reporters in Geneva.

Airports in Britain, Canada and the United States have already introduced stepped-up screening of travellers arriving from West Africa.

Senior US lawmakers overseeing homeland security also joined calls Wednesday for a temporary ban on all travel from west Africa.

After convening the second Ebola crisis meeting in as many days at the White House, Presi-

“

We need to make sure it (Ebola) doesn't spread to other countries”

Head of WHO alert and response arm Isabelle Nuttall

dent Barack Obama said he had “no philosophical objection” to a ban, but added he did not think it would be that effective.

While WHO recommends exit screening of passengers from the badly affected countries, it does not recommend entry screening, although the organisation does not oppose it, Nuttall said. (AFP)

## Gunmen seize UN worker in South Sudan

JUBA, Friday

Gunmen have seized a United Nations worker in war-torn South Sudan, the World Food Programme said on Friday in a plea for his release.

“We have not heard from our colleague for almost 24 hours, and we are extremely concerned about his well-being,” WFP chief in South Sudan Eddie Rowe said in a statement.

“WFP demands that his captors release our staff member unharmed.”

The UN worker, a South Sudanese national, was waiting in line for a flight from the northern town of Malakal on Thursday when he was “taken at gunpoint... by eight armed men wearing plain clothes,” WFP added.

It was not clear if the gunmen were from the feared national security, or from another group.

Aid workers have been targeted in the more than 10-month civil war. In August, gunmen killed at least six South Sudanese staff of international aid agencies.

The town of Malakal has changed hands several times in the ongoing civil war, but is now in government control.

Thousands have been killed and almost two million have fled fighting between government troops, mutinous soldiers and ragtag militia divided along tribal lines.

“We are concerned...he was in a line waiting to board a flight, when people just came and took him into a vehicle,” said Bennett Kenyi, the head of the association for local UN workers. (AFP)

## BRIEFLY

ADDIS ABABA

### AU probes rape claims by troops in Somalia

The African Union said on Friday that it had launched a probe into claims its internationally-funded troops in Somalia have gang raped women and girls as young as 12 years, and traded food for sex. AU chief Nkosazana Dlamini-Zuma ordered an investigation after the AU mission in Somalia (AMISOM) was accused of raping women in a damning Human Rights Watch report last month. (AFP)

## REACTION

### Poor response



Former UN secretary-general Kofi Annan (above) delivered stinging criticism of the world's response, charging that wealthy countries were slow to tackle the crisis because it began in Africa.

“If the crisis had hit some other region it probably would have been handled very differently,” he told BBC's programme Newsnight.

## ARE YOU MY FAMILY? RESCUED CHILDREN ASK!

Child Welfare Society of Kenya (CWSK), under the Family Tracing and Reunification Programme is seeking to reunite children and parents who may have been separated from each other.

The Sunday Nation and Taifa Jumapili editions of 19th October 2014 will publish photos of some of these children. Get your copy!

Child Welfare Society of Kenya Contacts: 0713908835 / 0713908826





**RELIEF** | Parliament sits after four months

# Lesotho MPs back to House after coup saga

Global community notably SADC thanked for role in diffusing crisis

MASERU, Friday

Lesotho's King Letsie III re-opened Parliament on Friday amid tight security, the first step in a peace deal aimed at ending a crisis sparked by an attempted military coup.

Opposition parliamentarians celebrated with song and dance on the floor of the legislature, as the chamber sat for the first time for four months.

Prime Minister Tom Thabane (right) had suspended the body in June fearing a vote of no-confidence that could have booted him from power.

The re-opening of Parliament is a key first step in a peace deal following an August 30 coup attempt and will lead to early elections in February 2015.

The king, who is constitutionally restricted to a ceremonial role, thanked the international community — and particularly the 15-nation Southern African Development Community (SADC) — for helping to diffuse the crisis.

"On behalf of the Basotho nation, I would like to express... our deep-rooted gratitude for expeditiously coming to our assistance at this critical moment in our political journey," King

Letsie told the 120-member chamber, as the SADC mediator, South African Deputy President Cyril Ramaphosa, looked on.

As the king filed out, followed by Thabane, his feisty opponents, led by former prime minister Pakalitha Mosisili, then filled the floor, singing and swaying.

"Democracy begins again," said one MP, Kotiti Diholo of the Democratic Congress. "There was no longer democracy in this country, but now we can get back to representing our people."

Thabane returned accompanied by SADC police and officials, who have since hammered out a peace deal among sparring factions. (AFP)

## BACKGROUND

### PM fled hours before attack



On August 30 Thabane fled the tiny kingdom, entirely surrounded by South Africa, hours before the military attacked police installations, in what was seen as part of an orchestrated putsch.

# Nigeria claims deal with Boko Haram on ceasefire

ABUJA, Friday

Nigeria on Friday claimed to have reached a deal with Boko Haram militants on a ceasefire and the release of more than 200 kidnapped schoolgirls but doubts immediately surrounded the purported breakthrough.

Chief of Defence Staff Air Marshal Alex Badeh told senior military officials from Nigeria and Cameroon meeting in Abuja that a "ceasefire agreement" had been concluded between the government and the insurgents.

"I have accordingly directed the service chiefs to ensure immediate compliance with this development," he added.

Badeh's announcement

came after a senior aide to President Goodluck Jonathan, Hassan Tukur, told AFP that an agreement to end hostilities had been reached following talks, as well as for the release of 219 girls held captive since April.

Multiple analysts cast doubt over the credibility of a man called Danladi Ahmadu, whom Tukur claimed represented Boko Haram at the two meetings in neighbouring Chad.

"I have never heard of such a man (Ahmadu) and if Boko Haram wanted to declare a ceasefire it would come from the leader Abubakar Shekau," said Shehu Sani, a Boko Haram expert who has negotiated with the group before on behalf of the government. (AFP)

# Regional bloc says Mozambique vote generally 'fair'

MAPUTO, Friday

Observers for a regional bloc declared Mozambique's national elections free and fair on Friday, after the main opposition Renamo party rejected provisional results.

The Southern African Development Community (SADC) said Wednesday's presidential and legislative elections "were generally peaceful, transparent,

free and fair and credible."

The ruling Frelimo party earlier said it would rely on observers to validate the elections in the face of Renamo crying foul over partial results which put Frelimo ahead.

Early tallies and projections showed Frelimo's Filipe Nyusi headed for victory with around 60 per cent of the vote while Renamo's Afonso Dhlakama was struggling to win 30 per

cent of the ballots.

Renamo said the vote had been seriously flawed and claimed that Dhlakama had won outright, raising the spec-

## 60 pc

Percentage of vote projections showed Frelimo's Filipe Nyusi would garner.

tre of post-election violence.

SADC —made up of 15 member states — has previously been criticised for overlooking irregularities in polls from Zimbabwe to Malawi.

"Both national and international observers were there and watched the process. They will be able to say whether what Renamo says is true or not," Frelimo's spokesman, Damiao Jose told AFP. (AFP)



Your home of value!

## NOTICE OF ANNUAL GENERAL MEETING

**NOTICE IS HEREBY GIVEN** that the 34th Annual General Meeting of the Company will be held on Wednesday, 12<sup>th</sup> November 2014 at the Kenyatta International Conference Centre (KICC) Amphitheatre Nairobi at 10.00 am to transact the following business:

### ORDINARY BUSINESS

1. The Company Secretary to read the notice convening the meeting.
2. To receive, consider, and if deemed appropriate adopt the Accounts for the year ended 30<sup>th</sup> June, 2014 together with the Directors' and Auditors' reports thereon.
3. To approve payment of a final dividend of Kshs 0.30 for each ordinary share of Kshs 5.00 par value on the issued share capital of the Company for the year ended 30 June 2014.
4. Election of Directors:
  - a. In accordance with Article 100 of the Company's Articles of Association Mr. Bartholomew Ragalo retires by rotation and, being eligible, offers himself for re-election.
  - b. In accordance with Article 100 of the Company's Articles of Association the Industrial and Commercial Development Corporation (ICDC) retires by rotation and, being eligible, offers itself for re-election.
5. To confirm the Director's remuneration for the year ended 30<sup>th</sup> June 2014.
6. To note that Ernst & Young (Certified Public Accountants) having expressed their willingness, continue in office as auditors of the company in accordance with the provisions of section 159(2) of the Companies Act (Cap 486) and to authorize the Directors to fix their remuneration.

### Special Business

#### Ordinary Resolution

7. To consider and, if deemed appropriate, to pass the following as an ordinary resolution:

That the nominal share capital of the company be and is hereby increased from Kenya Shillings Three Billion (KShs. 3,000,000,000.00), made up of Kenya Shillings Two Billion Five Hundred Million (Kshs2,500,000,000) comprised of 500,000,000 ordinary shares at a par value of Kshs.

5.00/- each and 25,000,000 preference shares at a par value of Kshs. 20/- each), to Kenya Shillings Four Billion (KShs.4,000,000,000), made up of 700,000,000 ordinary shares at a par value of Kshs. 5.00/- each amounting to Kenya Shillings Three Billion, Five Hundred Million (KShs.3,500,000,000) and 25,000,000 preference shares at a par value of Kshs. 20/- each by the creation of an additional 200,000,000 new ordinary shares at a par value of KShs. 5.00/- each ranking pari passu in all respects with the existing ordinary shares in the capital of the company".

8. To consider and, if deemed appropriate, to pass the following as an ordinary resolution:

That subject to passing of resolution 7 above, the Directors are hereby authorized and directed that such number of ordinary shares of Kenya Shillings 5.00 each in the capital of the Company as shall be determined by the Directors be offered subject to any required regulatory approvals at a price to be determined by the Directors to and amongst the holders of the issued ordinary shares of Kenya Shillings 5.00 each in the capital of the company registered at the close of business on such date and at such price as shall be determined by the Directors and notified to the members through the press or otherwise in proportion to the members respective holdings in the issued share capital of the company, subject to the articles of association of the Company, at such rate and upon such terms as the directors shall think fit and that the Directors be and are hereby authorized to issue such shares and pursue the listing of such shares upon issue on the Main Investment Market Segment of the Nairobi Securities Exchange and all other securities exchanges where the Uchumi Shares are cross-listed and to do all such things as may be necessary to give effect to this resolution and to deal with fractions of shares in such a manner as they think fit and subject to the Articles of Association of the Company.

**By Order of the Board**  
**John Wambugu**  
**Company Secretary**

### Notes:

1. In accordance with Article 100A, any member duly qualified to attend and vote at the meeting may by notice duly signed by him or her and delivered to the Company Secretary at the Head office, Yarrow Road off Nanyuki Road P.O. Box 73167 00200 Nairobi not less than three(3) and not more than (twenty one) 21 days before the date appointed for the annual general meeting, give notice of his intention to propose any other person for election to the Board, such notice is to be accompanied by a notice signed by the person proposed of his or her willingness to be elected.
2. A member entitled to attend and vote at this meeting is entitled to appoint a proxy who need not be a member of the company to attend and vote on his/her behalf. A form may be obtained from the Company's website ([www.uchumi.com](http://www.uchumi.com)) or from the Company's share registrar's, Funguo Registrars Limited, 17<sup>th</sup> Floor Uchumi House, Aga Khan Walk, P.O. Box 45519 – 00100 Nairobi. To be valid, a form of proxy must be duly completed and signed by the member and lodged at the offices of the Company's registrars not later than 10.00am on Monday, 10 November 2014 failing which it will be invalid. In the case of a body corporate the proxy must be under its common seal.
3. A copy of this notice, proxy form and entire annual report and accounts may be viewed on the Company's website at [www.uchumi.com](http://www.uchumi.com) or a printed copy obtained from the Company's share registrars, Funguo Registrars Limited upon request.



AIR STRIKES | Jihadists attacking Syrian town pummelled by US-led fighter-planes

# Warplanes pound IS in Kobane

Washington says it held first direct talks last weekend with Syrian Kurdish group battling the Islamic state

**MURSIPTINAR, Turkey, Friday**

US-led warplanes pummelled jihadists attacking the Syrian town of Kobane on Friday.

This came as the Pentagon said there was no imminent threat to Baghdad despite a wave of deadly bombings.

Six strikes hit Islamic State group positions close to the front line in the east of Kobane, taking advantage of new coordination with the town's Kurdish defenders, the Syrian Observatory for Human Rights said.

In neighbouring Iraq, sandstorms hampered the US-led air campaign against the jihadists, but despite recent advances west of Baghdad, IS is not poised for an assault on the capital, the Pentagon said.

The dawn strikes in Kobane came after US Central Command said American warplanes struck 14 times around the town on Wednesday and Thursday, including "successful" raids on 19 IS-held buildings.

"There is coordination between the Kurdish forces and the Americans," Observatory director Rami Abdel Rahman told AFP.

"The Kurds are giving them the exact coordinates of where



CRISIS

## Massive refugee exodus follows

The month-old IS assault on Kobane has sparked an exodus of some 200,000 mainly Kurdish refugees across the border, where the town's plight has stoked nationalist sentiment among Turkey's own large Kurdish minority.

Ankara's inaction has sparked deadly Kurdish protests that have left 34 people dead and complicated US negotiations with its Nato ally for it to play a bigger role against IS.

Turkish soldiers stand guard by their tank in downtown Diyarbakir on October 8. US-led warplanes hit jihadists attacking the Syrian town of Kobane.

the fighting is."

On Friday, Kurdish fighters faced three attacks by IS militants in the east and near the centre, said the Britain-based Observatory, which has a wide network of sources inside Syria.

Previously, Kurdish commanders in Kobane had complained

of a lack of coordination with US air commanders to ensure support for their fighters on the ground.

Washington revealed it held its first direct talks last weekend with the main Syrian Kurdish group whose forces have been battling IS. (AFP)

PHOTO | AFP

## BRIEFLY

### SEONGNAM

16 killed in collapse at S. Korea pop concert

Sixteen people were killed and nine others seriously injured when a ventilation grate gave way while they were watching an outdoor pop concert in Seongnam south of Seoul on Friday, rescuers said. "They were standing on the ventilation grate to get a better view when it collapsed under their weight," a spokesman for the local fire services told AFP. Rescuers said 16 people were confirmed dead, but added the death toll might rise with some of the injured understood to be in critical condition. (AFP)

### TIRANA

Albanian PM sticks to visit despite mayhem

Albanian Prime Minister Edi Rama will make a planned landmark visit to Serbia despite violence that led to the abandoning of a Serbia-Albania football match, an official in Tirana said on Friday. He will travel to Belgrade on October 22, in the first visit of an Albanian PM to Serbia in 68 years, deputy PM Niko Peleshi told AFP. The Euro 2016 qualifying tie was abandoned after a drone carried a pro-Albanian flag over the stadium. (AFP)

**TREVO AUCTIONEERS**  
**AUCTIONEERS, REPOSSESSORS AND COMMISSION AGENTS**  
Meru Road, off Moi Avenue Opp. Asha Trust Building P.O. Box 85000, code 80100 MOMBASA Telephone: 0722 719163

**PUBLIC AUCTION**  
Duly instructed by our Principals the financiers, we shall sell the under mentioned repossessed motor vehicles by Public Auction on **Monday 27<sup>th</sup> October 2014 at MUNN'S ENT. STORAGE Mombasa** commencing at **10.30 a.m.**

REG. NO.	MAKE	PLACE OF VIEWING
KBK 230A	SUZUKI S/W	MUNN'S ENT. STORAGE MSA
KBK 351S	MITSUBISHI L200 - PICK UP	MUNN'S ENT. STORAGE MSA
KBV 381K	SCANIA PRIMER MOVER	CMC MOTORS MSA
ZE 3507	TRANSTRAILER - TRAILER	CMC MOTORS MSA

**CONDITIONS OF SALE:**  
1. All interested buyers are requested to view and verify the vehicles condition as the Auctioneers or their Principals do not warrant these. Viewing of the vehicles can be done during normal working hours by prior arrangements with the Auctioneers.  
2. The sale of the motor vehicles is subject to reserve prices.  
3. The purchasers of the vehicles will be liable for storage charges from the date of Auction till date of collection.  
4. Bidders shall make a refundable deposit of KShs. 50,000/= to obtain a bidding number.  
5. Confirmed bidders must pay 25% at the fall of the hammer and pay the difference within 7 days failure to which the money paid shall be forfeited.  
6. The Auctioneer reserves the right to reject/accept any bid without giving the reason for doing so.  
**ALL ARE WELCOME**

**Gianta Auctioneers**  
**Auctioneers, Court Brokers, Bailiffs, Official Broker's Investigators, Repossessors & Commission Agents**  
EMBU OFFICE: Uphill Hse, 1<sup>st</sup> Floor, Mama Ngina Street, P.O. Box 2211, Tel: 068-30526, Cell: 0722305599, EMBU. NYERI OFFICE: Sportsview building, 3<sup>rd</sup> Floor, Gakere Road, Tel: 0614011, Cell: 0723232906, 0723111131, NYERI. E MAIL : gianta.auctioneers@yahoo.com

**PUBLIC AUCTION**  
Duly instructed by our Principals, we shall sell by Public Auction below mentioned property. **ON TUESDAY 28<sup>th</sup> OCTOBER 2014 AT 11.00AM OUTSIDE OUR EMBU OFFICE .**

**IN THE MATTER OF REPOSSESSION.**  
**FINANCIER VERSUS EDWARD ANTONY IRERI MUGO**  
Motor Vehicle Reg.No. KAK 085 M - PEUGEOT 504 PICK-UP-poorly maintained.  
**CONDITIONS OF SALE** 1. Cash at the fall of the hammer. 2. Sale is subject to reserve price.

**WHITE SILVER AUCTIONEERS**  
P.o Box 88-20100 Nakuru Tel 0722-486478  
Chege Hse 1<sup>st</sup> flr rm 18 Tom Mboya Street.  
Email: whitesilverauct@mail.com

**PUBLIC AUCTION**  
Duly instructed by our principals, we shall sell the under mentioned motor vehicles by public auction **ON 27<sup>th</sup> OCTOBER, 2014 AT TANGO AUCTIONEERS YARD FROM 10.00 A.M**

No.	REG.	MODEL/MAKE	LOCATION OF SALE
1.	KBR 705K	MITSUBISHI CANTER FH 210	TANGO AUCTIONEERS YARD
2.	KTCB 666G	TRACTOR MASSEY FERGUSON	TANGO AUCTIONEERS YARD
3.	KTWA 590A	TUK-TUK	TANGO AUCTIONEERS YARD
4.	KTCB 530H	TRACTOR MASSEY FERGUSON	TANGO AUCTIONEERS YARD
5.	KTCB 531H	TRACTOR MASSEY FERGUSON	TANGO AUCTIONEERS YARD
6.	KBT 692T/ZE 1538	MAN PRIME MOVER/TRAILER	TANGO AUCTIONEERS YARD

**CONDITIONS FOR SALE** 1.Viewing of the vehicles can be done during normal working hours between 8.00am-5.00 am at Tango Auctioneer's yard near ST MARY PASTORAL CENTRE OPP SECTION 58 ESTATE ,OFF NAKURU - NAROBHI HIGHWAY OPP. NEEMA PCEA church 2. Bidders shall make a refundable deposit of **KSHS. 50,000.00**, to the bank account before allowed to bid.  
3. Balance of purchase price must be paid within 24 hours failing which storage charges shall be leveled and deposit forfeited 4. The auctioneers reserve the right to reject/accept any bid without giving any reason for doing so. 5. Sale will be subject to reserve price.

**Dalali Traders Auctioneers**  
Kijabe Street, next to Universal Church & opp. EA Seed Co. Ltd. PO Box 2213-00100, Nbi  
Tel. 020 2675610 Fax 312201, Cell: 0720 731 252 email: info@dalalitraders.co.ke www.dalalitraders.co.ke

**PUBLIC AUCTION**  
Duly instructed by our principal (the financier), we shall sell by public auction the under mentioned motor vehicles on **Saturday 25th October 2014 at Leakey's Storage Ltd., along Kitui Road** starting at **10:30 a.m.**

	REG. NO.	MAKE	MODEL	TO BE VIEWED AT
1	KAY 868Z	TOYOTA	HILUX D/CAB	LEAKEY'S STORAGE LTD, KITUI ROAD
2	KBY 732F	ISUZU	NQR LORRY	LEAKEY'S STORAGE LTD, KITUI ROAD
3	KBU 052H	MAN	PRIME MOVER	LEAKEY'S STORAGE LTD, KITUI ROAD
4	ZE 2514	OCEAN	TRAILER	LEAKEY'S STORAGE LTD, KITUI ROAD
5	KBV 693P	MITSUBISHI	CANTER	LEAKEY'S STORAGE LTD, KITUI ROAD
6	KBQ 160Z	ISUZU	FRR BUS	LEAKEY'S STORAGE LTD, KITUI ROAD
7	KBX 526E	MAN	PRIME MOVER	LEAKEY'S STORAGE LTD, KITUI ROAD
8	ZE 5748	LOAD	TRAILER	LEAKEY'S STORAGE LTD, KITUI ROAD
9	KAQ 914J	PEUGEOT	PARTNER	LEAKEY'S STORAGE LTD, KITUI ROAD
10	KBV 195A	ISUZU	EXZ TIPPER	LEAKEY'S STORAGE LTD, KITUI ROAD
11	KBQ 085P	MITSUBISHI	CANTER	LEAKEY'S STORAGE LTD, KITUI ROAD
12	KAV 177X	ISUZU	FVX	LEAKEY'S STORAGE LTD, KITUI ROAD
13	KBD 037W	NISSAN	UD MKB 210	KYEVALUKI SERVICES LTD
14	KTCB 062L	MASSEY	FERGUSON TRACTOR	KYEVALUKI SERVICES LTD
15	KAU 249A	MITSUBISHI	FUSO FIGHTER	KYEVALUKI SERVICES LTD

**CONDITIONS OF SALE**  
1. Viewing can be done at the indicated location to verify details as these are not warranted by the auctioneers or our principals.  
2. All interested bidders are required to pay a refundable deposit of **Kshs. 100,000** to obtain a bidding number at our office in form of a Bankers Cheque.  
3. The declared purchaser must deposit 25% of the purchase price by close of business auction day and the balance paid within seven (7) days from the auction date, failure to which the money received including the deposit will be forfeited.  
4. Sale is subject to reasonable reserve price.

**PAWABA AUCTIONEERS**  
Auctioneers, Repossession, Debt Collection, Estate Agent, Realization of Charged Securities, Private Investigators & Commission Agent. HEAD OFFICE Former N.S.S.F Building, Next to Equity Bank., Opp. Co-operative Bank., 1<sup>st</sup> Floor room 7, Moi Avenue P.O. BOX 494, Bungoma. Tel. 0720 553774

**PUBLIC AUCTION**  
Duly instructed by our principals, we shall sell the under mentioned motor vehicles by public auction **ON 27<sup>th</sup> OCTOBER, 2014 AT ELDORET AUCTION CENTRE YARD FROM 10.00 A.M**

No.	REG.	MODEL/MAKE	TO BE VIEWED AT
1.	KBJ 197K	SUBARU IMPREZA	ELDORET AUCTION CENTRE
2.	KTCB 813H	TRACTOR NEW HOLLAND TD 80	ELDORET AUCTION CENTRE
3.	KBQ 857V	SCANIA TIPPER	ELDORET AUCTION CENTRE
4.	KAZ 845B	EICHER MIN BUS - 29 SEATER	ELDORET AUCTION CENTRE
5.	KAL 441H	NISSAN CARAVAN MATATU	ELDORET AUCTION CENTRE

**ON 28TH OCTOBER, 2014 OUTSIDE BUNGOMA POST OFFICE FROM 10.00 A.M**

No.	REG.	MODEL/MAKE	TO BE VIEWED AT
1.	KBB 575S	TOYOTA PRADO	DIMONDE YARD BUNGOMA
2.	KBR 426M	TOYOTA PREMIO	DIMONDE YARD BUNGOMA
3.	KBY 978G	MITSUBISHI FH 215	KITALE CENTRAL FARMERS(CFG)

**CONDITIONS FOR SALE**  
1. Viewing of the vehicles can be done during normal working hours between 8.00am-5.00 am at the respective yards. 2. Bidders shall make a refundable deposit of **KSHS. 50,000.00**, to the bank account before allowed to bid. 3. Balance of purchase price must be paid within 24 hours failing which storage charges shall be leveled and deposit forfeited 4. The auctioneers reserve the right to reject/accept any bid without giving any reason for doing so. 5. Sale will be subject to reserve price.

**INTERNATIONAL ISLAMIC RELIEF ORGANISATION**

Above showing Goats at a Slaughter House being prepared for distribution during Oct' 14 **Idd-Al-Adha** festival in Mombasa and Nairobi by **Mr. Ramadhan** from head office, **Saudi Arabia**, jointly with **Dr. Bothari** (not in pic), Director of **iirosa, Nairobi**.

The people of Kenya, thank the **King** of the Kingdom of **Saudi-Arabia** & the Secretary General of **iirosa** for their enormous assistance.



Mexico towns  
protest over  
seized students

IGUALA, Mexico, Friday

Protesters occupied three town halls in southern Mexico on Thursday to demand the safe return of 43 students who disappeared after gang-linked police attacked them last month.

Students and teachers had threatened to enter all 81 municipalities in Guerrero state in the latest protest over a case that has caused national and international outrage.

But they only managed to seize the municipal buildings of three towns, the government said.

“We don’t have the capacity to seize all 81 municipalities in one day, so the plan is to do it progressively,” said CETEG teachers union spokesman Jose Angel Baron.

In the town of Huamuxtitlan, population 15,000, Mayor Johnny Saucedo told AFP by telephone that some 200 teachers had entered his building.

“We are respectful of the protest,” Saucedo said.

Protesters have also held the municipal headquarters of Chilpancingo, Guerrero’s capital, since Monday.

Guerrero’s CETEG teachers union and students planned to march in the resort city of Acapulco on Friday. (AFP)

BRIEFLY

LONDON

Text from dead granny  
shocks British family

A British family was shocked to receive a text message from their dead grandmother, who had been buried with her phone three years earlier. Lesley Emerson died aged 59 in 2011, and was buried with some of her favourite things including her phone. Her granddaughter Sheri found comfort in continuing to sending messages to her grandmother’s phone. She was stunned last week to get a reply reading “I’m watching over you.” It later emerged that it was being used by a man who was re-assigned the number by the phone company O2. (AFP)

CLASHES | Ambush rocks already battered ceasefire deal between Kiev and pro-Moscow rebels

Eleven soldiers  
missing, 3 dead  
in east Ukraine

Fighters were going to a checkpoint near the village of Smile when they were attacked

KIEV, Friday

Eleven Ukrainian soldiers are missing in action after getting caught in an ambush in the conflict-torn east, while another three were killed in fighting, Kiev’s military said on Friday.

The latest clashes rocked an already battered ceasefire deal between Kiev and pro-Moscow rebels, as President Petro Poroshenko held key talks with Russian leader Vladimir Putin in Milan.

“Yesterday the fighters from a special forces battalion were going to a checkpoint near the village of Smile (Lugansk region) but came across an ambush,” spokesman Vladyslav Seleznyov told AFP.

“Eleven soldiers are missing,” he said, “Several burnt-out Ukrainian armoured vehicles were found on the site of the battle,” he added.

The area near Smile, west of rebel hub Lugansk, has been a flashpoint in the conflict this week. A local pro-Kiev governor said on Wednesday that over 100 soldiers were surrounded by a group of rogue rebels that do not answer to the main separatist leadership.

The rogue rebels, Cossacks who are known as the “Donskoy army,” do not recognise the truce deal signed on September 5.

Kiev’s military also said on Friday that three soldiers were killed over the past 24 hours as fighting with pro-Russian separatists engulfed several hotspots in eastern Ukraine, including the airport on the outskirts of rebel bastion Donetsk.

AFP correspondents heard artillery strikes from the direction of Donetsk airport, the scene of heavy fighting over the past week as separatists try to drive out a



PHOTO | AFP

A serviceman of the pro-Ukrainian Azov battalion stands guard in the centre of Mariupol on Wednesday. Eleven Ukrainian soldiers are missing after an ambush near Smile.

Ukrainian contingent still holding positions there.

Army spokesman Andriy Lysenko said the rebels had attacked the airport three times with mortar guns, tanks and artillery over the past day.

Fighting has reduced the state-of-the-art facility opened for the Euro 2012 football championships to a bullet-ridden carcass as the rebels pelt the terminals from neighbourhoods close by while Ukrainians take cover in the vast below-ground networks.

Kiev said this week the separatists had been increasingly active on the coast of the Azov sea in the Donetsk region, where they

took the town of Novoazovsk in August, but where the government still controls the industrial hub of Mariupol.

Seven civilians died in a Mariupol suburb on Tuesday after shells exploded close to a funeral procession.

“Terrorists are moving forces to Shirokine,” a coastal town about 10km east of Mariupol, Lysenko said. “These forces are being supplied straight from Russia.”

Kiev blamed Moscow for sending Russian troops into Ukraine in August, helping insurgents overtake several areas, including east of Mariupol. Moscow has denied such reports. (AFP)

66

Several burnt Ukrainian armoured vehicles were found on the site of the battle”

Spokesman Vladyslav Seleznyov

Nepal to set up warning system after deadly snowstorm



KATHMANDU, Friday

Nepal’s prime minister has pledged to set up a weather warning system after a Himalayan snowstorm killed 32 people at the height of the trekking season, 17 of them tourists.

Forecasters had predicted the snowstorm, but many walkers appeared to have been caught unawares and were heading to an exposed high mountain pass that forms part of the popular Annapurna Circuit trekking route when it struck.

Keshav Pandey of the Trekking

Agencies’ Association of Nepal (Taana) said it was the worst loss of life in a single day for trekkers, guides and porters in the country and called for a better system to warn tourists.

Nepal’s PM Sushil Koirala (left) pledged to provide better weather information in tourist areas, saying

32

Number of people killed in a deadly Himalayan snowstorm

the loss of life was “extremely tragic at a time when worldwide weather updates are available every second”.

“I want to assure that the government will make efforts to establish early warning centres for weather in the important spots across the country, especially in the Himalayan areas and along rivers,” he said in a statement Thursday.

On Friday, emergency workers on foot and in helicopters resumed their search for survivors, rescuing seven more people, a day after they airlifted over 150, officials said. (AFP)

LETTER FROM AMERICA | Randall Smith

The good, bad and ugly of declining oil prices across the globe

Filling my car’s gasoline tank this week, I was amazed that the cost was one-third cheaper than August.

The reason, I discovered, is a worldwide oil glut that has supply outstripping demand. Fuel-efficient vehicles and new oil producing techniques have changed the world of energy. Texas produces Iran.

All of this is good news for America. The decline in oil prices will be like a tax decrease for the average person, and the good news will surge through the economy in the next few months. Think more spending for iPhones, cars and major appliances. Think more jobs.

But our good news may add to our isolation. As we feel good, there are a

number of economies that will likely suffer. Venezuela and Mexico, which did not save for a rainy day, come first to mind because they are neighbours and large oil exporters.

Might we see more refugees at our southern border? Might the political situation in Venezuela become ungovernable?

Russia has been described as a giant oil company that’s run by a dictator. Indeed, Russia has enjoyed 7% growth in recent years. Vladimir Putin has hero status at home despite the shoot down of passenger-packed Malaysian jet over the skies of Ukraine.

Cheap oil means that Russia’s economy will lose heat, and Putin’s threat to restrict sales to Western

Europe will hold little weight. With a melting arctic cap, the ability to move cheap petrol to needy nations is much easier.

Might this weaken Putin at home? Might it make him easier for the world to deal with?

The Middle East terrorist group, ISIS, is relying on oil sales to fund its caliphate. A decrease might mean less jihadist activity in Europe, America and Australia. It might also tap down violence throughout North Africa.

For China and India, cheaper energy could fuel explosions in construction. But it will also ignite new concerns about the pollution that have made the airports in New Delhi and Beijing off-limits on smoggy days.

But will the American voter get it? The upcoming fall elections, which may turn the Senate into a Republican majority, will hardly produce much rhetoric about the bargain at the pump.

Republicans will not want to give credit to the president and Democrats will not want to associate themselves with Obama. Everyone is running with one eye on the present and another on the 2016 presidential race.

This week, I had the chance to listen to Albie Sachs, a key author of the South African constitution. Sachs, who came close to assassination by pro-apartheid forces, rose to his nation’s highest court. He remains a leading legal intellectual at 79.

Sachs asked the crowd of Americans whether they knew what was the most cited constitution in the world. Nobody – in a crowd of several hundred – could answer the question.

The answer is Canada, said Sachs. Then, he added, that the fact no one could answer the question is a sign of America’s current isolation. You think, he said, of yourselves as the ones who stand out – then, there is the rest of the world.

Like so many events, cheap oil will touch everyone’s shores. Those who appreciate the consequences and context will understand the bigger story.

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# BUSINESS



## OVER 120 COMPANIES SET TO COMPETE FOR FIRE AWARDS

Event aims at helping firms build their brands and position themselves to tap international and local investments. **Page 44**

**CONCERN** | Protection of customer data

## Telco firms lay new strategies to beat hackers

We're doing all we can to ensure data intrusions do not occur, say Safaricom and Airtel chiefs

BY EDWIN MUTAI  
emutai@ke.nationmedia.com.

Telecommunications service providers Safaricom and Bharti Airtel say they are taking the issue of hacking seriously, noting the need to be proactive in protecting customers information.

Speaking at the East African Business Summit in Kigali, Rwanda, yesterday, Safaricom chief executive officer Bob Collymore and Mr Chidi Okpala, director and Africa head of Airtel Money, said they were doing everything to ensure such intrusions do not occur.

"There is potential for the system to be hacked. If you can hack the US State department data and listen to Angela Merkel (German Chancellor) speak over the phone, then the potential for malice is there," Mr Collymore said.

He said telecommunications firms are taking the issue of hacking very seriously. "It has not happened so far but we are taking every serious step to mitigate the risks of hacking," he said.

# 236

The estimated number of mobile money transfer platforms worldwide

The summit, which was organised by Nation Media Group, Citi Bank, KPMG, Deloitte, PwC and Serena Hotels, ended yesterday.

The two also said the government, and in particular Kenya Revenue Authority, had not asked the two firms for mobile data of customers for taxation purposes.

"There is due process and regulations on how we use customer data. The taxman can go to court and obtain court orders. We will never allow the law to be broken. We are service providers," Mr Okpala told business chief executives and government officials at the forum.

While discussing "Information and communications technology (Accelerating the brave new world of m-commerce)," Mr Collymore said Safaricom will not sell any of its customer's data. "Customers didn't sign up for us to sell their data. Like banks, we can't sell or reveal their data. There is a lot of trust in mobile money. We understand the value and potential damage of the information we have."

"We can only operate within the law. If the law doesn't provide that we share data, we can't share data with the government, and if it does we will cooperate," he said.

Mr Raymond Jumah, the head of New Products and Innovations, Comzafrica, a telecommunications service provider, said there was a need for platforms that create convergence.

"Launch of mobile money platforms is encouraging. There are about 236 mobile money transfer platforms in world."

He said that as technology solution providers, Comzafrica is putting forth a platform that will deliver mobile solutions and bring financial firms into the loop.

**SLOW PACE** | Motorists want road upgrade hastened



Massive construction and upgrade of Kisauni Road, Mombasa, yesterday. Motorists are calling for speedy completion of the project to ease transport. The road is a key link to Mombasa and Malindi, and has for long been in a deplorable state.

KEVIN ODIT | NATION

## Airtel to start cross-border mobile money transfer service

BY NATION CORRESPONDENT

Airtel has announced plans to launch cross-border mobile money transfers for its customers in Kenya, Rwanda and Uganda.

The service will allow Airtel customers to transfer money across borders as well as top up airtime and data seamlessly. It will also allow customers to pay utility bills, buy goods and services and withdraw cash at selected automated teller machines (ATM).

"This is a first in market initiative across Africa and will enable Airtel Money customers to send, receive and withdraw money from their Airtel Money wallets," Mr Chidi Okpala, director and Airtel Money head, said in a statement.

The telecommunications service provider said the pilot phase will kick off on November 1, 2014 in Kenya, Uganda, Tanzania and Rwanda after approval by central banks in these countries.

# “

A big virtual barrier has been removed and our customers will be able to transact with ease across national borders,"

**Mr Chidi Okpala, Airtel Money head and director**

The pilot project will also enable Bank of Africa customers in Kenya and Uganda to send and receive money across the two countries.

Airtel, which runs operations in 20 countries across Asia and Africa, plans to roll out the service to other operations within a year.

Mobile commerce is gaining importance in the region for its huge role in speeding up transactions, saving time and money for people and businesses.



PHOTO | LABAN WALLOGA.

Pwani Fresh production supervisor Pius Nduti leads Kilifi county deputy governor Kenneth Kamto and his team on a tour of the newly opened factory yesterday.

## Invest in dairy industry, Coast farmers urged

BY NATION CORRESPONDENT

The Kenya Dairy Board is asking farmers to invest in the dairy industry at the Coast to help reduce milk deficit in the region.

The board's managing director, Mr Machira Gichohi, speaking at the official opening of Pwani Fresh Milk processing factory in Mtwapa, Kilifi County, urged farmers to invest in productive cattle, as opposed to indigenous breeds that produce minimal milk.

Mr Gichohi told farmers to use modern technology and get better breeds to deal

with milk scarcity. He said Pwani Fresh factory, at Mtepeni, is a relief to farmers who have been frustrated following the collapse of Mariakani Milk Scheme.

"This is an alternative market for milk," he said of the factory whose production capacity is 30,000 litres daily.

Mr Gachohi praised Pwani Fresh for establishing the plant, saying it would offer employment to the community and improve farmer's income.

"We are proud of the growth of the dairy industry. This year we have launched two dairy processing plants. This initiative at the Coast is the second," he added.

He said the country has 29 milk plants which process about 1.2 million litres of fresh milk daily.

"Coast region has a low production capacity of milk and a deficit. With the new plant, there is an opportunity for farmers to take advantage of the market," he said.

The factory, which is currently producing 10,000 litres of milk daily, was officially opened by Kilifi deputy governor Kenneth Kamto on behalf of County Governor Amason Kingi.

He was accompanied by Kilifi South MP Mustafa Idd.



**PROSPECTS** | Kenyan goods to continue being subjected to tariffs until EU accepts the country into MAR group

# Relief as Dar signs EAC pact with EU to bail out Kenya

Move gives Kenya exporters hope that they could soon start exporting goods duty free to Europe after ratification of EPAs

BY AGGREY MUTAMBO  
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amutambo@ke.nationmedia.com

Tanzania last night signed the European Union-East Africa Community trade pact, paving the way for the document to be forwarded to the European market for ratification.

The move gives Kenya exporters hope that they could soon start exporting goods duty free to Europe.

On Tuesday, EAC and the European Union reached a solution on the

Economic Partnership Agreements (EPAs), which would allow Kenya and other EAC partners to avoid duty charged on goods exported to EU markets.

But while four EAC countries — Kenya, Uganda, Rwanda and Burundi — had put their initials on the text, Tanzania asked to “consult” first before signing.

Such a position would have been costly to Kenya because it would further delay the process to include it in a list of countries benefiting from duty free exports to the EU.

## Would not start

The EU Delegation to Kenya's Trade, Counsellor Christophe De Vroey, had indicated that without Tanzania signing to the text, the process to exempt Kenya from duty would not start.

“We await Tanzania to initial [the text] before we can start internal EU procedures to reinstate Kenya into the list of beneficiaries of the MAR.

“Once this procedure is started, it will take between three and six months for Kenya to benefit again from DFQF (duty-free quota free) access,” he told the *Nation* on Thursday.

On Friday, EU confirmed that Tanzania had appended its initials to the document. It is not clear what Tanzania had wanted to consult on, or whether its demands were finally met.

Since October 1, Kenyan exports to the EU fell under a category called the



PHOTO | PSCU

Presidents Uhuru Kenyatta (left) and Paul Kagame (Rwanda) at this week's East Africa Business Summit in Kigali, Rwanda. While four EAC countries — Kenya, Uganda, Rwanda and Burundi — had put their initials on the EPA text on Tuesday, Tanzania asked for more time to ‘consult’ before signing.

Generalised System of Preferences (GSP), away from the Market Access Regulations (MAR) which had been in existence since January 2008.

Under MAR, Kenya enjoyed duty-free quota-free access to EU markets. The change of regime to GSP means this privilege is a reserve for countries that have ratified EPAs with the EU.

Most Kenyan agricultural goods will now be subject to various EU GSP tariffs until the EU fully implements

the agreement by accepting Kenya back into the MAR.

According to the Kenya Flower Council, exporters will be paying about Sh600 million as duty, meaning they could lose at least Sh3.6 billion by the time Kenya is accepted back into the MAR fold.

On Thursday, Foreign Affairs PS Karanja Kibicho could not confirm whether traders would be refunded the duty, only saying they were still negotiating with the EU on the matter.

## Bid to tarmack Kitale-Uganda road backed

BY NATION CORRESPONDENT

The Kenyan and Ugandan governments are working jointly to tarmack a highway joining the two states to spur economic development.

Speaking in Trans Nzoia, Roads Cabinet Secretary Michael Kamau said the two governments want the highway from Kitale in Kenya to Kapchorwa in Uganda tarmacked.

## Open up development

“We are working with the African Development Bank to see to it that the highway, which is currently a rough road, is tarmacked,” Mr Kamau said in Kitale.

Local Governor Patrick Khaemba had called for tarmacking of the road to open up developments at the Suam border, which links the county to Uganda.

“Our plans to have 100 acres — which are part of a forest at Kenya/Ugandan border of Suam — converted into a market can only be fruitful if the highway is tarmacked,” said the Governor.

## Dismissed claims

The Cabinet Secretary dismissed claims by the Opposition that the government had favoured Central Kenya in road construction.

Saboti MP David Wafula supported the CS on this, saying: “I have personally had a chance to travel to parts of Central Kenya like Kirinyaga and claims that the road network in the region is magnificent are lies.”

The cabinet secretary, who was to commission a bridge at Motosiet in Cherang'any, was accompanied by Senator Ziporah Kittony, MP David Wafula and area women rep Janet Nangabo.

66

The process to reinstate Kenya into the list of MAR beneficiaries will take three to six months

Mr Christophe De Vroey,  
EU Counsellor

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**PUBLIC AUCTION**  
Duly instructed by the Financiers and pursuant to court orders we shall sell the listed Motor Vehicles by Public Auction.  
ON MONDAY 27<sup>th</sup> DAY OF OCTOBER, 2014 AT OUR OFFICE YARD AT 11.00A.M.  

VEHICLE MODEL	REG. NO.	LOCATION
SUBARU FORESTER - AIR BREAK	KBY 914 A	NYALUOYO AUCTIONEERS YARD, KISUMU
TOYOTA FIELDER	KBV 383 T	NYALUOYO AUCTIONEERS YARD, KISUMU

**TERMS OF SALE:** CASH AT THE FALL OF THE HAMMER!!!!!!!

**Immediate Auctioneers**  
Trishul Towers, next to Fig Tree Hotel  
2nd Floor, Suite No10, Muranga Road, Ngara.  
P.O. Box 75185 00200, NAIROBI, KENYA  
Cell: 0722 530 515 / 0737 910 180,  
Email: immediateauctioneers@gmail.com  
**PUBLIC AUCTION**  
Duly instructed by our principals the FINANCIERS we shall sell by PUBLIC AUCTION the under mentioned motor vehicles on MONDAY 27<sup>th</sup> OCTOBER 2014 at KAREN AUTO GALLERY next to HILCREST SCHOOL adjacent to TOTAL PETROL STATION Karen/Langata road starting from 11.00 am.  

REG NO	MAKE	VIEWED AT
KBY 051Q	SUBARU FORESTER	Karen auto gallery
KHMA 578B	CASE POCLAIN EXCAVATOR	Karen auto gallery
KUR 241	ISUZU DIRECT LORRY	Karen auto gallery
KBU 036X	ISUZU ELF LORRY	Karen auto gallery

**TERMS AND CONDITIONS**  
1. All interested buyers are requested to view and verify all the details of the motor vehicle as these are not warranted by the auctioneer.  
2. A refundable deposit of ksh 50,000.00 by way of bankers cheque strictly to be paid to obtain a bidding number  
3. The motor vehicle to be sold on as 'is where is' basis.

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0714 138473  
Email: timelessauctioneers@gmail.com  
**PUBLIC AUCTION**  
**IN THE MATTER OF REPOSSESSION OF MOTOR VEHICLES**  
Duly instructed by our principals the FINANCIERS, we shall sell by public auction the under mentioned motor vehicles at MUNENE STORAGE YARD, THIKA opposite Thika High School - On Monday 27<sup>th</sup> October, 2014, starting at 11 am.  

REG.NO	MAKE / MODEL	TO BE VIEWED AT
KBU 342Y	TOYOTA PREMIO	MUNENE STORAGE YARD, THIKA
KBX 577L	NISSAN XTRAIL	MUNENE STORAGE YARD, THIKA
KBT 812X	ISUZU CXZ LORRY	MUNENE STORAGE YARD, THIKA
KZP 316	NISSAN B12	MUNENE STORAGE YARD, THIKA
KBW 395G	ASHOK LEYLAND TIPPER	MUNENE STORAGE YARD, THIKA
KAW 296U	TOYOTA CORSA	MUNENE STORAGE YARD, THIKA

**CONDITIONS OF SALE**  
1. All interested bidders are required to view the motor vehicles and verify the details by themselves as these are not warranted by the Auctioneers or the financiers.  
2. All interested bidders will be required to first make a refundable deposit of Kshs. 50,000.00 by bankers cheque only to obtain a bidding number. Please note that there will be no bidding whatsoever without the bidding number.  
3. A deposit of 25% must be paid by close of business the same day and the balance to be paid on the following day.  
4. The auctioneer reserves the right to reject/accept any bid without giving a reason for doing so.  
5. The sale of the above motor vehicles is subject to a reserve price.  
*Champions in Recovery.*

**M & A REGISTRARS**  
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P. O. BOX 51820 - 00200, NAIROBI  
RE: KARURA FARMERS COMPANY LIMITED  
TO ALL SHAREHOLDERS  
**ANNUAL GENERAL MEETING**  
**NOTICE IS HEREBY GIVEN TO ALL SHAREHOLDERS / MEMBERS OF THE ABOVE NAMED COMPANY THAT THERE WILL BE AN ANNUAL GENERAL MEETING ON SUNDAY 9TH NOVEMBER 2014 AT 12.00 NOON AT DELIVERANCE CHURCH HALL - MWIKI**  
**THE AGENDA WILL BE AS FOLLOWS:**  
(1). Reading of notice of the meeting  
(2). Reading and confirmation of the minutes of the last meeting  
(3). Matters arising out of the minutes  
(4). Chairman's report  
(5). Reading of auditor's report and accounts  
(6). Confirmation of the auditor's appointment  
(7). Election of the board of directors  
(8). A.O.B  
BY ORDER OF THE BOARD OF DIRECTORS  
M & A REGISTRARS



**DIVERSE** | Kenya to be represented by 108 corporates, Uganda and Tanzania five entries each and Rwanda four

# Over 120 firms set to compete for FiRe awards

Event aims at helping firms build their brands and position themselves to tap international and local investments

BY LILIAN OCHIENG  
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laochieng@ke.nationmedia.com

Over 120 corporate organisations from East Africa are set to compete for excellence in financial transparency and ac-

countability on Friday next week in Nairobi. The FiRe Award team is focused on rewarding corporates to help them build their brands and position them to tap local and international investments. Themed “Enhancing your Brand through Integrated Reporting”, this year’s awards are slated for October 24 at Safari Park Hotel. “The awards have attracted high profile guests; among them Bernard Ndung’u, Accountant General, and Institute of Chartered Accountants in England and Wales (ICAEW) director for Middle East, Africa and



“The awards promote transparency, integrity, and accountability in financial reporting, Institute of Certified Public Accountants of Kenya CEO Patrick Ngumi (right)

South Asia, Mr Michael Armstrong,” said Institute of Certified Public Accountants of Kenya (ICPAK) CEO, Patrick Ngumi. Kenya will be represented by 108 corporates, while Uganda and Tanzania have five entries and Rwanda four. Last year, a total of 136 entries

by corporates in the entire region were made. The reduction in the number of entrants this year has been attributed to fewer entries made by the public sector and Saccos. The team has now created a public sector category for the 2015 edition of the Financial Reporting Award. This will compel the sector to compete effectively in the coming edition. According to NSE acting chief executive, Mr Andrew Wachira, firms listed on the stock market also need to observe good governance. “The awards are thorough; they promote transparency, integrity, and accountability in financial reporting. They comply with International Financial Reporting Standards (IFRS), Capital Markets Authority (CMA) Guidelines on corporate governance, and promote disclosures on social and environmental initiatives,” added Mr Ngumi. The team wants all sectors to keep up with global reporting trends, which keep changing. Mr Paul Muthaura, acting chief executive of the CMA, said the awards play an important role in developing East Africa as a viable investment market.

NAIROBI SECURITIES EXCHANGE							
Last 12 Mths		Security	Prices		Yesterday	Previous	Shares
High	Low						
Agricultural							
46.00	23.50	Eaagads Ord 1.25		43.50	43.25	6,500	
215.00	81.00	Kakuzi Ord 5.00			210.00		
167.00	110.00	Kapchorua Tea Co Ord 5.00		174.00	165.00	2,200	
965.00	460.00	The Limuru Tea Co. Ord 20.00			900.00		
30.00	24.50	Rea Vipingo Plantations Ord 5.00			27.50		
19.95	12.80	Sasini Ltd Ord 1.00		14.40	14.10	7,600	
320.00	210.00	Williamson Tea Kenya Ord 5.00		300.00	306.00	400	
Automobiles & Accessories							
52.00	21.50	Car & General (K) Ord 5.00		52.00	51.50	63,600	
-	-	CMC Holdings Ord 0.50			13.50		
13.00	8.00	Marshall's (E.A.) Ord 5.00		10.40	11.05	1,600	
9.40	4.50	Sameer Africa Ord 5.00		6.50	6.50	19,600	
Banking							
19.15	15.30	Barclays Bank Ord 0.50		16.95	16.90	364,400	
155.00	68.00	CFC Stanbic of Kenya Holdings Ord 5.00		126.00	125.00	9,700	
280.00	166.00	Diamond Trust Bank Ord 4.00		259.00	260.00	1,000	
63.00	29.50	Equity Bank Ord 0.50		50.50	50.50	1,493,300	
53.00	23.75	Housing Finance Co Ord 5.00		46.25	45.75	21,800	
147.00	85.00	I & M Holdings Ltd Ord 1.00		135.00	135.00	900	
62.00	41.25	KCB Ord 1.00		57.00	58.00	4,193,100	
39.25	18.60	NBK Ord 5.00		27.25	27.50	31,700	
85.00	54.50	NIC Bank Ord 5.00		66.00	67.00	17,300	
350.00	280.00	StandardChartered Ord 5.00		339.00	339.00	2,200	
25.00	14.80	Co-op Bank of Kenya Ord 1.00		21.75	21.50	219,900	
Commercial & Services							
8.50	3.55	Express Ord 5.00		7.80	7.50	2,000	
-	-	Hutchings Biemer Ord 5.00			20.25		
14.70	8.30	Kenya Airways Ord 5.00		8.85	8.85	326,800	
30.75	5.00	Longhorn Kenya Ord 1.00		22.00	22.00	431,800	
345.00	296.00	Nation Media Group Ord. 2.50		310.00	310.00	600	
78.00	40.00	ScanGroup Ord. 1.00		45.50	46.25	4,900	
38.75	25.00	Standard Group Ord 5.00		38.50	38.50	6,700	
53.00	32.00	TPS EA (Serena) Ord 1.00		36.25	36.25	16,000	
23.00	9.75	Uchumi Supermarket Ord 5.00		10.30	9.90	49,600	
Construction & Allied							
98.50	84.00	ARM Cement Ord 1.00		87.00	88.50	13,600	
220.00	146.00	Bamburi Cement Ord 5.00			157.00		
124.00	60.00	Crown Paints Kenya Ord 5.00			119.00		
18.00	13.50	E.A.Cables Ord 0.50		16.80	16.75	28,000	
110.00	52.00	E.A.Portland Cement Ord 5.00		70.50	70.50	100	
Energy & Petroleum							
17.90	8.70	KenGen Ord 2.50		12.50	11.95	739,900	
10.50	7.90	KenolKobil Ltd Ord 0.05		9.65	9.70	512,500	
16.00	12.85	KP&LC Ord 2.50		15.05	15.05	62,800	
7.50	6.70	KP&LC 4% Pref:20.00			8.00		
-	-	KP&LC 7% Pref:20.00			5.50		
32.00	15.85	Total Kenya Ord 5.00		27.50	27.75	1,000	
26.50	13.00	Umeme Ltd Ord 0.50		21.25	20.00	1,100	
Insurance							
37.75	7.80	British American Investments Co.0.10		28.25	28.75	321,600	
12.40	4.20	CIC Insurance Group Ord 1.00		10.55	10.60	959,500	
500.00	255.00	Jubilee Holdings Ord 5.00		436.00	422.00	4,500	
21.00	13.10	Kenya Re Corporation Ord 2.50		17.85	17.90	35,100	
24.75	11.05	Liberty Kenya Holdings Ord 1.00		22.50	22.50	91,300	
145.00	55.00	Pan Africa Insurance Ord 5.00		125.00	125.00	300	
Investment							
84.50	22.75	Centum Investment Co Ord 0.50		58.50	59.50	190,400	
10.85	3.50	Olympia Capital Holdings Ord 5.00		3.70	3.40	100	
37.75	19.50	Trans-Century LtdOrd 0.50		19.90	19.95	18,200	

Investment Services						
28.00	15.00	Nairobi Securities Exchange. Ord 4.00		21.75	21.75	132,500
Manufacturing & Allied						
-	-	A.Baumann & Co. Ord 5.00			11.10	
190.00	113.00	B.O.C Kenya Ord 5.00		150.00	157.00	6,000
1000.00	521.00	British American Tobacco Kenya Ord 10.00		998.00	999.00	43,100
67.50	25.00	Carbacid Investments Ord 5.00		25.00	26.25	71,500
346.00	212.00	East African Breweries Ord 2.00		273.00	275.00	1,080,400
5.35	2.40	Eveready EA Ord 1.00		3.90	3.85	88,200
150.00	4.40	Kenya Orchards Ord 5.00		146.00	140.00	300
4.20	1.85	Mumias Sugar Co. Ord 2.00		1.95	1.90	915,200
56.50	15.00	Unga Group Ord 5.00		44.75	46.75	9,400
Telecommunication & Technology						
13.50	7.45	Safaricom Ltd Ord. 0.05		12.15	12.50	3,332,500
Growth & Enterprise Market Segment (GEMS)						
17.50	3.20	Home Afrika Ltd Ord. 1.00		4.35	4.20	493,800
NSE All Share Index(NASI)-(1 Jan 2008=100 Down 1.17 points to close at 160.42						
NSE 20 Share Index Dwn 10.22 points to close at 5279.88 Equity Turnover- 792,789,567 Prv 650,300,163						
BANK RATES						
		Euro	\$	£	C\$	SF
ABC	buy	112.81	89.25	141.91	-	93.46
	sell	113.11	89.45	142.27	-	93.71
Barclays	buy	113.60	88.50	142.75	78.82	94.07
	sell	114.03	89.05	143.25	79.14	94.48
Co-op	buy	113.71	88.85	142.82	78.91	94.17
	sell	113.98	89.05	143.18	79.13	94.40
Equity	buy	112.80	8.25	142.00	80.50	93.36
	sell	113.34	89.45	142.65	80.80	93.98
NBK	buy	113.27	88.50	142.30	78.59	93.78
	sell	114.54	89.50	143.85	79.51	94.90
KCB	buy	113.90	89.00	143.20	79.00	94.15
	sell	114.10	89.20	143.60	79.40	94.65
CBA	buy	112.90	89.25	141.90	78.00	93.50
	sell	113.30	89.45	142.30	78.60	93.80
CFC Stanbic	buy	113.96	89.80	142.88	78.89	94.20
	sell	114.00	89.00	143.21	79.07	94.41
GulfAfrican	buy	113.78	88.90	142.91	78.95	94.23
	sell	114.06	89.10	143.25	79.16	94.47
FCB	buy	112.80	89.00	143.10	79.40	93.20
	sell	113.20	89.20	143.50	79.70	93.50
Prime	buy	113.80	89.00	143.20	79.20	94.30
	sell	114.20	89.30	143.70	79.60	94.70
CBK RATES						
		Mean		Buy		Sell
1 US Dollar		88.9792		88.9000		89.0583
1 Sterling Pound		143.0717		142.9333		143.2100
1 Euro		113.9936		113.8850		114.1022
1 South African Rand		8.0079		7.9985		8.0172
Ksh/Ush		30.0633		29.9803		30.1462
1 Ksh/Tsh		18.9820		18.9090		19.0551
1 Ksh/Rwanda Franc		7.7603		7.6916		7.8290
1 Ksh/Burundi Franc		17.6448		17.3482		17.9415
1 UAE Dirham		24.2245		24.2023		24.2468
1 Canadian Dollar		78.9958		78.9100		79.0816
1 Swiss Franc		94.3656		94.2622		94.4689
100 Japanese Yen		83.9087		83.8339		83.9836
1 Swedish Kroner		12.4151		12.4016		12.4286
1 Norwegian Kroner		13.5803		13.5628		13.5978
1 Danish Kroner		15.3046		15.2904		15.3187
1 Indian Rupee		1.4444		1.4432		1.4455
1 Hong Kong Dollar		11.4693		11.4591		11.4795
1 Singapore Dollar		69.8396		69.7747		69.9045
1 Saudi Riyal		23.7196		23.6972		23.7419
1 Chinese Yuan		14.5220		14.5043		14.5397
1 Australian Dollar		77.7990		77.7075		77.8904

UNIT TRUSTS			
		Daily Yield	Effective Annual Rate
Money Market Funds			
African Alliance Kenya Shilling Fund	Kenya Shilling	7.34%	7.59%
Old Mutual Money Market Fund	Kenya Shilling	7.16%	7.40%
British-American Money Market Fund	Kenya Shilling	10.49%	11.06%
Stanlib Money Market Fund	Kenya Shilling	9.36%	9.77%
CBA Market Fund	Kenya Shilling	6.09%	6.20%
CIC Money Market Fund	Kenya Shilling	10.66%	11.19%
Zimele Money Market Fund	Kenya Shilling	9.0%	9.31%
Amana Shilling Fund	Kenya Shilling	9.75%	10.20%
ICEA Money Market Fund	Kenya Shilling	8.49%	8.86%
Madison Asset Money Market Fund	Kenya Shilling	10.02%	10.49%
GenCap Hela Fund	Kenya Shilling	12.31%	12.89%
UAP Money Market Fund	Kenya Shilling	10.88%	11.49%
Fixed Income Funds/Equity Funds/Balanced Funds			
		Buy	Sell
African Alliance Fixed Income Fund	Kenya Shilling	11.46	11.09
CIC Fixed Income Fund	Kenya Shilling	9.10	9.33
Standard Investment Income Fund	Kenya Shilling	94.91	95.85
UAP Enhanced Income Fund	Kenya Shilling	10.33	10.84
African Alliance Kenya Equity Fund	Kenya Shilling	208.94	196.22
ICEA Equity Fund	Kenya Shilling	157.22	165.49
British-American Equity Fund	Kenya Shilling	215.09	221.93
CBA Equity Fund	Kenya Shilling	166.70	176.97
CIC Equity Fund	Kenya Shilling	14.68	15.45
Old Mutual Equity Fund	Kenya Shilling	402.73	431.51
Stanlib Equity Fund	Kenya Shilling	188.01	188.01
Madison Asset Equity Fund	Kenya Shilling	51.56	54.73
GenCap Hisa Fund	Kenya Shilling	136.44	131.67
African Alliance Managed Fund	Kenya Shilling	22.92	21.584
British-American Managed Retirement Fund	Kenya Shilling	137.59	138.75
ICEA Growth Fund	Kenya Shilling	149.80	157.68
Amana Growth Fund	Kenya Shilling	114.58	114.58
British-American Balanced Fund	Kenya Shilling	196.92	202.68
CIC Balanced Fund	Kenya Shilling	13.79	14.41
Old Mutual Balanced Fund/Toboa	Kenya Shilling	161.26	171.72
Madison Asset Balanced Fund	Kenya Shilling	66.55	70.22
Amana Balanced Fund	Kenya Shilling	115.48	115.48
Zimele Balanced Fund	Kenya Shilling	5.88	6.06
Stanlib Balanced Fund	Kenya Shilling	131.10	131.10
GenCap Eneza Fund	Kenya Shilling	131.42	126.82
GenCap Iman Fund	Kenya Shilling	118.96	113.02



## NAIROBI & UP COUNTRY

## PERSONAL NOTICES

### A109 Lost

**LOST** title deed no Juja /Komo block 1/1235 for Harun Gacheru Ngochi

**LTK** / Kimana/ Tikondo/ 4982/ mary/ nyambura/ waruhari/ simon, njuguna/ waruhari, hycinth/ wambui/ waruhari

**OLKARIA** / 1735/ James Wangara/ Lemuyo/ ltk /Kajiado

### A116 Marriage

**BOOSTER** Business Lover back 24hrs Job Wealth Marriage exams Debt Pay after Work 0737-661187 MASA

**CHEATING** spouses software www.little-spy.com 0722735768

**DO** you want a certain man/woman 2 marry u? Is she/he unfaithful & want him/her to commit to u alone? want back ur partner & restore ur love? etc. Sowali 0722140527, 0735849923

**LONELY?** SMS LOVE to 22450

**LONELY** singles sms 0714385103

**ZAMBA** Mapenzi 30mins business wealth pass exams interviews job infertility pay after work 0705982429

## PERSONAL SERVICES

### A181 Beauty

**Aromatherapy** W/lan ds 0722542568

### A188 Counselling

**PRAYER/PROPHECY** 0724656654

### A202 Entertainment

**PARTY** ladies Club Caldino 3rd fl China Centre Ngong Rd

### A230 Health

**0723408602** Men's delay

**0723408602** Men's desire

**0723408602** Men's Max high stamina

**0723408602** Men's Max size

**0723408602** Reduce pot in Mombasa

**0723408602** short time & failure

**0724401749** size delay hardrock 150

**PRO-EXTENDER** machine (USA) for size. 100% guarantee 0722506355

### A258 Marriage & Family Counselling

**VISIT** Mohamad for solutions to all your problems like; troubled marriages, job promotion, business boost etc 0720006094

## INTERIOR DESIGN

### B947 Designer Services

**INTERIOR DESIGNER**  
ARE YOU LOOKING FOR A PROFESSIONAL DESIGN SOLUTION IN THE FOLLOWING?:

- KITCHEN
- WARDROBES
- TV UNIT
- FIRE PLACE
- CEILINGS
- FLOORS
- FURNITURE
- COLOUR

**Consult the Designer of some of the best homes in Runda, Karen, Nyali and Muthaiga.**  
**STEPHEN M. MBIYU**  
**0734 91 93 85 / 0708 72 85 02**

## PETS & LIVESTOCK

### B015 Poultry

**Kienyeji** Chicks Kuroiler 0773889309

**POULTRY** Equip feeder drinker cages & incubator 0711344702

## COMMERCIAL

### B462 Business for Sale

**BAR& Rest** T/Mboya 5.7m 0721495742

**PRIVATE** School in Utawala. Call owner 0722101864, 0770682342

**QSALE** Tissue & toilet paper factory & matterial 6M neg 0722333734

### B476 Business Opportunities

**INVEST** &earn 10% pm. 0772541948

### B490 Computer Services

**SPEED** Camera detector 0719747406

### B525 Financial

**020-2245564** spot loans on Toshiba, Macpros& HP Laptops btwn 20K-50K

**GET** loans Upto Kshs. 500,000/= using your log book we donot hold your car. Call 0715612623, 0735612623

**WE** Advance cash against your m/vehicle T/deed 0713266196

### B827 Web Hosting/Design

**WEBHOSTING** +Free domain www.sasahost.co.ke 0713478555

## FOR SALE OR WANTED

### A822 Computers

**Lptop&Mac\***repair i buy dead 0721486136

**SACCO** software free WWW.LT.CO.KE

### A906 Secondhand

**CLOTHES, SHOES** 0721850966

## REPAIR & MAINTENANCE

### B324 Building

**WE** Sell & apply walmaster 0723587437

## WHERE TO STAY

### A571 Hotels

**GLORY** Palace Hotel 1000/- per person bb call: 0723176777,0722410172

**@SELDOM Hotel**-Murang'a rd: For accommodation single 1000/=-. Meetings Conferences & Satelite TV 0722 820601, 0722511159

**@UPRUMYS** Hotel Parkroad For accomm. single 600/= Meetings Confe rences 0711154488, 0722511159

**RABI-HOTEL,** Ngara, Limuru rd.For accom. single 1200/=-. Conferences, meetings. Ample secured parking and Satelite TV 0721557367,0722511159

## TOURS & TRAVEL

### B895 Travel Services

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**Contact us for:**

- Visa processing
- Hotel bookings
- Airport transfer liaison services in Gaungzhou, China

**Continum Consult – Nrb office Tel : +254 731 091120 Email: continuumconsult@gmail.com**

## SITUATIONS VACANT

### B243 Domestic/Casual Jobs

**5H**/girls wntd good sal+off 0722702558

**COSMETICS** Sales pple 0720360071

### B250 General

**(10)** trailer turnboy boys drivers cliner s/recpt 0710-140142 rqd Biva hse

**165** Form 4 lvr& above wanted in Tascan Mkting in Nairobi West. in sales promos, distrbn 7000 wkly free interviews & training 0714526654

**170** Form 4 lvr& above wanted, in tascan mktn g. Ngara sales promos & dstbn 7000 wkly free interviews & training 0712857055 0708615542

**CANADIAN** jobs 0722560332

**PHARMTECS** rgd; 0720754460

**P.TIME** jobs 48k 0729140349

**SMS** R4 to 20214 for latest job vacancies in Kenya

**YOUTH** job avail 0706148192

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## SITUATIONS WANTED

### B277 Domestic/Casual Jobs

**0722516342,** 0721834778 trained h/g

## EDUCATIONAL

### B403 Colleges

**TOEL** Sat Gre Gmat Ashwood Moi Avenue 0722-806535, 0722-386058

# MOTORS

## MOTORCYCLES & BICYCLES

## HEAVY COMMERCIAL

### B227 Containers

**CONTAINER** sale @195k 0720713627

## MOTOR VEHICLES

### B049 Car Hire

**0700128555** rav4, Voxy, saloon new, modern, f/lid, variety from 2500/- p.d

**0700210756** nze noah 1500 p/d

**0702936871** premio wish 2k pd

**0711691656NEW** cars @ 2k

**0715512367** new cars @ 2kpd

**EDEN** Rent a car, Saloon cars, 4x4, Prados, Limousines, Pick -ups, Voxy, 0723719444, 0786515786

**CAR** hire 2k/24hr 0733208698

**CARS** 4 hire 1900/= p/d minimum 14 days. Tel 0733579660

**CARS** Wanted 40-300k 0722-110779

**CARS** wanted 50-150k 0722837352

**PATRAVEL** wants new cars 4 long term hire btwn 50-160k 0727949916

**SPEED** Camera detector 0719747406

**VICTOR** car hire 0722379197

### B077 For Sale, Dealers

**TOYOTA** hilux importer fully loaded grade a+..Largest stock.Dealer price.Call mohamad 0714344360 stock hiluxkenya.Com

### B085 For Sale, Private

**TOY/110** KAQ mnl 335k 0714805753

**T/Vitz** KBB white, a/t,cln 349k 0714805753

**FAW** CANTER KBA 958, 8ton white body 2007 price 1.5M 0720-25 45 75

**ISUZU** Matatu NPR KAS 29pax 850k 0722490167

**ISUZU** NKR bus KBj 1.5M 0726932880

**MAZDA** 6 bs 390k 0733705877

**MAZDA** Demio silver 0724827720

**MIT** 4D32 KAM I.25M 0722238985

**MITS** FH 215 AQ I.6m 0722459257

**NIS-B** 14 efi 260k 0733705877

**PEUGEOT** 504 s/wagon 7 seater 1991 model v/clean 0733-898033

**PROBOX** KBT 480k 0722238985

**S.REXTON** '03 KCA 780k 0716324937

**SUBARU** Forester, Turbo, Wine Red, '02, 800k Lady Owner 0722 734365

**T/Allex** BW v/c 580K 0735713404

**T/FIELDER** 05' v/c 650K 0735156625

**T/rav4** 03' N/SHP I.4M 0724942262

**T/Shark** KBj & BN man 980k 0708605935

**TOWNACE** 08' BZ 1500cc 0722780929

**TOY/** Vitz 370k KBH 0721762895 Ami

**TOY** Axio 2007 manual G-edn low mileage fully loaded asking 1.05M ono 0720794291/ 0736000487

**TOYOTA** doublecab 4x4 local year 2010 2.8M Call: 0725986616

**TOYOTA** Isis KBV 850k fully loaded leather int. 0722-893609

**TOYOTA** Prado KBT 07 Petrol auto sunroof 2.85m 0735631931

**TOY** Premio KBN new model 800k clean 0729670553 or 0722575679

**TPORTE** black KCA I.SL 0721310992

**T/SUCCEED** 680k kbz 0773117149

**UDMK210**KASI.8m neg 0726932880

**VW** jetta 07 1.2m 0739975920

### B086 Lorries For Sale

**FAW** Tipper KBB 1.9M 0733411078

**SINOTRUK** Tipper 7.6 prime movers 5.8 zero mileage 0723772918

### B113 Motor Vehicle Repairs

**LANDROVER**specialist 0721289283

### B148 Tyres, Spares and Accessories

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**Baricho Road, Ind. Area**  
**Off Lusaka Rd**  
**Mob: 0721 777 567**

## RESIDENTIAL & BUSINESS PROPERTIES

### B740 Land, Plots for Sale

**NGONG/KIBIKO** 1/8 900k owner

**ISINYA** 1, 2&5 ac 200m from tarmac,l ac 800m from tarmac,l ac 2KM from tarmac 0737777779

**JUJA** Farm 50x100 300k Titles 0720938283, 0705147102 Pattmos

**KAHAWASUKARI** plot 0711330727

**KAREN** 1.lacre Ndege road, masai-lane 1acre, bomas 1/2ac 0722899288

**KAYOLE** plot on tarmac 0726617684

**KISERIAN** 1acre 10.5M 0721495742

**KISUMET** 200acre @50k Olodarik 160acre @35K call 0726562270

**KITENGELA** 1/4 acre 0722899288

**KITENGELA** milimani 1/8ac opposite sinkeet sec. 1.6m tel 0724 230 139

**KITENGELA** Town 1/2 acre, prime third row Call 0724 516 455.

**LAIKIPIA** 990 acre 0700529492

**LAND** 0.0485ha @1.35m fxd 500mtrs frm Kbu/Banana Rd h2o /elec call V.Kamoni 0734333144

**MURANGA** Samar 44ac 0723488507

**MURERA** Darasa 40x60 300K payable in installment 0711438404

**MWIKI** Academy 2.5M 0725790936

**OTHAYA** Town 1/4acre 0722373390

**RUAKA** 100x100q 0705010006

**RUIRU** 50x100, 650k. 40x60, 800k. 450k, 250k, Ready Titles 0720938283, 0705147102 Pattmos

**RUIRU** Kamakis 1/8 1m 0722899288

**RUIRU** resd. 1/8ac 3.5m 0722638305

**TASIA** 50x100 plot 0702283479

**THIKA** jumapili near breaburn 121\*71m 0714001314

**THIKA** Landless PhaseI 1/4acre 0722501238

**THOME-I** 1/4,1/2,& 1ac 0722899288

**UMOJA** Innercore plot 0722786196

### B768 Premises, Offices to Let

**CHEAP** Furn offices 0728692695

**KAREN** shops to let 20,000/ no goodwill 0721287392 0724640011

**Offices** Riara Rd: 17K-100K 0724744838

**UHURU** shop centre 0725418079

### B782 Properties for Sale

**4** b/d all-ensuite bungalow on 1/8ac Kitengela 8.5M 0705952941

**ALL** - Ensuite 4/bd massionette on 1/8 ac w/dsq Kitengela 12.5M 0727295171

**BARAKA** Embakasi 3br 0722899288

**BLOCK** of flats Thika rd 0722899288

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**BURU-BURU** ph 5 ext 0722899288

**FEDHA** Estate 4bedroom maisonette Kshs. 17m ono Call 072262654

**KAREN** Hardy 4br on 1/2acre red soil on tarmac sale!! 40M 0722899288



**Death and Funeral Announcement**

It is with humble acceptance of God's will that we announce the death of our beloved father Mzee Samuel Njeru Ndambiri on Tuesday 14/10/2014 at Jamii Hospital, Karatina.

Loving husband of Mama Mary Wambui Njeru. Son of the late Ndambiri Nyaga and Tabitha Wagicugu. Brother of Esther Njogu, Arabina Micere and the late Apollo Gichobi. Father of John Gacore, Immaculate Muthoni Njeru (KRA), the late Charles Gachanja, Titus Magu, Salome Njeri, Cecily Wacuka Njaguara (USA), Ann Wambura Kubasu, Peter Njogu, Andrew Gitari and Mercy Micere Muriuki. Father-in-law of Ann Wamunyu, Dominic Ogeto (Judiciary), Rose Wanjiku, Washington Njaguara (USA), Hudson Kubasu (East Africa Publishers) and John Muriuki (JKIA). He leaves behind 15 grandchildren.

Family and friends are meeting daily at his home at Kariru village, Gichugu Division, Kirinyaga County. The cortege leaves Kibugi Funeral Home, Kutus, on 21st October 2014 at 10.00am for burial at his home in Kariru village.

**"Give thanks to God in all circumstances, for this is God's will for you in Christ Jesus."**  
(1 Thes.5:18)



**Samuel Njeru Ndambiri**

1937 - 14/10/2014

**Death and Funeral Announcement**

It is with deep sorrow that we announce the death of James Edward Mukunya Mwangi which occurred on 13/10/2014 through a tragic road accident along Nanyuki-Isiolo road. He was working with Caritas project in the Catholic Church Archdiocese of Isiolo. Son of Catherine Muthoni Mukunya and the late Dr. Charles Mwangi Ngatia. Brother of Joseph Naphtali Ngatia Mwangi and Joyce Grace Wambui Mwangi. Fiancé of Catherine Wamuyu Kanyua.

Friends and relatives are meeting daily at Tumutumu and Unjiru homes.

The cortege leaves Tumutumu mission hospital mortuary on 22/10/2014 at 8.00am for Unjiru Catholic Church. The funeral mass will start at 10.00 am and burial thereafter at Unjiru, Kabi village, Mathira West, Nyeri County.



**James Edward Mukunya Mwangi**

**In God's hands you rest, in our hearts you live forever**

**Death and Funeral Announcement**

It is with humble acceptance of God's will that we announce the death of Saveth Wandia Makewa, wife of the late David Makewa Mwalavu which occurred on the 12/10/2014 at Makueni Hospital.

Daughter of Muoki Ngiti and Sarah Kavaka. Mother of Rev. Patrick Makewa, James Ndolo, Prof. Lazarus Ndiku of Baraton University, Pst. Shadrack Mwanza, Abednego Nzomo, Titus Kituku, Ann Mwikali, Maanzo and the late Agnes Ndinda. Daughters in law, Christine, Dr. Hellen Mueni, Regina, Rhodah and Peninah. Siblings, Mwelu, Ndunge, Mueni, Josiah, Maweu, Monicah, and the late Mutuku and Wambua. Grandchildren: Kyama, Mwendwa, Kioko, Mueni, Makewa and David among others.

The cortege leaves Makueni Hospital at 10:00AM on Tuesday, 21-10-2014. Funeral service and burial will be held at her Ndauni home, Kalawa, Makueni County the same day.

**I have fought a good fight, I have finished the race, and I have kept the faith.**  
2 Timothy 4: 7



**Saveth Wandia Makewa**

**Death and Funeral Announcement**

It is with humble acceptance of God's will that we announce the sudden demise of our mother Rosebella Anyango Ogwang' on Wednesday, 15/10/14 after a short illness.

Daughter of the late Daniel Aroka and Orpa Dede of Konyango Majieri. Wife of the Late George Timon Ogwang'. Co-wife of Mary Ogwang' and the late Francisca Ogwang'. Mother of Lillian & George Ronga, Pamela & Emmanuel Nakittare, the late Eunice & Samuel Oliech, Phoebe & Martin Owino, Hallorine Achieng, Josephine, Edward, Kenneth (USA), Kennedy, Calvin, Lydia, Florence, Nancy, Martin, Mildren among others. Sister of Dorcas Nyakiti, the late Peris Oluoch, the late Daudi Aroka, John Aroka, Prof. Muga, Nathaniel, Truphosa among others. Sister-in-law of Dr. Samuel Abuna Ocholla, Elisha Ocholla (USA), Hanna, Esther, the late Teresa, Eucabeth Dudi, Japheth, the late Nyakiti, Thomas Oluoch among others. Aunt of Eric, Tewdora, Beckey, Flora, Edward, Onyango, Pamela, Maggie, Caroline, Lynne among others. Grandmother of Charles, Derick, Faith, Brian, Loreen among others. Great grandmother of many.

Family and friends are meeting at Harambee Estate. A fund-raising for funeral expenses will be held on Tuesday, 21<sup>st</sup> October 2014 at All Saints Cathedral from 6.00 pm. There will be a church service on Wednesday, 22<sup>nd</sup> October 2014 at Maxwell SDA Church Milimani from 12 noon. Burial will take place on Friday 24<sup>th</sup> October 2014 at her home in Kendu Bay Oriang' Manywanda Pap Korato Village.

**Rest In Peace Min Hallorine.**



**Rosebella Anyango Ogwang'**

**6th Anniversary**

Days turned to weeks, weeks to months and months to six years now since God called you to eternal rest.

Words can never express the pain we felt, we wish you would be here with us but we thank God for the time we had together. Your values are a pillar to our lives

Fondly missed by your husband Dickson, Daughters Christine, Elizabeth, Grace, Sons Jacob, Remmy, Peter, Sammy, Grand daughters Ivy, Lavette, Glad, brothers, sisters, relatives, friends and colleagues.

**"In God's hands you rest, in our hearts you live forever. Rest in Peace mum"**



**Gladys Ambwonya Afude**

**Celebration of a Life Well Lived**

We regret to announce the untimely death of Mama Timina Imali Mbato which occurred on 14th October 2014.

Beloved wife of the late Hannington Mbato. Mother of the late Renson Mbato, James Mbato, Prof. Grace Mbagaya, Jack, Mary, Rose, Margaret, Dr. P. Mbato, Esther, Ben, Hellen, Emmy and Edgar Mbato. Sister in law of the late Hezron Kedogo, and late Leah Kihusa. Mother-in-law of Gideon Mbagaya, Dan Osore, Jack Olweny, Joel Imbisi, Benard Ayuko, Maurice Onzere and late Wafula.

The body is lying at Avenue hospital mortuary, Kisumu. Family and friends are meeting at her Chanderema home, and in Nairobi for burial arrangements. Family and Friends will be meeting on Sunday, 19th Oct 2014 at 2:00 pm at Friends Church, Ngong road for a fundraiser to cover medical bills. Similar meeting will be held at Chanderema Farm on same day at 10:00 am. Burial will be on 25th October 2014 at her home in Vihiga, Chanderema farm.

**May God rest her soul in eternal peace.**



**Timina Imali Mbato**

**Death and Funeral Announcement**

It is with humble acceptance of God's will that we announce the demise of Elishiba Wanjiru Macharia on Monday 13th October 2014.

Wife of the late Peter Macharia. Mother of Lily Wachuka, Joan Muthoni, Evans Muita James Maina and Charles Muriuki. Mother-in-law, sweet and loving grandmother and great grandmother of many.

The cortege leaves Jamii Nursing home Karatina on Monday 20th October, 2014 at 9.00 am for funeral service at A.C.K Kiagwaci church and thereafter burial ceremony at her home in Kariti village.

**"You have fought a good fight, you have finished the race, you have kept the faith"**  
Fare thee well Mum.



**Elishiba Wanjiru Macharia**

**Death Announcement**

**Francis Ndichu Thaiya**

We announce the death of a great man who touched everyone's life around him. Francis Ndichu Thaiya went to be with the Lord on Thursday 16 October, 2014 at his home.

Loving husband of Nancy Njeri Ndichu formerly of Express Kenya Ltd. Father of Mark Antony Thaiya and Dr. Christine Wanjiru Thaiya, Atlanta, Georgia; Jennifer Wanjiku, Southampton, UK; Wangong'u Ndichu, Advocate and Dr. Muthoni Junghae and Esther Wambui Ndichu, Brussels, Belgium. Grandfather of Yasmina, Mikaella, Myesha, Matthew, Razaq and Wanjiku.

Son of the late Thaiya wa Kahaki and the late Lois Njeri (Gitaigwa). Brother of John Mungai Thaiya, Endarasha. Son-in-law of the late Rufus Wangongu and Esther Wambui Wangong'u.

Friends and Family are meeting daily at his residence and at Holy Family Basilica main hall from Tuesday, 21 October at 5:30pm.

A mass will be held at his Karen home on Sunday 19 October 2014 at 3:00pm

Burial details will be announced later.

**And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Roman 8:28**

**I AM GETTING  
READY TO GO  
HOW AM I  
DOING IT? I'M  
LAYING ASIDE  
EVERY  
WEIGHT AND  
SIN THAT DOES  
SO EASILY  
BESET ME AND  
I'M GETTING  
LIGHT FOR THE  
FLIGHT.**

**WILLIE MAY  
FORD SMITH**

**1st Anniversary & Appreciation**

**Daniel Gathira "D.G."**  
1928 - 20.10.2013

One year today, the Almighty Father called you home to rest. The Gathira family express our sincere gratitude and appreciation for the support and love received from all friends, relatives and well wishers following the demise of our beloved Daniel. We remain touched and comforted by your kind gesture.

We thank Dr. Julius Kiboi, Prof. Kioy, Dr. Nancy Ngugi, Dr. Maina Kanyo, Drs. and Nurses, and the Caregivers team led by Faith Malavu. Our thanks to Fr. Antony-Vincentian, Fr. John OLQP, Fr. Bill, Fr. Simon, Fr. Manuel, Fr. Augustine OLQOP, Fr. Vincent Kameri of Sacred Heart, Fr. Kinuthia Mang'u Parish, Father John Marie Nkoroi C. Church, The Little Sisters of Jesus, Msola Sisters all of South B.

Thanks also to: St. Annuarite & St. Augustine Christian Communities South B, the S.B. fraternity and friends who stood and prayed with us every day tirelessly. Special thanks go to the organizing committees back home and in Nairobi. We thank all those in one way or another went out of their way to participate by way of prayer, contribution and kindness. Since it's not possible to thank each one individually, kindly accept this message as an expression of our deepest gratitude.

With his humour and energy DG contributed to the lives of many. He was generous, loving and dynamic. Oh how we love him, we miss his laughter very much. Our Hero, Our Shujaa!

In God's presence you rest, in our hearts you remain forever. Amen

Mass will be held at Our Lady Queen of Peace Church, Mariakani South B, on Monday 20th at 9:00 am.



# SATURDAY NATION Sport



## BIRTHDAY BOY ELS LEADS BY TWO STROKES IN HONG KONG

Ernie Els marked his 45th birthday in style by grabbing the halfway lead at the \$1.3m Hong Kong Open yesterday, as defending champion Miguel Angel Jimenez missed the cut. Four-time major winner Els shot a five-under-par 65 to lie on nine-under, two strokes ahead of the chasing pack.

IMPALA FLOODLIT | Varsity lads Mean Machine face formidable Harlequins

## KCB seek 'Wanyore' revenge

Bankers take on a Nakuru side that denied them glory last season

BY AYUMBA AYODI  
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It's battle royal when champions Kenya Commercial Bank (KCB) take on Nakuru as Mean Machine confront Kenya Harlequin in enticing Impala Floodlit semi-finals today at the Impala Sports Club ground.

The bankers are gunning for their fourth Cup success and also revenge against the Rift Valley side that denied them the Kenya Cup and Enterprise Cup.

Nakuru, fondly called Wanyore, are seeking their maiden Impala Floodlit title, but must first shut down KCB when they clash from 7.30pm.

### Take home title

Nine-time champions Mean Machine have vowed to take home the title. Will they walk their talk against a formidable Quins that has won the diadem three times.

Interestingly, the last time Machine and Quins met at Impala Floodlit final was three decades ago when the varsity students won 6-3. It was the second edition of the event.

The final will be held on October 25 with the winners pocketing Sh200,000.

Fans could also get goodies. Tournament sponsors South Africa Airways have offered a trip for two to South Africa for the Nelson Mandela Bay Sevens to be won through a ticket raffle that will be conducted on



CHRIS OMOLLO | NATION  
Harlequins' Paul Abulo (right) charges forward as Mwamba's Greg Ochieng looks on during Impala Floodlit tournament quarter-finals last weekend at Impala Club. Quins face Mean Machine in today's semis.

the day of the finals. Other sponsors are Airtel, Keringet Water, South Africa Breweries Millers, Resolution Insurance and Standard Chartered Bank.

Wanyore, sponsored by Top Fry oil, weathered stiff challenge from Homeboyz to win 30-8 while KCB staged a magnificent rally from 0-11 at the break to tame hosts Impala Saracens 25-19 in

the quarters last weekend. KCB coach Curtis Olago should stick to his winning side.

Scrum half Felix Wanjala, who stepped from the bench to change the fortunes of the bankers will retain his position.

Second row Brian Sagara, loose-head Curtis Lilako and blind side flanker and captain Philip Wamae will lead the mobile KCB pack.

## Kimetto in 2014 IAAF awards final shortlist

BY COPPERFIELD LAGAT  
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Dennis Kimetto is set to crown a memorable year with a huge pay cheque and an avalanche of awards after Kenya's new world marathon record holder made the final shortlist of three for the 2014 IAAF World Athlete of the Year Award unveiled yesterday.

Kimetto's brilliant run in Berlin last month, when he became the first man to run a sub-two hours three minutes marathon with his new mark on 2:02.57, saw him listed alongside Qatar's long-jump sensation Mutaz Essa Barshim and French pole vault champion Renaud Lavillenie to fight for the biggest recognition in athletics.

According to a statement from IAAF yesterday, the women's final three shortlist features Ethiopia's middle distance star Genzebe Dibaba, Dutch European sprints champion Dafne Schippers and decorated Kiwi thrower Valerie Adams.

The International Athletics Foundation (IAF) Council, headed by Prince Albert of Monaco, will select the male and female winners during the 2014 World Athletics Gala in Monaco on Friday, November 21 with the winners taking home trophies and a \$100,000 (Sh8.9 million).

Already, Kimetto has been named "Marathon runner of the year" by the Association of International Marathons and Distance Races (AIMS). Qatar's Barshim landed onto the global list after a scintil-

lating 2014 Diamond League performance, winning the high jump in six meets out of the 14 in the series.

Barshim, born to a Qatari father and a Sudanese mother, had a brilliant season this year, scooping four gold medals titles at the World Indoor Championships, Asian Indoor Athletics Championships and Asian Games.

He is the Olympic bronze medalist and has won Asian Indoor champion three times in a row.

Kimetto emerged the undisputed winner of the AIMS award after the selection panel judged that no one else could come close to his performances.

The 29-year-old Kimetto won last year's Chicago and

## 2:02.57

Dennis Kimetto's World record-breaking time at the 2014 Berlin Marathon

closed his World Majors season by shattering the world record in Berlin last month.

"Dennis had a good run this year and the highest apex of his career is when he broke the world record in Berlin Marathon. As Volare Sports, we celebrate and feel happy for Kimetto's IAAF and AIMS nominations. He is a determined, humble and patient," said Gerard van de Veen, Kimetto's manager at Volare Sport said.

The AIMS women's award will be fought between World Marathon Majors champion Rita Jeptoo and world half marathon record holder Florence Kiplagat.

## Gatlin dumped from World Athlete of the Year shortlist

US sprinter Justin Gatlin has been ditched from the final shortlist for World Athlete of the Year, the International Association of Athletics Federations (IAAF) revealed yesterday.

Gatlin, who has twice served doping bans, was a controversial inclusion on the original 10-man shortlist announced on October 3.

The prospect of a convicted drugs cheat winning the IAAF's athlete of the year award caused outrage in some quarters.

Gatlin, the 2004 Olympic 100m gold medallist and double sprint world champion in 2005, belied



his 32 years during an incredible season which saw him record the three fastest times this year in the 100 metres, and the fastest times in the 100m and 200m ever by a man in his 30s.

But there will be relief that Gatlin has not made the final shortlist of three names.

## Kenya bids to host Africa U-19 cricket World Cup qualifiers

BY RICHARD MWANGI  
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Kenya is the only country that has applied to host the forthcoming Africa Under-19 World Cup qualifiers set for February next year.

Speaking yesterday at the Cricket Kenya offices at Ruaraka Sports Club, chief executive officer of Africa Cricket Association, Cassim Suliman, said: "We want Kenya to host it (the Africa Under-19 World Cup qualifiers). It is time we brought cricket back here."

Suliman (right) said the ACA is waiting for the International

Cricket Council to carry out a security check but confirmed that the body is fully supporting Kenya's bid.

Five countries (Kenya, Uganda, Tanzania, Namibia and Nigeria) will fight it out for a single slot reserved for ICC Africa's associate members in the 2016 World Cup slated for Bangladesh.

"The ACA executive committee meeting held in Nairobi on Thursday at Ruaraka Sports Club was the first one outside South Africa," said Suliman.

He added: "We met here as a way of showing the world that Nairobi was a secure place. We

were happy to see what there is in terms of cricket facilities. Kenya has cricket grounds which are capable of hosting both one day international and Test matches."

Nairobi Gymkhana, Ruaraka Sports Club, Nairobi Jaffreys, Nairobi Club and Mombasa Sports Club were elevated to ODI status by ICC years ago. Only security concerns have kept teams at bay.

Suliman also said that Africa Super Sixes and Africa Cup 50-over championship that made their debut in South Africa last month, will be an annual event. Kenya won the inaugural



tournaments. Sponsors of the event, Global Software Solutions, have made commitment to have next year's championships in Zimbabwe.

"It is our intention that the tournaments rotate from one African country to another," he said.



## Hockey action moves to Mombasa for annual Sana Cup



BY BRIAN YONGA  
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The Kenya Hockey Union (KHU) league takes a break this weekend to pave way for the annual Sana Cup in Mombasa.

The fifth edition of the tournament, which will be played at the Goan Institute and Mombasa Sports Club, has attracted 23 teams.

Nairobi Simba (men) and USIU-A (women) are the defending champions in their respective categories. Nairobi Simba are in Pool A where they will come up against USIU Deno and Pwani University.

Simba will however miss the services of the suspended duo of international forwards Davies Wanjungu and George Mutira. The 2012 champions will also look to put a troubled week behind them which saw them lose their appeal to be declared last season's runners up.

"We were distraught after losing the appeal, but we have to put that behind us and forge ahead. This is an important tournament and we have prepared well to defend it," said Nairobi Simba coach Inderjit Matharu (left).

League champions Kenya Police are in Pool B along with home team Mvita A and Greensharks. Their match

against Greensharks is expected to produce fireworks with the champions already having lost to the latter in the league this season.

Ladies' defending champions USIU and last year's the runners up Telkom Orange have both entered two teams for the event. Telkom Orange are in Pool A with USIU Chicklets, Pwani University and University of Nairobi.

Pool B has USIU Spartans, Mombasa Sports Club, St John's Kaloleni, Telkom Young Rovers and Daystar University. The tournament is in honour of Angelo De Souza founder of Baobab Hockey Club and also chairman of Coast Hockey Association.

## Gor keen on widening gap at the summit



BY CELLESTINE OLOILO  
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With just four rounds of matches remaining, the Kenyan Premier League title race enters the most crucial stage this weekend.

After second-placed Sofapaka slashed Gor Mahia's lead to a single point on Thursday, all eyes now shift to the latter's meeting with Mathare United tomorrow at City Stadium.

Gor Mahia captain Jerim Onyango and his deputy David 'Calabar' Owino will return to club duty after featuring for Harambee Stars in an international friendly match against Morocco earlier in the week.

The two will be joined by Timothy Otieno, who has shaken off a bout of malaria that cost him a place in the national squad.

The club has also confirmed the availability of the league's top scorer Dan Sserunkuma (pictured), who jetted into the country yesterday evening together with Ugandan compatriots Godfrey Walusimbi and Geoffrey Kizito from an Africa Cup of Nations qualifying match

“

We intend to win all the remaining matches but do not consider any team as a weak opponent at this point”

**Frank Ouna, assistant coach Gor Mahia**

against Togo.

The club's assistant coach Frank Ouna said this is a match they can't afford to lose, given that their next match will be against Sofapaka.

"We are prepared to fight until the end because we had anticipated that the race would go down to the wire. We intend to win all the remaining matches but do not consider any team as a weak opponent at this point," Ouna said.

Mathare will go into the match in the backdrop of a 1-0 loss to former champions Tusker. In today's only fixtures, Ulinzi Stars will host Western Stima at Afraha Stadium in Nakuru as bottom side Top Fry All Stars take on Bandari in Mombasa. Defeat for Top Fry, who have 16 points from 26 matches, will surely confirm their relegation from the top flight league.

Third-placed Tusker, who are six points off the pace, will wrap up the weekend fixtures with a duel against Muhoroni Youth in a floodlit fixture at Safaricom Kasarani Stadium tomorrow at 8pm.

**KPL Fixtures - Today:** Ulinzi Stars v Western Stima (City-2pm), Bandari v Top Fry (Mombasa-3pm). **Tomorrow:** Gor Mahia v Mathare United (City-2pm), Sony Sugar v City Stars (Awendo-3pm), KCB v Chemellil Sugar (Kasarani-5:30pm), Tusker v Muhoroni (Kasarani-8pm)

**BASKETBALL |** Only two women's league matches lined up on a busy weekend of top action

## Co-op Bank face Tigers in top of the table clash

Regular season's top spot at stake as league leaders and champs lock horns at Kasarani today

BY CAXTON APOLLO  
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Twenty-three matches are on the cards in this weekend's fixtures of the men's basketball Premier League, with the stand-out tie being between champions Co-operative Bank and leaders USIU-A Tigers.

Tigers, who are on top of the 16-team table with 49 points from 26 matches, will be out to deny second-placed Co-op Bank (44 points) a chance to bridge the gap when the two teams clash this evening from 6pm at Kasarani.

Tigers will return to the same court on Monday to tackle a much-improved Nairobi Aviation College. Last weekend, Co-op Bank suffered a set back in their bid to finish top in the regular season when Strathmore University shocked them 69-63.

### Enjoying great run

The results came barely 24 hours after they narrowly beat Terrorists 67-62. Tigers, on the other hand, are enjoying a great run having beaten Blazers 86-67 in their last match.

Tigers will be led by the trio of Abel Nson, Oscar Muge and Kevin Kigotho, while the bankers, who face unpredictable Blades at Nyayo National Stadium tomorrow, will rely

on Salim Ali, Joseph Ondinyo and Billy Oyombe in what should be a tough contest. Whichever team comes on top today will emerge as firm favourites for top spot in the regular season.

In another match today, Ulinzi Warriors, who humiliated Nakuru Club 102-70 last weekend, will be up against Mennonites at Nyayo Stadium today before tackling Terrorists tomorrow at Kasarani at 6pm.

Terrorists have lost their last two matches and pressure is on coach Eugene Genga to marshal his troops against Ulinzi.

Last weekend they lost 62-67 to Co-op Bank before falling 61-59 to fellow students Blades. Terrorists will play Strathmore today at 2pm.

In the two women's fixtures of the weekend, former champions Eagle Wings will meet Mennonites at Nyayo today while Kenyatta University have a date with KCA-University at Kasarani on Monday.

### WEEKEND FIXTURES

**Today at Nyayo:** ANU v Dankind (9am), KCA-U v JKUAT (10.30am), Wings v Mennonites (12pm), Upper Hill v Baraka (2pm), Ulinzi v Mennonites (4pm). **Kasarani:** Lions v Nakuru (12pm), Terrorists v Strathmore (2pm), Aviation v Blades (4pm). **Tomorrow at Nyayo:** Zetech v Parklands (9am), Aviation v Strathmore (10.30am), Co-op v Blades (2pm), ANU v JKUAT (4pm). **Kasarani:** Dankind v Barclays (12pm), Little Prince v KCA-U (2pm), Mennonites v Thunder (4pm), Ulinzi v Terrorists (6pm). **Monday at Kasarani:** Parklands v Baraka (12pm), Oryx v KCA-U (2pm), KAA v Pirates (4pm), Aviation v Tigers (6pm). **In Nakuru:** Nakuru v Blades (2pm).



CHRIS OMOLLO | NATION

**MY COURT!** Referee June Oluoch shows exactly who is in charge during last weekend's National Basketball League match between Ulinzi and Thunder at the Nyayo National Stadium gymnasium.

## Professional boxing body to stage major fights next month

BY BRIAN YONGA  
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The Kenya Professional Boxing Commission (KPBC) will organise a number of high-profile bouts starting next month to raise the standard of boxing in the country.

KPBC chairman Hillary Alila yesterday said the association will roll out bouts starting with a major one on November 1. Kenyan professional

boxers have not had any high-profile bouts for some time now but Alila says details of the fight will be released soon to prepare the country's boxers for the 2016 Rio Olympic Games and also improve their world ranking.

"We acknowledge that our boxers depend on these fights to earn a living and so we are coming up with a calendar that will see bouts regularly held in the country to help raise the profile of our boxers," Alila said.

The commission is also set to purchase a number of rings in a bid to raise the levels of the sport with the first one set to arrive in the country in December.

### Training facilities

Alila said the current number of rings in the country cannot sustain the many bouts the commission has lined up.

"We want to have many of these

rings and also upgrade training facilities for our boxers," he said, adding that the body intends to amend its constitution so as to protect boxers from unscrupulous promoters who have in the past been defrauding them.

Alila was speaking at a Nairobi hotel, where the commission unveiled Johnson Sakaja as its new patron in place of former Makadara MP, Reuben Ndolo.



RALLYING | Injured Baryan out of today's event alongside Ugandans Sachania and Blick

# Chatthe in familiar territory as speed merchants race in Kisumu

Kisumu-based driver hopes knowledge of route will work in his favour, with Tundo first off the ramp

BY ABDUL SIDI  
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All eyes will be on Jaspreet Chatthe as he seeks to win his home event, the KCB Kisumu Rally, that starts today in the lake-side town.

Chatthe has already caused surprises, winning both in Tanzania and Nanyuki but Manvir Baryan has withdrawn from the event at the last minute.

The 23-year-old driver is a favourite to repeat his winning heroics in Kisumu today as he is familiar with the stages of the event which is the penultimate round of the KCB Kenya National Rally Championship.

"I am confident, knowing that the event will be held on my back yard but I need to be very careful as slippery conditions can send any driver of the track if it continues raining in the area. I'm not scared of wet rallies but I need to be more cautious in my approach," said Chatthe.

Mitsubishi Lancer driver, one of the few top drivers in Kenya to have engaged foreign navigators, has already won the KCB Nanyuki Rally and Tanzania's round of the African Rally Championship in a single season, navigated by Zambian David Sihiko. Sihiko is also the defending FIA African Rally Navigator Champion.

Nairobi-based Baryan enjoys the company of Briton Drew Sturrock with



ANWAR SIDI | NATION  
Hussein Malik, co-driven by Absalom Aswani in a Mitsubishi Evolution 6 at this year's KCB Nanyuki Rally. The two will compete in today's KCB Kisumu Rally.

whom he finished third overall in the KCB Safari Rally in a Subaru Impreza GVB13.

However, Baryan pulled out of the event before yesterday's official recce, citing an injured toe. "A small cut on my toe turned out to be worse than I expected. I can't put on my shoes because of the injury so I have withdrawn from the event," said Baryan. His Subaru car will be driven by

former British Rally champion, Tapio Laukkanen. Also out are Ugandans Nikhil Sachania and Leila Blick.

Carl Tundo, the former national champion, is seeded first in his Proton S2000 out of the 32 cars expected to start this morning from Kisumu. He will be followed by Chatthe.

The event will start at 7am from the KCB Bank branch in Kisumu before cars head to

Miwani for the first competitive stage where the first car is expected at 8am. Chemase, which will host the main Service Park, will also host the prize-giving ceremony at around 5pm.

Focus is expected to be on Baldev Chager and Tundo who are battling it out for the overall title of the 2014 KCB Kenya National Rally Championship series.

## IwayAfrica in Sh5m boost for KCB Rally Series

BY NATION REPORTER  
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IwayAfrica has sponsored this year's KCB Kenya National Rally Championship Series to the tune of Sh5 million.

The series, which celebrates its 63rd edition this year, reaches the penultimate leg with the KCB Kisumu Rally which begins today in Kisumu.

The KCB Kisumu Rally, which will be held today at the lake-side town, has attracted 32 drivers. The sponsorship is in the form of money and the provision of communication services, internet connectivity at all rally sites for the event and at the Kenya Motor Sports Federation (KMSF) offices.

IwayAfrica's managing director, Ken Munyi, has said is the company is official communications facilitator for The KCB Kenya National Championship Series, a role they have played since 2006 and in partnership with the Kenya Motorsports Federation.

### Efficient communication

The sponsorship has ensured fast and efficient communication during the event, thereby guaranteeing safety of competitors and quick dissemination of life-saving information.

With the sponsorship, organisers have been able to track the competing cars in each stage using internet connectivity.

"We are proud to play a very important part in ensuring the safety of competitors as organizers are able to know the position of each car and deal with any situation, thereby averting anything that could pose a serious problem for a following car. They are also able to deal with accidents promptly," said Sylvia King, KMSF sponsorship liaison officer.

## Kenya's top amateur Karichu snatches Strokeplay lead

BY LARRY NGALA  
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Defending champion and home player John Karichu moved to the top of the leaderboard going into today's final round of the Kenya Open Amateur Strokeplay Championship at Limuru Country Club.

Karichu, Kenya's number one amateur golfer, shot one under par 71 in the morning, a round that included two birdies.

He then returned in the afternoon to post one over par 73 for a three-round total of 214 despite driving out-of-bound at the par five-15th, and three other bogeys at the 12th and fourth and eighth at the front nine that cancelled four birdies fired in between.

"I played despite those shots I dropped. I believe I can maintain my lead to the end," said Karichu, who dislodged round one leader Alfred Nandwa from the top.

He will start today's final round with a six shots lead. The Wine Company-sponsored Nandwa blamed his poor putts particularly in the third round

of seven over par 79 that saw him drop to second place on 220.

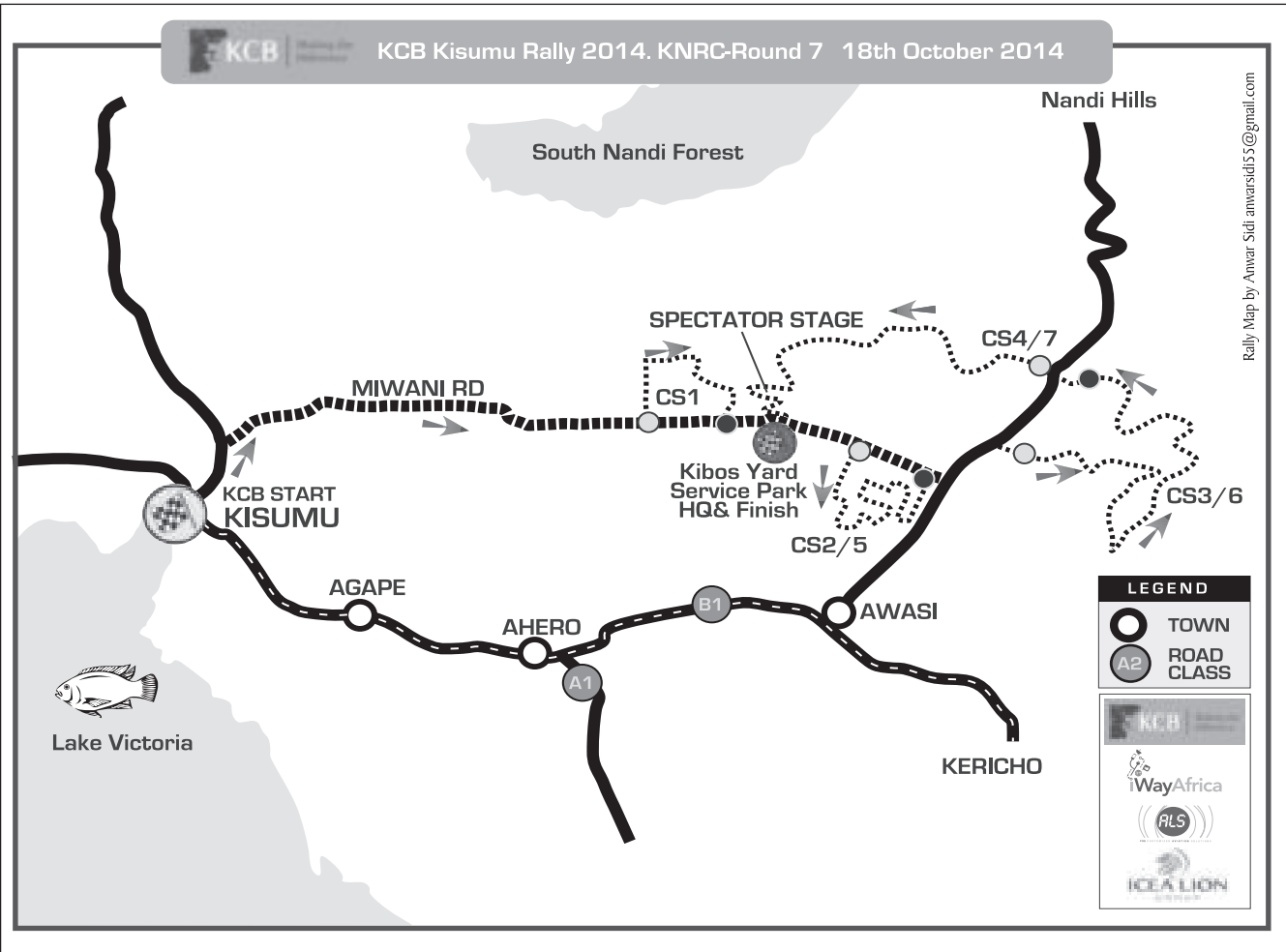
"I could not put in the morning though I had chances in almost every hole but ended up with only one birdie. It was the same case in the afternoon, but I am working on my putts and hopefully will be able to play well tomorrow" said the Kenya Railway Golf Club player.

### Move to the top

Also making a move to the top after rounds of 71 and 73 for 221 tying with the Great Rift Valley's Justus Madoya, was Nelson Simwa.

The overall winner apart from the Kenyatta Memorial Bowl, will also earn World Amateur Golf Ranking points and the Golfer Of The Year (Goty) points.

Meanwhile President Uhuru Kenyatta is expected to inaugurate the Kenyatta Golf Trophy tournament at the 18-hole Ruiru Sports Club course. Club captain John Wanyoike said the event, which has attracted over 200 players, will be held annually.







# Roaring Leopards give Thika thorough mauling



CHRIS OMOLLO | NATION  
AFC Leopards' captain Martin Imbalambala (right) tussles for the ball with the captain of Thika United Dennis Odhiambo during yesterday's Tusker Premier league match at City Stadium. Leopards won 3-0.

BY CELLESTINE OLILO  
colilo@ke.nationmedia.com

AFC Leopards yesterday dispatched visiting Thika United 3-0 in an ill-tempered match played under a downpour at the Nairobi City Stadium. Austin Ikenna and Joseph Shikokoti scored a goal each in the first half with Mike Khamati adding the third in the second half to ensure Ingwe kept alive their ambitions of finishing among the top eight teams. Thika United took long to settle down in the match as Ingwe, urged on by their vocal fans, took every advantage to frustrate the milkmen. The first major incident of the match occurred in the 18th minute when Leopards won a penalty after Vincent Omumbo handled the ball in the box.

## 3-0

AFC Leopard's victory over Thika United at City Stadium yesterday

Nigerian national Ikenna stepped forward to drill in the spot kick for the match opener. Shikokoti, starting in place of the injured James Situma, doubled Leopards' advantage in 35th minute when he rose high to head home Bernard Mangoli's free kick. The scores remained the same at the interval with Thika having little to show. The rains continued pound in the second half, with the milkmen fighting hard for a goal. Dennis Odhiambo, perhaps fatigued by international duty earlier in the week in Morocco, was pulled out of the match for Wycliffe

Opondo after getting into physical confrontations with goalkeeper Patrick Matasi and midfielder Musa Mudde of AFC Leopards. But it was Leopards who had the final laugh when second half substitute Khamati made an impact moments after his entry. He chested down Jacob Keli's cross before burying his effort for a comprehensive win for the 13-time league champions. The win leaves Ingwe in seventh place with 35 points a place behind Thika who are sixth on the table with 37 points.

**Unknown number**  
In another development, South Africa and Ghana have been asked by the Africa Cup of Nations organisers whether they are prepared to host the 2015 tournament if Morocco withdraw over Ebola fears. A letter from African Football Confederation (Caf) secretary general Hicham El Amrani asks an unknown number of national associations whether they would be ready to organise the event. The letter reads in part: "In case Morocco refuses to maintain the staging of the competition at the agreed dates, Caf would like to know whether your federation would be willing and able to organise the 2015 Africa Cup of Nations. "Kindly note that this letter is also sent to some other federations capable of staging the 2015 edition of the event. "In case CAF receives two or more positive responses, a draw will be made by the executive committee to designate the host of the 2015 edition."

Additional reporting by AFP

## HIGH STAKES | Arsenal manager Wenger looking forward to rekindling memory

2.45pm  
Man City vs Tottenham



Manchester City manager Manuel Pellegrini is set to be without French star Samir Nasri as he continues his recovery from a groin injury when they entertain Tottenham Hotspur in the Premiership today. Pellegrini has said he will also check on the fitness of midfielder Fernandinho,

who has a hamstring problem. The Premier League champions welcome the perennial 'nearly men' to Eastlands today with retired England international Lampard looking to add to the eight goals he scored against Tottenham during 13 years at London rivals Chelsea.

# City's Lampard wary of

The former England midfielder says Tottenham are more formidable since Pochettino took over

Manchester

Manchester City midfielder Frank Lampard believes Tottenham Hotspur are a much tougher proposition since Mauricio Pochettino took over as manager. Premier League champions City welcome the perennial 'nearly men' to Eastlands today with retired England international Lampard looking to add to the eight goals he scored against Tottenham during 13 years at London rivals Chelsea.

However, the 36-year-old former England international claims City's opponents today are more formidable since former Southampton boss Pochettino became Tottenham's head coach during the close season. "I've done well against Spurs over the years and playing them was always a big game at Chelsea," Lampard said. "Even when I was at West Ham, Tottenham were big rivals so I've always seen it is a big game and something to mark on the calendar and that doesn't change now I'm at City. "I think they'll be up and around the top six this season. "They may go through a slight transitional period but I was very impressed with their manager when he was at Southampton and if he can bring the same imprint on Tottenham, who arguably have more quality within their squad, they'll do really well. They are a good side.

**High stakes**  
"I'm sure their aim is to get into the Champions League, but it won't be easy and there is a lot of competition and there are a lot of teams all trying to achieve the same goal." Lampard, who revealed earlier this week he will not seek to extend his loan spell from New York City FC beyond January, was named City's player of the month for September earlier this week. And he said he can scarcely believe how well life has gone for him at City so far. "If somebody had said I would be voted player of the month by the fans in my first full month playing I would have had difficulty believing them,"

added Lampard, who has scored four goals in his last five appearances for City. Manuel Pellegrini, the City manager, is set to be without French star Samir Nasri as he continues his recovery from a groin injury and he will also check on the fitness of midfielder Fernandinho, who has a hamstring problem. Pochettino has dismissed concerns Spurs could be carrying the scars of two heavy defeats by City last season. Spurs were beaten 6-0 in the corresponding fixture last while the 5-1 home loss was no less embarrassing. But Pochettino said: "The reality is I don't remember the results. "This is another season, another philosophy, another game and we need to arrive on Saturday with the idea to believe in our philosophy and style and try to get the points," the Argentinian added. "It's history and it's a different game, different players. It's not important now to think in the past. It's important to look forward. I don't have any concerns about these results." Tottenham have struggled for consistency in during the current campaign but they head to Manchester unbeaten away from home this season and boosted by the victory over Southampton last time out. (AFP)

WEEKEND FIXTURES
(Kick-off 5pm unless stated)
<b>Today:</b> Arsenal v Hull, Burnley v West Ham, Crystal Palace v Chelsea, Everton v Aston Villa, Manchester City v Tottenham (2.45pm), Newcastle v Leicester, Southampton v Sunderland
<b>Tomorrow:</b> QPR v Liverpool (3.30pm), Stokes v Swansea (6pm)
<b>Monday:</b> West Bromwich Albion v Manchester United (10pm)

“Even when I was at West Ham, Tottenham were big rivals so I've always seen it is a big game and something to mark on the calendar and that doesn't change now I'm at City”  
Frank Lampard, City midfielder



EUROPEAN FIXTURES (ALL TIMES KENYAN)			
<b>SPAIN</b> <b>Today:</b> Levante v Real Madrid (5pm), Athletic Bilbao v Celta Vigo (7pm), Barcelona v Eibar (9pm), Cordoba v Malaga (11pm) <b>Tomorrow:</b> Atletico Madrid v Espanyol (1pm), Deportivo v Valencia (6pm), Elche v Sevilla (8pm), Villarreal v Almeria (10pm) <b>Monday:</b> Real Sociedad v Getafe (9.45pm)	<b>ITALY</b> <b>(Kick-offs 4pm unless stated)</b> <b>Today:</b> Roma v Chievo (7pm), Sassuolo v Juventus (1845) <b>Tomorrow:</b> Fiorentina v Lazio (1.30pm), Atalanta v Parma, Cagliari v Sampdoria, Verona v Milan, Palermo v Cesena, Torino v Udinese, Inter v Napoli (9.45pm), Genoa v Empoli (9.45pm)	<b>GERMANY</b> <b>(kick-off 4.30pm unless stated)</b> <b>Today:</b> Bayern v Werder Bremen, Mainz 05 v Augsburg, Hanover 96 v Borussia Moenchengladbach, Freiburg v VfL Wolfsburg, VfB Stuttgart v Bayer Leverkusen, Cologne v Dortmund, Schalke 04 v Hertha (7.30pm) <b>Tomorrow:</b> Hamburg v Hoffenheim, Paderborn v Frankfurt (1530)	<b>FRANCE</b> <b>(Kick-off 9pm unless stated)</b> <b>Today:</b> Lorient v Saint-Etienne (6pm), Lille v Guingamp, Metz v Rennes, Monaco v Evian, Nantes v Reims, Nice v SC Bastia <b>Tomorrow:</b> Marseille v Toulouse (3pmT), Bordeaux v Caen (6pm), Lyon v Montpellier (10pm)





of one of the Gunners' greatest days in recent history against Hull at the Emirates



**Tottenham Hotspur coach Mauricio Pochettino** has dismissed concerns Spurs could be carrying the scars of two heavy defeats by City last season. Spurs were beaten 6-0 in the corresponding fixture last while the 5-1 home loss was no less embarrass-

ing. But Pochettino said: "The reality is I don't remember the results. "This is another season, another philosophy, another game and we need to arrive on Saturday with the idea to believe in our philosophy and style and try to get the points," the Argentinian added.

"It's history and it's a different game, different players. It's not important now to think in the past. It's important to look forward. I don't have any concerns about these results." This is another season, another philosophy, another game."

# Spurs threat at Etihad

Wenger hopes for repeat of last season's FA Cup final victory when Hull visit Emirates today

London

**A**rsenal manager Arsene Wenger is looking forward to rekindling the memory of one of the Gunners' greatest days in their recent history when they face Hull at the Emirates Stadium today.

Wenger's side came from two goals down to beat Hull 3-2 in last season's FA Cup final as the north London club won their first trophy in nine years.

The veteran French boss is convinced that after strengthening his squad in pre-season with the arrival of Alexis Sanchez, Danny Welbeck, Mathieu Debuchy and Calum Chambers, his team is now better equipped to challenge for more silverware.

Defeat at Chelsea immediately before the international break brought an end to Arsenal's unbeaten start to the Premier League campaign and left them in eighth position, nine points behind Jose Mourinho's side who head the table.

But Wenger said: "We won the FA Cup with a difficult run, but we managed to deliver the trophy and it makes us stronger, more confident and I believe we will have a strong season."

The international break brought more injury problems for Wenger with France defender Laurent Koscielny aggravating an Achilles problem and Mesut Ozil ruled out for around six weeks with knee ligament damage.

Germany international suffered the injury during the Chelsea game but Wenger denied any mismanagement of the playmaker's condition.

"He told me (about the injury) once it was discovered on the scan. He did not tell me anything during the Chelsea game, I did not know," Wenger insisted.

"What happened was that at half-time, just before we went out, he had a little pain with his knee but it was not bad. He wanted to go on and I told him, 'If you don't feel well, tell me and I will take you off straight away'"

A run of injuries to defensive



IAN KINGTON | AFP

**Arsenal's English midfielder Danny Welbeck (left) vies for the ball with Tottenham Hotspur's French midfielder Etienne Capoue during their English Premier League match at The Emirates Stadium on September 27.**

players prompted Wenger to admit to the club's annual general meeting on Thursday he regretted not signing an additional defender during the transfer window.

"I believe we have done remarkably well on the transfer market. I agree we could have bought one more player, but we did not find.

"We will try to rectify that, because we are a bit short

with the injuries we have (defensively), and overall I think we will rectify that in the transfer market in January."

Goalkeeper Steve Harper believes Hull have a chance of causing an upset at the Emirates but only if they maintain their defensive discipline.

Harper is deputising for Allan McGregor, who is out for a month with an injured shoulder. (AFP)



## SCALING THE HEIGHTS

## Messi eyes record on anniversary as Barca seek Clasico boost

Madrid

**I**n the week that he marked the 10th anniversary of his competitive debut for Barcelona, Lionel Messi could become the all-time top scorer in the history of La Liga.

The Argentine made his bow as a 17-year-old in a 1-0 win at city rivals Espanyol on October 16, 2004. Now he is preparing to face Eibar at the Camp Nou today needing just two goals to equal Telmo Zarra's all-time Spanish top-flight record of 251, set in the 1950s.

Messi, who told fans he was "constantly trying to improve and win more titles," has been back at his best in the early weeks of this season to help the Catalans to the top of La Liga with six wins and a draw in their opening seven games.

They are two points clear of Valencia and have yet to concede a goal so far, and they will want to keep that form going against Eibar before they go to Real Madrid for the first Clasico of the campaign next weekend.

"To go into the Clasico in the best possible condition we need to win on Saturday," said left-back Jordi Alba. "If we don't win this one we will suffer when we play in

Madrid. Eibar have had good results away from home and if we don't play at a high level they will make it difficult for us."

Eibar will hope that Luis

**"**To go into the Clasico in the best possible condition we need to win on Saturday"

**Jordi Alba, Barca player**

Enrique's side are distracted by thoughts of Madrid and their Champions League meeting with Ajax in mid-week, although the Basque side have had an impressive start to the season themselves.

The entire population of the town could fit into the Camp Nou three times and still leave empty spaces, but Gaizka Garitano's side, in their debut top-flight season, currently have as many points as their far more illustrious neighbours Athletic Bilbao and Real Sociedad combined. "This is football and it's clear that if we defend well, don't make mistakes and get a bit of luck, we can come away with at least a point," said midfielder Dani Nieto. (AFP)

## Palace to provide Mourinho marker at Selhurst Park

London

Jose Mourinho will judge the progress of his Chelsea side when the Premier League leaders travel to face Crystal Palace at Selhurst Park today.

The Blues manager was highly critical of his team when they lost last season's corresponding fixture at the end of March and questioned the resilience and mental strength of some of his players. That defeat contributed to Chelsea's failure to sustain their title challenge but Mourinho believes his squad is now worthy of being regarded as genuine contenders this time

around. An unbeaten start to the season has lifted Mourinho's side to the top of the table, five points clear of second-placed Manchester City, the defending champions, just seven games into the season.

Recent signings Diego Costa and Cesc Fabregas have settled in immediately to Chelsea's squad, with Costa's nine league goals marking the Spain forward out as the division's form striker.

And the victory over Arsenal before the recent international break prompted suggestions Mourinho's side could go on and match the Gunners' achievement of 2004 and go through the league campaign

unbeaten. Seven months ago, Chelsea lacked the ability to overcome a Palace side battling to avoid relegation.

Since then, Neil Warnock has replaced Tony Pulis as Palace manager and with two victories in their last three games — against Everton and Leicester — the Eagles' season has started to gather momentum. But the presence of Costa and Fabregas mean Chelsea should present a more effective cutting edge. And Mourinho's efforts in transforming his team has reinforced his reputation in the eyes Warnock, who believes Chelsea could remain unbeaten. (AFP)





**KCB KISUMU RALLY**  
Tundo first off the ramp as drivers seeks points in penultimate leg of national series. **P.49**



## SPORT INSIDE

**KPL**  
**LEOPARDS GET THE BETTER OF THIKA**  
AFC net three unanswered goals in ill-tempered match at City Stadium. **P. 50**



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Saturday Nation



“

This is another season, another philosophy, another game and we need to arrive on Saturday in right frame of mind”

Mauricio Pochettino, Spurs coach

**2.45pm**

Kick-off of the English Premier League match between Man City and Tottenham Hotspur



# Man City, Spurs clash at Etihad

■ Lampard insists Tottenham stronger under coach Pochettino

■ Arsenal also take on Hull City at the Emirates Stadium. **P.50, 51**

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From the editor

When the news came out that Esther and Quincy Timberlake's son Sinclair had died after falling down the stairs, the news was received with shock by the whole country. It was later discovered that Quincy Timberlake may have injured his son and caused him internal damage that subsequently caused his death, but what worried many mothers was the actions that the parents took while their son was in pain: They gave him a painkiller and tucked him in, sure that he would feel better when he woke up later.

This is a course of action many parents have often take after a child has received some trauma to the body – to administer pain medication if it 'looks bad' and wait for it to pass. After all, not many people can afford to fork out thousands of shillings for a hospital visit only to walk away with some bandages and more painkillers.

This is, of course, barring serious accidents from very high heights, and injuries that result in severe bleeding or immediate unconsciousness. Besides, children are always falling and hitting their head, and sometimes it happens so often that we quickly forget to monitor the situation and assume the child will be alright, as they were the last time they fell.

However, the fact is, unless you are a doctor who can immediately tell what a serious fall looks like and are able to immediately assess for serious damage, we all need to keep our eyes open for a few hours. But do you know what signs to look for?

Like most of us who are not trained medics, this is what the *Saturday Magazine* will provide this week – information on the signs of internal injury after physical trauma to the body. Please turn to our *Babylove* page, cut that article out and pin is somewhere you can retrieve it easily for future reference. And if your instincts ever tell you to take your child to hospital, do so; better to err on the side of caution than to find out that you could have averted a disaster, in my view.

In the meantime, for those of us who are inclined towards action sports, you want to turn to our main feature where Florence Bett speaks with three women who participate in some adrenalin-filled activities that keep them feeling alive and active. If you have ever fancied any sports that require you to jump off heights, dive deep depths, propel yourself long distances or climb vertigo-inducing structures, check these ladies out – and then go out and get yourself some action. Have an inspired Saturday, everybody!

Wayua Muli  
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Cover credits: Zita Jimoi wears a red tube dress with gold bead detail from Alata Styles and a green chunky neckpiece from Fabguru. Styling by Lydia Omolo

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Five great post-workout foods



- Orange juice - it has potassium and also helps restore the body's fluid levels.
- Water - to replace the lost fluids.
- Banana - has potassium, carbs that help to restore the body's glycogen levels.
- Eggs - a little protein to repair your muscles won't hurt.
- Whole grain cereal for the carbohydrates to re-energise you for the next workout.



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FEEDBACK

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Behold, the man-haters!

Joan Thatiah's feature on the issue of male bashing, refers. This is how the bashing starts: Nearly all women see a relationship with a man as the means to achieve their goals, so if a man is unable to provide financially and help the woman reach her goals, she comes up with caustic anti-male sentiments which she shares generously with other women. This happens notoriously during *chama* meetings, at the salon, when they call in to some radio stations and even on social media, like on the Dead Beat Kenya Facebook page, where mostly women are venting their anger at men. Secondly, some women view male bashing as a way of being modern, liberated and independent. Thirdly, after a failed relationship, some women generalise that all men are bad, stupid and useless. What women need to realise is that bashing men doesn't help anyone. **Stanley Kimutai Waitagei, via email**

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I loved the main feature for its objectivity. I have been very concerned regarding this male bashing trend which is directed at all men in general based on individual women's experiences. There are women who are bitter with men for not being in relationships with them, but it is ironical to hate what you desperately want. This male bashing is what is keeping many young men from committing to relationships. If you are a young woman who aspires to have a stable long-term relationship, keep off the cliques with hateful women. Remember, you will not attract men if you hate them. **John Masinde, Butere**

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Why all the bile against men? Is it because men are aggressive and naturally domineering? Women scorn men who are not able to provide and men who do not show them love and adulation. If a man does not

provide financial security, meet a woman's sexual needs and provide upkeep for the children, he becomes the subject of her angry outbursts. **Alnashir D Walji, Nairobi**

\*\*\*

The article on man-haters was great. Such are the kind of articles that will bring real change in relationships and help shape a better society. It was a great read, keep it up! **Timothy Mochogi, Ikonge**

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Keep baby photos from Facebook

It was as if Florence Bett read my mind and put down the contents in the *Baby Love* story last weekend. Yes, the joy and excitement that come with a newborn are inexplicable, but I believe most people go overboard when sharing this joy. Like recently, a friend posted his newborn's photos on Facebook barely two hours after birth. His Facebook friends went ahead to fill his wall with congratulatory messages, but unfortunately the next morning he

commented with a one-liner that the child passed away after birth. Now, I don't want to be superstitious or anything but I cannot rule out a connection between the posting of the photos and the death of the child, after all, we live in an evil world. Also, with the rising insecurity in the country, it is a great risk to put the lives of our children out there on the Internet. In

this era of smartphones that show your location at a particular time, someone might use all the information you post to kidnap your child and demand for a ransom. I have heard so many cases of children disappearing without a trace in recent times, and I think it could be related to posting about them on social media. Last but not least, allow friends and relatives to visit you and your child by leaving them in suspense. If we have details of every stage of your baby's growth, we have no business visiting you. Parents and parents-to-be, be very cautious what you post on Facebook!

**Albert Omuko, Nairobi**

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The solution lies with you

I refer to Waceke Nduati Omanga's article which explained that we have to take our finances into our own hands. Like Waceke, I believe we are our own saviours. True, we may get advice from

other people on how to manage our money, but we have to take action ourselves. Learning underlying financial principles by attending a financial literacy class helps, but it will not automatically transform us into perfectly prudent users of money. The advice we get in

such seminars will only work if we take the necessary steps to make it work. We have to be part of the game if we are to learn its rules. If we want our money to work for us we have to make the right choices. Financial issues are a personal affair and we make or break our own luck. Indeed, the solution lies with us as individuals.

**Franklin Mukembu, Kajuki-Nithi**

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I agree with Waceke; most people do not take their financial lives seriously and fail to understand that one has to put in effort to fix his or her finances and create wealth. Many have become slaves to their bad financial situations because they are too lazy to act on reducing debt or investing. I advise people to start taking charge of the finances even if they start in a small way at first and grow from there. **Clarence Kiprotich Korir, Londiani**

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A hair affair

The *Woman of Passion* article by Angela Oketch on Jayne Awino, a talented hairdresser who was forced to study accounting by her parents, was an eye-opener to parents out there. Parents should not force their children into their preferred careers because this creates unnecessary conflict as was the case with Jayne and her family. Instead, parents should rally behind their children and support them in pursuing their passions. **Lydia Nyambura, via email**

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Nil by mouth

The *Research Centre* piece by Kinuthia Mburu on the effects of the silent treatment on men's health was surprising. I never knew that silence could have such adverse effects. It was a wake-up call for couples to solve their differences by talking it out. **Calvin Queens, via email**



IMAGE GOOFS

Seven things that you should not do in public

**Y**our public life is very visible to those around you. This calls for a degree of self-awareness whenever you are out and about. Some habits might seem like second nature when you are at home in your private space, but when carried to the public arena, they detract from your otherwise good image. Here are some pointers to what you should avoid.

1. Removing your shoes in public:

This happens mostly in offices when we are busy working and wish to feel comfortable. The only time you can get away with this is if your feet are hidden away from public view. Bare feet that are visibly peeking under a desk give the impression that you are unprofessional. One way to get around this is to carry a pair of nice flat shoes to wear around the office. Avoid open slippers or sandals.

2. Personal grooming in public:

Do not apply makeup in public. Nobody needs a visual on how you achieve your pretty face. If you wish to touch up your powder and lip-gloss, pop in to the nearest ladies room if possible. If not, hide and do it away from the public glare. The same applies to cutting nails, cleaning ears and so forth.

3. Scratching your scalp in public:

Try to resist scratching your hair especially if you have a weave or braids in. This habit makes you appear as though your head is filthy and unhygienic especially if your weave looks 'tired'.

4. Speaking loudly on the phone:

If you are in a restaurant or any other place, it irritates other people to hear you yell into your phone. The only time this is permissible is during emergencies. At other times, the best thing to do is to excuse yourself as you take calls.



5. Do not leave the house with rollers in your hair:

It is common to find women strolling around shopping malls with rollers on their heads, flip flops, leggings teamed with short t-shirts worn without a bra. Once you are seen in this get-up, it becomes impossible for people to envision you as smart even if you later appear well-dressed. Your beauty mystique tends to vanish when you expose yourself in this untidy manner.

6. Drinking out of beer bottles:

When a woman drinks her beer directly out of a bottle, it makes her appear somewhat masculine or uncouth.

7. Do not adjust your underwear in public.

— IRENE NJOROGHE-KRISTIAN (etiquette lecturer.)



FLAKES: KATE GETAO

# How to fight boredom when with bureaucrats

If ever you are invited to participate in an event with the word “universal” or “world” or anything similar in its title, then please do not attend. It is a code for indicating that people are going to be drawn from all over the earth either to speak in many tongues, or to speak in one tongue that everyone barely understands. (Or maybe they just pretend not to understand the English since, every so often, they pause to bark at the translator for not expressing their meaning perfectly, in flawless English of course.) Anyway, the safest thing to do if you are asked to speak in a new language is to read a prepared statement. All bureaucrats know that you do not do this in the manner of an actress auditioning for a part in a hit movie. Instead you do it in the kind of quiet monotone that mothers use to lull their infants to sleep. Indeed the only thing that keeps the rest of the bureaucrats awake is their itchy ears (itchy from unsanitary-headphone-induced dermatitis.) My experiences at these sort of meetings have led me to believe that bureaucrats have a global network that enables them to cut and paste exactly the same statement for all the lullaby bureaucrats who have been sent to represent them in the meeting. The boredom tolerance of these individuals will make them worthy of their per diems.

One strategy for surviving this type of torture is by trying to have as much fun outside the meeting as is possible at that particular destination. Since wine, women and song often flow at the multiple receptions that usually surround such meetings, I am not by any means suggesting that you cause a diplomatic incident by overindulging in any of these (especially not in the era of Facebook and Twitter!) Instead I am suggesting that you join every excursion and indulge in every ‘authentic’ local experience while making good use of your digital camera. Of course this is how I ended up drinking two wooden bowls of sour Yak milk (while remaining in complete ignorance of the personal hygiene habits of the said Yak) -- but things are not always quite that dramatic.

Apart from the fact that milk goes bad all over the world, I have also been amazed by the proliferation of pyramid-like structures. Now don’t get me wrong, I am very proud of our African Egyptian pyramids which are clearly one of the wonders of the world. However, having gazed at other pyramids in various famous spots, I have come to the conclusion that the building of these structures was induced by the same sort of spirit that caused my high school prefect to make me write “I will never talk during prep again” 500 times. I



imagine that being forced to pile thousands of heavy blocks on top of each other into a precise shape, which is of no particular use, would be even more effective towards subjugating minions.

Besides boredom-recovery tourism, it helps to tell a few bland jokes (the type that will not create the afore-mentioned

diplomatic incident.) It is amazing what bureaucrats will laugh at. I even overheard a group brought to tears (of joy) when one of their number said, “Don’t put anything

on Facebook that you would not shout if your grandmother, spouse and employer are present!” However, my own jokes fell extremely flat. My interpreter regularly used her A4-sized tablet as a phone, so when she drew out her normal-sized smartphone I commented with a smile “Congratulations! Your phone had a baby!” -- provoking a

**The only thing that keeps bureaucrats awake during boring meetings is their itchy ears**

blank state. When I asked her about wildlife in the country she said “We have a lot of gophers on our grasslands.” “Lions?” I asked, jokingly. “No.” “Tigers?” “No.” “That is why you have a lot of gophers on your grasslands!” Not even a half-smile!

Although it is hard to be interesting among bureaucrats I do appreciate that global meetings are essential for all the good things in life to happen such as world peace, shared knowledge and microphone sales.

Enjoy your conferences this weekend.

**DAY IN THE LIFE**

BY JOAN THATIAH

## I’ve mastered the art of leading men

I am a born again Christian, so I wake up 4am for my morning devotion after which I prepare breakfast and then wake my daughter up. I leave the house at 5.30am to be at the office in time for breakfast with my other family – the team of 54 that I lead.

“My core business is ensuring smooth pick up and delivery of shipments. When I took up this job a year and a half ago, after a 10-year stint in marketing, I just wanted to try my hand at something different. It took some time for me to get used to dressing down for the warehouse. Ninety-nine percent of my staff are men and unlike those first few weeks, they have also gotten used to taking instructions from a woman.

“The first thing we did at work this morning was our daily half-hour debrief session where we socialised and looked into how we performed yesterday. During this session aggrieved members of staff are allowed to vent. The hardest part of my job managing both the warehouse staff and the couriers, has been giving them candid feedback. Initially, most of them would take it badly and feel humiliated until I mastered a way around it. I make a conscious effort to show them respect and in turn I have



earned their respect; it’s easier to correct someone who looks up to you. Men at work, I have noticed, tend to be single-minded and it’s usually a challenge to get a man to leave a task half-way to do something else that’s more urgent.

“Most of the day yesterday I was out on a coach ride with a courier. I do this once a month to bond with them, meet the clients and also experience firsthand how they drive or ride their motorcycles. Today I spent the day on the floor checking that the couriers were well-groomed for the clients; usually if he isn’t good enough for me, he isn’t good enough for the client. I also checked the shipments to see that none were leaking and that they were all well packaged.

“My scariest moment at work was my first experience with a courier having a freak accident. Having all of them looking up to me to reassure them was a huge responsibility. It’s not always smooth sailing as Nairobi traffic isn’t easy and customers aren’t always cooperative.

“I hardly have a lunch break as that is the hour the couriers come in to pick the afternoon shipments. I was lucky this afternoon to manage to squeeze in an hour for the gym. My workday ended at 8pm and I was home by 8.30 in time to have dinner with my husband. I then read a few pages of David Oyedepo’s *Born to Win*.

“The last thing on my mind as I dozed off was how lucky I am to have people that I inspire.”

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**MAINFEATURE**

# Extremely involved women

Women are becoming more involved in sports and activities traditionally considered too extreme for them. Sports like mountain and rock-climbing, motor crossing, drag racing and dirt bike racing are drawing more female participants by the day. Three women share the challenges and thrills that draw them to their sport. By **Florence Bett**

**The climber: Ann Kimunyu, 26**

It would be unfair to call Ann Kimunyu anything but an adrenaline junkie hunting for the next fix.

This year alone, this single 26-year-old has hiked across seven different hills 11 times, participated in three off-road cycling circuits totalling to 170 kilometres, gone paragliding once and climbed two mountains, Mount Kenya and Mount Kilimanjaro. Mountaineering is her endearing hobby, all other activities between the mountain climbs being in preparation for them.

The thirst for this adrenaline high started with a bungee jumping experience late last November. "I had turned 25 and wanted to do something out-of-the-ordinary. I fear heights. As a child, I was too scared to jump over gates like other kids. I'd climb up then wait at the top for someone to get me down," says Ann.

Taking the bungee plunge was therefore no mean feat for Ann. "It was so scary," she says, laughing. "But after feeling that rush, it's as if a floodgate was opened and 2014 became my year of adventure."

Ann joined Xtrym Adventures Africa, a local company that organises such activities – to

participate in their calendar of events. 2014 started with a hike to Williams Hill in Kijabe in early February. Two weeks later they hiked to Ngong Hills. A majority of the 30 hikers that day were prepping to climb Mount Kenya. It was from them that Ann first considered the idea of Mount Kenya.

In late February, Ann cycled 72 kilometres off-road in Kajiado. She hiked the Ngong Hills (again) and the Elephant Hills in Aberdares, in March. She cycled another 28 kilometres in Hell's Gate Park in April.

That month, Ann and 24 other climbers spent the four days of Easter weekend climbing Mount Kenya. Her experience of the climb? "It was mentally and physically exhausting. It's freezing cold and steep. The snow and loose gravel makes it slippery. Really scary. I

questioned my judgement severally during the climb, wondered whether there was a way to turn back. But we all got to the top of the mountain and the view, and the feeling of being up there, was so rewarding. So surreal. We all watched in silence as the sun floated above the clouds. I burst into tears."

Summitting Mount Kenya got Ann on the high of an adrenaline wave that she rode weekend after weekend all June: "I hiked the Ngong Hills. Then hiked Castle Forest. I cycled 68 kilometres from Machakos to Kajiado. In the final weekend of June, I went paragliding in Makueni."

In July, Ann climbed Mount Kilimambogo in Thika and Sleeping Warrior Hill in Elementaita.

The idea to climb Mount Kilimanjaro struck Ann when she took a game drive to Amboseli Park in July: "I saw the snow peak of the mountain from the tour van and knew I had to climb it."

To prep for what would be a great challenge, Ann hiked the Ngong Hills and Elephant Hills again in August. Then came the six days of climbing Mount Kilimanjaro in early September with three other climbers: "Climbing Kili wasn't easy – it's a very high mountain. High altitudes means the oxygen is thin. It's really cold. Windy.

Exhausting. On the morning we summited, we'd been walking for over nine straight hours. "But being at the peak of a mountain, I was once again at a loss for words. The sunrise and the ice glaciers... it's breathtaking," says Ann. Ann went on to hike at the Longonot in the final week of September.

How much has she spent so far? After rounding up the figures (an average of Sh3,000 per hike, Sh6,000 per cycling challenge, Sh14,000 for paragliding, Sh17,000 to climb Mount Kenya and Sh34,000 to climb Mount Kilimanjaro) the total comes to Sh114,000.

Ann offers a thin smile in response. "The figures are easy to quantify. But you can't put one to the experience and thrill," she emphasises.

The experience of "conquering herself" this year has also broadened Ann's perspective to life. "I feel invincible. I (have the courage) to try new things. And after seeing the wonders of the mountains, my faith in God has been cemented."

Her next challenge this year is white water rafting in Sagana River. In 2015, to skydive – "I am saving up for that" – and in coming years, to climb Mowunt Everest. "Everest is every mountaineers dream."

**The kite surfer: Chiarra Parazzi, 24**

It has been said that the apple doesn't fall too far from the tree, and Chiarra Parazzi is no exception to the rule. At 24, this entrepreneur (she runs a local venture in Watamu called Out of the Buluu Hostess) finds a thrill in a familial extreme sport typically considered masculine – kite surfing.

Chiarra explains what the sport is about: "Kite surfing is a water sport that involves a surfboard and a wind-powered kite. You harness yourself to the kite and steer it using a bar that you latch on to. The wind propels you as you glide through the water on the surfboard."

Chiarra learnt the sport during her gap year in 2009. Her brother Paulo, a kite surfing instructor at Tribe Water Sports in Watamu, taught her the basic technique. "I would sit at the beach watching him and my cousin do their thing in the water, and I envied the rush they were experiencing. I asked Paulo to teach me how to do it. I picked up the basic techniques in just three days," she says. Her greatest challenge to date, Chiara bungee jumping off the tallest jump in the world, the Bloukrans Bridge in South Africa, in October 2007.

The pull to water sports didn't start with





her brother. Her parents were avid wind surfers. Growing up, Chiara says her parents would constantly take her and her two siblings to Lake Naivasha for a weekend of wind surfing.

When the family relocated to Malindi in 1989, they readily took to kite surfing.

Learning the dynamics of the sport – understanding the weather of the sea and how the wind works, pumping her 9-metre kite to set it up correctly, learning to launch the kite, slicing through the water, trying new tricks like jumping or twisting about the board airborne – were what made the sport a real thrill for Chiara.

Participants in this sport are more male than female. However, it is not a muscle sport. “People have this misconception that you need great upper body strength and muscle to kite surf. But you don’t. A basic level of fitness and body strength is all you need. Kite surfing is a sport for kids from the age of 10 all the way to people in their 80’s. And it’s for both boys and girls.”

Chiara is dedicated. “I kite-surf half an hour at least three times a week, sometimes more,” she says. Mastering the sport demands a healthy lifestyle in order to maintain the fitness and strength levels to kite surf on a regular. “I watch what I eat. I kick box often. I run in the evenings, sometimes train on the circuit.”

Chiara’s thirst for the adrenaline rush cannot be fully quenched in the waters of Malindi beach. “Sky diving and skiing are the next activities on my bucket list, she says.



### The triathlete: Helen Kinuthia, 28

“Extreme sports don’t care whether you are a man or woman. It’s about the time, effort and love you put into your sport.” These words from 28-year-old Helen Kinuthia – a triathlon athlete with a penchant for cycling – sound like a personal mantra she has been living by all her life.

Helen’s love for extreme sports stems from her love of the outdoors. What started as a pastime nurtured her competitive streak in sports before it matured to a life pursuit that’s a source of enjoyment, health and sense of wellbeing, she says.

Helen was born to a Kenyan father and Irish mother. Helen and her eight siblings grew up on the outskirts on Nairobi: “I loved the outdoors, going for camping and hikes. I first climbed Mount Kenya at the age of 14, and have climbed it three times after that. In high school, I played hockey up to the national level. I was also competitively involved in netball and swimming. At university, I pursued a degree in sport and exercise science from the University of Brighton in England.”

In 2008, Helen returned to Kenya where she signed up for a triathlon event on a lark. Triathlons feature three disciplines: swimming, cycling and running. It’s an intense sport designed to push the participants to the limits. Helen emerged first place in this Watamu event.

“I relocated to South Korea for work in January 2009, and that’s where I bought my first road bike,” Helen continues. “I trained in the mornings before work, sometimes riding up to 140 kilometres on the long rides. Five months into training, I was spotted by a cycling team that had been seeing me ride.”

Helen signed as the only woman and the only black person on the team. Did these two factors present her with any unique challenges? “Yes, they did,” says Helen. “But

I chose to perceive them differently. They were positive challenges. I didn’t want to hear comments to the effect. ‘She’s slow because she’s a girl’. And I never wanted to be at the back of the group. I wanted to keep up with the guys. I trained harder and longer than the average male cyclist would, which means I became a stronger cyclist and athlete.”

Helen received sponsorship. And that’s when she started to race semi-professionally as a triathlon athlete. To date, she has participated in three international events in South Korea. “In 2010, I emerged first place in the Ulleung-Dokdo Triathlon. First place in Sokcho Triathlon in 2011. Second place in the Daegu Triathlon in 2011.”

Helen returned to Kenya in late 2012, but she could not continue competing because it wasn’t sustainable. She cycled as a hobby. “Cycling is an expensive and time-consuming sport. It doesn’t make me nearly enough money to live on so I have to work full-time. Balancing a full-time job and cycling professionally is difficult, that’s why sponsors are important to enable sportsmen and women to compete.”

In light of these challenges, Helen started an events company in July 2013 called Extreme Wilderness Challenge. The company, among other things, creates awareness for cycling, raises money for events and provides training courses.

Helen’s love for the sport is discovered anew in the limits her body can go: “Feeling that burn in my legs, the willpower to push my body further and harder, the complete sense of achievement at the end of a race, standing on a podium and knowing the hard work has paid off... that’s the thrill I thrive on.”

Does her partner support her in her sporting pursuits? “Yes, he does,” she says. “He enjoys rock climbing and mountaineering as much.”





## GIRLTALK

LIZZIE'S WORLD  
WITH LIZ LUNDI

## Girls night out

Liz, Fatma and Mariam catch up over an Italian dinner

"I don't want you sending me flowers anymore," I tell Alex on the phone. "Why not?" he asks. "Because I don't like them," I say. "Did you ever ask me what sort of gifts I would actually like to receive? Gifts that mean something to me and that I would treasure?"

"Um..." he says. "Exactly my point." "Ok... so what sort of gifts do you like?" "You can't ask that now," I say. "Why not?" "Because we're in the middle of an argument, for heaven's sake," I say. I can almost hear him rolling his eyes on the other end of the line. "Ok. So when would be a good time to ask you?"

"I don't know. Just not now," I say curtly. I notice Bertha walking crisply past my office and I am suddenly reminded of all the reports I have to write. "Listen, I have work to do, so can we possibly do this later?"

"Ok," he sighs. "See you around, Liz." "Yea, sure," I sign off and hang up. This time I am almost sure I shall not be hearing from him ever again. Over the weekend when I meet Fatma and Mariam for a Saturday night dinner at our favourite Italian restaurant in Kilimani, the Alex question comes up. They both want to know how it's going. I tell them everything that's happened in the week since the wedding.

"Now, Liz, do you expect the man to read your mind," Fatma chides me.

"No, it's just

that that was the wrong time to ask me that question. Like, I had to raise it for him to realise he was making a mistake by not asking me about my personal preferences?"

"Maybe he's just clueless?" Mariam asks.

"No, I think I know what Liz is saying," Fatma takes a sip of her orange juice. "He didn't take the time to show her personalised interest."

"Exactly, Fatma," I give her a high five. Then I turn to Mariam. "If he really wanted to make me happy, he would have asked first. But now, it just looks like he's doing something generic. I'm sure his tactics have worked on other girls, but I am not like them."

"Famous last words," Fatma mumbles. I turn to her. "What?!" I playfully slap her arm. Our plates of food are laid down before us and as we cut and chew, Mariam pipes up.

"I went on a date with Philip the other day," she says.

A chill goes down my spine; I don't like the thought of that man with her, but I can't confess why. Fatma, who is oblivious to the shenanigans that went down behind everyone's backs at the wedding, asks, "He seemed to really like you! He looks like a good catch."

Mariam is positively glowing. "He's so brilliant. He's successful, he's handsome-,"

"A little pudgy," I interject.

Mariam frowns and Fatma shoots me a look. "A little cushioning is not a bad thing. Some women think that's irresistible," she says.

I shrug and take a bite of my steak. "As I was saying," Mariam continues, "he's a brilliant businessman - his business is worth millions! And he's

offered to help me set up my own, too. All the years of experience and expertise he has at his fingertips is mine to mine."

"He's still fat I interrupt again. "Ignore her," Fatma waves my hand away. "Where did he take you to dinner?" "Oh, he has the best taste," she says. "We went to that private club in Westlands and he-,"

"Is he single?" I interrupt again.

**A man that successful and rich and he's not married? Does that not seem unlikely to you?**

"Liz!" Fatma turns to me - or rather, she turns on me. "What on earth is your problem?"

"It was a simple question!" I protest. "A man that successful and rich and accomplished and he's not married? At his age? Does that not seem unlikely to you?"

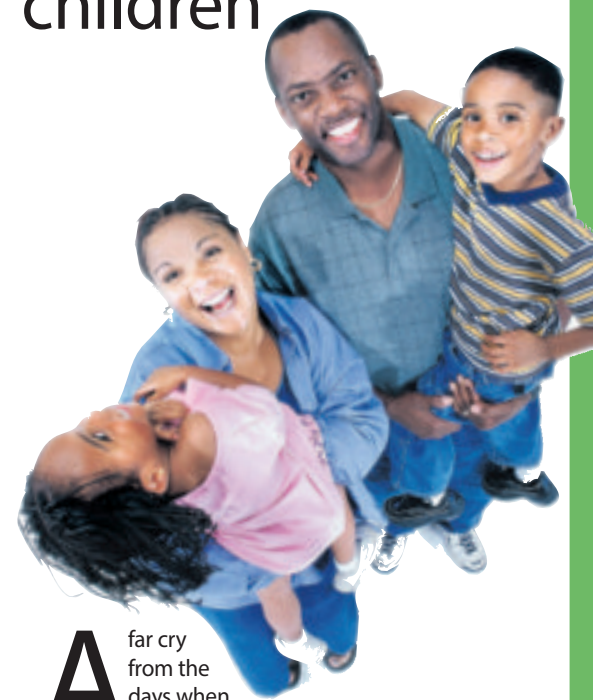
"Wouldn't Johann have mentioned it? And wouldn't his wife have been at the wedding?" Mariam asks coldly.

"Yes, there is that..." I say, beating a hasty retreat. My attempt at derailing this budding romance has fallen apart as soon as it's started.

"Are you done trying to discredit Philip?" Mariam raises an eyebrow. I raise my hands, palms up, in a gesture of retreat. I am done - for now. But I am sure that very soon, Philip is going to slip up - and when he does, I will be there to make sure he never has another chance with my girl.

RESEARCH CENTRE  
WITH JOAN THATIAH

## Amicable divorce still damaging to children



A far cry from the days when people were intent on keeping the past in the past and ex-partners were akin to sworn enemies, we now have parents peacefully co-parenting after divorce. While this is definitely a good show for the children, new scientific research suggests that regardless of whether parents remain friends following divorce, it is still as damaging to the children. To a child, there is no amicable divorce. Researchers from Indiana University in the US came to these findings after studying the lives of 270 couples who split between 1998 and 2004. The couples were asked to reveal how they felt their breakup had affected their youngest child, where the average age of these children was eight years old. Of these couples, 31 percent regarded their ex-spouses as co-operative and involved, 45 percent ex-spouses were moderately involved in the lives of their children while the remaining 24 percent had infrequent and conflictual involvement.

The research showed that the children of divorced parents suffered external symptoms like behavioural problems and drug abuse and also had internal problems like anxiety and depression. Sadly, they found that these symptoms which included bad grades at school continued to prevail whether or not the parents continued to fight after the separation. On analysis, the study findings show that it is not only the conflict but the split itself that has damaging effects on the children. Behaviour of the parents thereafter does nothing to ease the devastating effects.

Parents are clearly in the dark about how a split will affect their children. Those who opt to work together after a divorce usually believe that they are cushioning their children against the potential effects of the split but this study which has been published in the academic journal *Family Relations* shows a mismatch in the perceptions of parents and those of their children. While getting along with your ex-spouse will definitely make you feel better about a split, it apparently does little for the children. To a child, it makes little sense that the parents are friends and yet can't live together. The researchers thus feel that divorced parents should feel reassured that their children will not be more seriously harmed if a divorce was nasty and they can't have a cordial relationship with their exes. Apparently, a good divorce is a myth.



ILLUSTRATION | JOSEPH NGARI

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## GIRLTALK

WOMAN OF PASSION  
WITH FLORENCE BETT

## Caring for the aged

Nancy Wagasha, 38, left a corporate finance job to take care of the elderly living in slums.

**"T**hey say that there are no greater blessings than those you get from taking care of the elderly. I have seen the truth of these words in the three years I have been running my feeding programme for grandmothers in the slums.

"This passion to help people has been with me since I was a little girl. I remember caring for my ailing father when I was nine years old. It gave me such fulfilment to see him get better. My quest for this fulfilment was the source of inner conflict throughout my career in finance.

"I graduated from USIU in October 1999 with an undergraduate in international business administration. I was also a certified accountant. I joined a local NGO as finance manager soon after. I have always had a penchant for numbers and for organisation, which accountancy offered. So I really loved my work.

"One of the activities this organisation was involved in was empowering the disadvantaged and unsupported in the community. Members of staff were trained on how to deliver this. Looking back, I am certain I attended these workshops more frequently than I did the accountancy ones.

"These workshops reignited my passion for helping people, and inspired me to start my own programme in October 2011. I fed the grandmothers in the Kibagare slums twice every month.

"Later that month, I went on my maternity leave after having my second child. The thought that I should leave my finance job to focus fully on my feeding programme crossed my mind during those three months of leave. But it remained just that, a thought.

"In January 2012, after my leave, I got a lucrative job as head of accounts with another company. But I soon realised I wasn't as fully involved in my duties as

the position demanded of me. My spirit was conflicted; while I was physically present at work, my mind was fixated on the feeding programme. My spirit yearned to be out there in the slums with the grandmothers.

"That April – four months into the job – I handed in my first resignation letter. My bosses refused to accept it, told me to reconsider my decision. They didn't understand why I would leave such a job with excellent working conditions and excellent pay. I half-heartedly stayed on.

"I registered my feeding programme, Wells of Hope Centre, as a community-based organisation in July 2012. The agenda for the organisation is to empower the communities in the slums: We provide a nutrition programme for the sick and poor grandmothers in Kibagare slums. We feed them twice every month. We also provide clothing and household items, counselling and spiritual care. Quarterly, we hold free medical camps. We also started a financial literacy programme where we equip our graduates with basic financial skills and capital to start up their businesses.

**Second resignation**

"I chose to focus on grandmothers because they face several unique challenges in the slums: Poor health, a weakening of the family structure that ignores them, no caregivers, eroded respect, lack of social support and no social protection policy. I incorporated a board of seven then hired a handful of volunteers to run the programme while I struggled to shift focus back to work. It was futile though.

"I handed in another resignation letter in April 2013. My bosses must have started to suspect that I wasn't the right person for the job. They once again gave me time to reconsider. But I knew I wasn't going to rescind this time round.

"It was one grandmother's death that affirmed to me that my season of working was over: she was malnourished and in dire need of care, but she had no one to tend to her. She eventually passed on in her sleep, alone. I was crushed. It disheartened me to know that I could have been there to give her my time and attention as she lay in her bed, dying.

"In December 2013, I quit my job to

focus fully on Wells of Hope. The major challenge I encountered was in financing the programme. Members of the board, family, friends and well-wishers had financed it thus far. But as its capacity grew, I had to seek help from corporates.

"Another challenge was in the social concerns that affect the families of the elderly living in the slums, like HIV/Aids, prostitution, drug abuse and rape. One way to navigate this challenge is through managing the plight of the grandmothers and empowering them financially to be able to take care of those under their wing.

"Another challenge has been in getting a team of volunteers who share my vision. Being a volunteer is itself a calling because they

work without pay, only basic allowances. I currently work with four volunteers. I make no money from the programme. To meet my family and personal expenses, I provide accounting and consultancy services to a handful of clients.

"My plan for Wells of Hope is to replicate what I am doing here at Kibagare across other slums in Kenya, in the next three to five years, and to start a home for the elderly.

"I have found fulfilment and my life's purpose here in the slums, amongst the grandmothers – that I touched someone else's life, and I can see the change my programme is making.

That's what giving in love is truly about."

**WHAT SHE ADVISES**

- Do not burn bridges with your employers; you may need them in future.
- When you have a passion, speaking to others about it is like it a cough that comes anytime. Don't be afraid to 'cough'.
- Use the training and mentorship from your employer to get inspiration to pursue your passion.
- When you are pursuing a passion for community, don't focus on the finances. Focus on the transformation you are bringing to other people's lives.

PHOTO | BILLY MUTAI

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**MALEPERSPECTIVE****MANTALK**  
WITH JACKSON BIKO

# Pretty little liars...

**Men think they have the deception market cornered... but only because they don't know women**

**T**he beauty of being a man is that we are protected by ego. We walk around thinking that we are kings. That we are Mufasa. Every guy I know is certain that after sliced bread, there was him. That he is the supremo, a masterful lover and a hot ticket. It doesn't matter if we

last five minutes in a sack (on a very good day); what matters is that we know that we are the chosen one. So we strut around with our heads stuck in the sand, totally oblivious that we are being played by women who long ago caught on to our

ego trip and use it to blind us. No man can even start admitting the thought that his woman is running around on him. The truth is that chances are, we will never even know. We can't catch them because they invented the traps.

**They prefer lunch-hour, I suppose so that they are home by 7pm to make dinner**

I know a guy who runs these swanky serviced apartments in a fairly leafy suburb. Let's call him Paulo. These apartments cost an arm and a leg to rent. Paulo recently told me of a popular trend where a bunch of women – mostly married – rent these apartments. So, say, about five women come together and pay say Sh20, 000 a month to cover the Sh100, 000 rent (I'm not disclosing the amount here lest the ladies in question know he blew the whistle). For that, they get a tastefully furnished one-bedroomed apartment which they stock with booze and food. It's like a home away from home.

"I don't suppose they rent these pads for relatives visiting from abroad, do they?" I asked Paulo. He laughed. "No, this is their slaughterhouse," he said.

For those who need diagrams, this is how it all unfolds: The caretaker is in receipt of specific instructions from the lease holder, letting him know that four other women will show up to use the apartment every so often. No names are given, only

car registration numbers. These women, usually driving some decent machines, drive in once in a while to use the apartment for a couple of hours and leave. "How often do they use the apartment?" Every week, he said. Some weeks, they will each come in every day.

**Innocent-looking mums**

"Age group?" I asked. Between 32 and 44. Those innocent-looking young trendy mothers you see squinting at the ingredients of cereal boxes in supermarkets. Probably bored in their marriages, I imagined. Apparently, most prefer lunch-hour or late afternoon, I suppose so that they are home by 7pm to kiss the babies and make sure that dinner isn't too salty.

"Do they have multiple partners or regular ones?" I pushed on. Mostly regular ones. You'd imagine that they are young boys being brought in, but apparently, they are in the same age range as the women. Business is good, Pablo confided. These women are apparently the best clients because they are hardly ever

there, they pay their rent on time (sometimes months ahead) and they don't like any attention. So they keep their heads down, go in silently and leave the same way.

I was more impressed than I was baffled. I could picture a WhatsApp group that they formed to make sure that their schedules didn't clash with one another. They probably use code-words in reference to that apartment. "Girls," I can see one say, "I'm thinking of passing by the *fundu* today at 3pm to see if those dresses are ready. *Aki* I don't even know why we bother keeping that tailor. Or is anyone planning on passing there today I send them?" Then one will say, "Nope, but maybe tomorrow I will go see him after work. Tell him he had better have my dress ready." Then the slots would have been booked.

We are all clueless to the crafty ways of women, which is a good thing because none of us can possibly handle the secrets that women have kept from us. In fact, it's best that we don't know, or we will never be the same again.





## HEARTADVICE

WITH RELATIONSHIP COUNSELLOR MAURICE MATHEKA

## BODY&amp;SOUL

# Will he keep his promise to marry me?

This week we advise a young woman whose teenage boyfriend has promised to marry her in five years

## EXPERT ADVICE

**Maurice Matheka, a relationship counsellor answers:**

The notion and feeling of love is an incredible stimulant but it is also the worst catalyst when it comes to people's

promises to each other. No one is promised tomorrow so your plans for 2019 are not practical at this point. If it is dating then date each other by taking it one day at a time. Despite your love for each other your primary focus should be your studies and personal development. Your choices

today will dictate your future. If indeed you care for each other you will make a pact to support each other so that you can both get an education first. If your support is unconditional then you have a chance of still being together in 2019 and beyond.

My boyfriend and I love each other very much and we are even planning for our future. He is currently in college and he told me by 2019 he'll have graduated and will probably be working; so he asked if we could get married at that time. I agreed because I really love him. He's just turned 19 and I am turning 20 in December. I am yet to start my college education. Even though I promised him that we would get married in 2019 and he promised never to leave me, I am not sure that things will go according to plan. I once read an article by Jackson Biko warning a reader not to get married young, that is why I have decided to seek your advice. Please help. Hildah, Nakuru.

What I can't assure you, is that your boyfriend will be willing and ready to marry you at that time. Maintain the relationship if you can but don't let it come in the way of achieving your dreams. The good news is that you have enough time to study your boyfriend and learn if he is the right man for you. All the best! **Albert Omuko**

You're in your teens and what you feel is probably infatuation, not love. Don't listen to your heart because it may tell you all sorts of things that are not necessarily true. Use your head instead and focus on your future. What can a 19-year-old boy offer in terms of marriage? Though you don't realise it now, you have a whole life ahead of you. Forget this boy for a while and seek to build your life by going to college, get a good job or do something that will secure your future rather than thinking about what your boyfriend has promised, which he might not fulfill. **John Musuku**

True, many college relationships have led to marriage but you have to strike a balance in life. If you love each other get your priorities as students right and nurture your relationship while at it. I wish you all the best! **Edith Karanja**

Bear in mind that this man may change his mind in future when circumstances change. For this reason, think twice about waiting for him. **Erick Giteya**

If you truly love each other, then it will be worth the wait. In 2019 you'll be 25 – a perfect age to walk down the aisle. This relationship might be worth your while. Remember, true love conquers mountains. **Calvin Queens**

First things first, never let love control your life. Secondly, go to college, study, find a job and then marry. For heaven's sake, this guy is a teenager, and there is a 75 per cent chance that he doesn't even know what he is talking about. Waiting for him might be disappointing. All the best! **Maurys Gauchio**

So many things will happen between now and 2019 and you might end up

regretting. You can continue being in a relationship with him but as of now, don't promise marriage yet. **Obatchy Obatchy**

Pray that 2019 finds you still together, but concentrate on going to college first. **Mujurizi Humphrey**

Fix your life first. You can never be too sure about love. To avoid many regrets, let love find you after you've succeeded in life. Focus on your life. Books first, romance later! **Yunee Mumbi**

Focus on the present. Sometimes the heart is not so smart and should not be trusted. **Linah Greg**



Send your questions and feedback to [satmag@ke.nationmedia.com](mailto:satmag@ke.nationmedia.com)

## NEXT WEEK'S DILEMMA:

I had a girlfriend whom I loved very much. I supported her to my level best and comforted her after the death of her dad. She fell ill on several occasions and I paid for her treatment. Then one day she went to Nairobi without informing me and cut off communication with me. I moved to Mombasa and her friends informed her of my whereabouts. Now she wants me back but I am hesitant because her long silence and her leaving for Nairobi without telling me demoralised me. Moreover, I already found another soul mate to replace her. Should I give her another chance or what should I tell her and do?

**Castro Mentor**

## READERS' ADVICE

Yes, it is good to plan for your future but you should concentrate on what is most important now: your studies. Your education, and later your career, should come first. In 2019 you will be 25 while your boyfriend will be 24. Given that women mature faster, this might be a good time to get married so Biko's advice may not apply to you at that time.



## DEAR AUNT TRUPHENA

PROFESSIONAL ADVICE FOR YOUR LIFE PROBLEMS

## How can I get my husband to trust me?

**Q** My husband and I have been married for seven years and we have a daughter. The main problem with our marriage is that my husband hides so much from me. Sometimes I only come to know some things through his family members. When I confront him he tells me that I nag him too much. I'm his wife and I believe it is important to know some things about his life. Instead he prefers to share information with his family more than me. I am stressed because he doesn't even trust me. What should I do?

**A** Trust is one of the core foundations of marriage and it is clear that it is lacking in your marriage. You need to handle this issue swiftly before it contributes to the downfall of your marriage. There are several reasons why your husband may be hiding information about his life from you. Firstly, perhaps he is feeling unsafe about sharing his experiences with you. This could have been triggered by a past experience; perhaps he disclosed something to you and did not like the way you reacted, so he hides his issues to protect himself and

avoid your response to them. The origin of your husband's insecurity is not the most important thing now, what is important is to realise that your husband feels unsafe so you need to build this safety and trust. You can do this by appreciating your husband for what he does for you and the family, no matter how small the act is. This will make him trust you more and eventually open up an avenue for deeper communication between you two. Secondly, he may be hiding things from you to keep himself from

revealing a part of himself that would make him feel vulnerable. Assure him that you will still love him and stand by him no matter what he shares with you. As for accusing you of nagging him, this is a defense mechanism your husband uses to avoid communicating with you. You need to figure out what is triggering this defensiveness and deal with it together, because no marriage can survive without proper communication. My best wishes to you!

Send your feedback to [satmag@ke.nationmedia.com](mailto:satmag@ke.nationmedia.com)



**EXPERT  
STYLE TIPS**

# Look good for much less!



**Y**ou don't have to break the bank to look chic/expensive.

Making little additions and adjustments will just do that. Here are simple pointers help you.



- **Accessorise:** Opt for unusual or classic pieces that will add glamour to your look, like a classic silk scarf, a medium brimmed hat like a fedora, a classic tote bag in tan, in a size that works for your body size. Try bold metal pieces for jewellery instead of bead or bone. Play around with unusual and stylish hair accessories.
- **Jackets/coats:** Throw on an understated mac/trench to add to your look. It will definitely make a statement. Coats, jackets or blazers in luxe fabrics make for a well put together look.
- **Shoes:** Invest in chic shoes, both flats and heels. Opt for different designs from strappy to peep-toe, sling back, plain or printed. The key here is a good-looking shoe that will lift an otherwise neutral outfit.
- **Ensure that your clothes are well-tailored** and suit your body. You can get them adjusted at a tailor's for the perfect fit at a reasonable cost.
- **Keep your overall look** simple; you won't go wrong.

**STOCKISTS**

Alata Styles, Meky Place,  
Ngong Rd, tel: 0728 884 375  
Angelo, The Junction,  
Nairobi, tel: 0719 614 970  
Backyard Shoez, Kilimani,  
Nairobi, tel: 0724 996 818 /  
0725 803 012.  
Bata, Tom Mboya, Nairobi,  
tel: 0720 497 311 / (20) 386  
1107  
Clothing Garage, Kilimani,  
Nairobi, tel: 0722 274 417  
Fabguru, Shop A1 & B9,  
Rehema Place opposite

Nakumatt Prestige, Ngong  
Rd, Nairobi, tel: 0771 303  
457/ 722 301 641/ (20) 260  
8303  
Jorges Wardrobe, Wood Ave,  
Kilimani, Nairobi, tel: 0723  
434 232  
Mr Price, The Junction,  
Nairobi, tel: (20) 386 1894  
LEDAN, Nairobi, tel: 0721  
626 342  
Toi Belts, Toi market Woodley,  
Nairobi, tel: 0720 562 846  
Truworths, Yaya Centre,  
Nairobi, 0719 615 193

## FASHION&STYLE

WITH LYDIA OMOLO

# FROLIC IN A FROCK

A great maxi dress is perfect for a warm Saturday barbeque or lazy Sunday brunch. Try these options on for size.



1



3

2



HANDY FACTS  
& POINTERSFlat out  
fabulous

The sun is back and here to stay, and this is the perfect time to bring those flats out and pair them with jeans, tights, shorts or dresses. Just ensure your feet are well groomed.



Tan and neon thong sandals, Sh2, 500; silver gladiators, Sh3, 500, both from Angélo.

Orange sandals, Sh1, 599, Bata. Silver sandals, Sh950, Mr Price.

**1** Red tube maxi dress with gold bead detail, Sh6, 500, Alata Styles; green chunky neckpiece, Sh1 500, Fabguru; aviator sunglasses, Sh700, Mr Price.

**2** Brown and cream maxi dress, Sh2, 500, Jorge's Wardrobe; beaded neckpiece, Sh2, 300, Truworths; gold bracelet, Sh800, Fabguru.

**3** Yellow halter maxi dress with black trim detail, Sh6, 500, Alata Styles.

**4** Multi-colour halter maxi dress, Sh4, 000, LEDAN; silver sandals, Sh950, Mr Price.

**5** Blue, black and pink print maxi dress, Sh6, 500, Alata Styles; metallic brown belt, Sh500, Toi Belts; bordeaux sandals, Sh2, 500, Backyard Shoez.





**BABYLOVE**

# Childhood falls: When should you call the doctor?

Children fall all the time, but sometimes, this might mean an emergency rush to the hospital. By **Joan Thatiah**

**O**n Tuesday, September 23, 37-year-old Janet Sakwe, a single mother of five, found a Sh20 coin in her daughter's pocket. The nine-year-old refused to reveal where the money had come from and Janet, feeling angry, beat her. At one point, the girl slipped and fell hard on the floor and then vomited soon after. Janet gave her some water. It was only when she noticed that the girl was motionless that she thought she should rush her to hospital. The girl died before they got there, and the mother was arrested to be charged with the death.

Barely two months before that, on July 13, Wangu Mungai was bathing her seven-year-old daughter in their Embakasi home when the child slipped on the tiled floor and hit her head on the wall. The girl vomited then told her mother that she had a headache and was feeling drowsy. The young mother gave her daughter some painkillers and then tucked her into bed thinking that she would be as good as new when she woke up. The little girl never woke up.

## Common accidents

These are just two of the many young lives that are unnecessarily lost each month because their parents and guardians failed to see or ignored the danger signs following a fall.

Falls are some of the most common

accidents at home, especially with toddlers and young children who are still unstable on their feet. It would be impractical to recommend that a parent rushes the child to the ER each time the child stumbles; so how does a parent know that it is time to call the doctor or to rush the child to the hospital?

## Danger signs

According to Were Olwa, a trainer at the Kenya Red Cross training school, whether a fall warrants a visit to the hospital depends on several things; the age and weight of the child, the height

from which the child fell and the texture of the surface the child hit. If a child falls from up high onto a hard surface, or lands head first, a hospital visit is necessary. Other signs of urgency include the child losing consciousness, if they have a seizure, if there is bleeding that will not stop with the application of pressure, or if there are open injuries.

If none of these is injuries is immediately apparent, you may need to investigate. Start by calming down the upset child in order to better investigate them. Once calm, check their limbs, head and body for extreme or obvious



## HOW TO FALL-PROOF YOUR HOME

According to Were Olwa, the rule of the thumb is prevention rather than control. Here are tips that can make your home safer for your children.

- Place an anti-slip mat in the bath or bathroom floor.
- Never leave you baby alone on chairs, beds or other spots from where they can fall.
- If you live in a multi-level home, install safety gates at the top and bottom of the stairs to prevent access by younger children.
- Teach older children not to run or play on the stairs.
- Arrange furniture to give room to walk through spaces freely.
- Clean up spills right away.
- Ensure you have enough lighting in each room.
- Place frequently used items where they can be reached without a lot of climbing.

swellings or deformity. If there aren't any obvious injuries, watch out for a child's behaviour and responses.

It is a bad sign when, even after some time, a child is excessively irritable and crying or shows unusual drowsiness. Also, watch out for signs that the child may have suffered a concussion or a skull fracture. These include lethargy, vomiting, difficulty in breathing and/or with coordination, confusion, an inability to wake up, pupils of unequal size or eyes that won't open fully, bruising behind the ears or blood or clear fluid leaking from the ear canal.

Parental instincts should also never be ignored: If your child isn't exhibiting any symptoms but you feel that they need to go for a check-up, do not hesitate.

## DIARY OF A WORKING MOTHER

WITH MARIA MWONGELI

## The battle for Siji's mind...

**Monday 11:45pm:** I'm offended that Siji can bully me in my own bed and get away with it. When we first got into bed, I sent her to her cot where she grudgingly lay though her legs remained on my bed and for the next two hours, she kept prodding and kicking, throwing away the sheets and sitting up instead of lying down quietly and falling asleep. I eventually pulled her over and she fell asleep in minutes.

**Tuesday 7:06am:** You know those movie previews that come before the main movie on those Sh50 cartoon CDs Siji loves? Well, most of

them are PG-rated and though we have had serious conversations about the need for her to shut her eyes if she won't skip them, I was quite traumatised when she casually told me that she would not close her eyes as we set up Ice Age 3 for her to watch the other day. So I either take the time to compile her cartoons on a flash disc or expose her to this child-unfriendly content.

**Wednesday 2:17pm:** This is the third remote control I will buy this year because Siji has perfected the art of opening them, and I keep

**Siji is 3 years, 5 months and 18 days old today.**

finding bits of broken remotes on the seats. So now I'm looking for a child-proof, tough plastic remote that Siji will not harm. I will also teach her how to skip those PG-rated previews on her cartoon CDs.

**Thursday 5:38pm:** Siji's breathing has grown steadily worse in her sleep and the doctor has confirmed that her enlarged adenoids need to be removed as soon as possible. Who wants to spend three harsh days with a three-year-old

whose memories of her last hospital stay still run fresh in her mind every time she sees a doctor? Anybody? I am willing to trade places...

**Friday 8pm:** For a while there, I was sure that the responsibility to discipline Siji was left to me, but guess what? Her dad smacked her! It all started when Siji smacked her dad back after he first smacked her hand for tipping over the basin of water he was using to wash his hands. I was horrified but bit my words back knowing that if I took her aside, the responsibility would now truly be left to me.



## HEALTHMATTERS

# Gay by birth or design?

One scientific argument has it that women choose their sexual orientation – but men are born that way. By Dr Joachim Osur

I am not in the habit of engaging my seatmates in conversation when flying but this time round I had quite a talkative seatmate. Because we were going to be together for eight hours across the Atlantic Ocean, it was only logical to be friendly and so I smiled and answered every question she asked.

Her name was Fredina and she had been spending time in Africa and America. We talked about the weather, wildlife, Obama and so forth. Then she asked what I do for a living. Her face brightened up when I said I am a sexologist.

"So what is your take on lesbianism?" she asked.

"It is a choice people make, and who am I to judge them?" I answered, wondering whether she was lesbian.

"I see. I have tasted both worlds – homo and straight – and I can tell tons of stories about the experience," she said. While in Africa, Fredina had fallen for an African man. She believed it was true love and they started a relationship, but along the way she discovered that the man was already married with two children. "I can't really say that the man wanted to hide his marital status from me," she explained. "He talked about it freely the day I asked."

Fredina decided to be a second wife. She said the man was initially uncomfortable about the whole arrangement but after a while, he accepted it. Fredina was officially introduced to the family, including the man's wife. Because she was white, she says the family thought she had made a great sacrifice in becoming a second wife, and they all tried to make her comfortable.

The next two years would be filled with romance for Fredina. She enjoyed the African way of love. She went on safaris with her man. There was so much warmth in the family. Then her man developed cancer which was discovered late. He was dead six months later. Fredina flew back to America to restart her life. She got an international job that allowed her to



travel back to Africa once in a while.

"I lost feelings for men," she continued. "I felt my husband betrayed me by dying so suddenly."

## Age-old question

Back in America, she avoided any serious social engagements. Then, two years after the death of her husband, a woman approached her. She did not know how to respond. Although she had lost feelings for men, she had not thought of being with a woman. But the woman was persistent.

"To cut the long story short, we have been married for a year now, and it has been quite the experience," she said.

Fredina's story begs the question: Do people have power to determine their sexual orientation? This is a question that scientists have tried to answer for decades. Opinion is divided. One thing is, however, agreed on: At conception, we are all females. The Y-chromosome, found in only those who will turn out to be males, triggers some chemical changes which cause the growth of the male organs, as well as influencing the way the brain develops. It has been found that a man's brain is quite different from a woman's because of the Y-

chromosome.

The effect of Y-chromosome on brain growth is what caused men to be heterosexual later in life. It is thought that gay men have some other genes that complicate the Y-chromosome effect so that such men intrinsically have brains that maintain sexual attraction to fellow men. Biologically, therefore, men have no control over who they are ultimately attracted to because it is predetermined through the gene and chemical interactions that happen within a few weeks of conception.

Women, on the other hand, are more socially influenced when it comes to sexual choices. Most social systems encourage women to engage in relationships that lead to child bearing. Most women, therefore, make heterosexual choices. However, studies show that even strongly heterosexual women can get sexual arousal from fellow women. A number of researchers have therefore concluded that for women, sexual orientation is a matter of choice.

I could not find a better theory to explain Fredina's sexual relationships. As we alighted from the plane, I asked her if she would ever be heterosexual again.

"Well, for now my options are open. If my current marriage does not work I can go for either gender," she smiled.

## HEALTH&NUTRITION

BY SONA PARMAR MUKHERJEE

# Modern malnutrition

Laura, 35, had been diagnosed with high blood pressure. She was also constipated and suffered from joint pain.

Laura would have coffee and maybe a banana at breakfast, a ham and/or cheese sandwich at lunch (occasionally chips) and some sort of meat and vegetables with *ugali* for dinner. Her snacks included *mandazi*, crisps and peanuts, and four cups of tea daily (almost no water). She also had wine most days. What she didn't expect to hear was that she was malnourished, and it was this that was the cause of her symptoms.

Micro-nutrients are like a specialised oil that keeps the machinery of the body working. Even though little is required, if you were to go without, it wouldn't take long before the machine started to wear out and break down.

Most of Laura's diet is refined which gives her "empty calories", that is it lacks nutrients. Furthermore, for her body to process these food, it has to use up its stores of vital vitamins and minerals, incurring what is called a "nutrition debt". Therefore, even though Laura's body weight is normal, she appears to be suffering from malnutrition.

By drinking all that tea and virtually no water, Laura is also

chronically dehydrated. Joint pain is often an indicator of water deficiency. In a dehydrated cartilage, when the different surfaces glide over, the friction damage can be quite abrasive. Drinking more water, coupled with more fruit and vegetables, would not only help her joints, but her sluggish bowel movements.

Laura's diet also lacks in essential fats. These moisturise her body from the inside. It's a bit like watering a plant – you have to water the roots, as opposed to the leaves, for optimum health.

Laura's high sodium diet (meat, dairy and convenience foods) dehydrate her further, so potassium-rich fruit and vegetables are crucial. In fact, studies have found that eating two bananas a day can significantly lower blood pressure. Essential fats would further also help to lower her blood pressure, by thinning the blood.

Lastly, while the Laura's diet is rich in calories, it lacks protein – essential for growth and repair, as well as ensuring healthy digestion. Without adequate protein, her body will produce fewer digestive enzymes, possibly leading to a scenario where her body can't absorb the little goodness her food actually contains.



## Ruaka Gym & Aerobics






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**Body fitness is key to your personal health!**



**HAIR&BEAUTY** WITH IRENE NJOROG-KRISTIAN**ASK IRENE:**

How can one tell whether they are visiting a professional spa?  
– Jameson, Nairobi.

The atmosphere and attitude of the staff members tells it all.

*The author is a cosmetology lecturer.*

**QUICKFIXES:****FOOT THERAPY**

A five-minute foot rub is the quickest way to relieve aching feet after a long day spent in high heels. First, clean your feet with cleansing wipes, then soak in warm, salty water. Dry feet and then apply baby oil to your hands. Massage your foot soles, paying special attention to the pressure areas. Work on your toes and the entire foot for at least two minutes. This works best if done just before bedtime.

# International-class spa treatment

What worldwide trends can you sample right here in Kenya? Here's a guide.

**S**pa treatment trends evolve daily, and some of the most exotic and sophisticated treatments are available locally now, in keeping with trends around the world. Here are some of the top treatments worldwide that you can enjoy at the various high-end spas in Nairobi.

**The Lomi Lomi massage**

This massage originates in Hawaii. It is one of the most intense and relaxing massages known. Choose to do



this when you wish to achieve a complete de-stressing experience. It can take up to two hours and is not to be rushed.

**Thai massage**

Although the Thai massage is relatively new to spas, it was actually developed by Buddhist monks 2,500 years ago. It is done when the client is fully dressed, unlike other forms of massage. The therapist uses his/her entire body to reach every muscle in your body. It is quite vigorous yet relaxing. The Thai massage will leave you thoroughly energised and balanced.

**Muti mud scrub**

This treatment uses the rare ancient Muti mud found in volcanic mountain ranges. It is rich in several priceless minerals such as manganese, iron, copper, calcium and zinc. These minerals are absorbed through the skin during the treatment. It leaves the skin soft and healthy.

**Ozone therapy**

This is a treatment that floods the entire body with oxygen to stimulate cellular repair and detoxification.

**Slimming treatments**

These are offered to improve and firm the body contours as part of a diet and exercise regimen. Cavitation or ultrasound is the latest technology for body reshaping. It destroys fat cells in stubborn areas. Radio frequency helps in the secretion of liquid fat and is very useful for cellulite. It tightens the skin as soon as it is treated due to its collagen regenerating effect. For this reason, it is also a choice treatment for facial wrinkles.

The most current body wraps use melting cream, while G8 vibratory massage is used to compliment body toning.

*PHOTOS: Martin Mukangu. Treatments courtesy of Body Evolution Spa, No.8 Clarence Hse, School Lane, Westlands. Tel: 0707 370 081.*

## NATURALHAIRCORNER

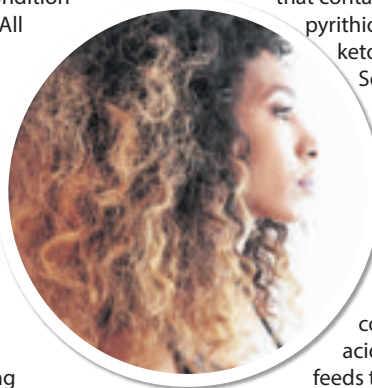
All your natural hair questions answered.

## Remedies for itchy scalp

**Q:** *I have had a terribly itchy and sensitive scalp for as long as I can remember. I stopped using relaxers because the burning and swelling was unbearable. I tried loose natural hair and now I have dreadlocks but I still have painful dermatitis. What can I do?*

**A:** Many women with natural hair suffer from seborrheic dermatitis or itchy, inflamed and flaky scalp. They often feel embarrassed because they

confuse this condition with dandruff. All of us have a fungus named malassezia on the scalp. Some are extra-sensitive to it hence the inflammation, itching and pain. Doctors recommend you use a strong anti-dandruff shampoo



that contains pyrithione zinc or ketoconazole. Some even prescribe steroid creams for extreme cases. Avoid products which contain oleic acid as this feeds the fungus. Avoid coconut oil, shea

butter and olive oil on the scalp. Use oils like tea tree oil, peppermint oil, rosemary or even the preparation Sulphur 8 to help relieve the burning sensation. Raw honey, apple cider vinegar, henna and bentonite clay are products that reportedly relieve dermatitis. Avoid touching and scratching the hair as this results in more flaking, irritation and even infection. If symptoms persist seek medical advice.

–TRICIA WANJALA

**NEXT WEEK: TESTIMONIAL: ONE WOMAN'S STRUGGLE WITH ACNE**

Send your feedback to [satmag@ke.nationmedia.com](mailto:satmag@ke.nationmedia.com)



## PERSONAL FINANCE

# Money mistakes young people make

If you're a young person starting out, you would save yourself a lot of tears by avoiding these pitfalls.

By **Waceke Nduati Omanga**

One of the things many people say when they finish the Centonomy programme is that they wish they knew all the things they've learnt in the course before. They believe they would have made wiser financial decisions, would have saved more, would have invested more, would have taken more risks and generally would be in a better place in their wealth creation journey. Many people have also come up to me and said they would have set better examples for their children or would have handled the money conversation in their relationships a lot better. We have noticed with delight that in the recent intakes more and more young people are signing up for the programme. In some of the calculations that we do, people have all the reasons to envy the younger participants. Today let me speak to this younger generation. You may be close to graduating, entering your first job or still early in your career. Below are some of the mistakes you may be making that will have serious consequences in the future.

**The first mistake many of you are making when you think you have a decent salary, is going for the car that other people will admire instead of buying the car that you can afford**

The first thing most young people want to get once they start earning a decent salary is a car. The mistake many of you are making is going for the kind of car that other people will admire versus the kind of car you can actually afford. The only way obviously that you will be able to afford this car is through a loan.

The problem with this is that you start to see your payslip as a source of credit. I recently talked to a group of young people and many of them admitted that they had even started to evaluate job offers based on the amount of credit that the payslip could afford them. There is a young man in our current class who joined a multinational and started earning a salary of Sh70, 000. He immediately bought a secondhand Subaru for one and a half million shillings through a car loan. Servicing the loan costs a whopping Sh35, 000 per month. This means he only has Sh35, 000 to live on. Obviously he was not buying the Subaru to park at home. There is a whole entertainment lifestyle that accompanies the Subaru and at the young age of 25 he has gotten himself into a cycle of debt; sometimes he even has to borrow money for rent. All these for a Subaru! Don't get me wrong, there is nothing wrong with the Subaru. I happen to really like them, by the way. It's just that he was not in the phase of his life where he could actually afford one. This does not mean you shouldn't buy a car. A colleague

bought a car for Sh60, 000 and fixed it up for another Sh100, 000. With the same Sh35, 000 you would use to service a loan, you can save for five months and buy this car in cash. His payslip leaves him enough room to live and do other things. There are reasonably priced options even if you choose to buy a car. Don't start off on a rocky foundation in the name of image.

On to the next mistake: You are now earning money so you want to move out of your parents' house. Yes, you will have to move out at some point but unless you are being kicked out, do not rush the process. Yes, if you are moving from pocket money of Sh5, 000 a month to a salary of Sh40, 000 you may think it is a lot of money which you can now use to take care of yourself. But with this fresh excitement, you may forget what you were not paying for at your parents' house. Obviously you were not paying rent or paying for food, electricity or water, etc. In addition when you move out, there are things you will have to buy like furniture. These are things that you may not have considered, but don't make the mistake

of financing this with debt. So before you rush to abandon "home", please do a budget. You will get a very clear picture on what you need to live by yourself and then you can think through the options or how long it will take for you to be able to move out. If you get a job out of the town you grew up in and have to move out of home, don't make the mistake of getting an expensive place to live in. You can even share a house with other people for a while.

Lastly, small things add up. If I look back to when I was in this age group that I am addressing, I wish someone had pointed out to me that the lunch I was buying everyday at Sh300 would add up to Sh9, 000 per month. That comes to Sh108, 000 per year. If you are spending roughly the same on anything per day, remember this can at least partially fund a car, is a couple of months of rent, can buy furniture and most importantly for this age group, can be invested. Investing won't happen later when you have a lot of money, it starts with what you have now. This lunch money invested and reinvested properly for 10 years can add up to over two million shillings. The small money really counts. Even if you don't have the income you would like to have, you can probably find two to three hundred shillings a day. Remember the small money counts.

*Waceke runs a programme on personal financial management. Find her at [waceke@centonomy.com](mailto:waceke@centonomy.com) | Twitter @centonomy*





# RELATIONSHIPS



## Secret to a happy marriage

What is the one thing that determines the length and quality of a marriage? **Florence Bett** finds out

**T**here is plenty about marriage that is hinged on a wife's happiness. According to a new study, how happy her husband is, how happy he is with the marriage itself, how long the marriage lasts, its quality, and the general satisfaction of the couple towards life is significantly affected by one thing: the wife's happiness.

Here's what Deborah Carr and her colleagues from a university in New Jersey did: they interviewed 400 couples who had been married for an average 39 years. The happiness of the marriage gauged the feelings of each partner towards their spouse using a questionnaire that included questions such as whether or not their spouse appreciates them, understands their feelings or argues with them, and how happy they were doing particular activities as a couple.

*Saturday Magazine* spoke to three couples who have been married an average of 12 years. We sought to establish how the results of this study play out in the Kenyan context, and what the couples have learnt about keeping the wife happy.

Thomas and Maryanne have been married for 12 years. They have two children aged 11 and six. Both run their own businesses – Thomas is in IT, Maryanne in events planning. Was Thomas aware of the 'happywife, happy life' secret in the early years of the marriage? "No," he says. "It's something we both learnt along the way." He shares an experience.

"I am an introvert, I like to keep to myself. Maryanne is an extrovert, a people's person. Before we understood each other's personality, she thought it was OK for us to play host to guests weekend after

weekend. I thought it quite exhausting. I dreaded her get-togethers and resented her for involving me in them. I became unhappy, making her unhappy, and the mood in the home was dampened. I have had to go out of my way to accommodate her and her guests and now we are happier," he says.

Wanyonyi, 37, has been married to his wife Helen for 13 years and they have three children. He supports the findings of this study with an emphatic "yes." Helen is the combative type who doesn't communicate her unhappiness unless confronted. Before he understood this, he says his wife Helen would dig up minor issues from the past that he thought were already resolved.

"Any failing on my part – like forgetting to wish her a good day, or asking her how her day went, or forgetting to do something she had asked – would be blown out of proportion. I thought she was just being combative, I had no idea she was unhappy. Now, when I suspect something is amiss, I have learnt that I have to confront her with her feelings."

### Shared responsibility

Patience and her husband Gitau also agree with the study. They have been married for 10 years, and have two children. Gitau points out that the husband also has a role to play in cultivating a cheerful mood in the marriage, and that the buck doesn't have to stop with his wife.

"I have learnt to read her moods and adjust how I react to them. When she is crabby and stressed, she is likely to snap at me. Instead of arguing with her or retreating into my corner, I have learnt to give her

some time to centre herself or she will dampen everyone's spirit. She really appreciates this."

Women are controlling, and emotional beings with (in Wanyonyi's words) large emotional tanks. But every man has to learn the language of his wife, and know what it takes to make her happy. In a secure, mature marriage, the wife will, in turn, go out of her way to make her husband happy once her happiness needs have been met. But it takes far less to make a man happy, says relationship and marriage counsellor Anthony Kagiri.

### Domino effect

"Men want a wife who understands and appreciates that he is bound to make mistakes. You point out the mistake, he amends it and life goes on." For the sanity of the household, a wise husband won't ignore a mistake his wife has pointed out. "Second, they want a wife who allows them to just be. Most men complain that their wives are very nagging. If women could know the point at which to stop pushing a point it would make things much easier."

This is true: One of the findings of the research is that the happy-wife couples had a high level of satisfaction towards life in general compared to the less-happy-wife couples. The quality of a marriage reflects in other spheres of someone's life. Happiness breeds positivity. Positivity projects beyond the borders of the marriage to life outside of it, breeding satisfaction, says Kagiri.

"When a man is happy with his marriage, he is at peace at work, in his relationships and interactions with other people, and in his other pursuits outside the home. When there is happiness in the marriage and, by extension, in the home, people are uplifted and energised to get out there and pursue their ambitions since they have a greater personal drive and purpose for living," Kagiri says.

Homes and marriages create a greater-than-self purpose of living for the couple. "A home is the totality of what we do every minute of our lives."

A happy wife means a happy life.



## EATING&amp;OUTING

## Filling food for less

This old restaurant is easy on the wallet but not much to look at. By **Bon Vivant**

**Price range: Sh700 – 800 for two people with drinks**

In a city full of restaurants, cafes, hotels, fast food joints and eateries, one can get lost in the ocean of choice. My friends say they choose a restaurant according to their mood, who they are with and who is paying. For dates, places like Java or Art Caffe are perfect. But with a friend or workmate, more



**Aroma, Mokhtar Dadah Street, Nairobi CBD.**

often than not, the pocket decides.

That is how I found myself sitting in the crowded restaurant, Aroma, right across the road from Java Koinange, which my colleague and I had just walked out of after flipping through the menu and realising that we could two plates of food at Aroma for the price of one at Java.

Aroma has been there for eons and has undergone numerous management changes.

However, the menu remains Kenyan.

There was a time you could even get millet porridge in calabash bowls, arrowroots, sweet potatoes and traditional vegetables like managu.

As expected it was full, this being the lunchtime rush, and with the chairs and tables so close together, we could not spot an empty table. A waiter directed us to the table at the back and near the open plan kitchen, and gave

us the menu.

My friend settled on fish fingers while I choose the fish fillet, both accompanied by chips. As we waited for our meal, we took note of the décor, which is a mishmash of concepts. African paintings of gourds meet their green and white check table cloths. The lighting fixtures are modern and even with them all switched on, the place is still dull because of the fact that the only source of natural light is from the glass door and windows at the entrance.

When the food did arrive, the portions were generous. The vegetables sides were a small portion of steamed purple cabbage, carrots, onions and French beans on the side. The fish was served with two sauces; something that

looked like tartar but was really just mayonnaise with onion bits, or gravy. I settled for plain old lemon juice.

Once the food arrived, the waitstaff disappeared. No one stopped to ask whether everything was okay. This would have been a disaster had we wanted to order something else. Despite the uncomfortable chairs, we enjoyed our meal; the fish and chips were not greasy and the vegetables were crunchy.

Aroma might not be the ideal place to have a meeting, but the food – taste and price – is worth a visit when you are on the upper side of town.

Send your feedback to [satmag@ke.nationmedia.com](mailto:satmag@ke.nationmedia.com)

## MEET THE CHEF

**Samuel Gakuru, executive chef, Lake Elementaita Serena Camp**



PHOTOS | COURTESY

#### How did you become a chef?

I began my hotel career as a kitchen steward at 680 Hotel in 1990. I worked my way up at Mountain Lodges Limited and later Serena Hotels where I currently work.

#### What would you be doing if you were not a chef?

I would be working on electronics, perhaps as an electronics engineer.

#### Which dignitary would you like to cook a meal for?

President Uhuru Kenyatta.

#### What do you love to eat?

I love *mukimo* made with stinging nettle and beef stew prepared by my beloved wife.

#### Do you prefer cookbooks, the Internet, or the Food Channel?

I normally use all three, but the Internet has introduced me to the digital world. It is amazing how technology now enables access to information that was previously confined to hospitality institutions.

#### In your opinion which are your top restaurants?

Jahazi Grill Restaurant at Serena Beach Resort in Mombasa, Mandhari Fine Dining Restaurant at Nairobi Serena

and Carnivore Restaurant. Internationally, Augherme De Chantilly where Eduardo Loubet, the chef, is based.

#### What tips would you give our readers for their food preparation at home?

First and foremost is hygiene – food is sensitive. Always shop for fresh foods, clean all foods, and ensure proper storage to avert possible health issues. The rule of thumb in the kitchen is to always keep things fresh.

#### Which five tools are never missing from your kitchen?

Chef's knife, a gas lighter, food processor, dough mixer and a weighing scale. How did we even survive before these were invented?

#### Why are professional chefs predominantly male?

Given the long working hours, women may have a challenge since they have to attend to their families. Traditional roles demand that wives take care of their children but this is now changing.

#### Which meal takes you back to your childhood?

My mum's brown *ugali* made from millet mixed with maize meal and kale. Back then it was a "nightmare." As you grow older, however, you learn all the health benefits and can't help remembering with nostalgia that mum always know best.

— TRICIA WANJALA

## EATING IN Rack of lamb

#### Serves 3 Ingredients

1 rack of lamb with 6 ribs  
2 tbsp fresh rosemary leaves  
2 pieces finely chopped garlic  
2 tbsp black peppercorn, crushed  
½ tbsp salt  
Corn oil



#### Method

■ Marinate the rack of lamb in marinade made of fresh mixed herbs and corn oil overnight and keep in the fridge.  
■ Remove the rack of lamb from the fridge one to two hours before you cook it. This ensures the meat will be evenly cooked.  
■ Preheat the oven to 200 °C; arrange the oven rack so that the lamb will be in the middle of the oven for about 10 minutes. This helps in searing

to retain the juice.

■ Then lower the heat 150°C.  
■ Cook for seven to 15 minutes depending on the size of the rack of lamb.  
■ Remove from the oven when the meat is medium rare, and cover with a foil to rest for five to 10 minutes and serve it with seasonal vegetables and olivetti potatoes.  
■ Serve with its own juice/ gravy, infused with fresh mint leaves.

- SAMUEL GAKURU

Wishing all our esteemed customers and well wishers

happy diwali





**TRAVEL & LEISURE**

## Elephant Bedroom Camp provides a nice game-filled refuge in Kenya's northern arid lands. By **Rupi Mangat**

**A** herd of elephants graze by the river that is the life-lung of Kenya's northern arid lands – the Ewaso Nyiro. The drought has been biting and with almost no water beyond the brown river, it has a magnetic draw for both predator and prey.

In a space of a few metres, we topple into Elephant Bedroom Camp that blends in with the colours of the sun-bleached grasses that elephants trample on, on their way to the river.

"Elephants have right of way here," says Naguib Popat of Samburu's little luxurious hideout. "There are no fences around the camp to hamper their movement," he adds.

A few of the big elephants in the herd are collared to track them beyond the boundaries of the reserve. In a world that is fast-changing and with humans edging on to wild spaces, wildlife researchers are stepping in with the latest in modern technology to map elephants' migration routes to safeguard them.

"It's a great time for the lions," adds Shivani Bhalla, founder of Ewaso Lions, as we enjoy a sumptuous lunch by the sandy banks of the river that is in low flow.

"The lions wait for the prey by the river knowing that something will come along soon."

The young woman came to study lions for her PhD for three weeks at Westgate Conservancy neighbouring Samburu National Reserve in 2007.

"I'm still here," she says with a laugh.

In 2007, Ewaso Lions recorded 11 lions. By mid-2014, 40 have been recorded. Her secret? "For a long time, I thought lion conservation was all about working in the protected areas, but I soon came to learn that it's about people who live with the lions. It's about working with the communities," she reveals.

Finished with lunch and enjoying the river view from the raised deck of the lounge, we see a grey-headed kingfisher flitting to the river while a cardinal woodpecker hammers away on the acacia growing through the deck. At such close quarters there's no need for binoculars.

"The reserves are too small for the lions," Bhalla continues. "Samburu, Buffalo Springs and Shaba cover 530 square kilometres. So



The raised deck of the lounge offers a view of the river. Below: Shivani Bhalla and Lmalasian Letoiye of Ewaso Lions.

PHOTOS: RUPU MANGAT

# Samburu's little luxurious hideout

we're now covering conservancies around the reserves like Westgate and others that span 2,000 square kilometres."

It's fascinating to learn about the northern dryland lions. "Our males don't have manes, and they are smaller and sleeker than the Mara ones," says the lion researcher.

It's a lazy afternoon with a strong wind rustling the tall doum palms and the acacias. Out on a game drive along the plains and

the massifs of the reserve with the iconic Ol Lolokwe the loaf-shaped mountain in the horizon, Dr Luca Borghesio, a forest biologist and ornithologist studying the little-known massif of Mathews Range beyond Samburu, and who runs the blog [www.drlivsblog.blogspot.com](http://www.drlivsblog.blogspot.com), explains the winds.

"The mountain air is cool while the air on the plains is hot. During the day, hot air expands and cold air contracts. So

there's a flow of air from the low plains to the mountains. At night, it equalises." That explains the still night air.

Samburu's signature wildlife dots the landscape – the reticulated giraffe and Beisa oryx. A herd of Grevy's zebra graze on the plains. Larger with narrow stripes and more handsome than the common zebra, Kenya's northern rangelands are their last stronghold. A clutch of Somali ostrich with purple legs and necks look stately.

But it's even more fascinating to look for rare and little-known wildlife like the desert warthog and Gunther's dikdik. We spot the desert warthog. Instead of huge warts on the side of its head like the common warthog, the desert breed have nondescript bumps sloping down. Tiny Kirk's dikdik stay close to the thick bushes but Gunther's dikdik remain elusive.

We chance upon a clutch of vultures by the river. Well-fed on the carcass of the lion-kill, this healthy bunch has cleaned the spot keeping the plains free of rotting carcasses and diseases.

"We don't have a problem with poisoning," says Moses Lolmodooni, Samburu National Reserve's warden in charge of tourism. In other parts of Kenya, vulture populations have reduced by 95 percent due to poisoning.

Well into the night, as we snuggle into our tent with a plunge pool on the deck, a lion roars and a hyena cackles. In the first light of day, troops of baboon clamber down the doum palms and scamper around the trumpeting elephants while huge flocks of beautifully patterned vulturine guineafowl run to the river for a morning drink. It's a nice spot to be in at Elephant Bedroom Camp.

[www.rupimangat.com](http://www.rupimangat.com)

Send your feedback to [satmag@ke.nationmedia.com](mailto:satmag@ke.nationmedia.com)



### TASTE OF THE WILD

It is an easy 350-kilometre drive on tarmac from Nairobi. You can also fly there and enjoy game drives in custom-built safari vehicles with driver-guides trained by Ewaso Lions ([www.ewasolions.org](http://www.ewasolions.org)). The camp is easy to manoeuvre for the physically challenged, so make it a point to enjoy a taste of luxury in the wild. For information on Samburu National Reserve, email Moses Lolmodooni on [samburunalreserve@yahoo.com](mailto:samburunalreserve@yahoo.com). Log on to: [www.atua-enkop.com](http://www.atua-enkop.com) for information about Elephant Bedroom Camp

### MUST DO LIST

#### EVENTS & ENTERTAINMENT HIGHLIGHTS

**October 18**

#### The Classical Dinner Series

This cabaret event will feature a piano performance by Mark Obama Ndesandjo, accompanied by the Nairobi Philharmonic Orchestra under the direction of Julia Nankinga Luvai and hosted by Michael Oyier. Mark will also be launching his new book, *An Obama's Journey*. Guests will receive complimentary copies of the book and get an

autograph session. Proceeds will go towards Arts and Music Projects Kenya.

**Venue:** Hotel InterContinental

**Time:** 7pm **Contact:** 0703 647 947 0753 480 50

**October 18-20**

#### Sondeka Festival 2014

'Sondeka' is a sheng word meaning "to make" or "create". This event takes place at the Ngong Racecourse this weekend. Creative people from the arts, mechanics and technology fields

will converge to showcase dance, song, robots, applications, film, storytelling, photography, upcycling, fashion, animation projects.

**Venue:** Ngong Racecourse

**Time:** 4-7pm

**Tickets:** Regular, Sh700; Season, Sh1 500

**October 18**

#### Concert: Playing Outside the Box – The Cnirbs Jazz Trio Tours Africa

Listen to jazz music from CNIRBS, currently

touring seven different African countries with their new record Hey Kollege.

**Venue:** Goethe-Institut Auditorium

**Time:** 7pm **Entry:** Free

**October 19**

#### Sunday Super Soul

**Venue:** Carnivore

**Time:** 6pm

**Tickets:** Sh500

Compiled by **WANGUI THUO**



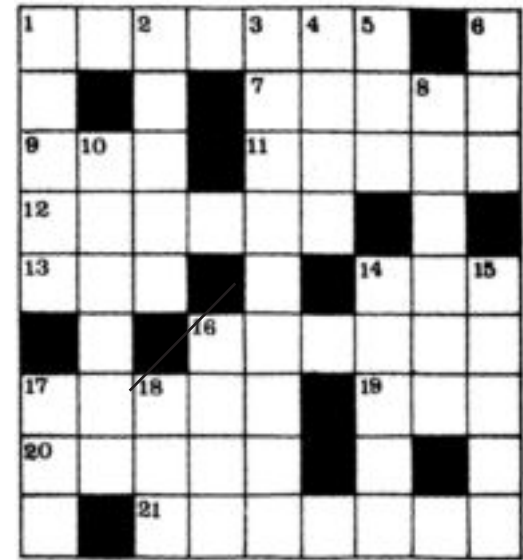
SIMPLE CROSSWORD

ACROSS

- 1. Any of the satellites launched into the earth orbit by Russian especially 1st in 1957
- 7. Utilisers
- 9. A female sheep
- 11. Prongs as of a fork
- 12. Railroad cars fitted out to cook and serve meals
- 13. To terminate
- 14. To take a drink in small mouthfuls
- 16. Breed of sheep with fine silky wool
- 17. A citrus fruit with pale-yellow skin and acid fruit
- 19. A short sleep in the afternoon
- 20. A grown up person or animal
- 21. Fate, doom

DOWN

- 1. Plant cultivated for its bulbous edible root
- 2. To place on end
- 3. Substances containing nourishment
- 4. The Egyptian goddess of fertility



- 5. Range of knowledge
- 6. A very silly person
- 8. The innermost coat at the back of the eyeball
- 10. Flinched or shrunk suddenly
- 14. Peninsular in N. E. Egypt between the Gulf of Suez and the Gulf of Aqaba
- 15. Plant with showy flowers one species yielding opium
- 16. A small soft-furred that live in burrows
- 17. Not firm
- 18. Wet earth

YESTERDAY'S SOLUTION

ACROSS

- 2. Rapport
- 8. Stew
- 9. Over
- 10. Anomaly
- 11. Ends
- 13. Ray
- 14. Bet
- 17. Podo
- 18. Puritan
- 20. Iron
- 21. Rung
- 22. Puddles

DOWN

- 1. Ester
- 2. Ready
- 3. Awns
- 4. Pomp
- 5. Ova
- 6. Relied
- 7. Try
- 12. Nakuru
- 14. Bonus
- 15. Tongs
- 16. Mind
- 17. Pare
- 18. Pip
- 19. Rod

SUDOKU

Sudoku with Steers

Two winners win a Free Meal with Steers daily on 20567!

Fill in the 3 shaded digits and send the values ABC to 20567 for your chance to win a Free Meal with Steers. Start the SMS with the word Sudoku e.g Sudoku 1,2,3. Check your wenesday's paper to see if you are a winner. Winners will be contacted directly by Steers within 2 weeks to receive their prize. SMS cost: 10/=



YESTERDAY'S SOLUTION

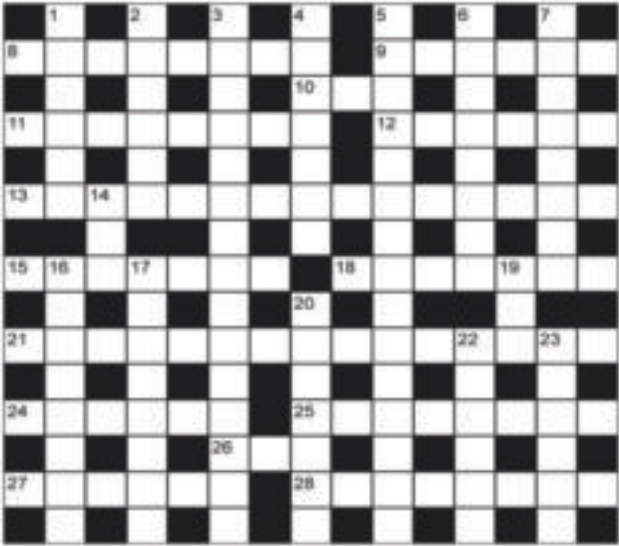


COMPLEX CROSSWORD

ACROSS

- 8 Peril not problematical for group seeking criminals (8)
- 9 Characters enthralled by worker ranting, deviating from the norm (6)
- 10 Girl soon losing love (3)
- 11 Basic principle this person's found in harsh holy books (8)
- 12 Theologian into drink, delivery initially confused (6)
- 13 Something A-level maths student does to achieve distinction (15)
- 15 Work is not bad, offering possibilities (7)
- 18 Venus de Milo is so defenceless (7)
- 21 Volume set aside for drinker? (6-5,4)
- 24 Quickly flip over the page about little man (6)
- 25 Kept away, being dispatched into a place of rest (8)
- 26 Writer producing letters of note I collected (3)
- 27 Blast from explosive — get away before that! (6)
- 28 Frenchman to straggle alongside English deserter (8)

- DOWN
- 1 Rings one's seen beyond void (6)
- 2 Misrepresent female intuition (6)
- 3 Cash someone will come to get (10,5)
- 4 Criticising materials used by roofer (7)



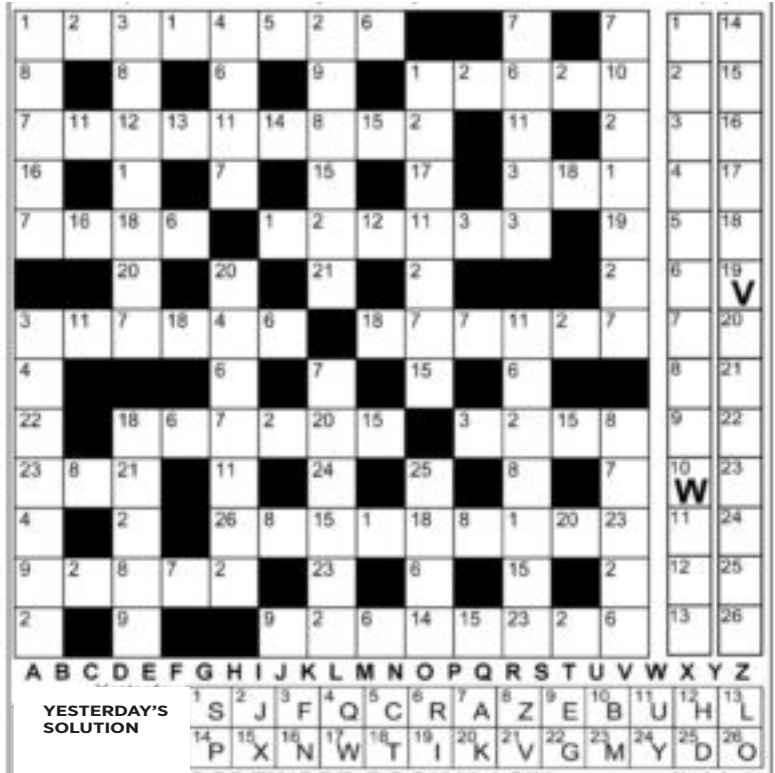
- 5 Privatising brings sale with indignation erupting (15)
- 6 Order apt to be blasted out by wolfish type (8)
- 7 The answer here probably has only one letter! (8)
- 14 Parent not half thick (3)
- 16 Extend professional area (8)
- 17 Home if tiny unlikely to convey vastness (8)
- 19 Revolutionary order intercepted by a Communist leader (3)
- 20 Taxi runs into horse — it's ghastly (7)
- 22 Friendly government initially installed in African country (6)
- 23 Ham finished? Then daughter must have egg (6)

YESTERDAY'S SOLUTION

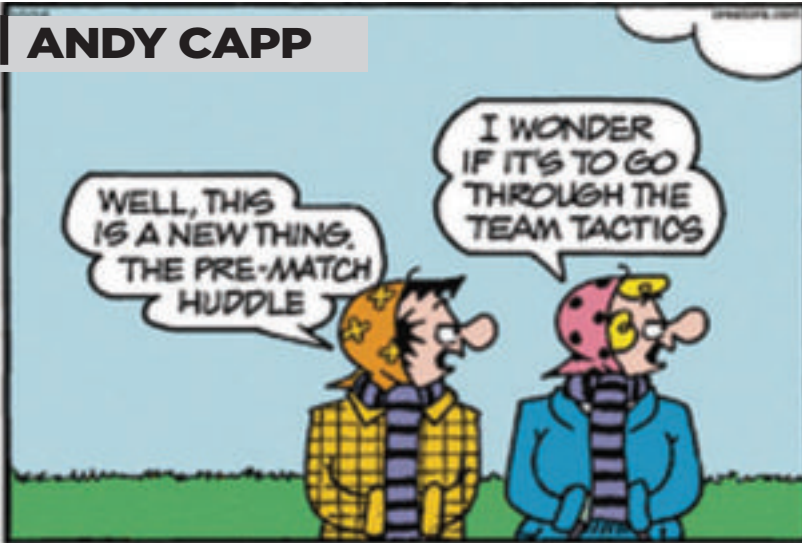
- 1 Beauty Spot
- 6 Scan
- 10 Intuition
- 12 Entitle
- 13 Opart
- 15 Used Car
- 17 Leather
- 19 Cadaver
- 21 Freebie
- 22 Dream
- 24 Blister
- 27 Union jack
- 28 Erase
- 29 Kite
- 30 Retrospect
- DOWN
- 1 Rode
- 2 Apprehend
- 3 Tryst
- 4 Snifter
- 5 Outsell
- 7 China
- 8 Non Starter
- 11 Ironage
- 14 Punch Drunk
- 16 Caveman
- 18 Hibernata
- 20 Ribcage
- 21 Flicker
- 23 Edict
- 25 Tress
- 26 Pelt

CODEWORD

Each number in our Codeword grid represents a different letter of the alphabet. For example, today 10 represents W so fill in W every time the figure 10 appears. You two letters in the control grid to start you off. Enter them in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares. As you get the letters, fill in other squares with the same number in the main grid and control grid. Check off the list of alphabetical letters as you identify them.



ANDY CAPP







5:00am One Cubed	4:00pm Scandal - Omnibus
6:00am AM Live	5:00pm Africa Connect Music Show
9:00am Generation 3	6:00pm Malimwengu
10:00am The Penguins Of Madagascar	7:00pm NTV Jioni
10:30am Cool Catz	7:30pm OffSide
11:00am Teen Republik	8:00pm Coke Studio Africa
1:00pm NTV at 1	9:00pm NTV Weekend Edition
1:30pm Advertiser's Feature - KENGEN	10:00pm Movie: The Rocker
1:35pm Prankstars	12:00am CNN
2:00pm Top Sport	

TREAT OF THE DAY



COKE STUDIO AFRICA 8:00PM

Coke Studio Africa is a music television series produced by the Coca-Cola Company featuring live studio-recorded music performances by various artists. The one of a kind music show brings together artists from different genres, eras and regions to create a modern and authentic sound through musical fusion. The purpose of Coke Studio is to reinvent the way music can capture the spirit of a nation, opening hearts and minds, and of course, Happiness.

TODAY'S HIGHLIGHT

OFFSIDE 7:30PM  
MOVIE : THE ROCKER 10:00PM



5:00am AL-Jazeera  
6:00am Worker's Prayer  
6:20am Tumsifu  
8:00am Rudicii Herbal  
8:30am Lyle-Egiza  
9:00am Kamusi ya Chamgamka  
11:00am Mwanaspoti  
12:00pm Vipasho  
12:05pm Bunge La Wazalendo  
12:30pm Malimwengu  
1:00pm Toleo La Mchana  
1:30pm Rhumba Mzooqa  
3:00pm Mwanaspoti  
5:00pm Gozomo  
5:30pm Sifa  
6:00pm Mkulima Ni Ujuzi  
7:10pm Tujuane  
8:00pm Mwisho Juma na Walibora  
8:30pm I-Seme  
9:00pm Coke Studio  
10:00pm WWE : Bottomline  
11:00pm Irie-Reggae  
12:00pm Movie: Private Husband  
01:00am AL-Jazeera

YOUR STARS

AQUARIUS (JAN 21-FEB 19)

The difficult circumstances you are facing prove that there are no easy answers to be found and that if you want to accomplish anything this week, you will simply have to think quickly. This may be challenging but at least it guarantees that what you say or do will be appropriate a situation as they crop up.

PISCES (FEB 20-MAR 20)

Think twice before you raise delicate issues this week especially if they seem likely to provoke an emotional reaction. Infact you may be best advised to avoid such matters altogether for the time being. This will help you take an objective view of what you say and then make some necessary amendments.

ARIES (MAR 21-APR 20)

Don't allow yourself to be drawn in to a situation where you have to justify what you think or feel with the intensified emotional climate on this particular week it would be easy for others to seize on your defensiveness to fuel useless and time consuming arguments.

TAURUS (APR 21- MAY 20)

Because of the pressures of this month you are likely to have become aware of a strong need to make up your own mind about your path ahead. Always more of an individual than most signs however you are clearer now than ever before that you must fit in or be cooperative so partners should look out and consider themselves warned.

GEMINI (MAY 21-JAN 21)

What you really want are sparkling fascinating courageous friends for your next project. There will be no sense in your wondering a long in the same rut with the same old faces. There may be some rather in cooperative people around, but the labels of the world can often be the most fun for short periods.

CANCER (JUN 22-JUL 22)

One line of action fails, you usually use your ingenuity to fine a different, more rewarding approach. Your success rate has already been impressive. But now this week's planetary setup suggests that you should find it even easier to conquer any issue that could not previously be cracked.

LEO (JUL 23- AUG 22)

You really cant afford to waste any more time trying to win over others to your way of thinking, especially in the light of recent developments. On the contrary, you must make a strong stand this week on matter that involve your security and well being and simply let others reach as they work.

VIRGO (AUG 23-SEPT 23)

Only a few week ago you were resigned to the idea that only a miraculous combination of luck and good timing would overcome the obstacles that confront you. This week some of what you dreaded is likely to happen, but in such a way that you are likely to react very differently from how you imagined.

LIBRA (SEPT 24-OCT 23)

You seem to be full of beans bright ideas and in constant need to be sharing your thoughts with everyone in sight. You are possibly running ahead of the slow souls around. Try to marshal your thoughts in a straight line this week and grit your teeth when you meet idiots. Patience and diplomacy will move you ahead a lot fastest than flying of the handle.

SCORPIO (OCT 24-NOV 22)

f you spread your year plan in front of you then you can see that making the most of the time ahead is important you have no intention of getting boxed in to corners or dull routines. What you want is a challenge adventure, excitement and if possible more travel. Just keep on track with friends because their energy and commitment is important to you

SAGITTARIUS (NOV 23- DEC 21)

Skimming the surface is all very well but you need to be sure you are not cutting too many corners and getting careless. Loved ones appreciate that you have a great deal of energy but they may not appreciate being hauled along at your speed.

CAPRICORN (DEC 22-JAN 20)

This is a hopeful start to the week because it will be throwing a rosy glow over finances that you perhaps share with other people. No need to worry though because it looks as if everybody with the upfront with you so you own honesty is likely to be repaid.

To receive NATIONmobile horoscopes on your mobile, SMS the Star you want, eg LEO to 20667 at 10/- above normal rates.

TELEVISION

CITIZEN TV

5:00 Pambazuka  
8:00 Knowzone  
9:00 Wedding Show - Omnibus  
11:00 Great Debate Contest  
11:30 Pavitra Rishta Re-run  
1:00 Live At 1  
1:30 Shamba Shape Up  
2:00 Dear Mother  
2:45 Tabasamu  
3:15 I Stand Accused  
4:00Tall Dreams  
5:00 Habibu  
5:30 Kaa Rada  
6:00 Jastorina  
6:30 Saida  
7:00 Nipashe Wikiendi  
7:45 Naswa  
8:15 Mentir Para Vivir  
9:00 Citizen Weekend  
10:00 What Life Took From Me  
11:00 Afrosinema  
01:30 Afrodizzia

KTN TV

6:00 Christ Embassy  
6:30 Joyce Meyer  
7:00 Cartoons  
8:00 Club Kiboko  
9:00 Marvels  
10:00 Yolo  
11:00 Straight Up Live  
1:00 Lunch Time News  
1:30 Africa Speaks  
2:00 Movie  
4:00 Mbiu Ya KTN  
4:10 Tendereza Live  
6:00 Ideal Space  
6:30 KTN Leo  
7:30 Guinness World Record  
8:00 Are You My Type  
9:00 KTN Weekend Prime  
10:05 Rasharasha  
12:00 Baseline/CNN

K24 TV

5.00 Praiz  
6.30 Turning Point  
7.00 K24 Alfajiri  
Social Hour  
9.00 Just Kids  
10.30 Mishoni  
11.00 Riddim  
Up live  
1.00 K24 Newscut  
1.30 Arena  
254 Live  
3.00The Playlist  
4.00 Without You  
6.00 Valgame Dios  
7.00 K24

Wikendi 7.35 Kilimo Biashara  
8.00 Isabella  
9.00 K24 Weekend Report  
9.50 Rave With Joe Mfalme  
1.30 Beatbox  
3.00 Aljazeera

EBRU AFRICA TV

7:30 Caillou  
7:40 Suzie Blue Bird  
8:00 Arthur  
8:30 Marsupilami  
9:00 Dino Rampage  
9:20 Boonie Bears  
9:35 Keloglan  
9:45 Backyard Science  
10:00 Wonder Box  
10:30 Y-Connect-rpt1  
11:30 Redemption  
2:30 Plug N Play  
3:00 Blank Canvas  
3:25 Documentary  
4:00 Ayna4: 45  
Global Kitchen  
5:10 World of Mysteries-rpt  
6:10 Family Footsteps  
7:00 Weekly Report  
7:35 Plug N Play  
8:00 Changamka-rpt  
8:30 Ebru News  
9:00 Movie  
11:00 Plug N Play  
11:30 Documentary

KBC TV

05.00 BBC World News  
7.00 Fire Ministries  
7.30 Miracle in the Villagei  
8.00 Neno Litakuweka huru  
8.30 Jesus is Comng  
8.45 Nguvu za Miugiza  
9.00 Jesus Winner  
9.30 Big Minds  
10.30 Jambo Toto  
11.00 Angaza Live  
1.00 KBC Lunchtime News  
1.30 CCTV News  
2.30 KBC Sports  
4.30 Artitude  
6.00 Taj Show  
7.00 KBC Taarifa  
7.30 Read Between the Lines  
8.00 The Mansion  
9.00 KBC News  
10.00 Weekend Movie  
1200 Adrusion  
12.30 BBC World News

CINEMA » SMS MOVIES TO 20667 TO RECEIVE MOBILE MOVIE ALERTS AT 10/- PER ALERT

NAIROBI

FOX CINEPLEX-SARIT CENTRE

SCREEN I  
"TEENAGE MUTANT NINJA TURTLES" (3/D) (TBA)  
11AM  
"BANG BANG" (U/16)  
2.30PM, 9PM  
"HAIDER" (U/16)  
5.30PM

SCREEN II  
"GONE GIRL" (ADULTS)  
11AM  
"TEENAGE MUTANT NINJA TURTLES" (3/D) (TBA)  
1.45PM, 4PM  
"THE JUDGE" (TBA)  
8.55PM

CENTURY CINEMA-JUNCTION

SCREEN I  
"BRAVE" (2D) (G/E)  
10.10AM, 12PM  
"PLANES 2: FIRE AND RESCUE" (2D) (P/G)  
3.40PM  
"CROODS" (2D) (G/E)  
1.40PM, 5.20PM  
"FROZEN" (2D) (G/E)  
7.20PM  
"GUARDIANS OF THE GALAXY" (2D) (P/G)  
9.20PM

SCREEN II  
"DOLPHIN'S TALE 2" (P/G)  
10.40AM, 12.40PM  
"GONE GIRL" (16)  
2.50PM  
"TEENAGE MUTANT NINJA TURTLES" (3/D)  
(TBA)  
5.40PM, 7.40PM, 9.40PM

SCREEN III  
"MAZE RUNNER" (16)  
10.20AM, 2.50PM  
"DRACULA UNTOLD" (16)  
12.30PM, 5.10PM  
"GONE GIRL" (18)  
7PM, 9.40PM

SCREEN IV  
"GONE GIRL" (16)  
11.20AM, 4.30PM  
"THE JUDGE" (TBA)  
1.50PM, 7PM, 9.40PM

PLANET MEDIA, PRESTIGE PLAZA, NGONG ROAD

"GONE GIRL"

(16)  
11.20AM, 4.30PM  
"THE JUDGE" (TBA)  
1.50PM, 7PM, 9.40PM

PLANET MEDIA CINEMAS, NAKUMATT MEGA CITY MALL, KISUMU

SCREEN I  
"BLENDED" (P/G)  
2PM, 4.10PM, 6.200PM, 8.30PM

SCREEN II  
"GONE GIRL" (18)  
1.10PM  
"BANG BANG" (U/16)  
8.50PM  
"THE JUDGE" (TBA)  
3.45PM

"DOLPHIN'S TALE 2" (TBA)  
11.10AM

MOMBASA

NYALI CINEMAX-MOMBASA

"DOLPHIN'S TALE 2" 2PM  
"BANG BANG" 2.30PM, 9.15PM  
"TEENAGE MUTANT NINJA TURTLES" (3/D)  
4PM  
"HAIDER" 5.45PM  
"GONE GIRL" 6.15PM  
"THE JUDGE" 9.15PM



## LOVE IS ONLY A PHONE CALL AWAY

## WOMEN SEEKING MEN

**Sharon is a 39-year-old** single mother residing in Kitale. I'm exemplary in humility, honesty and morality. I am ready to settle down as a second submissive wife. My man must be 46 years and above, HIV-negative, patient, hardworking and rich at heart. SMS **0755 499 482**. Fakes, cons, liars, stay away!

**I am a single Kikuyu** lady looking for the love of my life. I am slightly over 35 years, born again, with one daughter. He should be born again, between 39-47 years, HIV-negative, with or without children. Please email: **janetngeshi@gmail.com**.

**Christine** is a never-married, single, saved, HIV-positive 31-year-old Kikuyu lady with Form 4 level education, working in Nairobi. I seek a marriage-focused HIV-positive man, aged 32-50 years, from central/Mt Kenya communities only. Email **Christine31kenya@yahoo.com** or access Pastor Patrick through Covenant Marriage Pastor Facebook page, for safe dating and to get my number.

## MEN SEEKING WOMEN

**Emoli Owen Mackinon** is looking for a friend to pay his university fees. Tel: 0707825186 or email **emoliowen@gmail.com**.

**I'm Ondicho**, 5ft 2" tall, from Nyanza. I'm pursuing a career in a public institution in Nakuru. I'm looking for an employed or unemployed life partner aged 21-29 years. She shouldn't have kids or have one at most. She should be self-confident, from an SDA background, and preferably from Nyanza or any part of Kenya. Call, text or WhatsApp **0706 753 996**.

**Masimba**, 26, is an honest and hardworking young man based in Nairobi, who loves life. I'm looking for a financially stable lady aged 30 years and above for a relationship based on friendship and fun, with no strings attached. Call/text for more details **0719 517 653**.

**I am a 32-year-old** single, never-married Christian Kikuyu living and working in Nairobi. I am looking for a lady who is barren or who would like to live without kids. She should be aged 40-55 years, financially stable and ready for a relationship leading to marriage. HIV test is a must. Call/SMS **0755 783 794**.

**Alex**, a 42-year-old doctor and father of two, lives in Nairobi. I'd like to meet a god-fearing, caring, loving, honest and serious lady who will settle down with me in a relationship that may lead to marriage. Call/ SMS.

**Steve**, 49, is a Kikuyu gentleman. He is looking for a lady aged 35-49 years, who has no child and cannot have children. She should be O-level educated and preferable living in Nairobi. She should be slim or of medium weight, not more than 5ft 2", and from any tribe or race. Please send your profile; email **peeight@yahoo.com** or SMS/WhatsApp **0708 422 310**.

**Mike Otieno**, a 28-year-old gentleman who is living positively seeks a serious, honest and god-fearing lady around Kisumu, for a fulfilling relationship leading to marriage. She should be of the same status and between 22-26 years of age. Kindly SMS **0729 862 836**.

**I am a 49-year-old** businessman in Nairobi. I am interested in communicating with Kenyans in USA, Canada and Britain. Contact me on J. Muturi P.O Box

37955 - 00100, Nairobi, Kenya or email **kicoag2004@yahoo.com** or call **+254 755 345 868**.

**I am Paul in my 30s**. I'm from central, but work in Nairobi. I am looking for a purely Kikuyu lady, who is wise and god-fearing, fun to be with, hardworking, humble, caring, loving, a homemaker, with or without a child, and ready to start from humble beginnings. SMS **0719 396 557**. No students or jokers!

**Moses**, 22, is loving, romantic and caring. He is looking for a financially stable lady for a relationship. Age, tribe or nationality do not matter. She should be located in Mombasa or Nairobi. Contact **0716 065 839**.

## AGENCIES

**Welcome to Glory to Glory**. We have connected hundreds of singles over the years with 95 per cent success. Our members come from all faiths, tribes and professions globally. Our members are finely selected and vetted. Whether HIV-negative or positive, barren, etc, don't be lonely! Call or SMS **0700 572 596**.

**Pinevelvet Dating Services** of P.O Box 77565-00611, Nairobi is run by a team of dedicated relationship experts who will link you with your preferred partner in confidence. Send us your profile indicating the profile of the partner you want. Whether HIV-positive, widowed, divorced, separated or single, we will find someone for you. Email: **Pinevelvetdatev@gmail.com**. Call/SMS **0713 784 636, 0736 926 031**.

**Are you single**, lonely or looking for friendship/marriage? Meet new friends of different ages and sexes from Kenya on your phone now. Get contacts of members for only

Sh6 per SMS! SMS the word **PENZI** to 20506 and get your instant match now. For support please contact **0728 456 070**.

**Meet hundreds of beautiful**, handsome, serious and youthful singles for friendship, marriage, love and company. We have members of all ages from 20, all faiths, tribes, races and professions within Kenya and worldwide. For quick contacts confidently, call/SMS **0720 800 344** Braque Precious Communication **bracom2002us@yahoo.com**

**MABA dating service** has thousands of contacts in its database with members from all races and of all statuses. If single, divorced, widowed, need a new partner or marriage partner or friendship or if bored with current relationship SMS name, age, tribe, town, job, dating status, and age needed to **0721 462 353**. We will SMS back terms. 24-hour service.

**Get confidential dating** at Datefind. For Kenyans/foreigners who need suitable love and marriage partners. SMS or WhatsApp your profile (e.g. name, gender, tribe, age, education level, career, residence, HIV/marital status, number of kids, religion, weight/height, complexion) and a profile of lovers/relationship needed. Or send "Love" to **0722 244 271 or 0722 898 939 or 0733 222 008**. **www.datefindsingles.com**

TO HAVE YOUR MESSAGE PUBLISHED IN SOULMATES: Pay Sh1,000 for individual adverts and Sh2,000 for agency adverts at the advertising centre on the ground floor, Nation Centre, or our regional offices. Messages should be no more than 60 words. Disclaimer & caution: Be careful when meeting someone for the first time. Meet in a public place, let a friend know where you will be and carry enough money to take care of your expenses and transport back home.

KENYA  
ART  
FAIR  
2014

CELEBRATING ART @50

## A CELEBRATION OF ART IN KENYA

KENYA'S PREMIER FAIR FOR MODERN AND CONTEMPORARY ART, PRESENTING CURATED ARTWORK FROM ARTISTS AND GALLERIES, PUBLIC ART PERFORMANCES AND INSTALLATIONS. DAILY TALKS AND CONVERSATIONS ABOUT ALL THINGS 'ART' IN THE REGION.

## DATE/TIME

6TH - 9TH NOVEMBER 2014  
10AM - 7PM DAILY / FREE ENTRY

## VENUE

SARIT CENTRE, EXHIBITION HALL

THIS IS YOUR ENTRY COUPON TO THE CARTOON COMPETITION



DAILY NATION







# COAST NITE

**KOSA**  
UCHEKWE!

## KICC-TSAVO HALL

**IJUMAA 24TH OKTOBA**  
**KUANZIA SAA 8.00PM MPAKA CHE**

WANAMUZIKI

**MSENANGU BRASS BAND,  
THEM MUSHROOMS,  
MZEE NGALA AND  
DAR MODERN TAARAB  
FROM TANZANIA**

*Vyakula tamu vya Pwani  
Bango, Chakacha, Nzele and other  
Coastal beats.  
Mnazi at the Mangweni bar.  
Dress code: Anything Coastal*



Kiingilio  
**500/-**



**NATION FM**

& EXTREEM MEDIA PRESENTS



**ZUMBA**  
fitness

With **Nick** And Other  
Qualified Trainers.

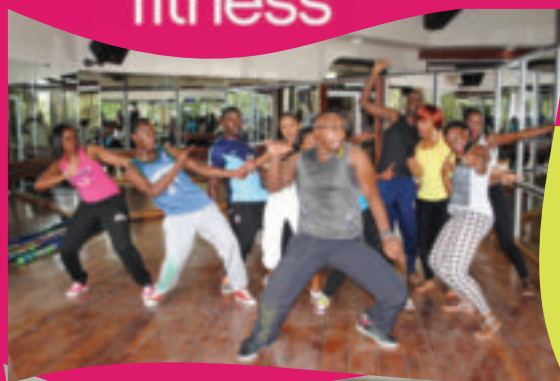
FOR MOMBASA  
TICKETS ARE AVAILABLE AT UCHUMI OUTLETS  
AND SERENA HOTEL

FOR NAKURU  
TICKETS ARE AVAILABLE AT UCHUMI OUTLETS.

### ENTRANCE

**MOMBASA: KSHs.1,000**

**NAKURU: KSHs.500**



#### MOMBASA

VENUE: SERENA BEACH HOTEL

**DATE: 25TH OCTOBER 2014**  
**FROM 9:00AM**

#### NAKURU

VENUE: NAKURU SPORTS CLUB

**DATE: 1ST NOVEMBER 2014**  
**FROM 9:00AM**

PART OF THE PROCEEDS GO TOWARDS SUPPORTING THE FARAJA BREAST CANCER TRUST.

**M-PESA TILL NUMBER**  
**-999522-**

